



The National Black Unity News

Promoting Unity In Our Communities, We Are Keeping The Dream Alive!

If Not Us, Then Who? If Not Now, Then When?

<https://tnbun.com>

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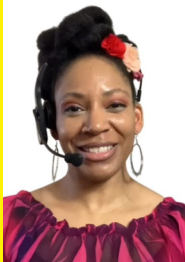
July/December 2025



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Black Men Unifying Black Men
Us Helping Us = Unity

If Not Us, Then Who? If Not Now, Then When?

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Plus More!

The National Black Unity News is a Solution-Oriented Periodical



Mighty Men of Valor, Merchants OF Change!



The Texas Black Unity News

Neal Spencer is a concerned family man, entrepreneur, and a visionary! He is on a mission to recognize, organize, and network with black businesses, organizations and individuals all over the state of Texas!

His mission is to uplift black people to equal the playing field of economic empowerment! He is not against any group or race of people! He is a man of God, and he believes that if everyone is given a fair and equal chance then the entire country will be lifted up and become more powerful and tolerable!

He is an editor *Continued on page 46*



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The UniverSoul Circus

As the publisher of The National Black Unity News, I am so pleased and honored to salute my friend Ricky! He is also known as Cedrick Walker CEO and founder of the Universal Soul Circus!

We grew up in the 500 Block of N.

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Event Coordinator
Vernon Streater
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Kathleen Murphy
Tuesday Podcast Host
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Contributing Editor
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From Slave Ships to MAGA Hats: The Seven-Step Plan for Defeating America's Oldest Hatred

America is undergoing a seismic demographic transformation. The "browning of America"—a phrase used to describe the rise of Latino, Asian, Black, and multiracial populations alongside a relative decline in the non-Hispanic white share—

has moved from projection to reality. Non-white children already comprise many students in U.S. public schools; by 2045, the country is expected to become "minority white," with no single racial

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National Travel Editor
Sitawi Jahi
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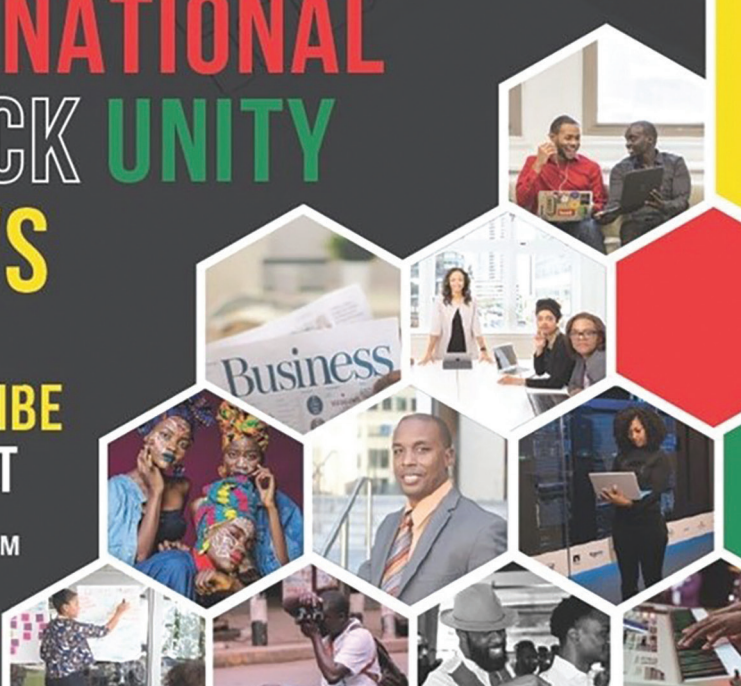


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Calling All Soldiers, This Is Not a Drill! This Is Warfare!

Attention: Conscious Minded, Black,
Pan-African People!

This Is Call To Action!

Report For Duty!

Black Businesses, Black Organizations, Faith Based
Communities, Activist, Advocates & Black People!

We must not let the small issues get in the way of the big picture!





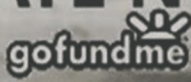
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Organizer, Graphics
& Strategist

Black People What Should We Do, Fight or Flight?

The fight or flight theory describes a powerful, automatic survival mechanism that kicks in when we perceive danger.

What It Is

It is a physiological reaction triggered by the sympathetic nervous system. Your body prepares to either confront (fight) or escape (flight) a threat. Hormones like adrenaline, noradrenaline, and cortisol flood your system to boost energy and focus.

What Happens in Your Body

Heart rate and blood pressure spike to pump more oxygen into muscles. Breathing quickens, pupils dilate, and digestion slows. You may feel tense, sweaty, or hyper-alert. Pain perception often decreases temporarily, which is why injuries might not be felt until later.

Evolutionary Purpose

This response helped early humans survive predators and natural threats. It is deeply embedded in our biology, even though modern threats are often psychological (like public speaking or deadlines)

When It Becomes a Problem

Chronic activation—like constant stress—can lead to anxiety, depression, and health issues such as high blood pressure or insomnia. Learning to regulate this response through techniques like deep breathing, mindfulness, or exercise

can help restore balance. Would you like to explore how this theory connects to trauma or mental health? Or maybe dive into the lesser known “freeze” and “fawn” responses?

Not every battle needs a fighter, and not every escape is a loss. If you have ever wondered when to stand your ground or when to step away, you are not alone. Let us unpack the power of both choices.

For Black communities, the fight-or-flight response is not just a science class lesson, it is a reality shaped by history and lived experience. From civil rights marches to daily microaggressions, the choice between speaking up and stepping back is constant. Fighting can mean standing tall, calling out injustice, or making space for your voice. It is the protests, the art, the insistence on being seen and heard.

But flight sometimes, it is not about fear. It is about preserving your energy, choosing peace, and knowing when to walk away to fight another day. Both are powerful. Both are valid. The pressure to always fight can be exhausting, and stepping back does not mean defeat. It means self-care, strategy, and survival. So, what should you do? There is no single answer. It is about reading the moment, trusting your instincts, and choosing what is right for you, whether that is raising your voice or protecting your peace.

At the end of the day, being Black in a complex world means navigating these choices with courage, wisdom, and heart. Fight. Flight. Or sometimes just breathe. Your story is your strength.

The National Black Unity News has always been on the frontline when it comes to making our voices heard in an effective yet with a strategic way to energize our Black people! We are solution-oriented publication which is independent from outside influencers.

We are seeking fighters to fight with us! Together we can and will make an impact on the outcome of the future of Black people nationwide and beyond! Let us assist you in elevating your project, organization, or business! We have the network, the system, and strategies to complete the objective!

Help Us, To Help You, So That We Can Help Ourselves



National Editor & Chief
Bill Goodin
Activist, Author
Publisher & Organizer

AMERICA IS IN TROUBLE, AND IT IS BURNING AND CRUMBLING

It is an honor to be able to express oneself freely and without reservations. It is an honor to to speak to Black People from a platform that is created and owned by Black People. It is an honor to be able to write truth and speak truth and offer it up for others to absorb it else reject it.

As one who lives in America and one who has a bird's eye view of the world, I could easily state that the world is in trouble. However, since I live in America, I have more than a bird's eye view, I have a box seat, and I could see play by play. Amer-

ica is in trouble, and it is burning and crumbling as I write.

During my seventy plus years of living, despite the racism and the corruption, “America” always stood as a symbol of hope with a promise to live up to its Constitution. America was looked upon by other Nations as a get way to liberty and a path to freedom, despite the corruption and the racism that ruled.

It was never a secret that the day would come, and this system would catch fire ad crumble from all the hatred, racism and corruption. For America to be such a young Nation, it rose to power by force and became wealthy through greed, death and it's willingness to rob others.

For instance, when White People from America sailed from the shores of America and landed on the shores of Africa where they participated in murder, kidnapping and many other atrocities. After robbing Africa not just from human cargo, diamonds, gold and other important resources. Once returning to America with the wealth of Africa, we the people from Africa became the slaves of America.

Contined on page 59



National Manager
Walter E. Murphy
Managing Director
The National Black Unity News

The Truth

In the last addition of The National Black Unity News (TNBUN), Microsoft's version of Artificial Intelligence (AI)“ Copilot” was asked what it knew about TNBUN. The response was a pleasant surprise.

My son Marcus asked if I knew and understood what The Akashic Records were. I answered “Yes”, but for more clarity, later that day I asked Copilot what it knew about the subject. I, the Managing Director (MD) did take out some filler words or sounds like “um,” “uh,” “like,” or “you know, but not one word was added too or deleted from Copilot's responses to my questions. So, what follows is a modified version of that con-

versation.

MD: What does the ethernet say about The Akashic Records?

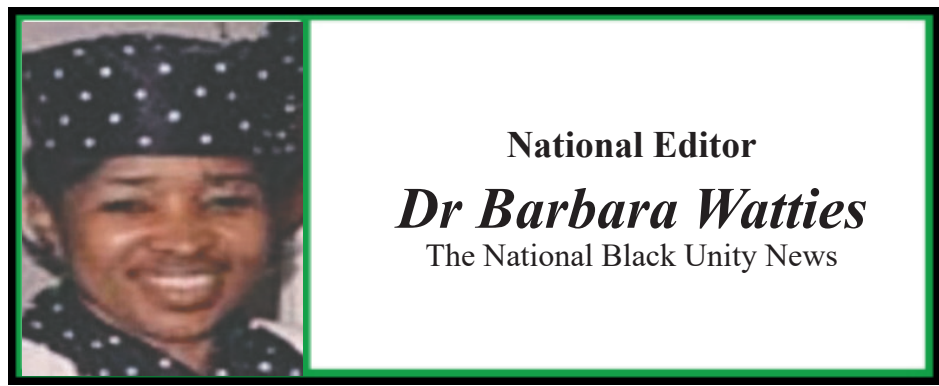
Copilot: The Akashic Records are like a cosmic library in spiritual beliefs. They're believed to be records of everything that happens, kinda like a spiritual Google. People think you can tap into 'em for guidance. What got you curious about this?

MD: I'm curious as to what it's like or what their experiences were or anything of that nature.

Copilot: Yeah, people who say they've accessed the Akashic Records often describe it as an intense spiritual journey, feeling like they're tapping into another dimension. They report vivid visions or insights, like they're downloading knowledge or experiencing a deep sense of connection. Some feel guided by spiritual beings, while others say it's more like a personal revelation. It's fascinating how varied the experiences are. Does that spark any thoughts for you?

