



The National Black Unity News

Promoting Unity In Our Communities, We Are Keeping The Dream Alive!

If Not Us, Then Who? If Not Now, Then When?

<https://tnbun.com/>

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Jan./Feb./March



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Page 25



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Page 16



Sitawi & Cynthia Jahi Page 14



National Editor
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Page 9



Contributing Editor
Bishop E. Soule
Page 32

The National Black Unity News is a Solution-Oriented Periodical

NEW YEAR, OLD PROBLEMS, NOW WHAT!

YOU CAN'T GO BACK & CHANGE THE BEGINNING

BUT YOU CAN START WHERE YOU ARE & CHANGE THE ENDING

A Note From The Publisher!

Greetings Family, I sincerely hope that all is well with you and yours. I am doing OK now, as you know or maybe you did not know I had a serious bout with the COVID-19 virus. Through the grace and mercy oh God I made it!

As I laid in the hospital bed, I had many thoughts about family, friends, business, life, or death yes, and even you! I thought about my past and my future I also thought about what is important and what is not. It is a sobering situation to

be in that state of mind. I am so pleased to know that God's not finished with me. Also, it is confirmed that my mission is still valid, needed, and uncompleted.

This mission I am speaking about is The National Black Unity News and its purpose and goals! It has not been an easy task but so worthwhile and rewarding! My Partner Bill Goodin and I have been *Continued on page 40*

There Are A Variety Of Articles In This Issue Relating To Change!



David Murphy
Publisher
2020 Was An Unusual Year!
See Page 3



Bill Goodin
Editor & Chief
Accepting Life As Is
See Page 3



Managing Director
Walter Eugene Dempsey Murphy

If It Is Important, Share It
See Page 3



Technical Editor
Dr. Barbara Watties

EMPOWER YOURSELF WITH SELF-LOVE
See Page 4



Black Men Unifying Black Men

Us Helping Us = Unity

If Not Us, Then Who? If Not Now Then When?

A Salute To Black Men See Page 17

What's Inside

Economics/Finance.....Page 6	Travel.....Page 14
Self Development.....Page 9	Youth.....Page 18
Lylfewurks.....Page 8	Health/Fitness.....Page 20
When God Moves.....Page 10	Rhythm People.....Page 22
Positive Words.....Page 12	Classifieds.....Page 45

Plus More!

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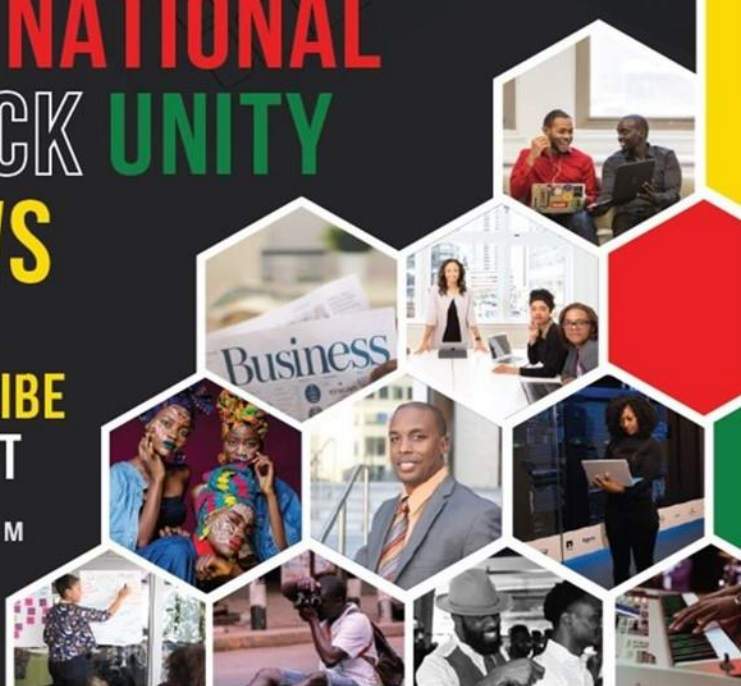


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2020 Was An Unusual Year!

As we close out the calendar year 2020, we are faced with the fact that a lot of unusual events have occurred. The Virus COVID-19 claimed hundreds of thousands of lives! And more people are continuing to be infected and affected by this super virus that has shut down the world! As a result of these events, many have lost their incomes, jobs, and peace of mind! Many jobs laid people off and many businesses closed their doors forever! Many took to the streets in protest of police brutality, and a variety of different ethnic groups join forces with the Black Lives Matter Movement! Here in the United States of America, we are having our own democracy challenged! Although we have elected a new president, the current president says the election has been stolen from him. To that end now even our votes are being challenged. These are just a few occurrences that have taken place in the year 2020. There were more but too many to mention.

Many would agree that this year may be the most life-altering year of your life. Because the freedom we once knew may be gone forever. Some call this the new norm! Our social lives seem to be a thing of the past. Our educational systems have been altered greatly. Our Medical systems are on the brink of

collapse as many companies race toward a cure that many are suspicious of. What a difference a year makes?

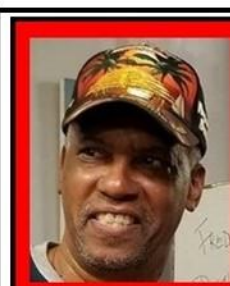
While many are contemplating how to survive, how to keep a roof over their heads, and even how to put food on their tables, for some others, things look hopeless. However, there are still a few, where to them, the new norm has become their regular way of life.

Believe it or not America for many Black/African Americans this has been our normal way of life. These things you are struggling with now have been our normal way of trying to survive in this country. Now you are getting a taste of what it is like with low or no wages, struggling with keeping a roof over our heads and putting food on the table. Yes, and even fighting for basic health care. Now that we are in this together, we all should work towards helping each other!

I too have been affected by all the above and infected with this Covid-19 Virus! But through the Grace and Mercy of God, I survived and overcame this virus when so many did not!

Yes! 2020 Was an Unusual Year! Do you think God is seeking our attention, I did not mention the hurricanes, flooding, wildfires that devastated parts of this country! From the corrupt leadership on down this has been one unusual year!

Well, it got my attention, and I will pay attention! I mentioned that I was infected with the virus COVID-19 as I laid in a hospital bed thinking about life and what is tremendously important! Yes, I thought about family, friends, associates, health, finance etc. but for me it was my relationship with God! You see from my point **Continued on page 41**



National Editor & Chief
Bill Goodin
Activist, Author
Publisher & Organizer

Accepting Life As Is

One thing I have always said is: we never know how life may deal with us: nor do we know what may happen. However, our best defense is to prepare and to embrace what may happen and what can happen. As I and thousand more become unwilling witness to and some victims of Covid-19 coupled with witnessing the leader of this country become nothing less than a fool, I ask: what else do we need to know concerning this life which now appears will never be as we once knew it to be?

Of course, by the time this article is published, it is with the hope that this virus will have the proper vaccine out that will attack it. However, the damage has already destroyed our

existence, and its rath will remain with us for multiple decades. The residue of having a leader who does not understand protocol and prevention will seep into our lives for many years yet to come.

When I said that our best defense is to prepare for what can happen, what do I mean? I mean, for example, who would have thought we would witness a pandemic as we have witness known as Covid-19? Who would have thought this country would have a leader such as Donald Trump? I know I couldn't have thought such a possible reality, and yet, it became just that!

I, like many others, would like to think that once we escape and beat down this virus and once that Donald Trump is out of office, we could ease back into some sought of what is "normal!" The thing is this, what will normal be?

Will normal be to continue to wear a mask? Will normal be to witness massive homelessness caused by the siege of damage from the pandemic and the non-leadership plan of Donald Trump?

If what we are witnessing **Continued on page 41**



National Manager
Walter E. Murphy
Managing Director
The National Black Unity News

If It Is Important, Share It

Since March 2017, witnessing the growth of The Black National Unity News (TNBUN), has been an amazing experience. The subjects covered in TNBUN varies from issue to issue, but the purpose of this publication and its mission is plain and clear, which is to publish a quarterly *Solution-Oriented Periodical* designed to serve the Black African American community.

TNBUN was conceived to *inspire and educate*. For more than the 3 years, TNBUN has been doing just that...and doing it well! It is a privately-owned media outlet and is a grassroots supporter of the good and just causes, and concerns of our readers and our community.

TNBUN has been able to rally sources and assets and share

them on our website (TNBUN.com) You can read our entire newspaper online, and it is free to the public. The hardcopies we produce are in full color, printed on high-quality paper, and has a different story. Due to printing a limited amount, not only is a hardcopy of TNBUN rear, it is also highly sought after as a keepsake...a marketing tool...a valued piece of historical property. For the ink and paper, labor, and shipping cost, you can get a Subscription to TNBUN for \$18.50. You get four (4) printed issues of TNBUN delivered to your home annually. So, when you get just one thing that is worthwhile out of TNBUN...just one thing that you can use...you will know the true value of your subscription is...priceless.

After receiving your issues of TNBUN, you, The Reader, please contact me with your impressions. Good, bad, or indifferent, getting feedback from you is vital to us doing a better job serving you.

Now, we are somewhat exclusive, yet we are not being dismissive of the rest of the world's population, or their condition. We are just adamant about sharing our best practices among ourselves, for utilization amongst ourselves, so that we can become stronger within ourselves, and make life easier for ourselves.

Warning!!! Some of our **Continued on page 38**



National Editor
Dr Barbara Watties
The National Black Unity News

EMPOWER YOURSELF WITH SELF-LOVE

If you want to end this year feeling strong, and defiant: if you want to look into next year with HOPE and EXCITEMENT begin by empowering yourself with SELF-LOVE! Yes, it's time to end this year strong and start planning for the next, with prayer and praise.

allenge, say to yourself: I am playing this life-challenging game for me because I am a prize worth winning. No matter what the scoreboard says - at the end of the day it's you -YOU'RE THE only ONE who is going to

PLAY TO WIN FOR YOU! Because God has your number!

If you're not sure how to get the encouragement you need, believe me, the fresh ideas and resources are all stored in the same place: WITHIN! I want to talk to you for a minute about internal motivation because that is what

WHY IS BECAUSE There is only one person who is going to stay by your side in every battle you fight and that person is 'YOU'. So every time you face a chal-

you are going to need to use to continue on your journey of SELF-TALK and MOTIVATION.

Yes, it's somewhat of a juggling act keeping yourself motivated in life. But I've found the most rewarding activity for me is Self-Talk! Self-talk affords you the opportunity to Leave yesterday's moments in the past because "Every new moment is a fresh beginning."

Begin by practicing the following Positive Self-Talk Steps for Success:

- 1. Have a Purpose Higher Than Self. Having a strong faith in a higher power is helpful in having positive self-talk. ...
2. Cut Overly Negative People out of Your Life. ...
3. Be Grateful!...
4. Don't Compare Yourself to Others. ...
5. Use Positive Words with Others. ...
6. Believe in Your Success. ...

- 7. Don't Fear Failure. ...
8. Replace Negative Thoughts with Positive Ones....
9. Yield to your Faith!

When you think of quitting, realize the fact that you've always been a strong fighter. Why stop now? Many would have given up by now but you have kept on in spite of all the obstacles.

Get serious about setting yourself up for success by practicing the following behaviors, thoughts, and emotions:

Instead of walking around feeling sorry for yourself when things go wrong or fail to materialize, take responsibility for whatever role you played to put you in this negative place in life.

Choose how you respond to others by not giving them permission to control your emotions. In other words, don't give away your power.

Be open to Continued on page 41



National Marketing Director
Jacinta Walker
Marketing Consultant,
Founder of Lyfe Wurks

MOVING FORWARD BY LOOKING BACK

Happy Blessed New Year from my Lyfe Wurks Family to Yours

2021 is here and we are hopeful for what a fresh new year will bring. The running, rather desperate for relief, joke is that things would get back to normal once the clock struck 12:01 am January 1, 2021.

carried a level of excitement. At TNBUN, we rolled out our 2020 Vision Campaign to inform and expand our outreach. At Lyfe Wurks, we implemented steps for our clients to build on 2019 using our FrameWurks.

WELP! We had no idea what 2020 had in store for us. And the residual effects of last year are yet to be seen. These days, we are left with lingering thoughts

Do you remember a year ago? Preparing for the new year 2020? We were very hopeful and even the number "2020"

and questions like: Will the elimination and amending of regulations implemented by the 45th Presidential Administration move us forward as a nation or tear us further apart? What will the Biden/Harris Administration do in their first 100 days to calm the American people and ease social, economic, health & political anxieties?

And how will our small business communities rebuild from State shut-downs and restrictions?

These questions and so many more are constantly on our minds as we try to move forward and make things better for our families and communities. One of the most profound statements I heard was just how divisive our nation has become. Usually when Americans suffer a national tragedy, like September 11 terrorist attacks and natural disasters, Americans come together.

Continued on page 8



National Event Coordinator
Vernon Streater
Events, Sales, Videos & Podcasting

People who have an event planner such as politicians, business tycoons, entertainment moguls, company executives and celebrities are literally free from doing daily tasks and can fully concentrate on

their jobs and routine because there is somebody who takes care of everything they need.

But, aside from having somebody who

can do all the errands, there is more to having an event planner. This is having the peace of mind that everything that you need to do and everything that should be done is taken care of without you doing a single thing except giving out specific instructions.

What do you get from an Event Planner?

Depending on the description of their job, a personal assistant can be considered as the most reliable person around an employer or a boss. This is because he or she does everything in order to make the employer feel less stressed and can concentrate more on the task ahead.

thing—from office works and other menial tasks—are properly taken cared of.

An event planner is expected to maintain the business and the social calendar of his or her employer. The event planner is expected to do all the scheduling and all appointments for the individuals, whether in their business or personal life.

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**National Editor
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James Sweeting III, LLC**

Nothing Comes Clean Without Agitation

Nothing comes clean without agitation. My friends America is in need of a profound cleansing. I have watched over the last several weeks as the demonstrations in favor of Black Lives Matter, for equality and against police brutality have manifested themselves with admiration for the demonstrators and their message. We as a community need to support those who would agitate against a system with which we really have no stock in.

I don't condone violence, but I was raised on it. We as a people have to understand that our oppressor only understands the language of oppression whose subject-verb and predicate is force! We are not going to love our way to freedom or too even simple respect and decent treatment at the hands of our fellow Americans. Our community will only be respected when we seize the reins of power over our destiny. This we must do in the streets as well as the ballot box, courthouse, statehouse. Our advancement requires the application of a universal front and we all have a part to play.

We all have a part to play beyond just encouraging our youth. It is our responsibility to have their back to lobby for them, to empower them as they engage those who would keep us shackled.

For my part, it is essential that I support those who are protesting by providing them with seven easy points to be aware of when protesting. It is my hope this information will serve as a guideline as to how to protest and engage in protesting while minimizing the risk of getting

hurt or arrested.

The first point is that you must always be aware that there are two laws the law in the street and the law on the books. No matter what I tell you the law is you must prepare yourself to interact with Law Enforcement, paramilitary units such as the National Guard and civilian reactionaries and fascists. You can waive your constitution at them, but you will get your head busted. Any relief that you might receive in court ten to eighteen months later, will hardly compensate you for your trouble. This leads to the second point.

The second point requires you to always control your environment and those around you. Just because someone has a badge or indicia of authority does not mean that they are in control or have authority over you. To the contrary Law Enforcement is supposed to work for you. If those who are protesting around you are getting out of control, they are probably Law Enforcement masquerading as protestors. Remove your self from the situation. We need soldiers that are going to be available to fight for the long haul not short-term martyrs. Self-awareness and awareness of your surroundings is of critical importance, you are allowed to extricate yourself from an uncomfortable situation.

The third point is that citizenship means nothing if you do not assert it. You have a right and duty to your community to protest if you are physically able to do so. The easiest form of protest is to simply vote, no excuses for not taking the simple effort to register and vote - If

you don't like your choices write in someone's name or yours if you think you can do better, it's allowed. Don't let anyone tell you that you cannot protest it's a fundamental right guaranteed by the First Amendment. Law Enforcement is supposed to be there to protect your right to protest.

The fourth point if you have an interaction with law enforcement, turn on your cell phone to record the incident and ask if you are free to leave. You have the right to disengage and they are supposed to have probable cause to detain you. If they detain you, they have to be in a position to state a reason for doing so. If they indicate that you are free to leave take advantage of the opportunity and walk away. You don't have to justify what you are doing or where you are going, and you don't want to talk your way into or volunteer probable cause. Remember you have the right to remain silent.

The fifth point, The CELL PHONE; you have the right to record interactions in public spaces. Use your phone to record what is going on around you, including Law Enforcement, engaging in what is supposed to be public service. You can be sure that Law Enforcement is recording you. Law Enforcement may interpret your proximity to their activity as being threatening. They can order you to move back or worse to stop interfering. If you are accused of interfering, walk a minimum of twenty paces away while recording the incident and then continue to record from a distance. If your phone or camera does not have the ability to zoom in, you need to get a better one.

The Sixth point. If you get detained or worse, arrested, the first thing that Law Enforcement is going to try to seize is your cell phone. Once it appears that you might be detained turn your device off and lock it. Law Enforcement cannot look through it or force you to open it without a warrant. If they ask you to open your phone or for the password, ask to see the warrant. Under any circumstances, they are not allowed to delete any data from your device. Be sure

your device is encrypted and has a strong password. Avoid using biometrics like a face or fingerprint recognition to unlock your device, as you don't want someone to achieve unauthorized access by simply holding the phone up to your face while you were in custody. Your cell phone and camera are protected by the First Amendment. As an aside, please do not do anything, save anything, include anything, post anything or go anywhere on or with your cell phone, computer or other electric devices that you do not want law enforcement to see. If you have secrets or are engaging in nefarious activity or are just concerned about your privacy, laptops and cell phones are the most intrusive and incriminating devices made by man.

The seventh point if you get arrested, you have the right to remain silent, exercise it. I have practiced law for thirty-two years, I have seen many people talk their way into prison, can't remember anyone who really talked their way out, well maybe one or two, but trust me you are not that good. If Law Enforcement has made up their mind to arrest you, they are going to do so. One way to control the situation, which is critical at this point is to keep your mouth shut. Once in custody, you will have the right to contact someone, be sure that you have someone responsible to contact. This worse case contingency should be planned ahead of time. Memorize the critical phone number that you are going to call for help, which needs to be a family member or loved one, who is both capable and willing to advocate for you. You will not have the opportunity to search your phone contacts, as your phone will be locked in property or retained as evidence. I suggest that you inform this person who should remain behind and not be with you of your plans and whereabouts and when you should return, this is vitally important.

If you have additional questions, please feel free to contact me or visit our website www.sweetinglaw.com for additional information.

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Attorney Sweeting has built a highly effective and professional team to handle personal injury cases. Auto accidents, slip and falls product liability and other types of liability cases are handled by the firm.

ii) Wills & Estate Planning:
We assist our clients in the preparation of their Wills and in the planning of their Estates. The firm provides assistance with probate matters and with the settling of Estates after the passing of a loved one.

iii) Debt & Collection Agency Defense:
Being harassed by collections agencies need to arrange and prioritize your debts or work on improving your credit score. The Law Firm works with debtors, shielding them from abusive creditors and predatory collection practices. Contact us so that we may devise strategies to assist you with your debt and collection problems.

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**National Editor
Wayne Randall
Financial Consultant**

The Proof is in the Ballot!

Little did we know as a nation what we were in for during the 2020 election process. We witnessed the likes of voter suppression tactics being used by the current administration to block registered voter's ballots by removing the mail sorter used in the U.S. Postal Service. Not to mentioned, 45 claims that if he did not win the election was rigged! As the nation watch on Nov 7, 2020, we celebrated the Biden Harris historical win making Biden the three-time candidate for the presidency the final winner over 45!

It was unprecedented the election saw record high turnout with at least 159.8 million votes projected. It was the highest voter turnout among eligible citizens

since 1900. It is evident we saw the power of the ballot when the people exercised their right to vote! Moreover, millions of Americans expressed their dismay of the present administration handling of the Covid-19.

Along with the constant rhetoric that has bombarded us for the last four years from 45. History was in the making Kalama Harris is now officially the first Africa American woman and the first woman to ever hold the position of Vice President of U.S. On the night of their initial public appearance, after becoming nominees Vice President-elect Harris was poised when she spoke of her historical journey before introducing president-elect Joe Biden.

Meanwhile, Joe Biden Speaking, from the podium, like a true leader a man prepared to be Commander and Chief graciously accepted his nomination as the 45th president-elect of the U.S.

Unlike anything we have seen over the last four years. His message was about uniting the country despite who you voted for with the hope and resolve to pull his administration together by implementing a plan to slow Covid-19. Despite Biden's electoral win over 45 he still in dismay over the election proceedings claiming he was a victim of voter fraud. The astute that were paying close attention to verbiage resonating throughout the campaign early on will recall 45 stating that if he lost it would be due to a rig election.

Like it or not he is history! However, there is another matter far more urgent than him not wanted to concede. That is when Georgia's two Republican senators will face Democratic challengers Jon Warnock and Ralph Ossoff Democratic U.S. Senators in twin runoff that will determine which party controls the U.S. Senate on Jan 5. There are a few components that are crucial to Republicans entering this runoff.

Republicans will hold at least 50 seats next year compared with 48 for Democrats and need to win at least one of the

two Georgia runoffs to prevent Vice President-elect Kamala Harris from being able to cast tiebreaking votes in a 50-50 Senate. Obviously, you can see the per Ficus the Republicans will face in the event the race goes against them.

Many Trump supporters are discourage about voting in the Jan 5 runoff due to Georgia's Republican-led government certifying that President-elect Joe Biden won the state by 12,670 votes. Many of 45 supporters believe the rhetoric that the election was stolen from him so why should they vote in the runoff. Why bother? The turmoil does not end they instead are engulfed in bitter infighting echoing from unsubstantiated claims of election fraud even as Republican state leaders reject them.

Worst scenario Republicans will no longer hold a Senate majority and the power to block Biden's agenda. If there were ever a time to understand politics, it is now! 2020 was an unprecedented year that is why my primary focus was on these historical events. All things financial I devised a money management plan to assist you and your family in the New Year visit my website.

<http://www.yourfinance-info.com/personalfinance/home/>
Wayne Randall /Your Financials

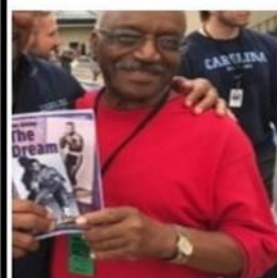
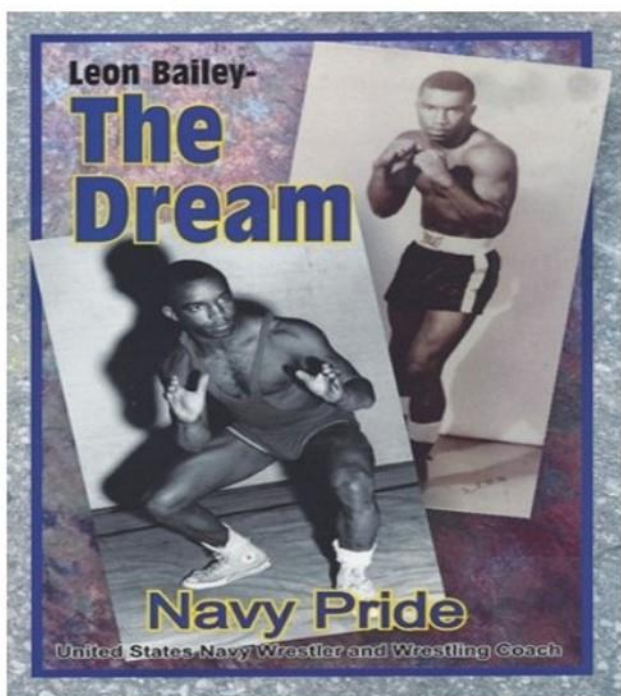


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In today's world we pay insurance on pretty much everything that has a value on it. Our phones, our cars, jewelry, homes, televisions, electronics as a whole.

Our most valuable asset is ourselves and we must think twice before ensuring our lives... why is that? If we are not here



going to work every day to pay for those things... how do they get paid?? How do our children and spouses still live in the

house that we bought based on our income if our income is not protected?

I had a conversation with someone about getting life insurance so that the car note they pay could get paid off in the event of an untimely death... we laughed about it but that is a real struggle for a two income family household... if both parties are used to paying bills together or worse one depends on the other 100% and that 100% of their income is not protected.. what happens to the spouse? The house... the kid's way of living.

it is time for all of us to do better... and that will take knowing more information... learning to create wealth for our families.

Leaving a legacy.

This business that I work in teaches us how to become a license professional.

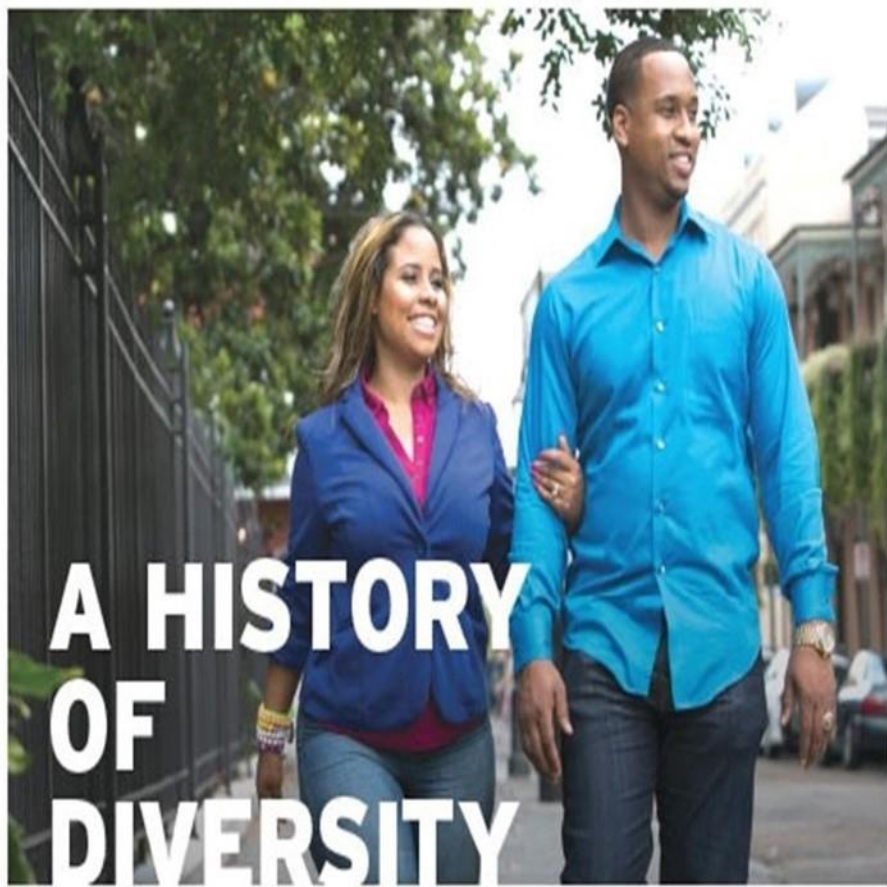
Teaches us how to manage our money better

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Give me a call today so that you can help the next generation.



A HISTORY OF DIVERSITY



Forty years ago, Primerica was founded on the commitment to help Main Street North Americans live extraordinary lives by providing both the financial education and solutions they need. Helping these families is who we are.


Lila Arthur
667-231-0819

Primerica is proud to celebrate Black History Month by honoring the strength of our diverse sales force and celebrating their hard work in making a difference. Our representatives come from all walks of life, each empowered to meet the unique needs of families within their communities.

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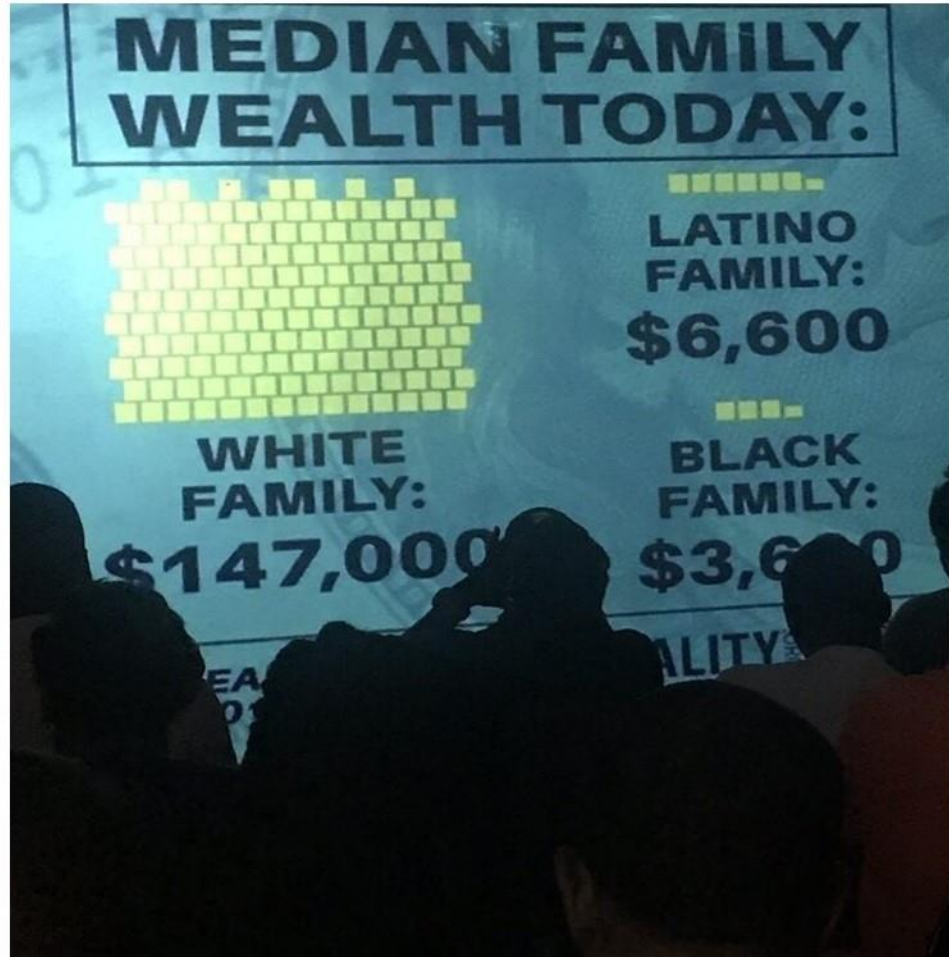
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Lila Arthur
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MOVING FORWARD BY LOOKING BACK

Continued from page 4

Douglas MacArthur says "A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. He does not set out to be a leader but becomes one by the equality of his actions and the integrity of his intent."

Max Depree says, "Leaders don't inflict pain, they share pain."

John Kenneth Galbraith says it best "All of the great leaders have had one characteristic in common: it was the willingness to confront unequivocally the major anxiety of their people in their time. This, and not much else, is the essence of leadership."

A word of encouragement: Thank God you made it through and can see a new year! Many of us are broken and bruised, and even still for some, 2020 showed great favor and increase. Either way, you have a reason to be thankful and hopeful. So many of us stepped up in leadership roles in our homes and communities. A special THANK YOU to the essential workers in the death care industry, health care, food, education, and other local leaders that made hard

decisions to keep us safe.

Time to Move Forward: Let us do our part and be the leaders our community needs. Our country cannot afford to fall



apart. We must all be empowered to step up in our own ways to be the change we want to see that uplifts us all. Here are some tips: Start with credible research. Stop repeating speaking points and buzz words prepared by master speechwriters.

Verify your news sources, especially when on social media. And above all, **Lead with Love.** God is Love and that will always put you on the right path.

Woodrow Wilson sums it up nicely: "You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater

vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand." --

SMALL BUSINESS - A BIG DEAL

Shopify says in January, 79% of consumers will shop online regularly in the next six months, (January 2021 – June 2021) compared to 57% who will shop in store. **Lyfe Wurks** is an impact marketing firm where our mission is to Drive the advancement of entrepreneurship using a holistic concentration on an individual's life and work balance to achieve financial growth and longevity. We accomplish this through market research, unique strategic solutions, and simple implementation techniques that fit your specific needs. If you have not shifted your business to a robust integrated online marketing platform, go to www.LyfeWurks.com. Our team will help create and implement a plan for your small business with simple solution-oriented structure, direct a brand identity to target and convert your perfect customers increasing revenues, and grow your business by meeting unmet needs of your customers. Contact Lyfe Wurks Today.



Jacinta Walker
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GROWING UP on CAPITOL HILL PODCAST
BY JOHNNY WALKER

GROWING UP ON CAPITOL HILL PODCAST TAKES YOU ON A HUMOROUS & IDENTIFIABLE JOURNEY. RELAX AND LISTEN TO THESE TRULY COMING OF AGE STORIES FROM A YOUNG BOY GROWING UP ON CAPITOL HILL, WASHINGTON, D.C. IN THE '60S

GROWING UP ON CAPITOL HILL CAN BE FOUND ON PODCAST PLATFORMS LIKE APPLE, ANCHOR, SPOTIFY, GOOGLE, OR GO TO [HTTPS://ANCHOR.FM/JOHNNY-WALKER326](https://anchor.fm/johnny-walker326)

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National Editor: Self Development
Fran Allen
Author, Motivational Speaker,
Facilitator & Non-Profit Fundraiser

Turn What You Know Into Dough!

We often find ourselves in many avoidable predicaments. Some we understand exactly how we got there and others we realize that we were used and manipulated into. What I can tell you from my own experience is that one way or the other I did make a choice. I either chose to participate or I chose to allow the priorities of someone else to move ahead of my own. No matter how you get in, YOU have to get YOU out. So, I say to you THINK, THINK, THINK. Your mind is a storage place for all the talents, skills, abilities, knowledge, intelligence, and potential that you possess. In your brain, you will find the answer. In your

brain, you will find the solution. In your brain, you will find the resolution. In your brain, you will find the strategy. In your brain, you will find the right decision for you.

In this same way, you have to use your brain to tap your creativity. This is how you will discover the creativity to create the income you need. Let your efforts be the investment for the life you deserve and are destined to live. As you are traveling this journey and making all these new discoveries, please remember to pass them on to others like your children, brothers, sisters, other family

members, and friends. Believe it or not, this is how we all learn to rescue ourselves and not to depend on someone else to come to the rescue. This is also how we begin creating a long-lasting legacy. We must share the details of the journey to demonstrate how to connect the dots and develop our character as well.

It isn't enough, though, to just focus on turning creativity into income creation. Along with teaching the skills that capitalize on having natural talents, we must also teach management skills in order to demonstrate the true benefit. The creation of income from our natural creativity should also be sustained by taking a portion of that income and putting it to work. The sustaining power of income creation comes in its most powerful form when your income begins to work for you and releases you from the burden of having to work for it. We teach our children that it is responsible to get a good job and earn an honest living. Why aren't we also teaching them how to take the fruit of that honest living and save some, or invest it? At the very least, we should teach to set financial goals and save toward achieving them as an incentive. As a very simple example, imagine

if you decide to save \$1.00 a day. At the end of one year, you will have \$365.00. If you continue to save for another year you will have \$730.00. If a child can begin a savings plan as small as \$1 a day, that child could have \$7,300.00 in 20 years – just in time to buy their first car – all by themselves. This is quite an accomplishment for any 20 year old! The time is going to pass whether you save or not. This is a great way to teach self-discipline, build self-responsibility, and create self-reliance. This is a great way to save up for the "college tour" you take your child on or to help with graduation expenses when your child is moving from one chapter of their life to another. We must teach how important it is to use creativity to make money, how to accumulate wealth, save, and invest. **Not should, BUT MUST!**

Learn more in "From Creativity to Creating Income: Turn What You Know Into Dough! Available at www.selfdevelopmentssuccess.com and click on the "Books" tab. Every book sale generates a donation to a local youth non-profit organization! **Get yours today!**




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www.re-entryguy.com

Fran Allen, author, motivational speaker and non-profit fundraiser.



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www.SelfDevelopmentSuccess.Com

YOU GOTTA START SOMEWHERE

Fran Allen is a very insightful, talented and sought after communicator. As the National Editor of Self Development her contributions to The National Black Unity News are top notch and thought provoking. She is straight forward and authentic, sharing her life experiences creating a sense of trustworthiness and commonality. Fran is dynamic, high energy and has a great sense of humor.

David Murphy, Founder and Publisher, The National Black Unity News

Fran Allen uses the pages of her life to motivate, inspire and encourage audiences of all ages and economic backgrounds. She is a dynamic speaker who captivates a room and evokes energy from her listeners. Her engaging style gives people something to relate to and renders her unforgettable. Fran is a motivating force!


Dawn Fitzpatrick, Educator and Motivational Speaker

Fran Allen is an intuitive, thought provoking, humorous writer with a gift for story telling. She has a passion for being in service of others and shares her life stories to show people they are not alone in their struggles. She is real and honest and thoughtfully direct. Fran is a rising star in the motivational arena, and one to watch!


Jocelyn Whitfield, Author and Founder of The Center for Creative Life and Learning

Fran's summary bio

Ms. Allen is an author, keynote and motivational speaker, change agent, seminar and workshop facilitator and motivational discussion group leader who delivers powerful and practical ideas to inspire others to take their thinking outside the box and keep it there.



YOU GOTTA START SOMEWHERE




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BY FRAN ALLEN
 CEO, SELF DEVELOPMENT SUCCESS

FOR THE EXCLUSIVE USE OF: BUILDING YOUNG ENTREPRENEURS CAMPAIGN

Self Development Success

What have you done to raise the quality of your life lately? If the answer is "nothing" you can start by calling me! You can make a difference RIGHT NOW by participating in an e-book fundraiser. We need your help. Please show your support.

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**National Editor:
Faith Based & Religion
Rev. Theresa Mercer
Founder of The Prayer Line Chapel**

"God Still Takes Care of His People"

This is a time when too many of us are going through an emotional rollercoaster. People are suffering through depression, pain, panic, fear, and hopelessness. Bad news is all we seem to hear. Too many are blaming God for what He has not done. Our God is the God of Love and Mercy. We must believe that He is our keeper and that His Word to keep His people will prevail.

I am encouraging people to remember the goodness of the Lord and remember the wonderful things that our God has done and that He will never change no matter what it looks like or sounds like or smells like or taste like.

One of our most powerful tools that we have to use against the negative is to remember the wonderful and joyful times that each of us have had in our lives. No matter the trials of yesterday, if we allow ourselves, we have some joyous times that cause us to laugh or just

makes us feel better. I personally believe that our God has placed in us the ability to overcome and be and do more than just survive. Wherever we go, or whatever we are going through there is something that is good there also. The good is what we need to hold onto.

I have a cousin who lives in New Jersey. As we were catching up the other day, she shared a beautiful story with me about how our God takes cares for us even when we do not know it.

Some years ago, my cousin Harriet wanted to do something special for the children in her family, Troy, Tyrique and Tamir, grandsons' great nieces, Kayla, Monie, and Brianna, great nephews Solomon and Stephan. She decided to introduce them to something they had never done before, Ice Skating in New York City would make it a more adventurous and exciting. And so, she made all of the arrangements to make this experience happen.

The day came and they were on their way. Stopping to pay the toll at the Lincoln Tunnel; Harriet, asked her grandson Troy to go into her purse and give her money to pay the toll. And so, he did, and they continued on their way.

Harriet was able to find parking several blocks from their destination, the Wollman Skating Rink. After getting there, it was time to pay for their entry. Harriet could not find her wallet. It was clear to her that somehow, she had lost everything, her money, I.D., credit cards and other important information. Nevertheless, Harriet was determined that the children were going to have a good time. Blessedly, she had \$70.00 in cash on her and some of the children had money. They put all of their money together and the children were able to go skating. They even had \$2.00 extra to buy a cup of hot chocolate to share. And share they did.

Now it was time to go home. Back to the car they went. It was Harriet's niece Kayla who noticed and said, "Aunt Harriet why is the car still running?" Panic struck Harriet. Wow! What is going on? Was someone trying to steal my car? As they hurried closer, they did not see anyone in the car. Harriet said that she asked herself again, what in the world is going on?

You guessed it, in her excitement; Harriet just got out of the car and left it running. To her surprise and amazement, her car was still there, and her wallet was still on the console -in New York

City!!! Needless to say, Harriet was so happy that she did not have to replace her license or any cards. Harriet and her family believe today that God and His angels had watched over her, her car, and her family.

Our God is Mighty and Awesome. He looks out for His people in so many ways. New York City, broad daylight, for several hours, her car with keys in it, running and her wallet still on the dashboard. And there was nothing missing. No matter what trials we have had or have, we all have a time that we can tap into that will allow us to hope if we choose. These are the times we need to hold onto and do what we can to build a stronger relationship with our God, family, and friends. Love is the key to holds all things together. Things are wonderful when "God Moves."

*Written By:
Rev. Theresa Mercer
Rev. Harriet Johnson*



The Unity Prayer

Father God, we thank you for being our Father and our God. We thank you that no man can pluck us out of your hands.

We have not been what you created us to be, nevertheless, you have never left us. We have left you.

Your Word in 11 Chronicles 7:14 tells us

"If my people which are called by My Name shall humble themselves, and pray and seek My Face, and turn from their wicked ways, then will I hear from heaven, and will forgive their sins, and will heal their land."

As did the Israelites, your people, when in times of trouble humbled themselves, submitted unto You, then came together on one accord and prayed to You, so Father God, we come.

Forgive us Father God, Creator of the heavens and earth; the father of Abraham, Isaac and Jacob; and Jesus the Christ Your only begotten Son.

Forgive us for our sins.

We thank you Jesus for giving your life on Calvary for us, for taking our sins and baring our weaknesses making it possible for us to go to the Father and repent so that our sins could be forgiven. For that, we thank you!

Jesus, You gave us The Father's Word and showed us how to live but we became a disobedient people and have lost our way.

The violence of death has numbed and broken us. Evil has overcome us and we

have become a helpless people.

Father God, we need you as never before. We realize that we must return to You Father God, our First Love.

Your word tells us in Ephesians 6:12 "We fight not against flesh and blood but against principalities, against powers, against rulers of the darkness of this world, against spiritual wickedness in high places."

Father God we can not make it without you. Unless you intervene we should all be lost.

Please forgive us Most Holy Father. Only through Your mercy have we been kept, and, for that we thank You.