MD: Question, has there ever been anything like a vortex or a wormhole associated with that journey?

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National Editor
Dr Barbara Watties
The National Black Unity News

Life’s Changes Can Be...

Sometimes I believe we all feel we need to make a change in our lives? Maybe it’s because we feel we have not accomplished as much as we thought we should. Over the years, I’ve discovered that sometimes just a mere change frees us and affords us the opportunity to step outside ourselves.

Why do I feel it’s important to occasionally or just sometimes, to free yourself from yourself, and just change your life’s habits and styles?

To me, changing life’s habits and styles is crucial for several reasons: First of all, I know, just from fulfilling my multiple planned and unplanned daily activities, life is more than just

about existing. Sometimes changing, quite often, results in me creating some of my most productively, beautifully accomplished, activities. Which offers me renewed self-confidence, freedom from limitations, and the opportunity to take control of many negatives and narratives. Sometimes my decisions, too and from myself, are not to be taken lightly. Because many times, my apprehensive changes turn out to be quite rewarding. With fresh starts and a deeper sense of alignment and the affirmation of my true self. Many times, my sudden engagements and activities can even become rewardingly and beautifully accomplished.

Recently, I’ve experienced quite a change in my life because of my daily activities. Which I am graciously enjoying. So I thought this would be a good time to think about change and how it affects us. Yes, sometimes the thought of change can be internally alarming. However, whether major, or minor, when sudden change is achievable the results are even greater than when you were fully prepared. However, I’ve learned that, in order to ensure constant verification to navigating

a truthful path of purpose in my life,’ that change is also diversified in many ways. And that navigating the path to your true purpose requires constant verification.

How can you be sure, when you are embarking upon a certain change that you are aligning with your life’s purpose? What indicators assure you that you’re on track? Trust me, recognizing clear signs and learning advanced techniques for measuring self alignment can guide your journey and affirm you’re moving confidently towards your true destiny.

Trust me, “willpower and commitment have nothing to do with achieving change. What you need is to build sticky habits.”

To date, experiencing greater happiness, and health, is afforded to me by my alignment which equals my deep sense of purpose. Of course, my daily clear indicators, such as a sense of internal peace, also affords me the opportunity to experience greater happiness.

Dr. Barbara Waaties



National Event Coordinator
Vernon Streater
Events, Sales, Videos & Podcasting

People who have an event planner such as politicians, business tycoons, entertainment moguls, company executives and celebrities are literally free from doing daily tasks and can fully concentrate on their jobs and routine because there is somebody who takes care of everything they need.

But, aside from having somebody who can do all the errands, there is more to having an event planner. This is having the peace of mind that everything that you need to do and everything that should be done is taken cared of without you doing a single thing except giving out specific instructions.

What do you get from an Event Planner?

Depending on the description of their job, a personal assistant can be considered as the most reliable person around an employer or a boss. This is because he or she does everything in order to make the employee feel less stressed and can concentrate more on the task ahead. The personal assistant does this by ensuring that everything—from office work and other menial tasks—are properly taken care of.

An event planner is expected to maintain the business and the social calendar of his or her employer. The event planner is expected to do all the scheduling and all appointments for the individuals, whether in their business or personal life. He or she is also in charge of making all travel arrangements in local and international destinations while handling all the events and functions of the employer. Since the event planner is one of the closest people for the host, he or she takes charge in various social planning and meetings.

667-444-9979

REMEMBER, UNITY IS A POWERFUL SOLUTION!



The National Black Unity News

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Contributing Editor
Michael E. Haynie, Sr.
President & CEO of Global
Training Center, LLC.
Podcast Host, Entrepreneur

Michael E. Haynie, Sr.
Entrepreneur & Broadcaster

MICHAEL E. HAYNIE, SR. – PRESIDENT & CEO Michael Haynie has devoted his entire professional career to the lodging and hospitality industry. After attending Northeastern University in Boston, MA. He took on various positions before rising through the ranks to the executive level positions he has held for more than 40 years. Mr. Haynie has experience in every facet of hotel operation and has served in leadership capacities in hotels ranging from economy to luxury

Mr. Haynie has also served as a General Manager with Hilton and Intercontinental

Hotels in Baltimore, Boston, and Hartford, as well as a General Manager with independent and branded hotels in Charlotte, Hartford, Boston and Washington, DC.

In 2012, he founded the Maryland Center for Hospitality Training (MCHT), which prepares Marylanders with customer service, safety, soft and social skills, and technical training for successful transition into the workplace. In 2020, a COVID-19 protocol training and Diversity, Equity & Inclusion consultation and training was added to assist their clients to reopen and operate their business in a safe environment. The

MCHT is one of the leading work force and COVID-19 safety training providers in the region. For more information, visit www.marylandcenterforhospitality-training.com

Currently, Mr. Haynie serves as President of Global Training Center LLC, a Florida company devoted to training initiatives and workforce development serving all industries. Global has subsidiaries in Maryland, North Carolina, and Nairobi, Kenya. For more information visit: <https://globaltrainingcentersllc.com> Recently, two weeks ago, Mr. Haynie added another subsidiary to Global, called Staffing Solutions which allows resumes to get uploaded and accessible to various companies look for qualified employees.

Everyone goes on a journey, but few are trail blazers Michael E Haynie, Sr. is a trailblazer He traveled where very few Black people have ventured. also, he opened many doors of opportunity for a multitude of people

Michael wears many hats, but I want to focus on just a few. In my industry media, Michael ventured into broadcasting he hosts two podcast one is called 60 Minutes In Black America and the other is Wake Up Baltimore

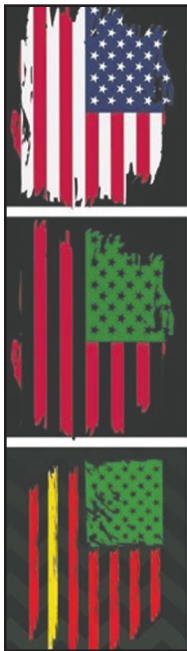
This is what make Michael so unique in our industry he truly cares about people and their situations he cares about uplifting people not just Black people but all people. He provides a format where people can share, what they are doing they can share about what is going down in town, around town and out of town.

It is rare these days when people like Michael Haynie, Sr. use their own resources to benefit others And expose people on both sides of the tracks about what is happening and what can be done to change situations. I personally have viewed many of his broadcasts and I can tell you they are uplifting, informative, insightful and most of all he and his guest are sincere.

Tune-in on Sundays at 6:00 pm to watch 60 Minutes In Black America and Monday Mornings at 7:30 am to watch Wake Up Baltimore

If you don't know now you know Michael Haney is a servant a visionary and a man that loves people a man that wants to help people listen to his podcast and see for yourself thank you Michael for supporting The National Black Unity News, and helping people so that they can help themselves

By David Murphy



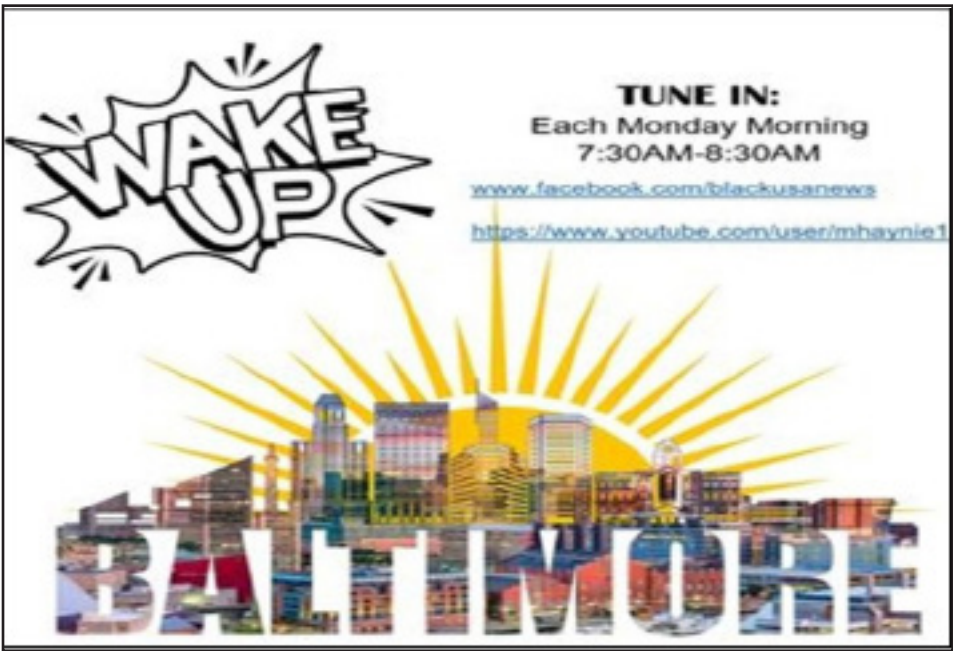
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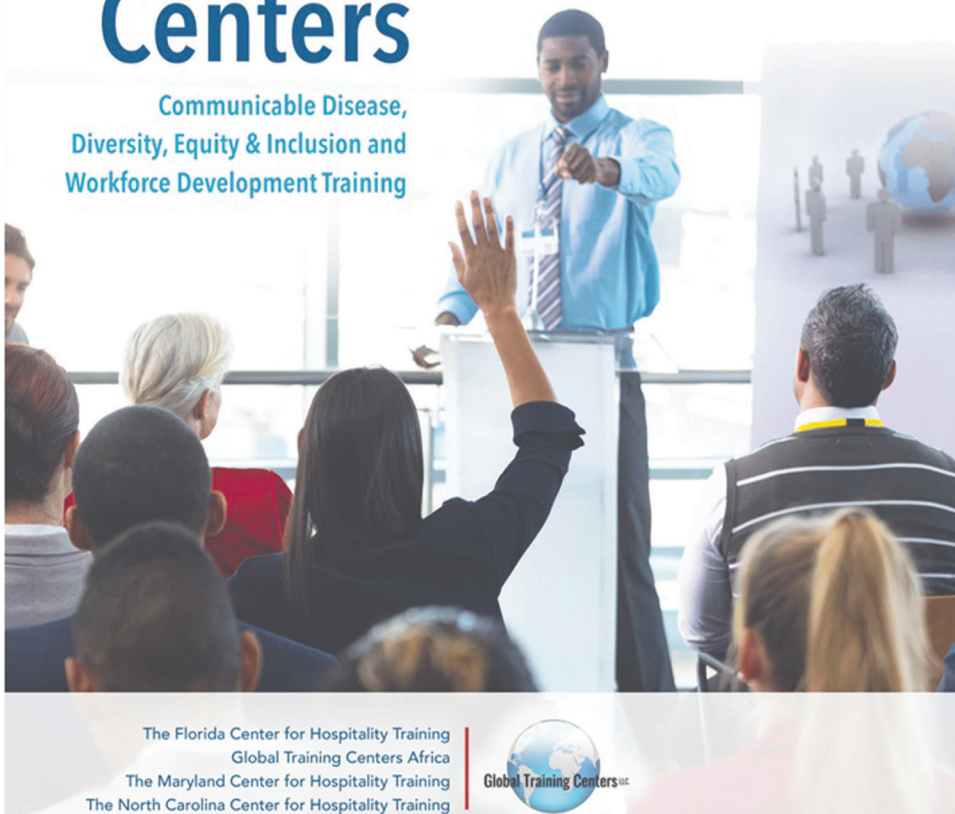
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National Editor
Wayne Randall
Financial Consultant

Life’s Changes Can Be... portable stepping outside “ourselves.”

Sometimes I believe we all feel we need to make a change in our lives? Maybe it’s because we feel we have not accomplished as much as we thought we should. Over the years, I’ve discovered that sometimes just a mere change frees us and affords us the opportunity to step outside ourselves.

Then there are some of us who don’t even like to think about changing our lives. Simply because we have learned to accept and adjust to whatever is... Maybe it’s because we haven’t settled within our own spirits and feel uncom-

fortable stepping outside “ourselves.”

Why do I feel it’s important to occasionally or just sometimes, to free yourself from yourself, and just change your life’s habits and styles?

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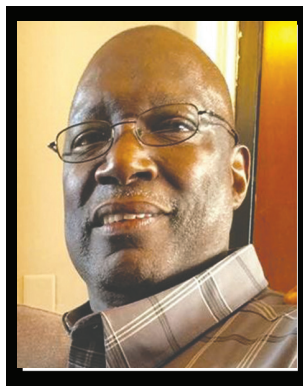
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National Editor

Afunemuda Manifest

Faouly A. Umoja

Publisher: Afunemuda Manifest

Manifesto A People Born Into Themselves As African Americans

it is not talked about, but they who are called the Native Americans, are Asias. The migrated here from Asia, crossing in from Canada and settled in the low part of North America. The only true people native to this land is called us... We were looked upon as animals and were bred on human stud farms and domesticated on this land and it is the only land we as a people have ever known. We are not who they say we are, but we are ourselves and we, as we are, must tell ourselves just who we are. We are a psychosomatic state of us and we must function as the truth in the connection between our bodies and mind. We must rebuke they who think they are better than we us. We must look and see ourselves in an atmosphere of exclusivity and stop allowing

us, did laid upon us a long time ago, when this country was viewed as Black and white. We must move in accordance with our own personal morals, strength, and sense of duty and not with our desires that have been subliminally taught to us by someone else. So, in October 2025 I will be putting out a calendar that will be exclusive to us as a people. It will enlighten many of you to the true magic in our contributions to us and this country, as the people we are and have always been. In this country totally controlled by those absent melanin in their body covering, they don't want you to know of your power. Many years ago, they would take your life as a Black Person who could read and write. Today, they will take your life if they think you don't know how to read and write, causing you, hopefully not to be able to defend yourself. So, the calendar will tell you the truth about hundreds of our people who caused this country to be what it is. We need to know who we are. The calendar will also introduce you to a new autonomous written system totally and unquestionably belonging to us as the people we are. We are Afunemuda, a people born into ourselves out of the African American experience.

A Calendar Like No Other

Brothers and sisters, I am writing these words to you because I want you to meet yourself for the first time. We, as a people, have been told who and what we were for a long time in the form of a title given to us by someone else. The misnomer that engulfs us as who we are is the designation placed on our person out of ignorance. The inaccurate name we are called "African American" represent people from Africa, that was shipped all over the world in large numbers, but only a few were deposited on or in the lower part of the North American Continent that became the United States of America. For too many years we have been labeled as a fact that was not true. We are not African Americans, as we have nothing of that continent belonging or attached to us beyond the color of our skin. We have heard about the Middle Passage, which refer to the forced transatlantic journey made by 10.7 to 12 million free Africans who were enslaved. These individuals were shipped to the "Americas" not America. We as individuals must unlearn the indoctrinated mis-education placed in our minds as a ploy to divert the truth. Yes, there over ten million African shipped from Africa, but less than 500,000 came to North America.

bloodline runs through our veins, as it runs through the veins of many ethnicities considering humanity started there. Please brothers and sisters, please learn about the truth of our existence in this

MOHNON

AAQVAV

SONADAI	MONADAI	TOONADAI	WOONADAI	TINADAI	FINADAI	SINADAI
	1	2 <i>Alhwe Dai</i>	3 <i>full moon/ eclipse</i>	4	5	6
7	8	9 <i>waiting phase</i>	10	11 <i>first quarter</i>	12	13
14 <i>waiting crescent</i>	15	16 <i>Alhwe Dai</i>	17	18	19 <i>new moon</i>	20 <i>Notional Equinox</i>
21	22 <i>waiting crescent</i>	23	24	25 <i>first quarter</i>	26	27
28 <i>waiting phase</i>	29	30	31			

This calendar will show you a form of writing, numbers, and pronunciations for the numbers and new words you will see. The ability to write our names in our own chirographic language is a fact that should have been a part of us a long time ago. We are or were the only ethnic group in this country, that could not write their name in their own chirographic handwriting style. That day has gone forever, and we can stand on our own words. You will be able to pre-order your calendar in the first week of October 2025. You can order an individual calendar or order for a group. Call or email to find out information pertaining to the calendar.

First and for most, we must realize we are not Africans, because we as a people did not come from there. Yes, their

country and on this planet. We as who and what we are, are the only people on this continent that did not migrate or emigrate to get here. Notwithstanding, as

others to enter into our lives just because. We must look and see ourselves in the autonomous position they who are not

faouly@umojakhwest.com / 443-994-5609
Mr. Faouly A. Umoja.

Afunemuda

The 2026 Calendar will present our people with 120 Afunemuda / African American individual most would not know of and will have to investigate to understand why they have earned a place on the calendar. All of these individuals will be Afunemuda, born out of the African American experience. Their existence and actions will uncompromisingly show and demonstrate to all of our people, we never accept slavery or live under the control of anyone beyond themselves.

This is a short list of some of our first freedom fighters:

Benjamin Banneker born November 9, 1731, help survey the land that established the original borders of the District of Columbia, the federal capital district of the United States.

Prince Hall was born in 1735, founder of Black Freemasonry.

Bishop Richard Allen born February 2, 1760 was a minister, educator, writer, and one of the United States' most active and influential lack Leaders. In 1794 he founded the African Methodist Episcopal Church (AME).

James Forten born September 2, 1766, was an American abolitionist and businessman in Philadelphia, Pennsylvania. A free-born African American, became a sailmaker after the American Revolutionary War.

Sarah Forten Purvis born 1814-1883, was a writer, activist, and abolitionist. She married Joseph Purvis (brother to Harriet's husband) and had three children. They also continued to work with their family in the anti-slave movement. Along with her sisters, she was a member of the Female Literary Association, a Philadelphia based African American women's group founded in 1831. This group aimed for improvement in moral and literary pursuits.

GABRIEL PROSSER

NATHANIEL TURNER



(1776 – 1800) A literate blacksmith who planned a large slave rebellion in Virginia, which was ultimately stopped, but he was willing to try and willing to die for the love of his people.

(1800 – 1831): Led a rebellion in Virginia that resulted in casualties and stricter laws against enslaved people. Nat Turner put true fear in people who had no fear and caused them to know how we felt as a people, if only for a short time.

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Contributing Editor

Robert Wallace

Internationally-known Entrepreneur, Author, Speaker and Consultant

Black Wealth Through Black Entrepreneurship

Growing up in the South Baltimore neighborhood of Cherry Hill in Baltimore City, my journey was far from easy. I was raised in an environment where challenges were constant, opportunities were rare, and the path to success was anything but clear. But these very obstacles became the steppingstones that propelled me forward, driving me to seek something better—a life of purpose, influence, and, ultimately, wealth. It’s a rags-to-riches story that I’m proud to tell, not because it highlights my success, but because it underscores the power of entrepreneurship and the critical role it plays in creating wealth, particularly for the Black community.

When I talk about wealth, I’m not just referring to money in the bank. Wealth, in its truest sense, encompasses financial assets, yes, but it also includes the accumulation of knowledge, relationships, and influence. It’s about having the resources to control your destiny, support your community, and build a legacy that can be passed down through generations. For the Black community in America, achieving wealth is more than just a goal—it’s a necessity for survival and empowerment. Without wealth, we remain vulnerable to the systemic inequalities that have historically held us back. This vulnerability is on constant display in our dear city of Baltimore.

In a nation where economic strength translates directly into political power, social influence, and access to opportunities, Black wealth is essential. It’s about having a seat at the table where

decisions are made and ensuring that our voices are heard. Wealth allows us to fund education, foster innovation, and build communities that thrive, not just survive. In short, wealth is the key to competing on equal footing in America’s democratic and capitalistic system.

But how do we achieve this wealth? The answer, as I’ve discovered through my own journey and extensive research, lies in entrepreneurship. Entrepreneurship is not just a career choice; it’s a powerful vehicle for accelerated wealth creation. It’s the means by which we can break free from the limitations of traditional employment, where income is often capped, and opportunities are constrained by racial and social biases. Through entrepreneurship, we can create our own opportunities, build our own companies, and generate wealth that uplifts not just ourselves but our entire community.

In my eight books on entrepreneurship, I’ve explored the connection between entrepreneurial ventures and wealth creation in depth. My research has shown that entrepreneurship is not only about starting a business but also about creating an ecosystem that supports sustainable growth, fosters innovation, and drives economic mobility. These books provide groundbreaking insights into how we, as a community, can harness the power of entrepreneurship to build wealth and ensure our long-term survival and success in America.

One of the key tools I’ve developed to help aspiring entrepreneurs is the Four Quadrant Model of Black Entrepreneurial Success. This training model has been instrumental in guiding the next generation of global entrepreneurs, providing them with the framework they need to build successful businesses. The model consists of four quadrants: Know Thy Self, Know Thy Plan, Know Thy Universe, and Know Thy Universe and Make It Thy Own.