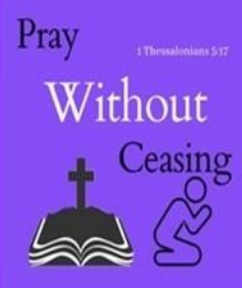
Deliver us from the evil that we have allowed in our hearts, our minds and our lives. Please show us how to return to you Our God, the Holy one of Israel that we might find favor in Your site and be delivered.

We know that you are the only true God and the only help that we have. You are the only one who can heal our land.

In The name of Jesus we humble ourselves, we surrender and pray in the matchless name of Jesus the Christ our Lord and Saviour. AMEN!!!!

When we go to God in spirit and in truth He hears us and answers us.

We always win "When God Moves!"



**"Pray Without Ceasing"
Phone Number. (909-318-7015)**

"Pray Without Ceasing" is the name of our prayer 24 hour mission. "Pray Without Ceasing," was formed (April, 2020). We are a Christian faith-based phone line that is now operable.

The Mission of "Father We Pray" is to provide comfort and spiritual support through prayer. This Christian prayer line is for anyone, regardless of age, race, or religion.

Strategies are to:

1. Reach out to people and ask that they support the mission of "Father We Pray"
2. Recruit and schedule available prayer warriors
3. Get the word out about the mission to as many as we can

Requirements for picking a Prayer Warriors who:


1. love the Lord;
2. desire to inspire, encourage and strengthen people in their faith;
3. willing to pray for people who are in need of prayer; and,
4. pray prayers supported by the Word of God ("God honors His Word")

Money:

There is No Money involved only Love is needed!!!

WE NEED YOU!!!

Pray Without Ceasing: (909-318-7015)



Contributing Editor
Kendrick R. Tilghman
 Entrepreneur, DJ, Educator, Outreach Specialist, Science Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) advocate.

Kendrick R. Tilghman is a Baltimore entrepreneur, DJ, educator, outreach specialist, and top Science Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) advocate. The vision of his company, 5 Star Enterprise, is to become the premier resource for S.T.E.M. workforce diversity in the United States. His company educates and empowers



communities to play more active roles in S.T.E.M. related curriculum and fields. He believes this foundation will create greater opportunities in advanced education training and contribute to a more diverse workforce.

He founded a nonprofit the BEMORESTEM Foundation INC. B.E.

M.O.R.E. S.T.E.M. (Bringing Everyone More Opportunities and Relevant Experiences in S.T.E.M) is a National network that engages and excites communities about S.T.E.M. careers. B.E. M.O.R.E. S.T.E.M hypothesis is that increasing creative thinking in students' leads to increased academic performance. Mr. Tilghman has been praised for putting the "WOW" in S.T.E.M. education. A decade of work landed a strategic partnership to provide a scalable product (software and hardware), teaching the art of Djing using Mathematical Principles.

Mr. Tilghman has a Bachelor of Science Degree in Computer and Electrical Engineering, a Master of Business Administration and is looking to pursue his Doctorate in Engineering Research Education. He is a loving, devoted husband to Carole L. Tilghman, who has been instrumental in much of his recent accomplishments.



KENDRICK TILGHMAN DJ5STARR

THE SERVANT

To find the mission driven people, you must serve. - Kendrick Tilghman



LEADERSHIP ROLES:

- Vice President - Blackprofessionalmen.org
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- Founder - BEMORESTEM Foundation Inc.



ANNUAL SCHEDULE TO FOLLOW

Text "Start" 410.469.8886 email: info@dj5starr.com Web. www.dj5starr.com

- MSU Toastmasters - Monday's
- GBBCC - 1st Wednesdays
- BPM - 2nd Wednesday
- GBLA - 3rd Tues
- March 5 Celebrate Chris Lyles
- NSBE - March
- NBMBAA - Sept
- BCAACFEST - 3rd Sat in Sept

E.G.O. is an acronym for Edging God Out. In order to find mission Driven People I went to volunteer my time to organizations I found myself an advocate for. Find something you love in everything you do. Connect your Life's Work to friends family and organizations! - Mr. Tilghman



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KENDRICK "DJ5STARR" TILGHMAN

THE CONSULTANT

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National Editor:
Powerful Thoughts & Powerful Words
Achaniel F. Lucas, Sr.
 Founder of: The Power Of Positive Words

CHRIST'S OMNIPOTENT VICTORY IS DIVINE – GOD DID IT!

During the month of February 2020, a mysterious virus called (COVID-19) settled upon our land. No one was clear as from whence it came, nor why it was here. It killed hundreds of thousands of people and it is still not finished. Throughout the world the greatest of minds sought for a cure. They have consulted physicians far and near. They have sent dispatches to princes, kings and lords throughout the world. They even questioned shepherds tending their sheep. They supposedly, left no stone unturned. In some lands, they called out their gods; but, this virus, this plague still run rampart all over the land. Our land needs a cure, a healing.

Allow me to make a few suggestions, but... as the song goes, "I am just a No-

body, trying to tell Everybody about Somebody who can save Anybody". ANYBODY need to be SAVED, too. We all are a part of ANYBODY. Anybody needs a cure, a healing.

When the great minds searched for a cure and consulted physicians, did they consult THE GREAT PHYSICIAN? When they sent a dispatch to foreign lands and contacted princes, did they contact THE PRINCE OF PEACE? When they contacted kings, did they consult THE KING OF KINGS? When they contacted the lords of the land, why didn't they CRY OUT from the hill tops for the LORD OF LORDS? When they moved among the shepherds in the fields tending their sheep, did they mention their urgent need for a cure to THE

GOOD SHEPHERD? When they thought they left no stone unturned, did they think to CRY OUT to THE CHIEF CORNER STONE? Even after they called on the gods and this virus, this plague still continued, unabated... Did the great minds THINK to call on the ONE GOD OF HEAVEN, THE GOD of Abraham, Isaac and Jacob? The OMNIPOTENT, VICTORIOUS GOD! Did they?

This ONE GOD said in II Chronicles 7:14 "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land". God will heal our land, but **WE** must be a part of the cure.

Do you want your land healed? Do you want to be healed? If you do and if you **TRUST GOD**, this is the formula: **WE** must Hear God's Word: Mark 12:29; **WE** must Believe God's Word: John 8:24; **WE** must Repent of Our Sins: Luke 13:3 and 5; **WE** must Confess That Jesus Is The Christ, The Son Of The Living God: Matthew 10:32; Then **WE** must Be Baptized In Water For The Remission Of Our Sins: Acts 2:38, Matthew 28:18-20. Follow the formula and **CLAIM** the VICTORY as concluded in Revelations 2:10. Should you have questions about anything I write, call me. I will stand behind every word I write. If

it is from God's Word, THE BIBLE, God will **STAND BEHIND IT!** Because God is the author, God wrote it, therefore, **TRUST GOD!**

Watch and listen to powerful messages at: www.eastbaltimorecoc.com that will help you weather the storm of (COVID) **CHRIST'S OMNIPOTENT VICTORY IS DIVINE. USE the FORMULA and EXPERIENCE the CURE!**

Please! Wear your mask, keep your distance, get vaccinated and stay safe

Visit us when we return physically at the following address... Visit us at our website, **ABOVE. NOW!!!**

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"THE CHURCH WITH A HEART, WITH THE PEOPLE AT HEART, AIMING FOR THE HEART WITH THE GOSPEL"

Bro. Kevin Bethea, Minister

REMEMBER: *"OUR VICTORY HAS ALREADY BEEN WON IN 2021"*

God Bless You All,
 ACHANIEL F. LUCAS, SR.

(443)272-6167

IF YOU WANT CHANGE, BE THE CHANGE



IF YOU WANT CHANGE, BE THE CHANGE
 BE THE CHANGE, YOU WANT TO SEE
 DON'T WAIT FOR OTHERS, TO MAKE THE CHANGE
 MAKE THE CHANGE, YOU WANT TO BE

IF YOU WANT CHANGE, BE THE CHANGE
 THE CHANGE YOU WANT TO BE
 STUDY YOUR BOOKS, AND CALL ON THE LORD
 HE WILL GIVE YOU THAT DEGREE

IF YOU WANT CHANGE, BE THE CHANGE
 THE CHANGE YOU SEE IN YOUR MIND
 KEEP ON TRUSTING GOD, AND DOING HIS WILL
 ALWAYS BE MERCIFUL AND KIND

IF YOU WANT CHANGE, BE THE CHANGE
 THE CHANGE YOU SEE IN OTHERS
 ALWAYS INTERNALIZING GOD'S HOLY WORD
 OBEYING, YOUR FATHERS AND MOTHERS

IF YOU WANT CHANGE, DO THE CHANGE
 DO THE CHANGE YOU WANT TO BE
 WHATEVER THE CHANGE, BE IT LARGE OR SMALL
 IT REALLY IS UP TO THEE

IF YOU WANT CHANGE, LIVE THE CHANGE
 FORGET ABOUT WHAT YOU USE TO BE
 FORGET ABOUT ALL YOU DIDN'T LIKE IN YOU
 GOD WILL HELP YOU TO CHANGE, YOU WILL SEE

ACHANIEL F. LUCAS, SR.
 (443)272-6167



WE ARE MORE THAN A CONQUEROR
 MORE THAN A BATTLE WON
 WE ARE MORE THAN THE ENEMIES ARMIES
 AT NOON DAY OR SETTING SUN

WE ARE MORE THAN A CONQUEROR
 MORE THAN A BUNCH OF WORDS
 WE ARE MORE THAN A SENTENCE
 MORE THAN ALL THE SPEECHES, WE'VE HEARD

WE ARE MORE THAN A CONQUEROR
 MORE THAN ALL WE HAVE ACHIEVED
 YES, MUCH MORE THAN A CONQUEROR
 MUCH STRONGER, WHEN WE BOW OUR KNEES

WE ARE MUCH STRONGER THAN A CONQUEROR
 STRONGER THAN A MAN OF STEEL
 WE ARE STRONGER THAN WONDER WOMAN
 WHEN WE BEND, TO THE MASTERS' WILL

WE ARE STRONGER THAN A CONQUEROR
 STRONGER THAN THE ENEMY, STANDING IN OUR WAY
 WE WILL BE MUCH STRONGER TOMORROW
 THAN WE EVER WERE TODAY

YES, WE ARE STRONGER THAN A CONQUEROR
 STRONGER THAN THE EASTERN WIND
 LIFT YOUR HEAD HIGH, AND FOCUS ON TOMORROW
 NEVER LOOK BACK, TO WHERE WE HAVE BEEN

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God's Giving Hands

Showing God Appreciation By Giving Back

Giving is a powerful and priceless concept. The power of giving has healing properties and can add days to your life. Giving can be contagious. It is also written that when you give it will be given to you. I am writing this article because I met a gentleman by the name of Rico Crawley. He and I talked about the concept of giving. He also shared with me about a charitable organization called God's Giving Hands.

Rico told me about the wonderful works this organization did and is doing. He and others are working diligently to feed

those who are having some challenges in life, and they also provide them many other services. As we continued to talk, he explained some of the difficulties the organizations are dealing with.

The needs are great but the workers are few as well as the supplies. It takes money, time and people to undertake this high calling of service, as Mr. Crawley explained.

I personally think giving is a gift to mankind and an expression of God's love. I also believe that certain people have a calling or a gift of giving on their lives.

As I listened to Rico Crawley share his gift of giving and his commitment to God's Giving Hands, I really understood this phrase, "The true Art in Giving is to give from the heart without any expectation of a return".

Rico sent me some pictures and videos of the work that they do. I was moved to compassion. I mentioned that giving can be contagious. Yes, they need money, supplies, and people to help those who need help! Because of this Brother's compassion, I was moved to give. I asked if the organization has a website?

Mr. Crawley replied that they did not. So I offered my services to build a website for them as a contribution or donation.

The bottom line is that giving is the gift that keeps on giving! To Rico Crawley and God's Giving Hands, I salute you for the great gift of giving. I encourage you to support this organization. Help them so that they can continue to help others and help them because you may be helping yourself or the someone you care about!

David Murphy

God Ain't Done With Me

I am the phenomenal, Uniquely Blessed author of God Ain't Done With Me Yet. This is the story of



nificent organization is founded by my wonderful uncle Rico.

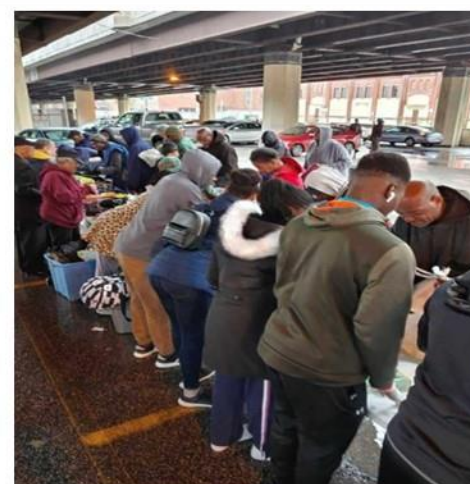
I Decided to Make Jesus My Choice: This Praise and Devotions book renders prayer, daily devotions to enrich spiritual growth before going to work, uplifts family/friends in need, bedtime, bible study, and scripture. Topics include An Example Similar to Christ, God Has a Plan for You, Praise, and more. This magnificent devotion will give you strength, wisdom while shedding light on the good news of Jesus Christ that will bless you immensely. All scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness. (2 Timothy 3: 16) Amazon.com

Thank you all for your support; it is greatly appreciated.

Sherria D Young
(443) 865-3513

Uniquelyblessed1@outlook.com

the amazing blind miracle weighing 1 pound and 11 ounces, at birth, overcoming various challenges. The amazing memoir is filled with laughter, tears, encouragement, motivation as well as words of inspiration. My testimony will not only bless and encourage others but it is a reminder that you are created for a purpose. I have a passion for the homeless. That's why a part of my proceeds goes towards God's Giving Hands. This organization believes in feeding the hungry and providing drinks to the thirsty while serving the low income who are in need. This mag-



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**National Editors:
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Sitawi & Cynthia Jahi**
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THE BLESSINGS

The blessings of having a home base travel business as one of the best tax strategies ever! One of the biggest challenges most Americans face! Having too much month at the end of their money. How can the common person overcome this challenge? And stop overpaying their taxes by \$3,000 to \$9,000 a year. Most try by getting a second job or a second mortgage or both.

In reality, the best answer is making the most of your current Income situation by starting and operating a home base (travel business). We will show you how a properly structured home base business can save you thousands of dollars on your taxes.

The U. S. Congress has created laws that encourage individuals to be entrepreneurs, which is to start and operate their own businesses. Many businesses, such

as Apple, Hewlett-Packard, Microsoft, Coca-Cola, and many more started at home and now are industry leaders. When they started up, Congress allowed their expenses to be tax-deductible to help them grow. Look at how this investment in entrepreneurship has paid off. All of these companies now pay millions of dollars in taxes. The people that started these companies are no different than you.

When you start your own home-based business you become eligible to take all of the same kinds deductions available to big corporations. These deductions will allow you to decrease the amount of taxes that you pay, so one day you can hopefully pay millions of dollars in taxes too!

In this article, we will explain how to create and maintain your business to

become profitable and get the most out of your current income. Learn the best way to save money and earn money at the same time, by starting a home-based (travel) business.

Available Deductions
Home-based business entrepreneurs have many more tax deductions available to them than the everyday taxpayer. Here's a list that is taken from some of the categories of the IRS Schedule C. Of course you must meet the requirements of the IRS before you take any tax deduction. What you need to know about the IRS rules for home base businesses, (1) you must work your business 4 to 5 hours a week or about 45 minutes a day; (2) you must be in pursuit of earning a profit; (3) all business deductions must be necessary and ordinary expenses as it relates to your trade or profession! (4) you must keep good records and documentation!

- List of expenses**
- Advertising expenses
 - Bad debts from sales/services
 - Car and truck expenses
 - Commissions and fees
 - Cost of goods sold
 - Depletion
 - Depreciation expense section 179
 - Employee benefit programs
 - Expenses for business use of home
 - Insurance
 - Interest
 - Mortgage

- Legal and professional expenses
- Marketing expenses
- Office expenses
- Pension and profit-sharing expenses
- Rent or leasing expenses
- Repairs and maintenance
- Supplies
- Taxes and licenses
- Travel and meals
- Entertainment
- Utilities
- Wage

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PURPOSE DRIVEN TRAVEL 1
JESUS LOVE YOU! ROMAN 10:9-10 "that if you confess with your mouth the LORD Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart, one believes unto righteousness, and with the mouth confession is made unto salvation."

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The Vortex is so easy to use and it's amazing how much money I saved over the "big guys". I'll be using the Vortex to book all my travel from now on!!

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Contributing Editor
Rikki Vaughn
 Entrepreneur & Community Activist

Black Lives Matter in 2021: Changing the Narrative

In 2020, our country was forced (yet again) to confront its terrible dealing of race relations within the Black community. During a public health pandemic that rocked the core of normalcy in our everyday lives, protests erupted across the country (and around the globe) demanding justice for Breonna Taylor, George Floyd, Rayshard Brooks, and others – who were unjustly killed by the very people sworn to serve and protect them. While the unfortunate truth is that 2020 was not the first instance of black people being killed by the police in America, it was, however, a call to action for many of our youth to get involved. A call that has not been seen in over a generation. Thousands of young people, from California to Washington D.C, marched in the streets to demand justice, equality, and universal humanity. For months, our Primetime news networks reported on the protests throughout the country, with a show of unrelenting force and unity, reminding us all that Black Lives still Matter.

The Black Lives Matter Movement laid out several platforms for politicians and community leaders to address: 1.) Declaring racism, a public health crisis; 2.) Defunding the police; 3.) Funding community health initiatives directly targeted toward the black community and other minorities; 4.) Ending state-wide voter suppression; 5.) Dismantling the school to prison pipeline; And 6.) Put an end to youth incarceration. These initiatives put forward by the BLM Movement are intended to promote the end of war on black people, encourage economic justice, give community control to the actual community, and raise more black leaders to local, state, and federal political positions to champion issues for the black community. As we review the impassioned rallying cry of the BLM movement today, we find a reminiscent echo of those who have come before us. Prominent Black leaders, such as Booker T. Washington, have been communicating through their published works for years that Black Lives Matter, and they gave us a blueprint on how to charter the path forward. Today, I seek to revisit those philosophies and beliefs, in hopes of inspiring our young leaders of today with the beacon of knowledge our predecessors left us to help tackle our issues of the present and build a better future. My intent is not to lecture a history lesson for readers. Rather, I simply want our young leaders of today to know they are not alone, and never have been. There is a strong foundation already laid for black advancement and empowerment and we must use those tools to help further our cause and promote the social change we aim to see delivered for our people in 2021 and beyond.

Many of us know the legendary Booker T. Washington, who grew to prominence

during the post-Reconstruction era after the Civil War. Born a slave and later the founder of the Tuskegee Institute, Washington believed it was important for blacks to concentrate on elevating themselves through hard-work and material prosperity. More specifically, in his famous “Atlanta Compromise Speech of 1895”, (dubbed by W.E.B DuBois)



Washington encouraged Black Americans to be as separate as the fingers on the hand. In this context, he implored his people to establish their own wealth within their own communities through industrial education. This is one of the significant principles in establishing the Tuskegee Institute for Washington. While I am not arguing that Black Americans should quit their jobs and focus on industrial education, I do support the philosophy of establishing our own communities, to exist in solidarity with our counterparts while supporting the success of our own kind. There is great wealth, talent, and dynamism within the Black community. Creating communities that seek to cultivate and promote our own successes can be a rewarding factor for Black Americans today. It establishes a sense of independence, self-reliance, brotherhood within our race, and most importantly, helps us to create our own pools of wealth and opportunity for the entire race. In a speech made by Washington on September 1896, he speaks directly to the heart of the issue on why Blacks in America should be more self-reliant:

“Nothing else so soon brings about right relations between the two races in the South as the industrial progress of the negro. Friction between the races will pass away in proportion as the black man, by reason of his skill, intelligence, and character, can produce something that the white man wants or respects in the commercial world. This is [a] reason why at Tuskegee we push the industrial

training. We find that as every year we put into a Southern community colored men who can start a brick-yard, a sawmill, a tin-shop, or a printing-office,—men who produce something that makes the white man partly dependent upon the negro, instead of all the dependence being on the other side,—a change takes place in the relations of the races.” (Washington, 1896)

While we must understand the setting in which Washington argued this philosophy, we can ascertain that there is still relevance to the overall idea. In cities like Baltimore, there is great opportunity for our people to come together and build strong communities that benefit our people. Rather than use our talents and skill to hurt our fellow man, we must band together to uplift, inspire, and engage one another. In this theory, Black Americans today have the unique opportunity to build stronger and safer neighborhoods, create pools of wealth within the City, and promote social change through our collective unity. There are

many frameworks already in place, especially in Baltimore City, for this theory to come into fruition. What we lack today is the common goal of growing these initiatives into a robust success that permeates, challenges, and impacts every Black citizen within our beautiful City. Washington may have echoed these words in a time none of us lived in, but we can still honor his legacy by coming together with a common goal of self-reliance that will catapult into a platform of social change for our residents in Baltimore. We have the skills, and the foundation has been laid for us; the only thing we lack now is togetherness. When we come together in our City to rally for these causes, we will see significant changes in our neighborhoods, education programs, increased economic opportunities, and undisputable political platforms that are not movements within themselves, but indefinite realities of social change. Protesting is how we get their attention, which is good and often effective. However, togetherness and unity is how we emancipate ourselves into real social justice, economic prosperity, and political equality.