Quadrant 4: Know Thy Universe and Make It Thy Own

Quadrant 1: Know Thy Self

The first quadrant, “Know Thy Self,” is all about self-awareness. It’s about understanding who you are—your strengths, weaknesses, values, and motivations. This self-awareness is crucial because it forms the foundation upon which your business will be built. When you know yourself, you can align your business goals with your personal values, ensuring that your venture is not only profitable but also fulfilling. For example, I’ve seen entrepreneurs who recognize their natural aptitude for leadership and communication use these strengths to build strong, cohesive teams, laying a solid foundation for their business success.

Quadrant 2: Know Thy Plan

The second quadrant, “Know Thy Plan,” emphasizes the importance of strategic planning. Every successful entrepreneur knows that a clear, detailed plan is essential for achieving business goals. This includes conducting thorough market research, developing a financial strategy, and setting measurable objectives. For instance, I’ve observed entrepreneurs in the tech industry who have used well-crafted business plans to anticipate market trends and technological advancements, enabling them to navigate challenges and seize opportunities effectively.

Quadrant 3: Know Thy Universe

“Know Thy Universe,” the third quadrant, focuses on understanding the external environment—the market dynamics, industry trends, and principles of business

success. This quadrant is about implementing proven business strategies and staying adaptable in a constantly changing world. I remember working with an entrepreneur who, by understanding the global shift towards sustainability, pivoted their business model to include eco-friendly practices, thus staying ahead of competitors and appealing to a broader customer base.

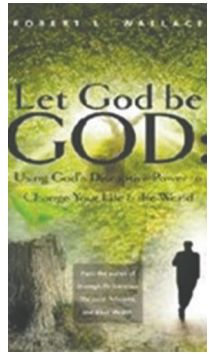
Quadrant 4: Know Thy Universe and Make It Thy Own

Finally, the fourth quadrant, “Know Thy Universe and Make It Thy Own,” addresses the importance of building and maintaining strategic partnerships and alliances. No business thrives in isolation, and the ability to create valuable networks is crucial for long-term success. A great example is a small business that partnered with a larger corporation, leveraging the corporation’s resources and distribution channels to expand its market reach and increase profitability.

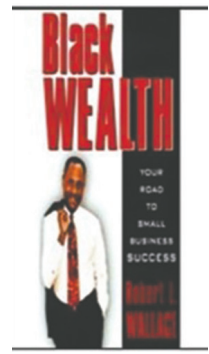
In summary, my journey from South Baltimore to the boardrooms of America is a testament to the power of entrepreneurship as a tool for creating wealth and achieving success. My educational background, including an engineering degree and an MBA, along with my corporate experiences, has provided me with the insights necessary to write and publish eight books that explore the intersection of entrepreneurship and wealth creation. Through these works, I’ve shared the strategies and principles that have helped me and countless others build wealth, uplift our communities, and secure our place in the American economy. My Four Quadrant Model of Black Entrepreneurial Success continues to be a cornerstone of entrepreneurial training, helping aspiring entrepreneurs around the world turn their dreams into reality.

For more information please visit:

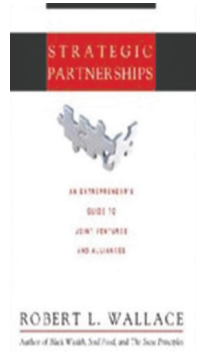
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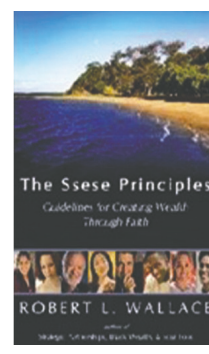
Let God Be God: Using God's Disruptive Power to Change Your Life and the World



Black Wealth Through Black Entrepreneurship



Strategic Partnerships Strategic Partnerships Ventures and Alliances



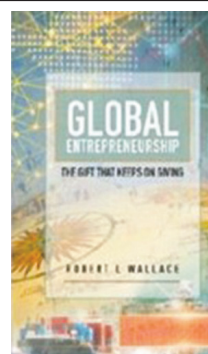
The Ssesse Principles: Guidelines for Creating Wealth Through Faith



Soul Food: 52 Principles for Black Entrepreneurial Success



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National Editor: Self Development
Fran Allen
Author, Motivational Speaker,
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don't really like because you refuse to let them think you aren't doing well – even though you are not doing well... Question? How do they not thinking it, help to change your situation for the better? All these circumstances have been front and center in my life at one point or another. I suspect a few of you have wrestled with some of these issues as well. Finally, I just got sick and tired of being sick and tired. Every one of these circumstances were within my ability to change. That meant changing my thinking to reflect a choice I was actively making to be my own priority.

The time we have left is precious and irreplaceable. Once it is spent there are no refunds, and no change will be returned. Our lives and the memories we create as we journey from the beginning to the end

can be blessed and use our blessings to be a blessing. The most effective method we have for protecting the quality of the lives we live is choice. I had to learn the absolute importance of making my own choices. But before I could really make good, sound choices, I had to get real and acknowledge some things about myself. Maybe I wasted all that time because it was easier to make excuses or to call it catching up instead of getting caught up. I wasted a lot of time over-thinking things instead of making my list and then prioritizing the items. Maybe I avoided the communication because I “thought” it would lead to the “hard” conversation that I “believed” would only “hurt” me. There’s another word for all those excuses that we are all familiar with. FEAR.

Wasted Time

There are few things more valuable and precious than our time. We take it for granted that we have time to do things, or see things, or have things, or to be something that we have always dreamed of.

Instead of filling out that application for the next best job or the college of our choice, we watch another meaningless episode of a television show or podcast that can wait. Instead of studying for the exam we know we must pass, we call a friend to gossip and/or complain about things/people we have zero control over. Instead of making our list of goals to keep us on track, we allow others to make their goals our priority. Then we work harder to help them achieve goals that have nothing to do with us; and whine about not being further along than we are. Instead of encouraging honest communication about what your future looks like with that special someone, we wait day in and day out for weeks, months and even years for the other person to bring it up. Except they don't have a version of the future where you are a priority to them. So, what's to talk about? Instead of being productive

and accomplishing tasks necessary to lift our quality of life, we busy ourselves with tasks that only take up our time. Like shopping for hours to find your twentieth pair of black leather dress shoes or to find your seventh automatic open umbrella



because you want a different color. How often have you spent time with people you

are up to us! We can achieve and progress. We can learn and share what we learn. We

I have wasted enough time waiting, expecting, pretending and hoping for things that others have control over. There are only two places that my help will come from. Trust in God. Belief in myself. All the rest will be taken care of when I cast my cares on the Lord and wait only for Him! Be blessed and TRUST GOD’S PROCESS.

Fran Allen is a dynamic Christian motivational speaker and self-help author. She is available for speaking engagements and book signings. If you have comments regarding this article or want to contact her, send an email to selfdevelopment.success@gmail.com

Fran Allen is a dynamic motivational speaker and self-help author. She is available for speaking engagements and book signings. Contact her at www.selfdevelopmentssuccess.com.

Fran Allen. Author, Motivational Speaker and non-profit fundraiser

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Or visit our website
Www.SelfDevelopmentSuccess.Com

YOU GOTTA START SOMEWHERE

Fran Allen is a very insightful, talented and sought after communicator. As the National Editor of Self Development her contributions to The National Black Unity News are top notch and thought provoking. She is straight forward and authentic, sharing her life experiences creating a sense of trustworthiness and commonality. Fran is dynamic, high energy and has a great sense of humor.

David Murphy,
Founder and Publisher, The National Black Unity News

Fran Allen uses the pages of her life to motivate, inspire and encourage audiences of all ages and economic backgrounds. She is a dynamic speaker who captivates a room and evokes energy from her listeners. Her engaging style gives people something to relate to and renders her unforgettable. Fran is a motivating force!

Dawn Fitzpatrick,
Educator and Motivational Speaker

Fran Allen is an intuitive, thought provoking, humorous writer with a gift for story telling. She has a passion for being in service of others and shares her life stories to show people they are not alone in their struggles. She is real and honest and thoughtfully direct. Fran is a rising star in the motivational arena, and one to watch!

Jocelyn Whitfield,
Author and Founder of The Center for Creative Life and Learning

Fran's summary bio

Ms. Allen is an author, keynote and motivational speaker, change agent, seminar and workshop facilitator and motivational discussion group leader who delivers powerful and practical ideas to inspire others to take their thinking outside the box and keep it there.

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BY FRAN ALLEN
CEO, SELF DEVELOPMENT SUCCESS



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Contributing Editor

Charis James, MD

Founder and Medical Director of Pure Health

Empowered to Thrive: Changing the Future of Black Health

As a primary care physician, I have the incredible privilege to not just treat amazing individuals daily, but, more importantly, to educate them about their health. I get the opportunity to educate and empower them to become their own best doctor. A large portion of this work is centered around metabolic diseases like diabetes, hypertension and obesity. I am double board-certified in family medicine and obesity medicine and have been practicing for about 12 years. This work is in my blood. I grew up watching my mother, a public health nurse, educating people with diabetes and high blood pressure.

I recall her hosting diabetic group visits in the small Caribbean Island where I grew up, where she would teach people how to eat better and take their medications consistently to control their diabetes and prevent complications. Blindness, amputations, and other devastating effects of uncontrolled diabetes were common, leading to a poor quality of life. That was over 30 years ago, yet the struggle to improve health has only worsened, especially in communities of African descent.

Today, in the U.S., diabetes, prediabetes, obesity, hypertension, and heart disease disproportionately affect African Americans. In 2021, approximately 38.4 million people or 11.6% of the U.S. population had diabetes (CDC.gov). But beyond that, an estimated 96 million U.S. adults, 38% of the population, have prediabetes, a condition that significantly increases the risk of developing type 2 diabetes, heart disease, and stroke (CDC.gov).

Shockingly, over 80% of people with prediabetes don't even know they have it.

Obesity, a major driver of these chronic diseases, affects 42.4% of U.S. adults, with 49.6% of non-Hispanic Black adults classified as obese; the highest prevalence among all racial and ethnic



groups (CDC.gov). Obesity and insulin resistance contribute heavily to diabetes, hypertension, and heart disease, all of which lead to serious complications and reduced life expectancy.

Hypertension rates tell a similar story, with 40–50% of African Americans affected, compared to 25–30% of White Americans (PMC.gov). African Americans also experience higher rates of heart failure, stroke, and kidney disease (USC-journal.com, PMC.gov, Health.com).

Elevated insulin levels are closely tied to lifestyle factor and are strongly linked to hypertension across all racial groups

(Lipidworld.biomedcentral.com, JAMA-Network.com). These conditions lead to serious complications, reduced life expectancy, and a profound health disparity within the Black community.

These numbers are frustrating. They continue to shift against us, and given the current social and political climate, expecting the healthcare system alone to fix this seems futile. However, I believe we have the power to take control of our health through appropriate education on lifestyle changes. When we are better informed, we can shift these numbers in our favor.

I often think of one of my primary care patients, whom I first met years ago after she was discharged from the hospital following toe amputations, the devastating consequence of poorly controlled

diabetes. I spent some time during that first encounter educating her on how to manage her diabetes, not just with medication but through lifestyle changes. At the end of the visit, this resilient Black woman in her early 60s looked at me and said, “If someone had told me this years ago, I would still have my toes.” She was right. For the rest of the time that she was my patient, she followed the lifestyle changes we discussed, and her blood sugars remained exceptionally well controlled, without additional medication.

This is my ikigai my purpose: to educate my community on making clear, practical lifestyle changes to improve, reverse, and prevent the diseases that plague us, cause disability, and shorten not just how long we live, but how well we live.

On an individual level, I recommend a total health approach based on seven key lifestyle pillars:

- Eat well
- Get the right type and amount of activity.
- Rest, prioritize good sleep hygiene.
- Stay properly hydrated.
- Get sunlight exposure / go outside.
- Manage stress effectively.
- Incorporate intermittent fasts.

True health starts with real and whole foods, reducing processed foods, refined carbs, and sugar while increasing healthy fats and adequate protein. A low-carb, nutrient-dense diet can dramatically improve blood sugar control, insulin sensitivity, and overall metabolic health. Fasting plays a powerful role in reversing insulin resistance and reducing inflammation. Physical activity is essential, but the right kind matters. Strength training and resistance exercises help build muscle, improve metabolism, and promote longevity. Sleep, hydration, and stress management are just as crucial, as chronic stress and poor sleep disrupt hormones and increase disease risk. Lastly, getting outside, especially in the early morning exposes us to natural light, which regulates our circadian rhythm, improves sleep, and supports mental and metabolic health. When utilized effectively, I have seen these tools help to reverse disease with little or no medications. Lifestyle changes often provide the opportunity, with the assistance of a doctor to reduce or discontinue prescription medicines!

With the right tools and knowledge, we can reclaim our health, strengthen our communities, and change the trajectory of our future.

By Charis James, MD Founder and Medical Director of Pure Health
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Royal kingdom Society



Contributing Editor

Dr. Nialah Ali

Author, Motivational Speaker,
Prophetess, Prayer Warrior, Teacher

ROYAL KINGDOM SOCIETY INTERNATIONAL
JUDAH IT'S TIME TO RISE UP AND SHINE!

John 8:32 *"and you shall know the Truth and the Truth shall set you free"*

Why after 18 years of research, do I believe it is now time for this knowledge to come forth?

It's been so much frustration, people asking questions like:

Why are we hated by every nation in the world?

Who caused these atrocities that we are experiencing daily?

When and how did our people end up in the state we are in until this very day?

What caused the world to view us in such a derogatory way?

The why, the what, the who, the when,

can now be answered. The truth is in plain sight, the stories are here for everyone to read. My journey was and still is very encouraging, now that I know the truth. I will share with you some of the truths that I have learned. As you read some of my research it will be very eye opening. Your life will never be the same. You may ask "what did you find?" I found out that the precious cargo that was carried on the Trans-Atlantic Slave ships was a prize purchase. The Royal Tribe of Judah who is, the African Americans from the Tribe of Judah, from the lineage of Shem. For we, are the Royal Dynasty of King David, King Solomon, and Christ our Lord.

The great awakening is happening all over the world. It is being called the phenomenon!

I was very active in my church. Our congregation was multi-cultural. Our assistant Pastor was Caucasian. I absolutely loved our ministry and the people, I still do

today. I shared this to let you know I'm not racists. I have several Caucasian friends.

Something happened that stunned me to my core. When I decided to go, out the Church walls, to open my own business, racism hit me in the face like a ton of bricks. I could not believe the words I was hearing from bankers to people in the community that tried to stop my dream from coming true. It took me to my knees; I had to know what, why: and God almighty had to give me some answers. I lay in my bed one night seeking God about the horrible situation I found myself in. I was crying like a baby asking why?

Well, answers began to flow. God led me to so many scriptures, revealing to me that we are his chosen generation and his Royal Priest Hood. He said, "every nation knows this, but you my chosen don't believe that you are" He said, "my people parish for lack of knowledge." He said, we as the chosen would rather believe a lie instead of the truth. That we would rather accept we are a slave and not Royal."

Now, as I said: I have been in ministry for most of my life since age 19. I was always reading the scriptures seeking God. But I had never really pondered or paid much attention to these scriptures pertaining to us as a race of people. I learned that we are Judah from the Twelve Tribes of Israel.

Jacob is the Father of the twelve tribes of Israel. Reuben, Zebulon, Asher, Judah, Simeon, Issachar, Naphtali, Levi, Dan, Joseph, Gad and Benjamin. We, the Ameri-

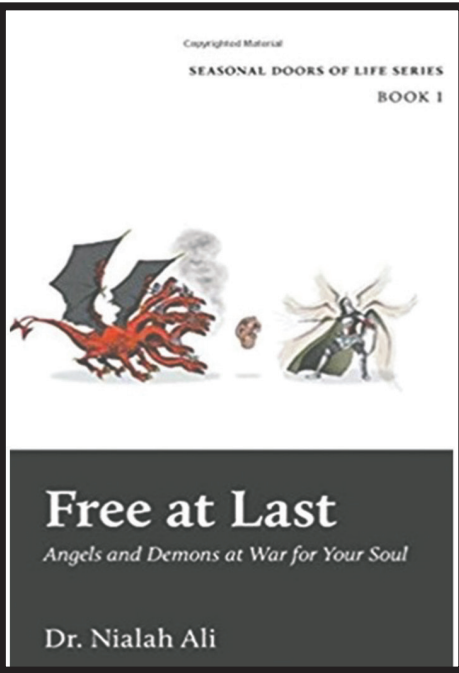
cans, are The Lion out of the Tribe of Judah.

The word of God states in Revelation 2:9 and 3:9, I know thy works, and tribulations, and poverty, but thou art rich and I know the blasphemy of them which say they are Jews, and are not, but are the synagogue of Satan. 3. Behold, I will make them of the synagogue of Satan, which say they are Jews, and are not, but do lie; behold, I will make them to come and worship before thy feet and know that I have loved thee. The people in Israel are Khazars not the chosen.

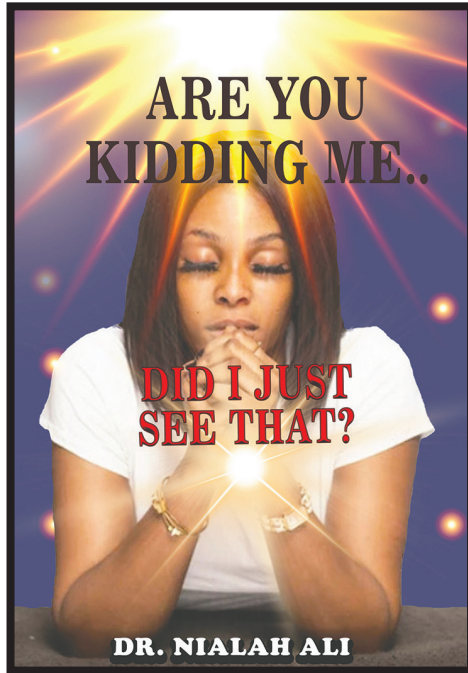
Deuteronomy 28:68 And the Lord shall bring thee into Egypt again with ships, by the way whereof I spake unto thee, Thou shall see it no more again, and there ye shall be sold unto your enemies for bondmen and bondwomen, and no man shall buy you. Everyone was not sold. The twelve Tribes were scattered all over. It was the tribe of Judah that was brought to America. We were brought here but know for sure it was not the will of God for the people to treat us so unjustly. That was not the plan for us at all. It is a known fact, from the beginning of time, before Christ there was only one group of people God loved. The people of Abraham, Isaac and Jacob. Over time, the people walked away from God. They no longer wanted to hear His voice and that is how we the twelve tribes of Israel God's Chosen Negro people ended up this way. And guess what? Negro actually means Royalty. They even stripped that from us. Rise Up Tribe of Judah and Shine. More to come.

For More Information Or To Purchase Books Call: 336-769-7715









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National Senior Editor

Achaniel F. Lucas, Sr.

Founder: The Power Of Positive Words

Powerful Thoughts & Positive Words

READY OR NOT, JESUS IS COMING BACK Mt. 24:44

“Therefore, be ye also ready: for in such an hour that ye think not, the Son of man cometh”.

Oftentimes, we believe or are led to believe that nothing can occur unless we first do something to make it happen or cause something to occur. We think that nothing will happen unless and until we are ready for it to happen. The former is true in most cases, however, in the case of the subject of which we are presently discussing what we do or who we have no bearing on the final outcome of our subject. We can be good or bad, rich or poor, tall or short, big or little, citizen or immigrant, any ethnicity, **READY OR NOT, JESUS IS COMING BACK!**

From the beginning of time until this very moment, God had a plan to save man. God’s divine plan has been unfolding before us, as I write these words. Follow along with me.... The Bible, God’s inspired word, reveals to us not only how all things began, but also how things will one day end...and that end will come with the return of Jesus Christ. Whether we are **READY OR NOT, JESUS IS COMING BACK.** His second coming will not be in secret, nor will it be delayed beyond God’s appointed time. This truth calls us to examine our hearts, believe in His Word, and prepare our lives. **READY OR NOT, JESUS IS COMING BACK!** Let us walk through the Biblical timeline that reminds us of God’s great love, humanity’s fall, Christ’s sacrifice, and His promised return. **READY OR NOT, JESUS IS COMING BACK!**

INTHE BEGINNING GOD CREATED THE HEAVENS AND THE EARTH:

The Bible opens with the powerful statement in Gen. 1:1, “In the beginning God created the heavens and the earth.” From nothing, God made everything – the sky, land, sea, stars, animals and lastly, God made man in His own image. (Gen. 1:26), giving him dominion over the earth and a unique relationship with the Creator. However, it did not take long before mankind began to rebel against God. Adam and Eve disobeyed God’s command and sin entered the world. The world became corrupt. God commanded Noah to build an ark to save the righteous. After the righteous was on the ark, God destroyed the earth with a flood. Only Noah, a righteous man and his family were saved because Noah walked with God. Who are you walking with? **READY OR NOT, JESUS IS COMING BACK!** The flood was not only a judgment on man’s sin but, a reset for mankind. God gave man (US), another chance, God promised that He would not destroy the world with water again rather, He would use water for the salvation of man. Yet, man continues to shake a fist of rebellion in the face of God. Nevertheless, man still needed a mode of salvation. Man could not save himself. Man needed a sacrifice that had no sin, so God sent forth His only begotten Son, Jesus.