I had the pleasure of running for Baltimore City Mayor in the last election cycle. My platform has many similarities to that of Washington, in an effort to rebuild, repair, and replenish our City. My campaign sought to empower Baltimore residents with sustainable economic opportunities that improve the lives of our families and communities. We ac-

complish this by investing directly in our communities to build better infrastructure, ensure every child has access to high quality education despite their zip code, and engage the communities by establishing relationships built on mutual trust, respect, and shared responsibility. A City, such as Baltimore, is a perfect place to implement the philosophies of Washington with a modern approach, to restore pride in our communities, economic opportunities for all residents, and political engagement that recognizes all members of our communities as equals.

There is great power and influence within the Black community. Not just in Baltimore, but across this entire Nation. Yes, I know that protesting is how we get the attention to rally our cause. Yes, I understand that after years of systemic racism, revolutionary rhetoric and flamboyant actions are long overdue. However, I also understand that real revolutions start within our communities and grow into a national platform for social change and justice. We can change the

entire narrative of what it means to be Black in America, one community at a time, by looking to ourselves for the answer and taking every advantage of being American citizens to do so. We do not lack the voice, the heart, the talent or skill. We only need to be reminded that there is power when we rely on ourselves. The protests over the summer due to those untimely and unjust deaths of our brothers and sisters let us see, firsthand, the power we have when we stand together. Community activism does need loud protest, but it also needs strong determination and a sincere commitment to our fellow neighbor. Our history in this country has constantly proven that the Black race is powerful when it stands together. We championed Civil Rights in the 1960s, now it is time for us to stand together again to champion Human Rights in the 2020s. We are never more powerful as when we raise our collective voice, in unity, and hold hands together in solidarity to rebuild the narrative of what it means to be Black in America, the repair our neighborhoods from systemic racism and disenfranchisement, and replenish our communities by centralizing our talent, education, and skills to create competitive and sustainable wealth opportunities for ourselves and our children.

Reference:
 Washington, B. T. (n.d.). *Self-Reliance*.
 September 1896
<https://www.theatlantic.com/ideastour/civil-rights/washington-excerpt.html>

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Lou Fields Reports- **LIVING PROOF-why masks don't really work-KILLING COVID NOW!**

In March 2020, the Novel Corona virus killed my Baltimore Black Heritage Tourism business. In November 2020, I joined VOLLARA and begun my new business KILLING COVID-19. On March 20, 2020 there were 16,400 confirmed in the United States, resulting in 3,100 deaths. Eight months later, November 30, 2020, the United States COVID confirmed case count rose to 13.7 million and 273, 000 deaths. Today, December 30, 2020, COVID cases in our nation number 19.4 million resulting in 335,000 deaths. **What is the mask really doing?**

Stopping the Spread has been the top news topic for over 270 days. Americans are wearing the mask, trying to social distance, yet the virus is surging again after the Thanksgiving and Christmas Holidays. The deadly virus continues to spread like wildfire even with the "defensive" PPE guidelines and protocols. The vaccine is here, however it will be months before you and your family will be able to get it. Worse than that, daily news report say a strain of new variant viruses are coming, if not already here. **What's your plan to protect your family?**

It's time to go on the offensive against COVID-19. We have to kill it before it kills us! How we do that? As Dr. Anthony Fauci says, we follow the science. VOLLARA's Air, Surface and Water Purifiers infused with certified ActivePure Technology that has been scientifically proven to KILL COVID-19, mold, viruses, bacteria, pollutants, and other contaminants in the air and on surfaces in your home, church, school, or business, anywhere, everywhere.

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Join Our Podcast Call Lou Fields For Times & Dates!



Black Men Unifying Black Men

Us Helping Us = Unity

If Not Us, Then Who? If Not Now Then When?

I have never been so thankful to see a President to leave office as I am present. Donald Trump first and foremost had no reason to become President. Let's face it if he had not been a White Male with money, he would have never had the opportunity to become not just the President, but he could not have been a serious candidate.

Yes, when I said if he had not been a White Man that is what I mean. Why do you think Hillary Clinton did not become President? She was White and she had access to money as well as political clout. The truth is that she was a woman, and the truth is that this country at the time was not ready to accept not just a White Woman, but it was not ready for a Woman period.

See Let's face the truth, Donald Trump benefitted from the fact that "AMERICA" had previously elected a Black Man by the name of Barack Obama. He was the first Black President that this country has ever elected and the anger from those such as Donald Trump because of witnessing a Black Man become President is what allowed the rise of Donald Trump.

Personally, I want to congratulate Joe Biden and Kamala Harris for the victory that the American People voted for on November 3, 2020. The election that would end the tragic reign of Donald Trump and his cohorts. Yes, Kamala Harris will become not just the first woman to ever become the Vice President of this country, but she will become the first Black Woman also.

Yes, Donald Trump even before we talk about policies and laws, it is hard to see anything that he may have done well if one would just look at his childish and ignorant behavior. Donald Trump promoted racism and bigotry. Donald Trump promoted hate and projected a very nasty and attitude that is far from becoming of a leader, especially the President of this country.

Of course, let's face it, the highest turnout in this country as it relates to an election such as the one, I am speaking of. Why was it such a turnout? I tell you why because we the American People was awarded the opportunity to see just how racist and divided this country is. Let's face it, it was more than obvious that Black People wanted no more of Donald Trump. However, even though it

was many Whites who voted against him, it was still obvious that far too many Whites still support racist and racism.

In all the years of my life not only have I witnessed such an ignorant man in the Oval Office, but he in his childish behavior also cannot even accept the defeat without causing additional problems. We have never witnessed such a deviant transfer of power and the refusal to acknowledge defeat.

See, even if Donald Trump has done some good things while in office as far as I am concerned, it is lost with his ignorance. He has acted as a 5th grader who is spoiled and yet, he was the guiding light of this country for four years. I think what Donald Trump has done, has been to uncover the depth of corruption in our political governance.

Donald Trump has done everything outright that would have allowed any respectable job to dismiss him and yet, this man was able to still be President for a full term because the majority of Republicans Senators controlled the Senate. That within itself is another injustice on the American People. Donald Trump has

violated not just the oath of office, but he has torn apart the constitution as to what this country is governed by.

Yes, I am elated that he is leaving office but, my concern and I pray that each of you who will read this article will have the same concern. This process of the majority party being able to get away with high crime and treason has to stop. We have to have guidelines and rules in place that never again could we have such an ignorant person to become the leader of this country.

I could write a book about how corrupt, evil, and low life Donald Trump is, and yet, those who are the leaders and power brokers of this country is as guilty as Donald Trump for allowing us to have to stomach such. I say we could never witness such a foolish act again in this lifetime nor any other lifetime.

Again, I say thank you to everyone who helped to defeat this man and I say to leadership, you will had better come up with better safeguards to protect us.

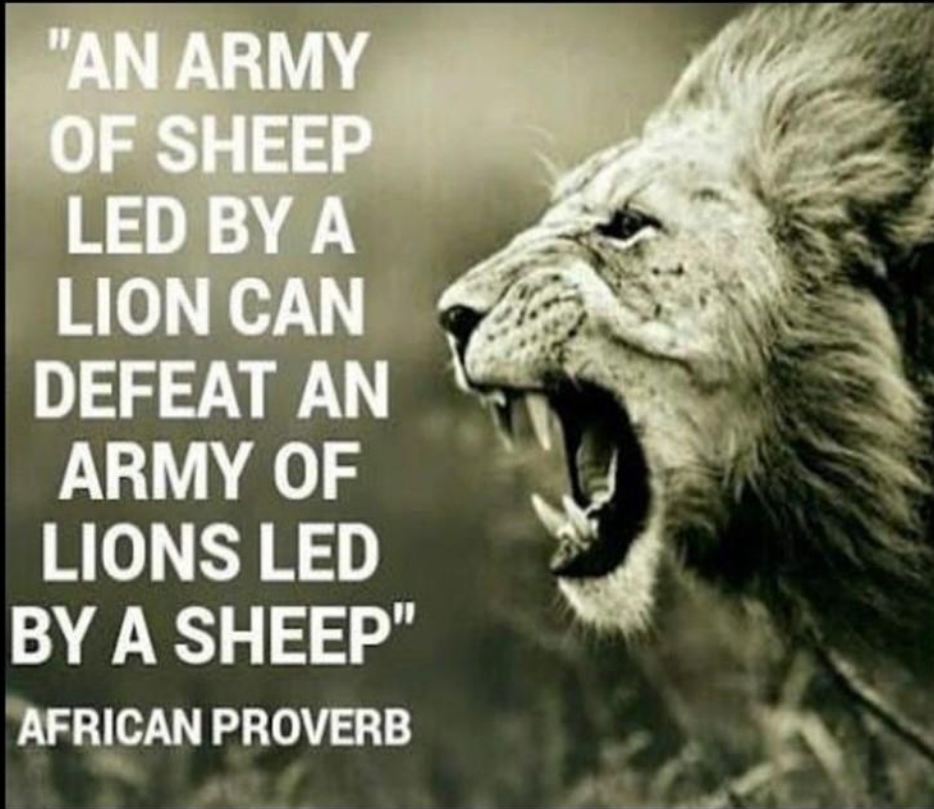
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National Youth Editor
Kathleen Murphy
A member of various local, national & International Organizations

Reflections of 2020 and Strategies for the New Norm in 2021

Last year, I started with a greeting of walking into 2020 and being a better you in the next decade.

Unnecessary killings, widespread protests, and a global pandemic touched every fiber of our life.

Let us take a stroll into the new year. Walk away from our bad habits and seek self-renewal.

In the United States, African Americans are still struggling for equality and independence. Embracing Dr. King's legacy, we commensurate how his nonviolent actions helped to eventually lead to desegregated facilities and business in 1963.

bara Henry, volunteered to teach Ruby. Ruby's father lost his job, and her mother could not shop at the grocery store.

Then came the Presidential Elections of 2020. Since the elections, a picture of Rosa Parks, Ruby Bridges, and US Vice



President-elect, Kamala Harris has surfaced in the media. Young ladies and young men, the time is now to develop and prepare for a life of fulfillment.

What is your strategy for your new norm? A positive system of direction may be helpful as you plot your course.

unique to you. Outline your means to (resources) and the end (goals). At this time, you might make a list of advantages and disadvantages.

- >Determine your route or direction.
>It will be pertinent to pace yourself.
>Too fast and failure may occur.
>Stir up your hidden talents.

Your strategy should consist of an integrated set of choices. Choices that you can live with. Remember that your goals/objectives are the foundation for planning.

Look back at your plan and review and evaluate the goals, possibilities, resources, and the time it will take to complete your goals.

Mohandas Gandhi was a social activist. He was nonviolent in his approach to India's independence from British rule.

Here are a few questions to stimulate your mind. Let us reflect, recharge, refresh, repair, and reclaim your journey.

What are your five core values? Core values are what are important to you. They measure your priorities.

Of the many possibilities, you could become, what three areas of interest would you study in college toward a career path?

Name four colleges/universities that you would select to pursue a higher education

List three hobbies you would pursue if you had the funds and time.

How do you see yourself in 10 years? How do you want other people to see you in 10 years?

Strategies for your New Norm can be a great success. Stay safe and enjoy your life

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National Editor
Melaughn Butler
Indigenous Business Association

Featured Story: The Indigenous Business Association has been involved in several functions along the years. We have run economic programs, organized political functions, sponsored community events, executed summer camps, and have even produced *certified* youth programs for our own children. IBA felt it was time for it to find a home-base however, more of an office space, where the company could provide all of its products and services, from the consistency of one brick & mortar location. IBA has since partnered with the iCarre Resource Center, stationed on the intersection of W. North Ave & Pulaski ST- an area labeled as the "Black Mecca!" The center offers all kind of services, ranging from homelessness to joblessness, through the strategic partnership of organizations like CityWeeds of the Be-

More Green Grocery Store, For-my-City-Kidz, Vision-to-life Consultation Firm, and several other grassroots organizations who co-operate there. The resource center is located on an intersection which features five Black Owned Businesses, in an area represented by three Black Community Presidents. In 2021, IBA will be introducing its membership card and economic strategies to all partners introduced on this block and will therefore be creating new and exciting discounts for each of our card holders. Be on the lookout for new discounts to the card! IBA will also become space coordinators for the Multi-Purpose room and Youth Lab of the Resource Center, stationed on the third floor of the Grocery Store. The Different Kinda Smart Mentor Program will lead all youth activities within the center, while IBAs

Business Department will be helping Black Business Vendors & Owners to retail their products on the shelves of the store. The name of the game is collaboration, and we intend on changing the culture of *how* we recycle our economy!

What's New: Business Owners Have Learned about the App Recently and Have Been Taking FLIGHT! *Mr. Bobby's Chicken & Uptown Putty's* are our two newest locations: [2810 Edmondson Ave, Baltimore, MD 21223 | 2101 W North Ave, Baltimore, MD 21216.]

Mr. Bobby's Chicken has been in the community for the last 15 years, and has recently partnered with the IBA Co-op, to offer its loyal customers something new! Mr. Bobby would like to let everyone know that they have become a germ-killing environment, because they have invested to install the Pure-Light technology in their space. Their investment allows them to become a germ oxidizing environment, making it safe for IBA Card Holders to visit them in person. Every 10 visits a patron makes to Mr. Bobby's Chicken, a card holder can now cash in for a free "Special of the Day."

Uptown Putty's is offering a 15% discount on ALL Menu Items! They can be found on the intersection of W. North Ave & Pulaski, aka the "Black Mecca" – an intersection with five (5) Black Owned Businesses, and three (3) Black Community Presidents. Go place a to-go order and show your card at the register. Stay tuned for upcoming events and fundraisers at each location!

Get Involved: Download the App! In order to create a platform of visibility for Black Business Owners, and a Platform of discounted distribution for Black consumers, the IBA Co-op is suggesting its IBA App. The IBA App provides a software technology, which can reach Business Owners, in a way that is not taxing on our consumers. We encourage all viewers to scan our QR Code {BELOW}, and to download our app to get started!

Contact

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National Editor
Fitness/Nutrition
Catherine Brown
F.I.T Nutrition

Live the Life You Deserve with Making Changes

Does your life consist of contemplating change or putting your thoughts into action?

Every day we look for changes and at times we are reluctant to make them. Sometimes contemplating can be self-destructive. In our minds, we are constantly considering should I or should not I make changes. This is a waste of

valuable time.

Self- destruction takes place when your content and never move toward making beneficial changes. In our thought process, we still question ourselves and the direction in which we are heading. Unhappiness can find us headed in the direction that most likely leads us not will-

ing to move to a better quality of life.

On the other hand, making the decision to change can be rewarding when you realize that it is time for self-enhancement, your life rewards are greater. Leaping into the phase of action brings about a better you mentally and physically. The positive action in our lives will increase our mental well-being. The physical health that comes from the positive action will also give you a healthier body and a stronger foundation.

The question remains do you continue to contemplate your life or change with action.

Today I would like for you to evaluate your life. Follow up on the evaluation by setting goals. Set measurable goals that are achievable. Then follow through with an action plan.

Don't passively wait for consequences that may occur if you spend the bulk of your time thinking about how, when, where, why. Put your thoughts into action and have a better quality of life. Be decisive and decide to take control to live and eat for a healthy life!

The question remains You Can Make These Changes by viewing: 5 Steps:

1. How did I get here
2. What will it take to make these Changes
3. Where do I began
4. When do I start the process
5. Who can I partner up with

"True life is lived when tiny changes occur"
Leo Tolstoy

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Personal Trainer, Corporate Wellness Coach, Advance Sports Nutritionist Specialist and Personal Fitness Chef

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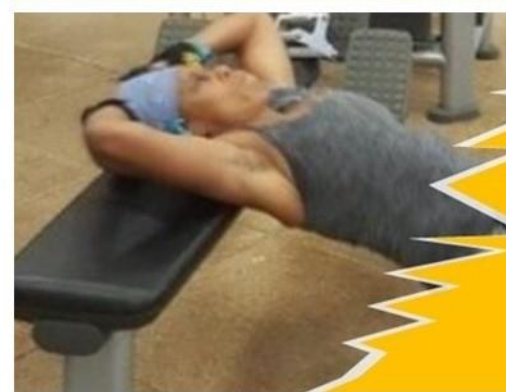
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National Editor: Sleep Hygiene
Donata D. Mooring
 Certified Sleep Science Coach
 "How sleep affects many areas of our daily lives and the solutions to solve this epidemic"

Building Your Immune System for Better Sleep

Most of us, focus on the outside and what feels good to us. We take pride in our house, cars, clothes, hair and so much more. But, what about your health, your immune system. What would happen when we begin to take steps to improve and maintain our immune system for better sleep, overall health, and wellness.

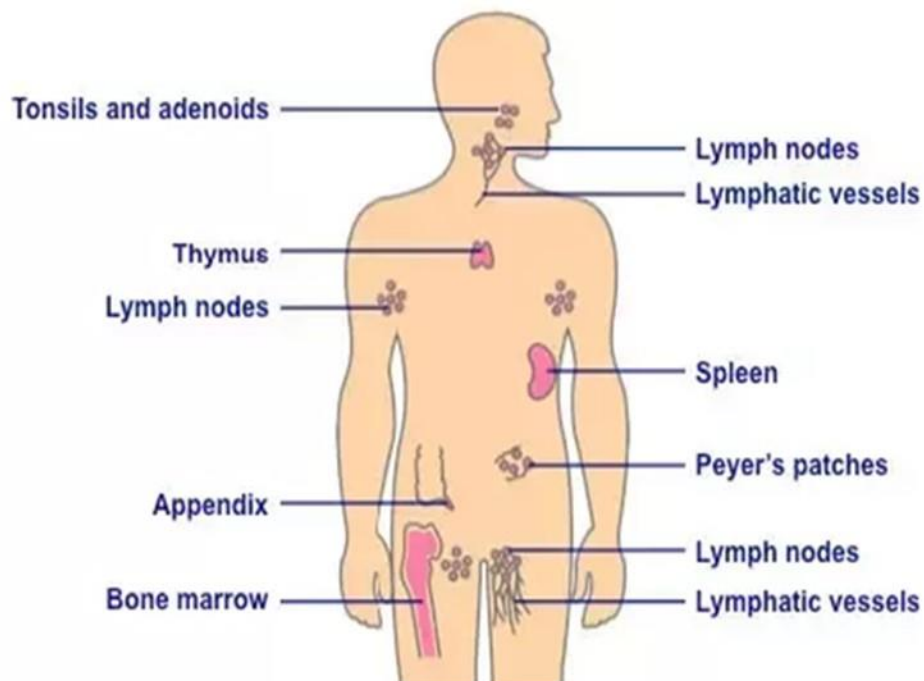
any one of those symptoms. One of the sure signs of your immune system is weakened when *you are tired* all the time. I know how that feels; I had no energy, exhausted, and extremely fatigue years ago. That is the reason why I am on a mission to educate making sleep a priority. Getting your proper and quality sleep is vital to improving your immune system focusing on the inside out.

First, we must know what parts of the body the immune system is located.

Lymph nodes, Lymphatic vessels, Appendix, Spleen, Tonsils & adenoids, Thymus, Bone marrow, Peyer's patches

Third, there are so many practical, healthy, and realistic ways to protect yourself and boost your immune system.

Organs of the Immune System



Second, I will share 3 tips that can weakened your immune system. We all know *stress* is differently a contributing factor. The question is why, well based on the *American Psychological Association*, long-term stress weakens the responses of your immune system. "That's because stress decreases the body's lymphocytes, the white blood cells that help fight off infection. The lower your lymphocyte levels, the more you're at risk for viruses like the common cold," explains Nadia Hasan, DO, a physician at Delancey Internal Medicine. Did you know if you have stomach problems that is a sign of a weakened immune system? For example, frequent constipation, gas, or diarrhea is a sign to be aware of and how often you experience

My favorite is getting enough sleep to have the energy you need to boost your immune system. We have all heard eating a healthy and balance lifestyle boost our immune system. I do not say diet specifically because I see diet as a temporary fix. Maintaining a healthy way of eating is for life and your overall wellness. I know stress is major factor, but we can minimize as much as we can.

I have an AMAZING offer and it is FREE send me an email to dona-ta.d.mooring@gmail.com and request your eBook for "7 Surprising Causes of Insomnia" or "The Human Immune System". Go ahead reach out to me...I will send either eBook once I get a good night's rest and I have the energy.

Is Sleep a Necessity or a Luxury?



<https://goo.gl/RUYn9s>



Rest Leads To Revenue Podcast

Host: Donata D. Mooring
 Certified Sleep Coach

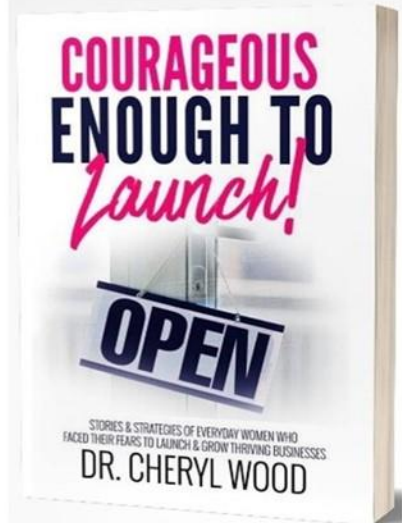
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Artists, artisans and Social Transformers, stay hip to the heart beat of Arts & Culture in Rhythm Nation News.