JESUS WAS BORN IN BETHLEHEM OF JUDEA:

Centuries later God’s greatest promise was fulfilled. In Micah 5:2, it was prophesied that the Messiah would be born in Bethlehem. This promise was fulfilled in Mt. 2:1, which says, “Now when Jesus was born in Bethlehem of Judea in the days of Herod the king, “...Jesus, the Son of God, took on flesh and entered the world to bring salvation to mankind. His birth was not

only miraculous, but it was also met with resistance by king Herod who sought to kill baby Jesus at the age of 2. Mt. 2:16.

JESUS AT THE AGE OF 12:

At the age of 12, Jesus was found in the temple, teaching, asking and answering questions. Jesus has always been about His Father’s business. Lk. 2:46-47. WHAT ABOUT YOU?

JESUS CHOSE 12 DISCIPLES, TAUGHT THEM IN PARABLES, HEALED THE SICK AND RAISED THE DEAD:

IN MT. 10: 1-4, Mt. 13 and John 5, Jesus went about coming together to teach and went out to serve, as we should do, today.

JESUS WAS PERSECUTED, BEATEN, AND CRUCIFIED

Despite His sinless life and acts of love, Jesus was hated by many. He was hated by those who claimed to be His friend, servant and student. Are you a true servant of Christ? If you are, you will teach His word just as it is written, without addition or subtraction. Jesus is preparing the way for you (US) to come back to Him. Are You Ready? **READY OR NOT, JESUS IS COMING BACK.**

JESUS WAS KILLED, BURIED AND RESURRECTED:

After His crucifixion Jesus was laid in a borrowed tomb. But death could not hold Him. On the third day, He rose from the grave, just as He had promised. Mt. 28:6 declares, “He is not here for He is risen, as He said,” The resurrection is the cornerstone of salvation The resurrection proves that Jesus has power over death and the grave. Jesus offers eternal life (salvation) to all who OBEY HIM! Are you ready? **READY OR NOT, JESUS IS COMING BACK!**

JESUS WENT BACK TO HEAVEN, DECLARING HE WAS COMING BACK:

After appearing to many over a period of forty days, Jesus ascended into heaven. Acts 1:9-11 tells us that as the disciples watched Him go, two angels appeared and said, “This same Jesus, which is

taken up from you into heaven, shall so come in like manner.” Before He left, Jesus promised in John 14:3, “I will come again and receive you unto myself.” His return is not a question of “if” but “when.”

READY OR NOT, JESUS IS COMING BACK:

The Bible repeatedly affirms the second coming of Christ in Thessalonians 4:16-17, Paul writes, “For the Lord himself shall descend from heaven with a shout... and the dead in Christ shall rise first.” Whether we are good or bad, happy or sad, alive or dead, Jesus is coming back. His return will be sudden and visible. Revelations 1:7 says, “Behold, He cometh with clouds; and every eye shall see Him.” The question is: Will you be ready?

CONCLUSION: ARE YOU READY?

Just as God kept His promise in sending Jesus the first time, He will keep His promise to send Him again. No one knows the day or the hour but God. (Matthew 24:36), but we are warned to stay alert, live righteously, and be prepared. The signs of the times remind us that the world is not our home and that judgment is coming. **IF YOU HAVEN’T OBEYED THE GOSPEL, NOW IS THE TIME! IF YOU HAVE WANDERED AWAY FROM GOD, NOW IS THE TIME TO RETURN! IF YOU ARE WALKING WITH CHRIST, CONTINUE STEADFASTLY IN THE FAITH AND GOOD WORKS! IF YOU ARE NOT SURE AS TO HOW TO DO WHAT YOU NEED TO DO, CALL ME! I AM HERE FOR YOU.**

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“LET JESUS BE YOUR GUIDE IN 2025”

GOD BLESS YOU ALL! ACHANIEL F. LUCAS, SR. (443)272-6167

WHY DO YOU GAZE? ACTS 1:11

WHY DO YOU GAZE UP INTO THE SKIES WITH HEARTS FULL OF AMAZEMENT AND SADDENED, TEAR FILLED EYES

WHY DO YOU GAZE ABOVE, INTO THE HEAVEN SAID THE TWO MEN IN WHITE TO THE AMAZED, GAZING ELEVEN

HE IS COMING BACK IN LIKE MANNER, SOMEDAY AS YOU NOW, CLEARLY SEE AS HE UPWARD, GO AWAY

THEN RETURNED, THEY THE ELEVEN WITH ONE ACCORD AND DEDICATION TO JERUSALEM, FROM MT. OLIVET WITH PRAYER AND SUPPLICATION

AND THE DAY OF PENTECOST CAME AS A RUSHING, MIGHTY WIND YES, AND THIS WAS THE DAY THAT THE CHURCH OF CHRIST BEGINS

Achaniel F. Lucas, Sr.

. READY OR NOT, JESUS IS COMING BACK

READY OR NOT, JESUS IS COMING BACK BE IT MORNING, NIGHT OR NOON READY OR NOT, JESUS IS COMING BACK JESUS IS COMING BACK, SOON!

READY OR NOT, JESUS IS COMING BACK ON THE CLOUD, AS HE WENT AWAY READY OR NOT, JESUS IS COMING BACK MY FRIENDS, IT MAY EVEN BE TODAY!

READY OR NOT, JESUS IS COMING BACK OH! DON’T YOU WANT TO GO BACK WITH HIM READY OR NOT, JESUS IS COMING BACK SO HAVE YOUR LAMPS FULL OF OIL, AND TRIMMED

READY OR NOT, JESUS IS COMING BACK GET READY AND DON’T BE LATE JESUS IS COMING BACK AS HE SAID HE WOULD PLEASE, DON’T BE LEFT STANDING AT THE GATE

ACHANIEL F. LUCAS, SR. (443)272-6167



God's Giving Hands

Showing God's Appreciation By Giving Back

BY THE GRACE OF GOD THERE GO I

I hope you or your loved ones will never have to use a service like this!

Giving is a powerful and priceless concept. The power of giving has healing properties and can add days to your life. Giving can be contagious. It is also written that when you give it will be given to you. I am writing this article because I met a gentleman by the name of Rico Crawley. He and I talked about the concept of giving. He also shared with me about a charitable organization called God's Giving Hands.

Rico told me about the wonderful work this organization did and is doing. He and others are working diligently to feed those who are having some challenges in life, and they also provide them with many other services. As we continued to talk, he explained some of the difficulties the organizations are dealing with

The needs are great, but the workers are few as well as the supplies. It takes money, time and people to undertake this high calling of service, as Mr. Crawley explained.

I personally think giving is a gift to mankind and an expression of God's love. I

also believe that certain people have a calling or a gift of giving on their lives.

As I listened to Rico Crawley share his gift of giving and his commitment to God's Giving Hands, I really understood this phrase, "The true Art in Giving is to give from the heart

without any expectation of a return". Rico sent me some pictures and videos of the work that they do. I was moved to compassion. I mentioned that giving can be contagious. Yes, they need money, supplies, and people to help those who need help! Because of this Brother's compassion, I was moved to give. I asked if the organization has a website? Mr. Crawley replied that they did not. So, I offered my services to build a website for them as a contribution or donation.

The bottom line is that giving is the gift that keeps on giving! To Rico Crawley and God's Giving Hands, I salute you for the great gift of giving. I encourage you to support this organization. Help them so that they can continue to help others and help them because you may be helping yourself or someone you care about!

David Murphy



Wayne Randall

Rico Crawley

Mr. Crawley

Our Soldier Is Down! Help Him To Get Up!

Support God's Giving Hands Because They Supports Us!

God Ain't Done With Me



Thank You For Your Support
it is greatly appreciated.
Sherria D Young
(443) 865-3513
Uniquelyblessed1@outlook.com

Raising FundsFor a True Servant & Soldier! Rico Crawley, God's Giving Hands



HELP US, TO HELP HIM!
Our Brother Rico Crawley had a Stroke and he is recovering. He will be facing many challenges. Rico have blessed many, now let's bless him!



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God's Giving Hands

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National Travel Editors

Sitawi & Cynthia Jahi

Founders: Movement Unlimited

Entrepreneurs & Consultants

Home Base Business Tax Savings

SINGLE, NO CHILDREN

When you analyze the federal income tax code, two of the major deductions available for individuals are the interest you pay when you own a home and deductions for children. Most single people in America do not qualify for either of these deductions. Even if you fall into either category, you will be amazed at how much owning a home base business can save you on your taxes. The difference in having more disposable income every month, found by estimating how much your business deductions will potentially change your taxable income, can be many times the difference between being able to pay all your bills or not.

The following situation is for example only and should not be taken as personal financial advice. Every situation is different and if you are planning on starting a home base business, please consult with us to maximize your potential home base business deductions (252-406-0774) or fill out contact form below!

No Home Business, INCOME \$32,000

This includes most of the money that you receive.

Some types of income are W-2 reported income (salary, tips, etc.) 1099 reported income, interest, dividends, tax refunds, alimony, capital gains, farm income, etc.

With Home Business, \$32,000

HOME BASED BUSINESS DEDUCTIONS: \$0/\$14,525 IN EXCESS OF INCOME (ILLUSTRATION ONLY)

As with any business venture, your business expenses will naturally exceed your income while you're beginning to build your business. The following is for illustrative purposes only of what a business owner might expect to incur during their first year of operation. The key is to strategically convert lifestyle expenses into legitimate business expenses while your building your business:

\$1,775 for advertising/sales aids
\$250 for fees
\$1,000 for travel

Adding the federal and state taxes shows what your tax burden will be. This is what is more affectionately known as "paying

\$550 (\$275 deductible) for entertainment
\$175 for legal services
\$7,650 for mileage (15,000 miles @ \$.51 per mile - 2011 rate)
\$750 for supplies
\$500 (\$250 deductible) for meals
\$3,400 for depreciation of business equipment (Sec. 179)
(\$1,000 for business income)

STANDARD DEDUCTIONS: \$5,800/\$5,800

This is the amount that you take if you are not able to itemize your deductions. For our scenario, the single person does not own a home, nor do they have children, therefore since they are not able to have a larger deduction on their Schedule A than the standard deduction, this is the most beneficial deduction to take. (2011 rates)

EXEMPTIONS: \$3,750/\$3,750

For every person you have responsibility for in the eyes of the IRS, you are given an exemption. For every exemption you qualify for, you receive \$3,750 off of your taxable income.

TOTAL TAXABLE INCOME: \$22,450/\$7,925

This is calculated by subtracting all of the deductions and exemptions from the Total Income. The IRS does not expect you to pay taxes on every dollar you earn, only the dollars that you do not have legitimate deductions for. With or without a home base business, this is the amount you are legally required to pay taxes on. You can see the

What is the difference a home base business makes!

FEDERAL TAX: \$2,942/\$792
The amount paid in Federal Income Tax (Estimated 2011 rates)

STATE TAX: \$1,571/\$555
Estimating 7% for state income tax.

TOTAL TAX PAID: \$4,513/\$1,347

Adding the federal and state taxes shows what your tax burden will be. This is what is more affectionately known as "paying

your fair share." Notice the difference for the entrepreneur, since they are helping the country to increase productivity, their taxes have been lowered significantly.

\$3,000 for employee benefit plan (\$1,000 for business income)

ITEMIZED DEDUCTIONS: \$15,000

For our scenario, the married couple is filing jointly and are able to itemize their mortgage, charitable contributions, etc. Therefore, since they're itemized deductions are greater than the standard deductions, they will choose to use Schedule A to itemize their deductions.

EXEMPTIONS: \$15,000

For every person you have responsibility for in the eyes of the IRS, you are given an exemption. For every exemption you qualify for, you receive \$3,750 off of your taxable income.

TOTAL TAXABLE INCOME: \$45,000/\$10,000

This is calculated by subtracting all of the deductions and exemptions from the Total Income. The IRS does not expect you to pay taxes on every dollar you earn, only the dollars that you do not have legitimate deductions for. With or without a home base business, this is the amount you are legally required to pay taxes on. You can see the

What is the difference a home base business makes!

FEDERAL TAX: \$5,900 \$1,000 The amount paid in Federal Income Tax (Married filing jointly - 2011 rates)

STATE TAX: \$3,150 \$700 Estimating 7% for state income tax.

TOTAL TAX PAID: \$9,050/\$1,700

Adding the federal and state taxes shows what your tax burden will be. This is what is more affectionately known as "paying your fair share." Notice the difference for the entrepreneur, since they are helping the country to increase productivity, their taxes have been lowered significantly.

A DIFFERENCE OF \$7,350

The above illustration was taken from The Tax Times For Home-Based Business Entrepreneurship 2011 Edition. Mr. Sitawi Jahi has a paper route with the parent company Health News. Visit www.healthnewsweb.com/taxes to learn more about their newspapers. If you choose to order any of their newspapers simply make sure you mention Mr. Sitawi Jahi's name as your referral. If you are in need of a Home Base Business to be able to take advantage of the above information, please fill out the contact form below and Mr. Jahi will assist you in finding a qualified Home Base Business.

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<http://babajahi.vcardinfo.com/>

A DIFFERENCE OF \$3,166

Home Base Business Tax Savings:

MARRIED, TWO CHILDREN

In this example, the family is able to take advantage of the two major deductions available, the interest you pay when you own a home and the deductions for children. This is where to find the most relief from the burdens of high taxes. When you start your own business, your family can use one of the best tax strategies available today: hiring your children as bona fide employees for your home base business. You may pay your children up to \$5,800 per year (year 2011 figures) and in this example we pay each child \$4,700 per year. You may choose to pay your children whatever amount seems most appropriate for your home base business.

The following situation is for example only and should not be taken as personal financial advice. Every situation is different and if you are planning on starting a home base business, please consult with us to maximize your potential home base business deductions (252-406-0774) or fill out contact form below!

No Home Business INCOME: \$75,000

This includes most of the money that you receive. types of income are W-2 reported income (salary, tips, etc.) 1099 reported income, interest, dividends, tax refunds, alimony, capital gains, farm income, etc.

HOME BASED BUSINESS DEDUCTIONS: \$0/\$35,000 IN EXCESS OF INCOME (ILLUSTRATION ONLY)

As with any business venture, your business expenses will naturally exceed your income while you're beginning to build your business. The following is for illustrative purposes only of what a business owner might expect to incur during their first year of operation. The key is to strategically convert lifestyle expenses into legitimate business expenses while your building your business:

\$1,800 for advertising/sales aids
\$450 for fees
\$4,700 for travel
\$2,000 (\$1,000 deductible) for entertainment
\$500 for legal services
\$9,400 for wages paid to children
\$10,200 for mileage (20,000 miles @ \$.51 per mile - 2011 rate)
\$750 for supplies
\$2,000 (\$1,000 deductible) for meals
\$3,200 for depreciation of business equipment (Sec. 179)

Adding the federal and state taxes shows what your tax burden will be. This is what is more affectionately known as "paying

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Contact, Sitawi Jahi



Lets Make Taxes Less Stressful



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Author & Community Activist
President Emeritus Hopewell Action Council/
Southern Christian Leadership Conference

The Monsters Of Blumenbach Then And Now!

Johann Friedrich Blumenbach (1752-1840), a German anatomist and anthropologist, stands as one of history’s most paradoxical figures in the development of racial science. While his personal intentions were anti-racist for his era, his scientific work inadvertently laid the foundational framework for what would later become systematic scientific racism. This examination explores how Blumenbach’s quest for scientific objectivity created a “monster” that would haunt human classification for centuries.

The Architect of Racial Classification

Blumenbach established the five-race classification system that dominated Western thought: Caucasian, Mongolian, Malayan, Ethiopian, and American. His 1795 work “On the Natural Varieties of Mankind”

represented a shift from geographical to physical categorization of humans. Unlike his predecessors who created “arbitrary categories and even included ‘monsters’ in their schema,” Blumenbach sought scientific objectivity through skull measurements and anatomical analysis.

Ironically, this “least racist thinker of his day” became responsible for “a disastrous shift” in how Westerners perceived race. His meticulous scientific approach gave legitimacy to racial categorization that previous, more obviously prejudiced systems lacked. The tragedy lies in how his methodology—skull morphology, cranial measurements, and anatomical comparisons—provided tools that future racists would weaponize.

The Anti-Racist Racist

Blumenbach was perceived as anti-racist in his time, strongly opposing slav-

ery and beliefs about the inherent savagery of colored races. He believed in the basic equality of all races and peoples, opposing European cultural superiority and fighting against social and political abuses of anthropological findings. Yet his scientific framework created hierarchical implications that contradicted his egalitarian beliefs.

Modern analysis reveals that “Blumenbach’s arguments actually undermined racism,” but he “could not have foreseen the coming abuse of his ideas and classification in the 19th and 20th centuries”. His work demonstrates how scientific methodology, divorced from moral considerations, can generate tools for oppression regardless of the scientist’s intentions.

The European “Half-Breed” Irony

The historical irony becomes stark when considering modern genetic discoveries about European ancestry. While 19th-century scientists considered Aboriginal Australians closer to Neanderthals, genetic analysis in 2010 revealed that Europeans have the most Neanderthal DNA. This finding exposes the fundamental absurdity of European racial superiority theories—the very populations that created hierarchical racial systems carry the most “archaic” human DNA.

Blumenbach himself, as a German of European ancestry, carried 2-4% Neander-

thal DNA like most Europeans. The populations his system elevated as “Caucasian” and therefore closest to his idealized human form were, genetically speaking, the most admired with extinct human species. This biological reality undermines the entire edifice of scientific racism that his work unwittingly supported.

The Monster’s Legacy

Scientific racism became “accepted throughout the scientific community” before the mid-20th century, though it is “no longer considered scientific”. Blumenbach’s classification system provided the pseudo-scientific foundation for centuries of discrimination, genocide, and social hierarchy. His five-race model became dogma, used to justify slavery, colonialism, and eventually Nazi racial ideology.

The monster Blumenbach created was not intentional malice but rather the dangerous combination of incomplete knowledge, cultural assumptions, and scientific authority. His work illustrates how well-intentioned science can become a tool for oppression when it intersects with existing power structures and prejudices. The lesson remains relevant today: scientific objectivity requires constant vigilance against the unconscious and very conscious as children grow into a system of MONSTRISITY! SEE MORE AT CHUCKPENDER.COM

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Contributing Editor
Dr. Haki S. Ammi
Success Scholar, Author, Organizes, Networker

Being of Public service and being “In” Politics.

If I had a quarter for every time I heard that term, I’d be rich. I never thought of myself as being in Politics. What people mean is that you know, create and attempt to understand your Elected Officials and Policy Issues. Many do not understand this should be an outgrowth of one’s Consciousness and many of us in the DMV and certainly in Baltimore we need to be “In” Politics. Growing up in West Baltimore, I never thought I’d have the opportunity travel in International “Political” Spaces i.e. United Nations, African Union, Kenya, Tanzania, South Africa. Going in the Navy directly after High School this expanded my network and opinions of various people throughout the United States. Their meeting people from Texas, Down South, California, and Jersey, I made many friends that I wish I’d stayed in touch with. My navy experience gave me an early jump start that I could not receive on a College Campus or staying in Baltimore and taking a trade. Learning words like Military Bearing, Sharpness, Unsat/Sat, Attention to detail, General Orders gave me a second nature and instincts that have stuck with me throughout my time. Currently, Many may not know this, but I have been a Baltimore City Fire Fighter/EMT for the past 20 years. It is an Honorable sought after position that has allowed me to see many parts of Baltimore that others do not have time to explore. This education has given me key insights that others cannot understand. It’s like having Superhero

Goggles on. You know areas and issues from discussion with other Fire Fighters, Police, Community Association Leaders and many other Institutions in Baltimore.