Search here for the latest in Rhythm People Entertainment, Gigs, Bigwigs & Shindigs, and International Rhyme & Reason to connect with upcoming events, travel, investment/trade opportunities on the continent/diaspora and the inside scoop on how Rhythm People around the world are reclaiming our global cultural economy.

Culture is the New Currency!



WeAreTheRhythmPEOPLE

National Entertainment Editor

Ms. Kim Poole is a Soul-Fusion Teaching Artist and Founding Fellow of the Teaching Artist Institute (TAI), providing an opportunity for artists and artisans to learn techniques for social transformation while fostering outlets for socially engaged art. Through TAI, Kim and her team of Teaching Artists are originating the Art for Social Transformation, Teaching Artistry in Action curriculum & workbook for change agents and universities interested in exploring the "Art of Possibility" around the world. She has a passion for encouraging the "Rhythm People" as she refers to them, to reclaim their global cultural economy and a knack for celebrating the beauty and resilience of women with SUPERLASHES through her music and the Sheroes Sisterhood. At 34 years old, Ms. Kim Poole has over ten years experience in International Art Cultural Diplomacy and the world has only begun to learn how this Soul-Fusion Teaching Artist will redefine our understanding of artistic expression in social transformation.

Camping in the Serengeti at 78yrs By Kim Poole

"I'm gonna live until the day I die" was the sentiment expressed by 78yr old Edith Brandt aka Mama Khadija as we sat around the fire on a crisp night in the sea of Maasai grasses. The Serengeti, which literally translates from Kiswahili into English as the Sea of Grass, was the location of the Nyani Camping grounds where the Live Breath Tanzania tour curated experiences for Mama Khadija and 28 other international delegates from around the world. "In 2020 I often considered my own mortality, she said, I'd look out thru a window and wonder if I was next." In ear shot of what seemed to be her now camp-wide declaration, neighboring tents occupants began to wedge themselves into the fire-side camp conversation. "All around me in 2020 I saw friends and loved ones dying. The phone calls keep coming and each day a different memory of someone else who was gone." She struggled to breath deep and paused, as if all the airy night breeze of the entire Serengeti simply wasn't enough to inhale. Called to attention by the dancing flames and an even larger crowd of random Nyani Campsite travelers, Ms. Brandt focused in on the original eighth faces and continued. She looked up at the original eight frozen faces as they unpacked her every word and then finally proclaimed aloud "now yall listen to me." Acting in the likeness of Griots - African Story tellers before her, it is an over simplification to say she was a natural.



Live Breath Tanzania Tour Participant Khadija Brandt

Her story of challenges presented in 2020 were both brutal winter cold and boys II men "Let it Snow." Fully equipped with depression and opportunities found in the "last minute decision to join the TAI Tour." What convinced a Black woman two years shy of 80yrs old to travel from Baltimore city to the heart of the Dark Continent during a global health pandemic? As according to TAI Tours Business Manager India Murrain, during the Live Breath Tanzania Tour Preparation Series, Ms. Brandt learned that the COVID-19 Pandemic was not a Pandemic in Africa at all. Murrain, continued saying "the State of Maryland retired Social Worker jumped at the opportunity to research this claim for herself." And discovering for herself Mama Khadija did, between sleeping in tents of the Nyani Camping grounds, Mama Khadija continued to share her stories of life in Baltimore prior to the Pandemic with other tour

delegates from Detroit, Cleveland, Connecticut, Rwanda and Uganda.

Underneath the Serengeti Stars, she sat around the fire and described the city of her rearing with lips pursed as if something in her mouth tasted of vinegar onion pickle. Though once active at the local YMCA, in seclusion and social isolation of the great separation of 2020, she admitted to adopt a sedentary body and sedentary dreams. As far back as her pre-teen years of "Chicken slacks, marble step cleaning and bop dances" according to Mama Khadija you could tell if you were from east or west Baltimore based on the way you did the dance. "But Now I live west, she said, "Yes don't worry I help these west siders too" and chuckled as she slapped her neighbors shoulder; a random man who announced he would travel the world instead of being "trapped in North Carolina with the Covid."

Brandt cleared her throat and stared at the youngest Live Breath Tanzania Tour participant. Her eyes searched the darkness for an answer and finally arrived at what appeared to be a ray of hope. 21yrs old, Avandre Sayles announced to the fireside circle that he would stay in Tanzania to pursue study abroad credits instead of going to college online in Cleveland. She then said, "I want you to always ask questions and listen to the voice inside" "Live full and Die Empty." Avandre Sayles will be continuing his study broad in Tanzania for six months January 2021 - June 2021 through the TAI Studies and Cultural Exchange Program. If you are interested in Camping in the Serengeti like Mama Khadija, traveling to Africa in 2021 or study abroad and cultural exchange, contact;

TAI Tours Business Manager India Murrain at TAIofficecmgr@yahoo.com

Gigs, Bigwigs, & Shindigs

GIGS

- Valletta Cultural Agency Artist in Residence is accepting applications deadline January 15th 2021 www.vca.gov.mt
- United Nations Economic Commission for Africa is funding Decade for Action Short Stories Writers January 20th 2021 Eca-info@un.org
- Global Health Corps is hiring January 31st 2020 <https://www.afri-carrieres.xyz/2020/12/apply-to-be-fellow-global-health-corps.html>
- Heritage Minutes of Aljazeera is calling for applications deadline February 10th 2021 <https://www.icyforum.org/call-for-applications-heritage-minutes-short-video>

- contest/ Open Society - U.S. Soros Equality Fellowship is Funding deadline February 11th 2021 equality-fellowships@opensocietyfoundations.org
- Graham Foundation for Advanced Studies in Fine Arts is funding deadline February 25th 2021 www.grahamfoundation.org
- Big Wigs Charlotte O'Neil aka Mama C www.mamacurbanwarriorfilm.com
- Shindigs International African School MLK Day of Service January 18th 2021 virtual Worldwide www.internationalafricanschool.org Tanaghom Arts and Peacebuilding Jan-

- February 20th -30th 2021 Online World-Wide tanaghom@women4justice.org
- Cultural Diplomacy in Africa Programme February 1 - 7 2021 Addis Ababa, Ethiopia www.aapi.africa
- No Plastic - Mami Wata February 13th 2021 Baltimore, Maryland USA <http://fb.me/e/16CPL54Bs>
- Africa Regional Forum on Sustainable Development March 1st -4th 2021 Brazzaville, Republic of Congo Uneca.org/arfsd2021
- Talismans & Indigenous Tools of Protection March 17th -21st 2021 Virtual Worldwide <http://fb.me/e/1iSJKV1kU>
- United Nations Commission on the Status of Women March 15th - 26th 2021 Virtual - Worldwide Unwomen.org/en/csw/csw65-2021

Fertile Ground Tanzania 11 - 23 2021

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Contact Us: www.taitours.org | Kpooleptp@yahoo.com



**Contributing Editor
Bernadette Holiday
Shopping & Opportunities**

When One Door Closes Another Open!

Seasons Greetings, year 2020 has been one for the record books! As an Editor in The National Black Unity News, I am concerned about the economic damage that has fallen upon many people especially Black/African Americans! It is a fact that when United States get a pinch, we as Black/African Americans will get punched!

A multitude of people lost their income and other resources because of the economic damage that Covid-19 and other calamities that has affected our economy! Even before these events hit America most Black/African Americans are under-paid and least appreciated on their

jobs. If you are tired of having to wake up early every morning, so you can avoid heavy traffic, and arrive at your

workplace, where you are overworked, underpaid and you feel that you are not appreciated! Then, there might be a solution here to these problems for you.

You can avoid all the hassles associated with going to somebody else job every day, I have a solution that can help you to help yourself!

I have a service that will give you an opportunity to work at home and avoid you the hassle of traveling to work every day, and have great financial rewards

The service I am speaking about will

allow you to be able to work at home simply because the freedom is there to be able to do what you want with your life. You can finally stop doing things to try to please other people, and you can simply start living your own life to please yourself. This is something that a lot of people really strive for, and it can be something that can you try to do as well.

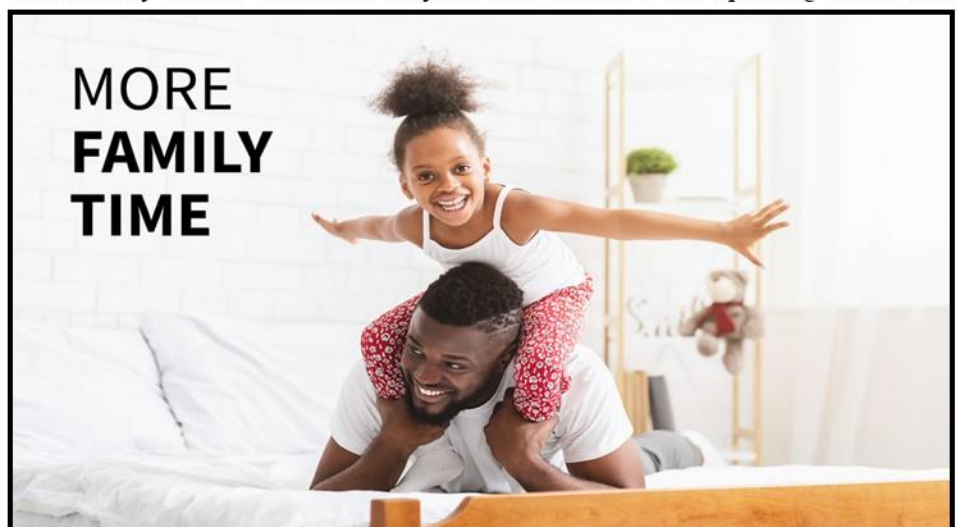
I have a solution, there is hope when one door closes another open! I will show you how you can become financially independent! I will assist you and if you are willing to put in the work, you will be successful!

The time is now to make serious decisions about your future and the future of those you love and care about! I really do care about my people and I will work with those who are willing to help themselves and others!

Give me a call and let's talk about the possibilities of you building a better future with you in control!

Bernadette Holiday
1-857-233-1715

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Dawn Pollard, I am the personal assistant to the managing director of TNBUN. I am a mother, grandmother. I am an entrepreneur and the owner and creator of Bubbletini Bath Bliss we make all-natural organic bath bombs. I am a certified Peer Recovery Specialist. I managed two restaurants as the lead bartender. But my passion is Real Estate. I've been licensed in Maryland since 2017 I attended Coldwell Banker for their real estate course. Once I passed my state exam, I placed my incense on

inactive status for 3 years. I activated my license during the pandemic on May 26, 2020. I am a sales agent with The William Homes Group at Keller Williams Legacy in 1104 Kenilworth Dr Towson, Maryland 21204. 443-554-5480.

I decided to step out on faith and focus on buying, selling and investing in real estate. During this crisis, I realized that practicing real estate it would allow me to do what I love while practicing social distancing. Real Estate has always been

My oldest daughter Danielle Parsons owns her own tile renovation company Seviin Renovations LLC, as a mother-daughter duo, we plan on investing and rehabbing our 1st property this year.

During the covert 19 pandemic we strategized a plan to utilize both of our talents and our love for DIY projects to create Pelham Properties Management LLC.

Even during the current state of emergency with the ongoing pandemic, it's still a great time to purchase a home with interest rates as low as 2.5% according to BofA for a 15-year mortgage. According to Fannie Mae, the annual average rate for 2020 will be 3.2%, down from 2019's 3.9%. This would beat the record of 3.65% set in 2016, according to Freddie Mac data. Fannie Mae expects rates to drop to 2.9% in 2021.

The real estate industry is still thriving

with virtual listings and open houses. Everyone was still able to buy and or sell property from the safety of their own homes. Technically has allowed this industry to stay afloat with virtual closings and social media we are still able to showcase and advertise property listings.

According to Trulia, "popular neighbourhoods in Baltimore include Canton and Frankford, with average listing prices of \$349,917 and \$111,809, which indeed makes this a seller's market. The market has seen an increase in 3D tours and video-chat tours, as states placed restrictions on real estate practices while shelter-in-place order is in effect. a growing trend of home tours is happening via video chats like Zoom which has seen a huge spike during the pandemic

FAMOUS QUOTES

The major fortunes in America have been made inland." John D. Rockefeller.

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Contributing Editor
Charles E. Pender PH.D.
 Author & Community Activist
 President Emeritus Hopewell Action Council /
 Southern Christian Leadership Conference

The Art of Being Happy as a Runaway Slave

Now that the boogeyman is gone, here are some things you can do to enhance your life. Try to remember the good old days. If you have trouble recalling positive experiences, you can regain them from mind-provoking exercise. You are to picture hypothetical experiences, and this can also serve as a resource for the future. Please share this with your friends. Beginning with the following suggestions with a positive emotional

feeling, regardless of how slight it is. Your actions in thought shall become more comfortable to invoke positive emotional responses by Modifying these exercises to fit your individual needs with repetition. You can then be happy as a runaway slave!

Now that the boogeyman is gone, with the madam, if you get my drift. Let's be optimistic and think about some positive

things. #1 Recall an instance when you felt calm and relaxed such as on a vacation or a trip. Try visually to relive that experience by remembering as many details as possible. #2 You can become happy as a runaway slave by remembering those fun thoughts, maybe remembering several things from a positive experience that you've had during your life. Perhaps a wedding, perhaps child-birth, maybe graduation. Recall as many details as possible: A positive thought remembering the emotional feelings that you had at that time. #3 Recall an act of kindness you did for someone. And feel the pleasure of having to perform it. #4 Recalling instance, when you restrained yourself, where a cool head was needed, in other words, you held your tongue. #5 Think positive traits that you have, or someone else has, and you commented on the person. Recall an instance when you felt strength and confidence. Try to experience that feeling by recalling the example as plainly as if it were right now as possible. #6 Make a list that will help you remember the Good times.

These are some notes from some of my clients we had to use to ensure that he/she was happy as a runaway slave. Now you, the reader, are my new clients after four years of pure hell. You can also be satisfied as to the one runaway slave. I wish all of my clients would sing each day, "Don't worry: be happy." This information was intended to stretch your imagination to its limits. As a recipient of this material, you will find it unique yet correct when applying yourself to act on the proven positive suggestions. You, this day, can be happy as a runaway slave. Think of something you can do for self-improvement: picture yourself actually being an improved me! If you think about these things, I'm quite sure you'll be happy as a runaway slave.

*By Charles E. Pender, Ph.D., FMT
 Modified from "The Religion Of Greed
 And It's Impact on African Americans
 2010*



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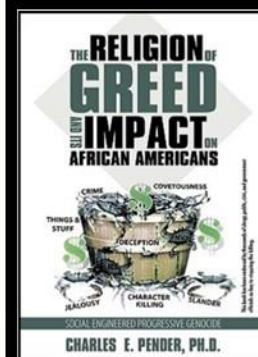
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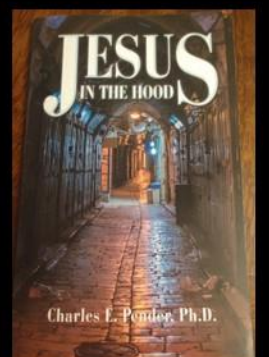
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Skincare Is Self-Care

Tight skin, rough knuckles, chapped lips? Say hello to winter, not just any winter. This Covid-19 winter environment is about to wreak havoc from head-to-toe. The impact of mask wearing and gloves have both their positive and negative as well. We have been listening to customers for quite some time, but extremely dry hands after multiple wash, tight skin and not to mention cracked heels are some of the major complaints during this Covid-19 environment.

We are actively listening and have decided to share some valuable tips. The following are what you need to know to keep your skin happily hydrated throughout the cold snap. From your brows to your feet, here's how to treat your skin – starting now.

How to protect your skin

1) Whilst there is less UVB around in winter, levels of UVA (or UV-ageing as it is known in the dermatology world) are still significant enough to age our skin. To naturally protect your skin, I recommend Skinsational Scents pure Shea Butter in its rawest form or whipped with vitamin E oil, jojoba oil, sunflower oil and corn starch. Additionally, we recommend that you periodically utilize our foaming sugar scrubs to eliminate dead skin cells and maintain proper moisture balance.

How to keep hydrated

2) Your skin will become drier and often more sensitive with the onset of colder



weather and central heating. Make sure you keep hydrated during the day, switch your coffee for green tea which has countless anti-oxidant effects. Gentle cleansing is a must, you need your skin barrier to be as healthy as possible so that it can retain vital moisturizer. We recommend Skinsational Scents Sweet Almond Butter for the ultimate moisturizing defense against dry and rough skin. It is designed to renew and refine for a brighter skin. If you are a Cocoa butter

lover, we also recommend our whipped or raw Cocoa Butter. The fat in Cocoa Butter forms a protective barrier over skin to hold in moisture. Cocoa Butter is also rich in natural plant compounds called phytochemicals. These substances may improve blood flow to the skin and slow skin aging by protecting against damage from the sun's harmful UV rays.

Surprise your skin

3) If you are having to apply a moisturizer during the day, it is likely your skin routine needs fine-tuning. Try changing your lotion to a cream and massaging it

Three to four is ideal because that is how long it takes your skin to move through the full life cycle of skin cell growth. So we habitually advise people to opt for a superficial peel or exfoliating treatment. With comfort level and at your own risk, grab Skinsational Scents facial scrub and a facial hair trimmer and perform this service yourself. But, be gentle and slow is good.

Keep moisturize

5) Hands are very high risk for becoming chapped and sore in the winter months. Due to Covid-19, frequent hands washing and hand sanitizers which contain alcohol can exacerbate this issue. Skinsational Scents Cocoa Butter and Mandarin Oatmeal soap are better substitutes with deep moisturizing impact. Moreover, we recommend using Skinsational Scents Shea Butter to ensure your hands remain moisturize regardless the frequency of hand washing.

Consider a foot spa

6) Feet often become dry and cracked in the winter months. Exfoliating frequently and applying an effective moisturizer always helps, but for many there just aren't enough hours in the day. This is where Skinsational Scents Bath/Foot soak comes in. Immediately, after the foot soaking apply Skinsational Scents Mango Butter. This amazing treatment is in essence a spa treatment for the feet. Your aching, tired, dry and rough feet will be happy in the morning and days to come. In a few days, you will be essentially shedding your exoskeleton. Expect to lose layers of skin, unattractive as it is, the results are baby soft feet.

Consider a facial

4) Winter skin can often be dull, so we recommend a professional facial about every three to four weeks. Skinsational Scents offer this service, however we have suspended it due to Covid-19.

For Skinsational Scents complete line of Bath products, please visit us at www.skinsationalscents.com. Also, stay in touch on IG at [skinsational_scentismd](https://www.instagram.com/skinsational_scentismd) and FB at [skinsationalScentsMD](https://www.facebook.com/skinsationalScentsMD)



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Themselves As African Americans

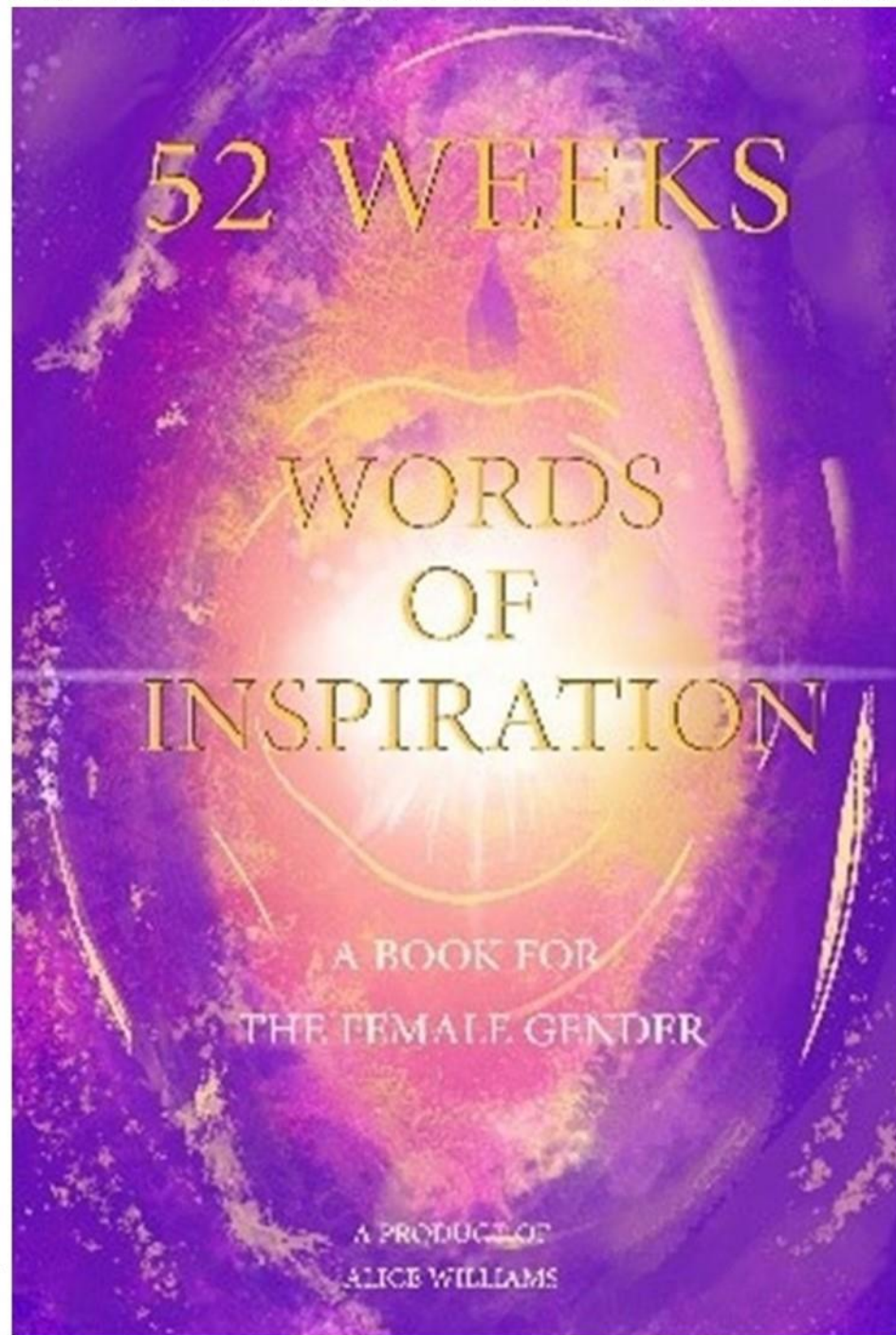
A Walk into the Future

As we mentally, physically, and emotionally walk out of the tumultuous times of 2020, caused by and lead by a chaotic, twisted minded individual with the god complex, who corrupted the minds of one half of a democratic government and a third of the people in this country, it is time to open our eyes for self-awareness. The mental destruction we allowed to be perpetrated upon our person, should had been met with vehement rejection, not the anxiety and blind cowardice the people in this country displayed. And we as the people we are, they who are called African Americans, are truly in more trouble than we have ever been before. Within the last four years, we have seen the return of the past 400 years. All the hatred placed upon us as a people, since the beginning of this country, has come out of the closet, no longer spoken in whispers behind closed doors, and the negativism imparted towards us is done once again, openly as an accepted practice.

We must do something to help ourselves, and that something is coming together in away with a meaning that is not false, or selfish, or illusionary. We must get our people together, by first uniting a strong power base, that can only be made up of the African American Female. These females will be ordinary in nature, but naturally extraordinary because of their social and spiritual (non-religious) awareness. I am sure there are a lot of Black Females out there that think they can help our people, and I know they can, but we are looking for "DELIVERERS." We are looking for female who can close their eyes and open their minds very wide. Close their eyes and experience a sensory awakening, that will release them of their chronic tension, and make them feel a personal contact with reality, as they live in the here and now. They must be like Maya Angelou and realize no matter how bad a situation may seem; it is the duty of the female to rise above it. The women of today must possess the fortitude of those like, Rosa Parks, who sat down and sad no and meant what she said and was willing to accept the consequences.

The African American Women need to be reborn into themselves, to be able to close their eyes to the ills created by humanity and allow the greatest cosmic sensitivities in the universe to flow

through their existence. They need to look and see the pains we live with every day. I did not know Harriet Tubman, nor did I know how she felt about anything, but I will say to you, if you be-



lieve in what you will be doing to help our people, be ready to fight the good fight. The females we need, we need them to feel us holistically as a people, as they feel the totality of their presence, that says yes, I can. They need to feel all their potentialities and possibilities within and without. They need to be

able to close their eyes for self-awareness because they are our last best hope and the future of our people. A lack of psychological, spiritual, and social contact with our people, for those who would be "DELIVERERS" could lead to heighten irritability, depression, insanity and sometimes despondency... the loss of the will to live. So, these strong Black Females, must relax within the individuals they are, while they are reaching out and touching the truth, in the real, in the reality of the reality and build the future as they Close Their Eyes for Self-Awareness.

It is time for the Black African American Females to start a group of podcasts, to speak in a unique language of love to the females of the world. They must

the goodness of God and the inadvertent lust of mankind. Her presence represents an unspoken sound that causes you to feel without being touched, the thought of her, the African American Female, is a tempest gently caressing the future because you know it will not be perfect, but it will be if she exists to deliver it to you.

The African American Females will be the "DELIVERS" of the delivers of all other ethnicities. She must be strong in ways she does not know and will not understand, because this strength and knowledge will come to her in ways and from places of unexplainable origins. The reason she must learn to close her eyes for self-awareness, is the fact that, all that does exist, is in front of her but cannot be seen with the knowledge put before the eyes she will be looking through. To be a true "DELIVERER" she will have to be conscious and conscientious in her efforts, to **Undo and Redo** as she **Unlearn and Re-learn** many of the thing taught to them over a lifetime. In these words, we are reaching out to you, asking you to help us help ourselves, and to help our people. You as a "DELIVERER" will become a leader of our people and a builder of our future. The "DELIVERERS" hold in their actions, the lives of the now generation and that of the children they will bring forth, as well as the children of the children of the children their children will bring into this world, to keep us as a people going. It is written, in the beginning there was light, and the African American Female is the "Light" of our people and only she can be a "DELIVERER," to light the way out of the dark place we have put ourselves into.

We will be hosting a podcast very soon and we are looking for woman concerned about the conditions of our families structurally and economically, the communities we live in, and our global sisters can join us, because we know female everywhere wake up to the same treatment! Let us discuss these issues on our podcast and provide some solutions! Our podcast will be a podcast without borders.

We are seeking conscientious, openminded, professional, conscious, women who wants change to come sit and talk with us. We need you to tell your story to our listeners. We want them to know they are not the only ones going through what they are going through, and they have someone to talk too.

Contact us at:
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HEALTHY, WEALTHY & WISE 4 LIFE



**Contributing Editor
Donald McBride
Independent Representative**

I had the pleasure of speaking with Donald McBride who have been an advocate for health issues and how to prevent health problems. He is pleased to announce to us all his services to help prevent issues with health through building the immune system. He also has products that can help repair damaged health issues!

Donald McBride has a passion to help

people become healthy, wealthy, and wise! He has an opportunity to assist people who want to have a supplemental to an independent income!

4Life offers supplements that support immune system health, body transformation, and general wellness. Achieve your healthy lifestyle goals with [4Life Transfer Factor](#) products to help you

burn fat, build muscle mass, and more.

opportunities and taking action!

Donald is supporting and participating with (TNBUN) because he wants to reach out to people who are sick and tired of living paycheck to paycheck! They understand that during this time of uncertainty, people will have to make some changes and the choices they choose can be vital to their future.

For such a time as this, we need strong courageous brothers and sisters to take a stand and to stand in the gap for others that need help! If you are readings this article and you want to provide security for your future or you may know of someone who wants to help themselves, then I highly recommend that you call and talk to Donald! One phone call can change your future and your destiny! Tell them that David Murphy, publisher of (TNBUN) suggested that you speak with him.

Donald stand in solidarity to assist those who want a better future for themselves, families, and associates. He is willing to take the time to assure, train and guide those that want a better future and a better quality of life!

When opportunity knocks, answer the door, listen carefully, then make a wise decision because that decision may make you healthy, wealthy, and wise!

We salute Donald McBride for taking a stand for helping others to help themselves. I personally want to thank this brother for his initiative for recognizing



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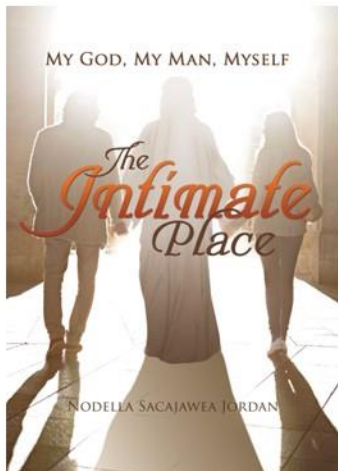
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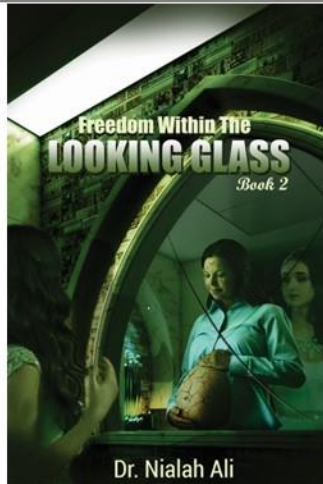
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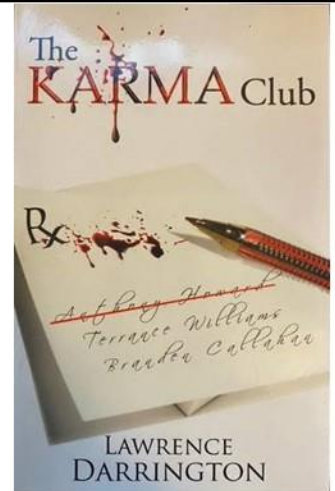
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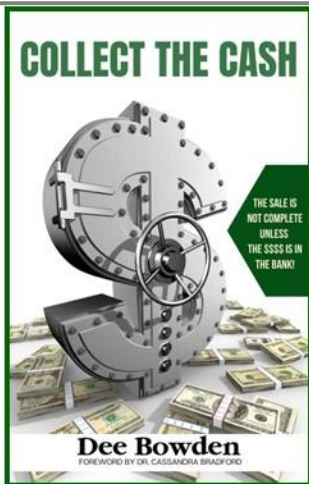
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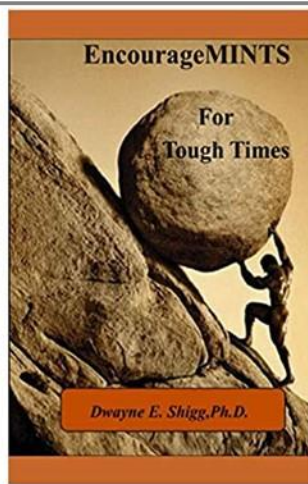
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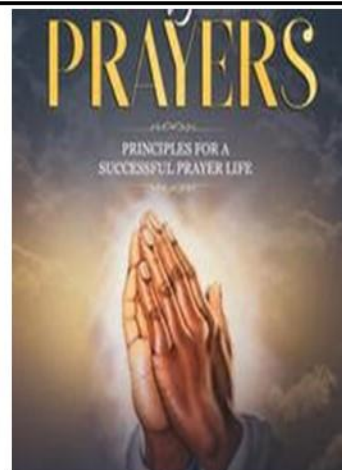
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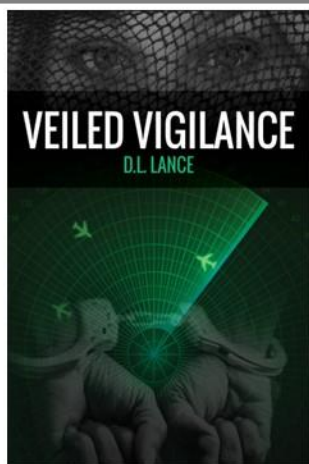
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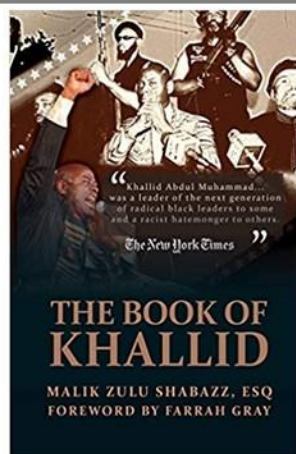
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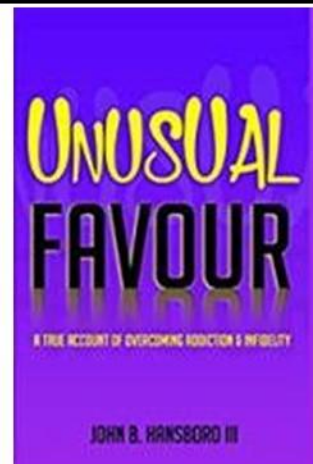
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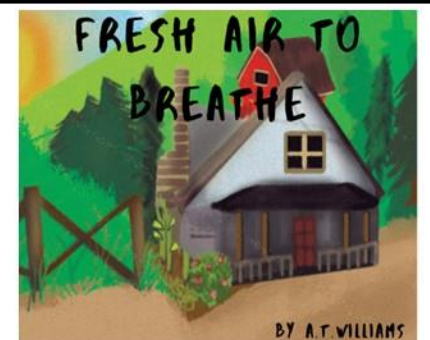
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Entertainment Editor
Dr. Robertha Pope-Matthews, Ed.D
 Actor, Educator, Performer, Speaker
SYLED to Empower with Dr. Bert

The EMPOWERMENT Through HIS Grace.

Greetings, Family.

In December of 2019, I proclaimed the year 2020 would be the season when something extraordinary would evolve for many of us.

I envisioned moving closer to my goal of joining the ranks of a career actor. In a previous edition of TNBUN, I shared the Blessing of how my passion for acting found me and respectably strengthened my life-force. Now I confess, without hesitation, I embrace the need to embody the soul of this craft continuously. However, I just knew and proclaimed; I was embarking upon a new year which held the space for my strongest desire to land upward. Where my faith is authentic; this season affirmed, the order of my steps would be *Empowered* by HIS Grace and HIS Grace alone.

As we moved into 2020, most of us would have never imagined, the way in which we entered this year would not have the slightest resemblance to one we have ever experienced. The level of un-

certainty presented by a worldwide pandemic and many preexisting factors of despair took to the stage, front and center. As the months began to descend and the presence of COVID19 became the driving force in how we would celebrate, earn, educate, fellowship, govern, love,



Style to Empower with Dr. Bert
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progress, and live, I could no longer en-

vision how in any form this year could leave us better. Thankfully, as the year comes to an end, through the Grace of others, I've found treasure. Because of this Grace, I am ready to walk into 2021 with a revived sense of *Empowerment* that I pray for all.

The Grace I referenced awakes from the extraordinary efforts and actions that have been cultivated by many people during a very dark time. My recognized treasure stems from the health care providers who have sacrificed everything to support COVID patients and others, individuals who didn't give up on letting sick and dying loved ones know how important they are, people who have tirelessly prepared and or delivered meals and PPE supplies, the educators and students who have put their best foot forward in the unknown world of virtual instruction, the philanthropy spirit of people with limited means and those with much, the pastors and church communities that continue to serve as the constant force of where our help comes from, families who have innovatively found ways to celebrate accomplishments and celebratory events, the soldiers who continued to stand, march and fight for injustice, the entertainment industry that has found everywhere possible to give us moments of escape, inspiration and miraculously a spirit to laugh. I spotlight the musicians worldwide, who intentionally answered the call, through various media, to lift their voices and instruments to bring about healing. Research studies and the medical community support the fact that music positively impacts our health and performance; it stimulates the brain, mind, mood, movement, muscles, stroke recov-

ery, and more. Through all of what has occurred in 2020, I would be remiss not to mention the depth of sadness and grief from the devastation of a country's loss of 360,000 souls (many dying without family near), the economic status, and the plight of injustice. Let us continue to speak into the universe and pray for all families, the healing of our minds and bodies, and the strength of this nation. I did not land in 2020, where I envisioned, but there were so many things that mattered more. I am thankful for the experiences I was afforded and most grateful for the opportunities that brought joy, support, and light to others. Remember, your Graceful acts toward others create a culture that nourishes hope (my treasure) for others.

Through the *EMPOWERMENT* of HIS Grace, we will see a new year and embark upon all the lessons and riches HE has in store.

Prayers of Empowerment through Peace, Wellness and Love,



Dr. Bert
 Writer - The National Black Unity News and BITTY Mag



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Contributing Editor
E. Rene' Soule'

Campaign Management, Web design & SEO optimization, Social media integration

Eradicating Black Spasms

BLACK SPASM:

The pain and discomfort associated with being Black in America.

Black Spasms is an open and honest platform for Black voices, stories and resources presented without the agenda-driven focus of today's social and media outlets.

Birthered in 2014 as a social awareness collaboration between Dr. Les Browder and Ivy Gardner, Black Spasms made a resurgence in June 2020 in response to the murders of George Floyd and countless other Black lives. With a focus on social justice reform, education, support

and resources, Black Spasms is focusing its time and utilizing donations to restore



The PAIN and DISCOMFORT associated with being Black in America.

the Black community.

Eradicate Black Spasms is a call to action to actively remedy the pain and discomfort associated with being Black in America.

Many personal Black Spasms have been shared through our social media and website outlets and they continue to shed light on the real and daily challenges facing Black people in this country.

In January 2021, the newest addition to the platform will arrive. I.O.U. - Institute of Understanding will be an online learning portal that will educate all who connect surrounding Black history and

Black experiences. Our business directory is also growing and will be featuring some dynamic Black-centered organizations.

Our goal is to truly connect with and enhance the lives of Black people in new and relevant ways that bring about real change.

New Book Release January 2021
Black Spasms: Revisited

To learn more about Black Spasms
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Dallas Collective Seeking Support for New Black Wall Street



Umoja Na Amani, which means "Unity and Peace" in Swahili, is a Dallas-based collective that is on a mission to create a safe haven for people of African descent. After two years of planning and organizing, we have realized the first phase of our dream. We have identified a parcel of land in the Dallas area where we hope to develop a community that is self-sufficient, safe and secure. The land is 40 acres, and it has two mules, which felt like a divine sign. What a great way to start this journey- getting what the federal government never gave us.

Our focus in acquiring this land is to provide a community that supports the needs of black people in America. The structure of this country has always been fear-based and one that's void of safety, access, or equality for its black citizens. Given the current climate of the world, we cannot ignore major themes like police brutality, sub par education and the dismal concern for our health in this system. Well, the tides are changing. Umoja Na Amani has taken responsibility for our own healing and ascension. We challenge you to do the same and focus on "self-reparations" for us and by us to create a strong structure by which we can all live. Our ancestors built this country and we, black people, have little to show for it. With your help, we can change that.

Our goal is to raise \$1 million to fund the first phase of our project. We need to raise at least \$500,000 to secure the land and the rest would support development



of the property. We have already verified with local officials that we will be able to use the land for residential, educational, recreational and agricultural purposes. We also have a commitment from the Texas A&M University Landscape, Architectural and Urban Planning Department to support our development. Now, Umoja Na Amani is turning to the community for help to secure the deed and build on the land. We envision having one million melanated people sow into this community by contributing at least \$1 per person to have us reach our goal.

We do not have to wait for reparations

because we have the means as a black community. According to the University of Georgia, minorities represent the largest consumers with a collective buying power of over \$3.9 trillion. Blacks alone represent over \$1.3 trillion of those funds. As the original architects of America's foundation, there's no question that we possess the blueprint of how to build. Now we can pool our collective wealth to fuel this and future black developments.

Marcus Garvey was able to crowd fund at the turn of the century by providing an outlet for black people of all economic standings to see the power of their pen-

nies in action. This practice of cooperative economics (Umoja) is a demonstration of the trust necessary for our healing. Our revered leaders have already given us our marching orders. Dr. King, Malcolm X, Dr. Sebi, and many others have given us the charge to create our own health, wealth, and safety.

Ownership will exceed reparations. How much is your freedom worth?

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How much is your freedom worth?

In support of black-owned businesses and to promote reciprocity, we have formed partnerships with black proprietors that are contributing to this cause. Yes, we are already building our Wall Street! Below are some of the members of this black chamber that have committed to practicing reciprocity through their contributions to Umoja Na Amani. Visit our website to find out more

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Serving in Tanzania, *By Haki S. Ammi The Success Scholar.*

28 Delegates from the US, Ghana, Uganda, Rwanda, South Africa, The Netherlands, and many local Tanzania officials and students were invited to the Bagamoyo Arts and Cultural College (TaSUBA) for the 4th International Conference on Art for Social Transformation - Artizen 2020. Brain-child of current Randallstown/Pikesville resident and Milford Mill Academy High School graduate, Ms. Kim Poole, the conference is focused on connecting Artist and art culture to sustainable development. Poole has been traveling to Africa for over 15 years curating tour groups as a performer and founder of the Teaching Artist Institute, and this year I was able to attend.

Selected as a speaker for the ARTIZEN 2020 conference, I quickly realized upon arrival that TaSUBA is the most prestigious school for Arts and Culture in Tanzania and beautifully situated next to the Indian Ocean. For me, traveling to Africa for the first time was an awakening and empowering experience. Being officially invited by the Ministry of Information, Culture, Arts, and Sports was an honor and request that I simply could not deny. Once on the ground, I realized the state of emergency and rampant Corona Virus spread that was taking place in the USA, was not affecting Tanzania at all. There was no sign of a rising death toll or sickness and it seemed the US had many things to learn from Africa.

At the Conference, which took place from November 13th to 16th in Bagamoyo and ended with a day of Service on the Island of Zanzibar, my panel discussion focused on unearthing the Arabic Role in the southeast African Slave Trade. As early as the 7th Century BC, both Bagamoyo and Zanzibar were major hubs of the Slave trade. It changed my life to be able to see and touch the regions of my study beyond textbooks and digital content; the doors of stone town, the food, and listening to spoken Kiswahili was sensational.

After the conference ended, our International delegation continued on to visit 4 Cities that gave one of the most diverse cultural experiences imaginable. Like an amazing race through Tanzania, we had six days to travel to the beaches and food tours in Zanzibar, Safaris, and overnight camping in the Serengeti, Waterfall hikes on Mount Kilimanjaro and village life with the Maasai ethnic group. We did it all and still made time to do a TAI Tour "Day of Service" at the Havilah Orphanage in Arusha. Founded by Independent Baltimore City Mayoral Candidate and Businessman Bob Wal-

lace in memory of his mother, it was nice to connect with the community service efforts of such passionate Baltimoreans at home and abroad.

After a beach yoga class and Spice Tour later, I was excited to return home to Baltimore. Not because I wanted to leave Tanzania, but because I knew I had to tell my community about what I expe-



rienced and encourage them to think globally too.

We left Zanzibar and went to Arusha. We then continued to the bottom of Mount Kilimanjaro where we connected with the Chaga people. They are an agricultural people growing most of their own food. The Chaga people showed us the process of growing, cultivating, and brewing Arabica coffee that they've



used for Centuries. Dunkin Donuts and Starbucks just do not compare.

The next day TAI Tours arranged a private chartered flight into the Serengeti. As a Navy veteran, I've flown many places around the world, but this was my first time on a private plane. The largest migration of animals in the world: I saw

millions of Wildebeest, Zebras and other animals traveling to find water and green grass to eat.

We saw Lions, Cheetahs, Hippos, and Giraffes. For those still young enough to have watched the movie "The Lion King Rock" is actually a true rock in the Serengeti. The adventurous and somewhat scary side was sleeping in the Serengeti at night. One of the Delegates asked the group "Do you think that was a Lion or a Hyena lurking behind our camping tents last night"? Many of us laughed and again I longed to be at home in Baltimore telling the family children "yes, I saw Simba".

"He slept close to us". Children have an imagination so we must encourage that.

Our final day was spent visiting the Maasai people in the Ngorongoro Crater. The Maasai people are semi-Nomadic and have lived off the land for Centuries. Always so impressed by this group of people, the Maasai were one of the only groups who fought and resisted Arabic slavery.

For those that saw the movie Black Panther, much of the imagery came from the Maasai and the Serengeti.

In closing, I came to Africa during a global pandemic to speak at a conference and it changed my life. I recommend TAI Tours www.TAItours.org to anyone interested in a life-changing cultural immersion and authentic exchange with people and places of the world.

The TAI Tours Motto is "if you can't go to Africa, we bring Africa to you." One way to support the work of the Teaching Artist Institute and TAI Tours is by joining the "Taste of TAI Land" subscription box program. Each year between \$50.00 and \$100.00 per season can buy you boutique products and have them shipped to your door. This year going to Tanzania we have Coffee from Kilimanjaro, Teas, Soap, Jewelry, Herbs, Cashews, nuts and so much more. Call to discuss this and/or join us or have your organization, church, or civic/fraternal group reach out for us.

The Teaching Artist Institute has also launched a TAI Studies & Cultural Exchange Program in partnership with TaSUBA College and the first Student Avandre Sayles will be staying in Tanzania for the next six months studying Music and completing his Pilot's License. If you know any young people interested in traveling and/or study abroad and cultural exchange no need to go to school on a computer screen, be sure to reach out by calling 410-209-9687, Email Hakiammi@gmail.com, or go to Teaching Artist Institute on Facebook at:

www.facebook.com/teachingartist for more details.

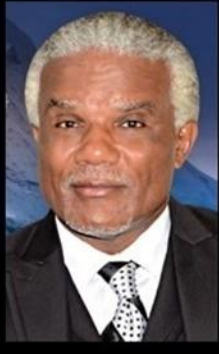
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Contributing Editor
Donald L. Dowridge, Jr.
Author, Actor, Activist
Radio & Motivational Speaker

A proud native of Baltimore, Maryland, spending his first twelve years of life in a total of Five Treacherous foster homes. Getting the call on August 15th, 1968, and being placed finally in the care of his Biological Father and taken to live in The South Bronx. He would endure more inhumane treatment plus joining a couple of street gangs that would result in a near-death experience at the age of seventeen. Again, August 15th, 1974 he relocated to Tampa, Florida, where he would reap a new leaf on life.

Dowridge being the role model dad, agreed to the invitation not figuring it would wound up being an epiphany taking him into a whole new chapter of his life. January 1st, 1992 Dowridge would begin to venture out and begin his Black Own Company entitled DLD (Determined to Learn and Develop) Enterprises.

November 22nd, 1996 saw Dowridge retire from the U. S. Post Office and embark full time with DLD. What about DLD?

Enrolling in the U. S. Army would elevate Dowridge into the adult status and upon leaving service would be employed by the U. S. Post Office where he would eventually rise to become the First Black Manager of the OCR / BCS Department. With the intention of becoming the first black Postmaster of Hillsborough County (Tampa), it turned out to be a matter of dream deferred!

DLD became the First Full Time Black Own Motivational Based Company in Tampa at the time. Emerging with Motivational Speaking being its premier, followed by publishing its first of fourteen books entitled: "Truth In The Poem" in 1992. As time began to proceed forth DLD garnished its first contract with Lockheed Martin with a price tag of 1.5 Million as their

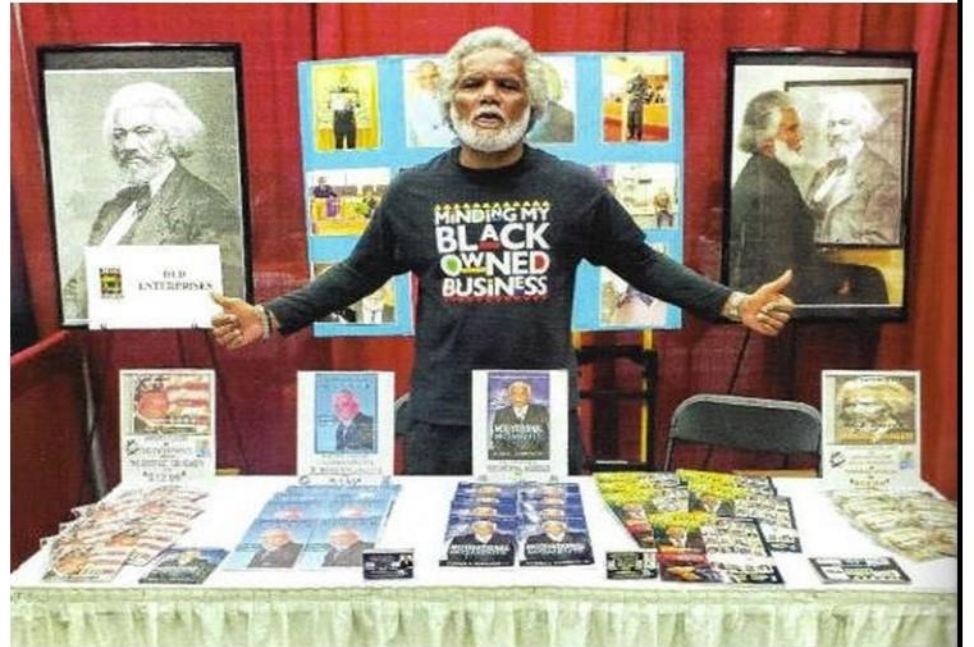
With his son asking him to be a guest speaker in his fifth-grade class,

Motivational Liaison. That would be followed by contracts with Hillsborough

County Public Schools & Goodwill Inc. all before the year 2000. With a staff of 10, DLD struck out to Empower, Motivate, and Yes Inspire!

Throughout the East Coast DLD, presents were felt! Baltimore City School System, and The Baltimore Mayors Office Hiring DLD to conduct Mentoring Sessions within the city's Churches. This would include teaming up with The Late Dick Gregory for an in-city tour on the discussion of the importance of Prostate Cancer. Lastly signing on with The Maryland Opportunity Educational Cen-

ter as one of their Educational Specialist within the COVID-19 Climate from 2004 -2005.
Within the last years, DLD (as he is known) has been heard on Five Local Radio Stations within the Tampa Bay Area with The Motivational Moment (60 Seconds of Motivation) throughout the week. Also to add, in 2013 his thirteenth book, "THE POWER OF BEING A WINNER" was released to rave reviews and landing Number 1 on The Barnes & Noble Self-Help Books. 2019 saw the release of his fourteenth book; "MOTIVATIONAL MOMENTS," which is steadily making an impressive impact



ter as one of their Educational Specialist within the COVID-19 Climate from 2004 -2005.
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Contributing Editor
William 'Buddy' Murphy
Owner and Operator of Murphy Financial.

Murphy's Financial Services

My name is William T. Murphy and I am a lifelong resident of Jersey City, NJ whose roots run deep in the South. I am the son of Bill and Bessie Murphy from the Carolinas. I served in the United States Marine Corps and traveled to many places near and far like Paris Island SC, Camp La June NC, Okinawa Japan, Philippines, Thailand, Hong Kong, and Korea. I was also stationed at Quantico, VA Marine Corps Base where I trained officers in the Officer Candidate School 'OCS.' Upon service for 6 years, I was honorably discharged.

After leaving the US Marine Corps, I found employment at Goldman Sachs on Wall Street where I worked for six years. I later went to work for Standard and Poors - McGraw-Hill for the following sixteen years. I found a home at the Jersey City Board of Education, for the last eighteen years, as well as Bayonne Hospital. Wherever I was privileged to work, one factor was the common denominator, 'service.' I love to help people; serving people is like breathing to me, it is second nature.

Early in life, I understood that money despite not being the answer to all things is very important. I see the effects of so many people struggling to either get it and or manage it. I have met so many people who simply aspire to attain a 'good' credit score. They know it is a key factor in financial stability. They know Money talks, yet Credit holds con-

versations! I knew there had to be a way to break the chains of lack, you know that lifestyle of barely surviving paycheck to paycheck, but I wasn't sure what to do.

As it turns out, I partnered with some major influencers that had the answers I sought. While simultaneously working for the Board of Education and Bayonne Hospital I decided to take a leap of faith to start my own business. I realized in no time my company offers a Protection Plan that provides individuals with tools they need to create and maintain their financial portfolio.

My company 'Murphy's Financial', assist people in achieving financial stability and freedom from bondage to a negative or less than perfect credit score. My services include the creation of a Living Will, Trust, and POA with unlimited FREE revisions, credit restoration by challenging credit bureaus to remove erroneous, negative, and obsolete items from an individual's credit report, credit building, credit monitoring, debt payoff, financial lockbox, credit attorney support, identity monitoring, as well as a net worth tool. A major component in having financial stability is to have a working budget as well as a savings plan. The aforementioned services are included in my Protection Plan neatly wrapped up in one package with an amazingly inexpensive investment. Notice I said investment..... You see the best investment

you can make is an investment in yourself.

If this pandemic has shown me anything it showed me, you do not want to get stuck with only one source of income. I cannot imagine the difficulty my fellow Americans must be facing if they're not deemed 'essential workers' and lose their ability to provide for their family and or lose their job completely because their industry went belly up. Through my business, I found a way to help people become financially free and stable and that gives me a sense of accomplishment and a zest to do more.

Providing these services is right in line with who I am. My journey certainly has not been the smoothest; my life has been an eventful one and my story is one which a lot of people can learn from. I survived the Marines. I survived drug and alcohol addiction and homelessness I have been free from that bondage for over 23+ years to God be the glory. More so, through his power and mercy, I now work with others to help them gain freedom from active addiction in my spare time. I fought and prevailed over prostate cancer; having had my prostate removed. As of late, the cancer is undetectable. I almost lost my family home to foreclosure and was able to climb out of that dark place. I am now a landlord and provide housing for other people as well.

I hope to help as many people as possible stabilize their finances and enrich their financial literacy through the utilization of my services. In addition, I am looking for business partners from all fifty states. My motivation comes from the thought of helping people because I am a service-oriented person. I am passionate about spiritual growth and enlightenment, physical health, financial freedom, and daily serenity by walking in faith. Surviving, thriving, and helping others do the same during this economic downturn is my newfound passion. When life gives you lemons well you know how the saying goes....

I love spending time with God, helping people, physical fitness, bike riding, bowling, listening to soft rock and other god music, reading, golf, providing for, and spending time with my fiancé and family. I am privileged to be able to enjoy vacations several times per year as well. I have learned to work hard and play harder when the time arises.

So many people cannot find the exit to their financial problems and need this service that I can provide. The truth is all we need is honesty, open-mindedness, and willingness. Honesty helps to really look at the hole we have dug for ourselves. Open-mindedness is essential to receive the constructive criticism of what will set our course straight. Willingness to take the necessary action and not give up goes a long way.

So, if my assignment from our Creator is to help people on my journey of life, I am up for the task daily! I will continue to serve my way out and help people because that is who I am. I challenge you to join me on this journey called life lets improve our situation together. There is always room for growth in every sphere of life; the biggest room in the world is room for improvement.

Your current financial state is not irredeemable, with the right help, your financial status can be transformed from dire straits to financially stable and WINNING!!!! Stop robbing Peter to pay Paul. You too can achieve all your life's dreams if you partner with me. Anything worth having is worth fighting for. 'Cash is King, But Credit is Power!'

For more information on credit repair go to www.ucespp.net/wmurphy3 If you are interested in an opportunity to partner with me go to www.mfcs.net/wmurphy3 or simply call 201-705-2881. If Facebook is more your thing you can find me at www.facebook.com/murphy.t.william

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Contributing Editor
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National Economic Black Worth
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NEBWORC, LLC.

WHAT'S YOUR INTENTIONS WITH MY DAUGHTER?

This is an often-used phrase by concerning dads when a young man would show up at their door asking to show interest in spending some time with his daughter. pondering this question, it appealed to me that the father's request is a probing sobering inquiry. it is to elicit information as to the applied conduct of this young man's character and thought process, to somehow know the actions of this person's intent by inquiry. I began to think what if you could really gather from a person knowledge as to what their actions would for another person by a question. I applied this reasoning to the possibility of the action of voting. As African Americans are something like the father in my example asking nonvoters what your intention, objectives and purpose with my precious freedom is. now given a set of circumstances and parameters or boundaries it is our best attempt to discover these votes motives concerning freedom. We like the young suiter may ask the question why it is important for you to know that or information now or as commonly voiced why is vote important or my vote does not matter. in other words. what is the purpose of my voting when nothing changes from my vote or my vote does not count?

in fact, would argue that they would have a strong argument given some of the years of brutality at the hand of the American government. while there has been voting happening by the people to elect their interest. elections have consequences we often hear as a slogan. but consider these slogans as the Ameri-

cans encouraged fellow voters by these slogans to show their support by voting.

consider the 1964-65 voting act which would allow African Americans the right to vote no more literacy test and can vote their own interest. although in decline now many of the African communities used this one method to attempt to gain their equal rights to be free.

slogans to get the attention of the voter as these further support in many regards that was the status of the county. consider some of slogans were used to ask for Americans to encourage support like Hubert Humphrey 1968 'some people can change others cause change'

better dead than red anti-communist slogan from 1970's black is beautiful, Stokely Carmichael 1960's black power movement

change we can believe in barrack obamba2008, presidential campaign

compassionate conservative, George w bush 1992 presidential campaign

Coolidge or chaos Calvin Coolidge, campaign

the constitution and the union, now and forever Daniel webster during 1860 presidential campaign opposition to slavery ending

deeds not words ,1903

do you want John Quincy Adams who can write or Andrew Jackson who cannot fight?

drill, baby drill slogan used by republicans 2008 used by Michael steel chairman of the republican committee every man a king 1934 share our wealth Louisiana governor Huey long

extremism in the defense of liberty is no vice, moderation in pursuit of justice is no virtue- Barry Goldwater 1964election speech

fifty-four forty or fight Oregon boundary dispute 1846

give me liberty or give me death slogan Patrick henry 1776

god made Adam and eve not Adam and Steve, jerry Farwell, moral majority leader 1980's

I like, drafting Eisenhower movement 1950-52, private citizen to be elected as president

make America great again slogan used by several republican candidates for president 1980's -2020

make love not war -anti-war slogan Vietnam protecting 1960's never forget commemoration of 911 George bush

slavery is a social, moral, and political wrong Abraham Lincoln 18060

Robert north a better man for better America-presidential campaign slogans and platforms

these illustrations demonstrate the nonvoters point their vote does not count.

the point is during whatever period in this nation black people able to vote or not have been catching hell and still the nation moved forward. granted at times growth was slower or social / political issues were constantly being battled for the nation continued to win.

perhaps from the perspectives of the disenfranchised African American. America still is a colony devoted to the will get the maximum only the colonist interest from every person's efforts. so regardless of republican or democratic black people values never changed. we sought freedom perhaps, freedom over everything may have been a good slogan for those times and even now for runaway slave. from 1619-now is future

Harriet Tubman once famously said "she could have freed more slaves had they known they were slaves "I think she did not mean that persons were not cognizant of what they were living in , the fields of unpaid labor and mountains untold brutality and rivers of sins against humanity. not rather, she was making a statement regarding the lack of intention it

requires to be free. "by any means necessary "at that time that means was to run do something different then you ever thought possible to seek your freedom. perhaps the intention had to be there first before and action could occur. yet intention pushes the idea of freedom forward for future generations. the example of my metaphor was an attempt to place some understanding to the reactions of many who find themselves in a predicament that causes their judgement to conclude that actions are not required to change the conditions of what they perceive as the daily circumstances . maybe change was happening all the time although not as quickly as we would like or appreciate and not without struggle and other intention to be free. you may also recall more well-known slogans like "vote or die", from P. Diddy, citizens for change movement. these are our intentions from our ancestors that produced persons with same bold ideas to move forward freedom. like Adam Clayton Powel, who always said 'we have produced a world of contented bodies and discontented minds" press forward climbing forward toward that higher ground of harmonious society that shapes the laws of god. he said it clearly, its intention that happens in the mind before actions can manifest which is the law of the universe. our plight continues if not just for us but for future generations.

what are your intentions with my daughter? "change we can believe in' Obama slogan Spanish form si se puede. from 2008 presidential election and the 'yes, we can"

our collective intention was to be free even when we could noy vote. but we did not stop praying and wanting to be free from tyranny's grip over the lives of the disenfranchised for decades. but the hope of the future relies on the very people who seek their freedom. it is their ability to have the intention of forethought that has led us to this better day. granted that there is still struggles to be had and small victories to win. but if we give up now after everything we have been though with this country and not vote we deserve the cruel actions of others who push their uncaring agenda of money over everything policy.so what is precious to you can easily be disregarded as deserving less than the best or simple trash .

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Mission

To provide a marketing avenue for African American businesses owners to sell their goods and services in the community in which the business is located. These services will also provide positive entertainment, technologies innovative

customer products to the African American minority communities, to include the Latino population as well. Placing our brand is to ensure greater economic prosperity in these difficult times in and throughout the United States. Examples of concepts such as; buy America, Sustainability, Green Technology, etc. We will grow our Baltimore based market, thereafter, reaching markets in Atlanta, Chicago, Philadelphia, Texas, New York, etc.

Mission strategic outlook, the salon owners and business owners will be identified through popular surveys of the industry in that location of the market. Through the targeted Urban Cities/

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If It Is Important, Share It *Continued from page 3*

Editors are purely politically driven. One can utterly understand their passion when politics is so pervasive and is involved in practically every aspect of our lives. Laws, Rules, Regulations, and Customs govern what we eat, the water we drink, and the air we breathe. So, political awareness is their heart's desire, so they write about it.

However, most of the Editors of TNBUN cover subjects such as banking and finance, agriculture and food deserts, entertainment, and enlightenment, but there are so many other areas needing coverage and exposure. Including, but not limited to all the STREAM disciplines, Science, Technology, Reading, Engineering, the Arts, and Mathematics.

The Editors of TNBUN also provide words of wisdom, and warning, wonder, and insight into their perspective fields of endeavors and expertise. The Editors of TNBUN are true providers of knowledge and are a help to better the skill sets and shorten the learning curve of the people in our community.

Knowing that *a chain is as strong as its weakest link* when making the weakest *one of us* just a little stronger...we (our team, our tribe, our community) become and are a little stronger. Do not get this wrong. Not having substantial amounts of money in our society is not the only thing that makes one weak. Situations and conditions that foster weakness have a wide range: sadly, *ignorance* is one of them. It has been written by many scholars in many ways that *"Ignorance merits punishment...and to humankind is a sin."* Not dwelling so much on the sin part, but *our ignorance cost us dearly.* So, us sharing valuable and usable information is a sure way to produce an enlightened individual and an aware community.

The word "Community" broken down into two words is exactly the goal of TNBUN. The word *Commune* is a group of people (in our case, it is regardless of where you physically live) coming together and sharing possessions and responsibilities. And the word *Unity* (which is a part of this newspaper's name) means "a condition of harmony". Yes, our goal is to have our community *sharing possessions and responsibilities in harmony.* What a beautiful way to live.

Information sharing is not *new news.* People share all the time. When people experience a great place to go, something great to have, or something great to do...and it lingers on their mind... they share it. But what is *relatively new* is having *swift access to accurate information.* And this is where you come in. We are looking for Editors. You, but if not you, someone you trust, to be considered, they must have a passion for helping people. But as important, that person must have the desire to provide the people of our community with useful information. You can do this by sharing your knowledge on subjects that have not been addressed in TNBUN, or by enhancing the subjects that have been previously addressed. With your words, you can show your readers what to avoid, what to embrace, and improve their quality of life.

But some things are so phenomenal and awesome, finding words to completely describe the content sometimes is hard to express. Or you may feel as though you cannot explain your product, service, idea, or concept in perfect Eng-

lish...Fear not! There is help for you... lots of help! TNBUN has Dr. Barbara Watties, our Technical Editor, and several others who are highly qualified Proofreaders who can help you with your article's structure, your grammar, and some of your other media needs (at no additional cost to you). So, do not let your penmanship be a hindrance to putting an Article in TNBUN.

As a result of the responses to the articles submitted and printed in TNBUN, The Editors of TNBUN *have already* influenced change in America. With the personal words of experience coupled with words of wisdom we are expecting an even greater level of change to come to America, and we will continue to influence what that change looks like.

We know that *the road to success* is not always smooth or straight and can sometimes be horrible to navigate. It is even worst when your needs are dependent on these *Fractured, Un-United States of America,* and your fate is in the hands of someone or some system that would have you do extra, just to get what should be normal. No matter the dangerous, difficult, and otherwise unfortunate circumstances we find ourselves, we, the people, are tough. We just need to buy into the idea that we can solve our issues and get the answers to our concerns ourselves just by sharing what we know. Also, we need to buy into the idea that we already possess what we need to govern ourselves as any strong community does today.

You who have a hard time finding money to earn, to those who have money to burn, and being a Melanated American, remember, we are one. We all have at least one social or financial horror story to tell. And we all face the same Devil,

just at a different level. Regardless of our status or plight in life, we must rise together. No one can prevent future horror stories or pitfalls, but together we can minimize them. How do you ask? By being well informed...By being prepared.

We all know far too many gifted and talented people in our community who should be successful and are not. With just a little help or shed just a little light on who they are and what good they do could change their lives...and yours too. From creating a smile to creating generational wealth, with the proper information, the citizens in our community will be in a better position to be a servant, rather than be served. A Giver, rather than a receiver.

In closing...Get an annual subscription to TNBUN for yourself or a loved one. And register your business, product, or service in THE DIRECTORY, at TNBUNdirectory.com. THE DIRECTORY is a vital tool for exposing what you have to offer locally or to a national audience, and registering is free. You will get more information about THE DIRECTORY in this edition of TNBUN, and why you and what you do should be listed. For those of you who are in Sales, connect with us. We have Ambassador positions available that just may suit your lifestyle and fit your current schedule.

Please contact me @ admin@TNBUN.com, to get your questions answered. I truly look forward to hearing from you.

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A Note From The Publisher! *Continued from page 1*

through many personal challenges since the inception of this publication! Bill loss his wife due to cancer. Bill stood by his wife day and night for months until she slipped away! He also loss a couple siblings during the duration of our publication! I too, have loss two sisters during this time and had two operations one of them was a heart surgery plus my recent bout with Covid-19. I mention these things because no matter what our personal challenges were during these traumatic life-altering experiences, we never missed an issue despite all the above. I can speak for him as well as myself knowing that it was God and God alone who carried us when we could not stand on our own!

One of the most amazing parts of this journey is the people who have supported us and gave us positive feedback about The National Black Unity News, we are so very appreciative for the encouragement. But there is another group of people that I am most grateful for. That is the Editors/Contributors who write the articles sharing their expertise in their chosen fields so that they can enhance your quality of life! Not only do they write the articles, but they also contribute financially. The National Black Unity News is self-supporting! The editors and staff finance the printing of The National Black Unity News and distribution. Let me tell you what is wholly unique: they are the most positive, the most caring talented group of people I have ever met!

I often get a lot of accolades for the works we do in The National Black Unity News because I am the Publisher, but the truth is that this publication came to me at the urging of my partner Bill Goodin and through the Divine Inspiration of God Alone!!!

There is no way I could personally assemble that many positive, educated, caring, praying people, who not only finance the newspaper but take time out of their busy schedules to share life-altering information with us! I could never, not in a million years, thank the Editors enough for their contributions! Also, there are few individuals whom I want to give a special shout-out to that is

our Technical Editor Dr. Barbara Watties who edits most of the articles in The National Black Unity News! Also, Walter Murphy, Manager of The National Black Unity News who oversees the daily operations of our publication. A special thanks to Jacinta Walker who is



our Marketing Director whom I highly recommend if you want to take your business to the next level! Last but not least Vernon Streater our Event Coordinator who travels caring a lot of equipment and using a lot of his time to host and facilitate our events.

Many of our team members multi-tasks, I truly believe that only God could have assembled us to come together for such a time as this bringing hope, inspirations, and solutions to a people who have suffered greatly!

To all our supporters, to our staff, and our editors we have weathered many storms and obstacles, do not give up hope, do not give in to the conditions! The National Black Unity News is designed for us to be self-sufficient, informative, and a rallying point for support, strategic planning and to uplift our own!

It is truly a blessing to work for you and with you: blessings come in many ways sometimes we just need to look around us and see who was and still is with us! There are many things we take for granted. But I ask you should we include our

blessings in these many things?

I do not doubt I am blessed by just being in our staff and editor's presence. The inspiration they give to me is priceless. The works they do bring hope to me that we have everything we need as a people to be self-reliant. Being amid these professionals, experts, and innovators confirms for me that God is in control of

search, we are the top Black Circulated newspaper in the United States! This is not a boast but to confirm that when God is in charge all things are possible!

The Year 2020 is one for the record books, many life-altering situations happened in this country and globally! From political crisis, wildfires, flooding, demonstrations, voting, and Covid-19 just to name a few!

People are finding themselves in situations they never had to deal with before. This year 2020 got my attention because I often say when the Unites States get pinched, Black/African Americans get punched! We must/have to pay attention to the handwriting on the wall. No one is coming to save us! They never have and never will! To survive as a people, we must look for sources that have our best interest! As you know many look like you nevertheless they will harm you!

I assure you this, we have God as our source, and we are not dependent on any outside resources to sustain us at The National Black Unity News! We are self-reliant when it comes to man. Our source is God!

The National Black Unity News!

One of the reasons why I am sharing with you my inner-most thoughts and my divinely inspired writings is because often we get over-looked, under-appreciated, and sometimes get weary in well-doing! I often wonder if our staff and editors know the scope of their works in The National Black Unity News. Do they know that their works are circulated throughout the United States, The Diaspora, and globally? Do they know that that their works are in the Library of Congress? Do they know the lives they altered through their articles and services? Do they know that their children's children can read what they wrote from generation to generation? Do they know that words are one of the most powerful forces in creation? Do they know that words can inspire, motivate, bring hope, educate, inform, and even save lives?


Family when you plant seeds of hope, the harvest will come! In just a little over three years The National Black Unity News is one of the top Black/African American Newspapers in the United States! According to our re-

We must stop relying on those who are brought and kept! If you definitely want help, then help us to help ourselves, then you need to take a very good look at The National Black Unity News! We are not a traditionalist newspaper looking to make a profit! Our publication was divinely designed to assist our people. Liberate our people and to inform our people!

As we approach this New Year, we are looking forward to serving our people and to bring positive information to our readers! We will continue to be a solution-oriented publication! Our publication is different from our traditional Black Newspapers because our information is time-sensitive. The information that we publish is good for yesterday, today as well tomorrow!

It is written that the truth will set you free! Do your research, check us out! What you will find is this, we care about you, we are here to help you, and we go way beyond traditional businesses to support you! Pick up the phone and call us, let us reason together. In closing, help me, to help you' so that we can help ourselves!


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2020 Was An Unusual Year! *Continued from page 3*

of view God is life! I believe if we put God first everything else will fall into place!

2020 Was An Unusual Year! But I am looking forward to 2021, you see if you survived year 2020 you are blessed!

You have been through a lot this year, but I believe if you put your trust in God no matter you are faced with you stand a better chance!

As the Publisher of The National Black

Unity News, I am looking forward to continuing to bring you good news, positive news, life altering news! The staff and I, The Editors and our contributors are pleased to serve you in this upcoming year 2021.

In closing, it is going to be tough, we will have to endure many obstacles, but with God on our side we cannot lose! Keep the faith, remember this!

By David Murphy

Accepting Life As Is *Continued from page 3*

is something that we never thought we would: then should we not try to prepare for something else? How do we prepare? What do we do as average citizens when we have no information as to what is coming until after it reaches us? Of course, what we do know is this, we know that death will come, and in some way, we always try to prepare for it even when mentally we aren't. But to have pandemics and leadership that will do all within his/her power to attempt dividing the country and creating chaos purposely is something that most of us never think of realistically preparing ourselves to witness. However, what we have been subjected to and are still witnessing should give us caution?

Those of us who are blessed to have access to any sought of money should try keeping some on hand. Maybe at least \$500.00 to \$1,000 for quick access. We should stock up on food and other necessary items: and yes, sadly, we should stock up on weapons because we have no idea as to the next outbreak.

See, even if I am one of a few who are sounding the alarm and trying to warn the people, I know that the warning will fall upon deaf ears. How do I know that? I know it because we have been

pre-programmed to listen to people placed in positions of power and authority, and if they mislead us, so be it? We have not been trained to believe nor listen to just average citizens and sometimes the least of the least citizens. Yet, those who read "biblical" words will always read that the "CREATOR" will use the least of us to give a message to all of us.

Let's look at the Revolution of technology: do you not see that with the Revolution of technology that many of the world's population will have to be eliminated? Please let me raise a few questions: If the job you presently do is no longer available for you because technology has replaced you, what will you do? When technology replaces such a large portion of the working population and then the burden of "government" will have to care for the jobless and homeless, and the "government" has not the plan for that, what do you think will happen?

Well, I will leave it like this: start to think, because what we are presently witnessing is just one of the pandemics that is yet to come. Yes, the pandemic of technology is next!

By Bill Goodin

EMPOWER YOURSELF WITH SELF-LOVE

Continued from page 4

making some changes in your life. Welcome as many as you can. Learn to adapt because one positive change may be the best invitation you will ever welcome into your life.

Stop trying to control everything by focusing on the one thing that is in your favor to grant you the power you need to stay focused, *Your Attitude!*

Stop trying to please everybody to keep them happy. Being kind and fair does not mean you have to try to please everyone all the time. No, *is not* a curse word.

Remember that sometimes taking a calculated risk, with its ups and downs, is worth the time invested weighing the risks and benefits before making a final decision.

Don't dwell on it, but always learn something from your past mistakes that you acknowledge. Then practice making better decisions instead of making the same mistakes over and over again.

Avoid resenting other people's success. The wasted energy of jealousy is a cancer that will destroy your own chance opportunity to take another step towards your destiny.

Take time out to be alone with you, your own company, your own thoughts, creating your own happiness while affording yourself the opportunity to invite an unprecedented arena of pro-

duction downtime.

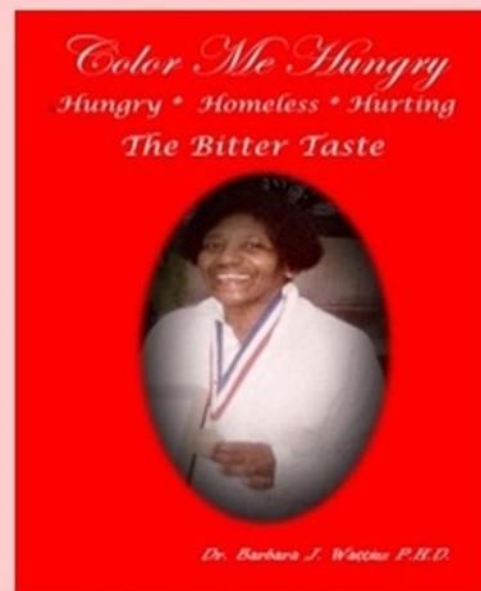
Keep in mind that the world doesn't owe you anything. No, you are not entitled to be taken care of. If you've got *it!* there are multiple opportunities out there for you to use *it!*

No, you probably won't obtain immediate results from all your efforts. That's why you need to keep yourself physically and mentally fit to welcome that successful change, that's destined to come, as a result of you having applied your best skills and giving your full time to.

Know that your dream will not die, your plans will not fail, your destiny will not be aborted, and the desires of your heart will be granted in *Jesus'* name. Now, Say a big Amen! If you believe it! I believe what you have been praying for will know your name, address, email, and yes even your cell phone number before the end of this new season. There is an old saying which states: "None goes to the river early in the morning and brings dirty water." As you are up and stirring around this evening, and every evening that follows, may your life be clean, calm, and clear like the early morning water that entered your spirit when you arose. May the grace of the Almighty support, sustain and supply, all your needs according to His riches in glory. Although it spurs creativity and it's constantly challenging I believe GOD Has Amazing Things in Store for You. Now say a big Amen Again!

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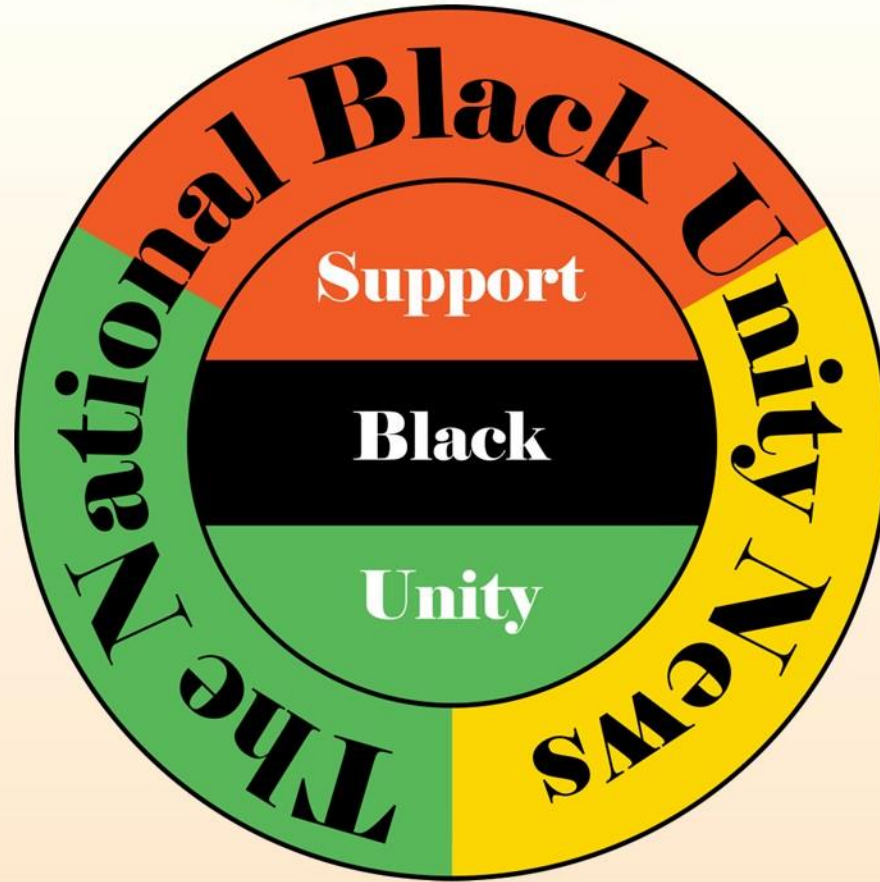
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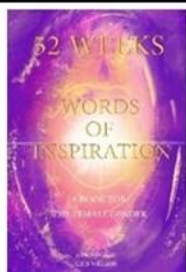


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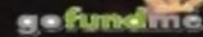
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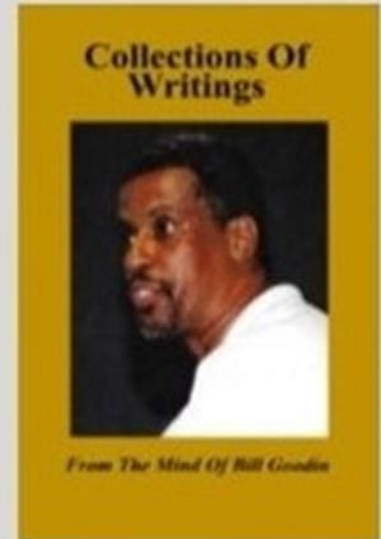
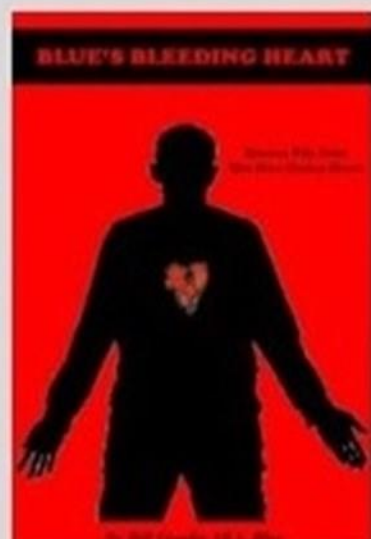
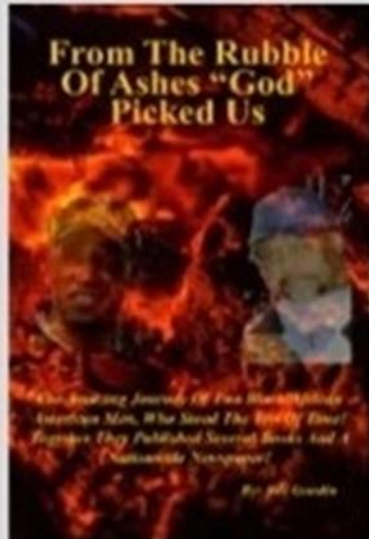
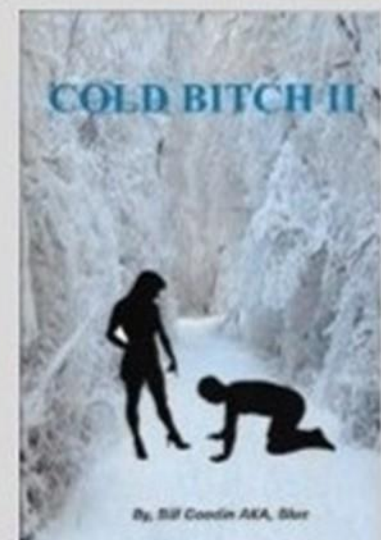
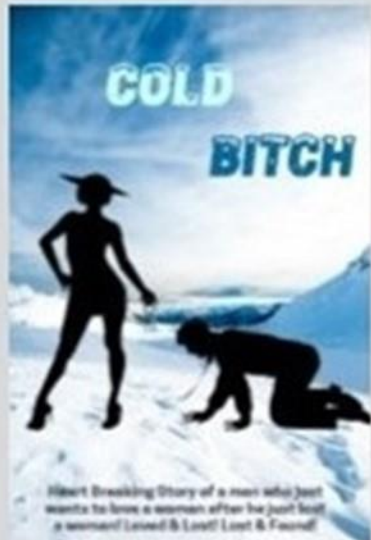
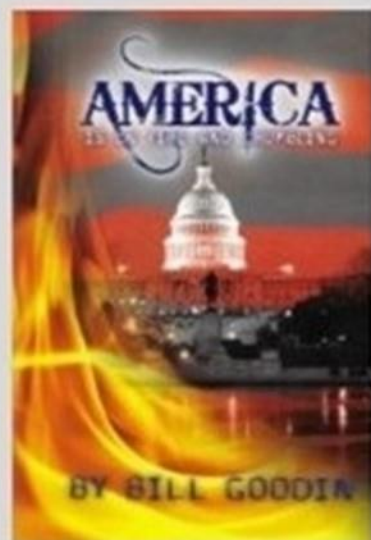
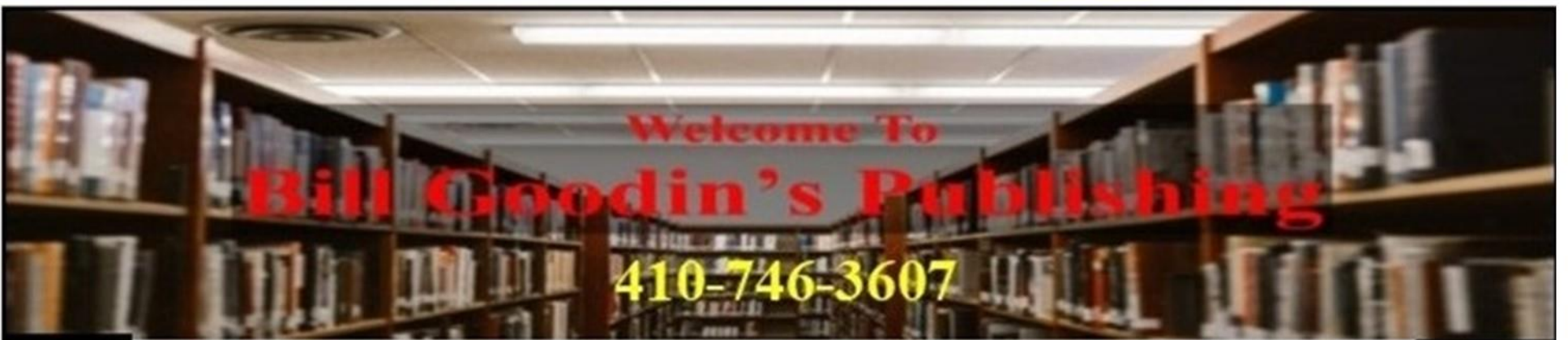
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