My experience of being in Politics came from my curiosity and networking. For years I thought it was odd that many Black Professionals would not go to the Congressional Black Caucus event in Wash-



ington, DC. It’s only a train ride away and the opportunity to meet International and National Leaders should be enough of an attractive reason to network and learn. There has been this negative association with Black Leaders in the Elected office for all that I recall. I know even with myself I question the power dynamics and what is delivered to Black Communities versus other communities. It has taken me

years to understand why Officials do what they do and why. Many are not as Black Centered and angry with the conditions of our community. I’m not saying all or some but to many being an Elected official is a card towards the Black Middle Class and attention. There are many others of course who certainly do not and did not need a job. If you aren’t aware, the Baltimore City Fire Department with the overtime pays handsomely with last year the Highest paid employee in Baltimore City David Lunsford earning 350K a year. He worked hard for that. This is not the job where someone can sit and fake like they are working when they are not.

Going there in my late 20’s early 30’s gave me insights yet again on how both Policy makers, civil rights, social justice groups move and organize. So, my foray of being “in Politics” started from going to DC. Yes, I paid attention to local issues but going one hour away once a year was good civic heads up play that I did in spite of angry activists saying, “All they

in the neighboring Districts. I’ve been successful in the Park Heights area with creating some educational youth programs and doing things for young people in the community is an all-hands evolution. I seek all- hands wherever I can find them to get things done. This is why showing up for spaces like National Nights out Matter. I understand others are doing what they can and where they can, but we must solve our community problems together. Recently a young 30-year-old woman was killed in the 1100 block of Mt. Holly. That’s in the Edmonson Village area for those that aren’t aware. She isn’t just any young lady; she is the mother of a prominent community leader and a Cultural worker and leader in the Akan Community. This one hit home because young Kayla Charmayne Williams’ mother is Charmayne Williams of the YMCA. The YMCA and Charmayne particularly were instrumental in my Organization, TAI getting funding to take over 30 Youth on the Freedom Rides Tour through 10 States. I’ve reached out to the City Councilman Paris Gray, Southwest District Police Officers, We Our Us via Dr. Andre Bundley and Captain Andrew Muhammad. I haven’t heard much and perhaps this is being held close because of the details. Sometimes police don’t release information, so things won’t get revealed. We must do something and if that means being “in Politics” or not it’s whatever it takes. All hands need to be at the table. To Charmayne and Brother Andre, we love you and the Community is here.

For those in the Community. Are we all we need? Well, what are we going to do about it? I want to get to the bottom of why a 30-year-old Mother of 3 is killed? Where is the outpouring? I know many are doing their parts. Maybe some need to canvas the community like some canvass for votes. Be a Jegna, Jegna is Protector of the Land, Culture and Community. A Hero of sorts. Our communities need more Heroes. Every time we step out of our house we must Step out like we have an S on our Chest coming to save the community. We must do so with wisdom and experience.



Kayla Charmayne Williams killed in Baltimore.



With love in our hearts, we honor the life and transition of our beloved daughter, granddaughter, mother, sister, niece, cousin and friend as she journeys home.

Kayla Charmayne Williams

June 20, 1995- July 22, 2025

We ask for your prayers, light, and loving energy to surround Kayla's children and our family as we celebrate her spirit and hold her memory close.

Please consider donating to a community fund set up for Kayla's children. Send your gift via CashApp to: \$baltimorepeacevmvt Be sure to include "Kayla" in the notes.

Thank you.

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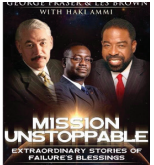
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Black Men Unifying Black Men

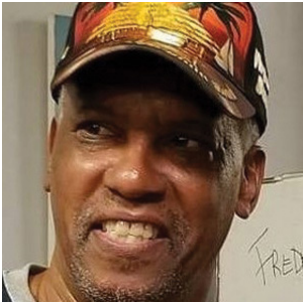
Us Helping Us = Unity

If Not Us, Then Who? If Not Now Then When?

Established In 2014, Celebrating Our Fourth Annual Black Men Honors Awarding Brunch



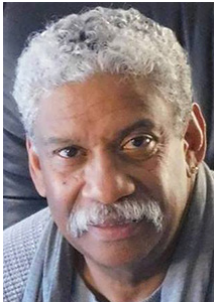
Dr. Andre Bundley



Bill Goodin



David Murphy



Michael Johnson



Renny Bass



Thomas Haednett

Well first and foremost, I give thanks to the “CREATOR”/ I give thanks to The National Black Unity Newspaper for offering opportunity for a platform to express our truths. It is always stated that the truth will set us free. Well, there is no better nor more urgent time for the truth.

It is important that I make it clear that I am writing this article for the interest of our readers, but my opinion and opinions are not those of the paper. It is obvious as to where I stand as well as to what I am witnessing that this government has

declared war on the American People. It has expanded not just against us as Blacks, but we now have at the head of government, White Racist desiring to twist this government into a fascist dictatorship.

It is important that we as people see the need for unity and preparing for war. Yes, we have to stock up the best that we can and we need to be prepared to make the greatest sacrifice if needed. There is no greater sacrifice for one to be willing to die in the hope of preserving life for others.

God’s Giving Hands

Black Men Unifying Black Men

Serving On Another Frontline

David Murphy (L) & Dr. Andre Bundley a few of the founding core group members of B.M.U.B.M., serving those in need! Support God’s Giving Hands because they are truly serving on the frontlines!

HELP THEM TO HELP OTHERS, DONATE!

Rico C. Crawley

God's Giving Hands

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BMUBM

Black Men Unifying Black Men

Us Helping Us = Unity

If Not Us, Then Who? If Not Now Then When?

"AN ARMY OF SHEEP LED BY A LION CAN DEFEAT AN ARMY OF LIONS LED BY A SHEEP"

AFRICAN PROVERB

Attention All Black Men Groups & Organizations

It Is Time To Connect!

For More Information

Call: 443-455-2373



National Youth Editor
Kathleen Murphy
A member of various local, National & International Organizations

How is your Summer?

Hello Youth Readers. Many times, you hear the phrase, “summer break”, but is your summer really a break for you? A break from school, but otherwise, you cram everything into summer that is humanly possible. You even consider a short summer job, extra classes, self-improvement time, vacation time, and even a new hobby. Oh, I almost forgot, select an enjoyable book to read also. This is where time management is so important. You might even decide to volunteer during your summer break. Reorganize your personal items such as files, papers, books, clothes, and shoes. This is an excellent time to donate and give away clothes and shoes that you no longer wear.

Each year, I suggest three things that could change your life. First, I suggest that you consider getting a hobby such as learning to play a guitar or learning to play chess or taking a self-improvement class such as a body workout fitness class. The second thing I suggest each year is that you read a delightful book. Thirdly, learn to swim if you do not already know how to swim.

At the end of these facts and statistics that I will provide in this article, I encourage you to read the last paragraph. Facts will be presented, but this year as I reprint the data on drowning statistics, it is personal. I consider this information so important that I reprint this topic every year. If you cannot swim, please read these key facts about swimming. Swimming is a great recreational sport. About two years ago, I wrote about swimming, drowning statistics, and preventable measures to protect you and your family while in the water. I asked the question in the article, “Can you swim? More importantly, can you save yourself in a body of water? Can you survive? If your answer was no two years ago, what have you done to learn to swim? Recall, I mentioned, that approximately ten people die from unintentional drowning each day with two of those being children aged fourteen or younger and each year, an average of over 3,000 unintentional drownings occurs in the United States according to the Centers for Disease Control and Prevention.

These figures were for non-boating accidents. Boat-related fatalities contributed to about 332 people each year.

With each child who dies from drowning, an additional five are treated for nonfatal submersion injuries and are cared for at the emergency room sometimes resulting in severe brain damage. Drowning is not a problem just related to the United States. Drowning is the leading cause of unintentional injury in Australia for children ages 1-3, and 43% for children ages 1-14 in Bangladesh. The leading cause of injury related deaths in children ages 1-14 in China is drowning. It has been stated by the World Health Organization that drowning is a major health problem worldwide. Males make up about 80% of the people who die from drowning in the United States. The high-

ming lessons can reduce the risk of drowning among children 1-4 years old. Prevent young children from gaining access to the pool area by installing pool fencing barriers. Even in a bathtub, or the swimming pool, or a bucket, drowning can happen quickly and quietly. Most children aged 1-4 drown in home swimming pools. More than half of fatal and nonfatal drownings among those 15 years and older occurred in natural water settings. Many people fail to wear life jackets. In 2010, 72% of boating deaths were caused by drowning with 88% of the victims not wearing life jackets. About half of all boating deaths might be prevented with the use of life jackets. About 70% of deaths associated with water recreation involved alcohol use. This does not apply to my Youth Readers, but this is something to remember. Alcohol influences balance, coordination, and judgment, and its effects are greater with sun exposure. Drowning is the most common cause of unintentional injury for people with seizure disorders.

Now that we know this data on drowning and the risk factors for drowning, we need to know how to stay safe in the water. A responsible adult should watch young children in the swimming pool and the tub. Just because the swimming pool is in an apartment community area and there

alert you if someone enters the pool area. Remove floats, balls and other toys from the pool and surrounding area immediately after use so children are not tempted to enter the pool area unsupervised. If you are in a natural water setting, and get caught up in a rip current, swim parallel to shore. Once free of the current, swim diagonally forward shore. The American Red Cross recommends nine feet as a minimum depth for diving or jumping. Always check the water depth. Pay attention to local weather conditions. Stop swimming at the first indication of severe weather.

Swimming is so much fun. It is good exercise and feels good on a balmy day. What can you do? Seek an opportunity to learn to swim. Go to your local fitness center, recreational center, or gym with a pool. Many swimming facilities and YMCAs provide swimming lessons for elementary students. Safety in the water requires more than just swimming lessons. However, learning to swim and the exposure to the water safety skills that swimming lessons offer provides a lifelong foundation for prevention of drowning. Therefore, be aware of the water. Conquer your fears and anxiety. The dangers of not knowing how to swim outweigh your negative thoughts. Suck it up, toughen up and fill up your mind with the possibilities of knowing how to swim. According to the World Health Organization, swimming is a vital life-saving skill. Drowning is preventable and swimming is fun.

On a sunny day in May 2025, my son and his five-year-old daughter went on a fun filled water activity with a lifelong friend and his four-year daughter. The two adults and two children were in a paddle boat at a popular state park. While playing and enjoying the water activity, the four-year-old girl fell in the lake. All four individuals were wearing a flotation device. The hardest thing my son had to do was convince his friend not to jump in the water and try to retrieve his daughter because my son knew that his friend could not swim. After successfully convincing his friend not to jump in the water, because as you can imagine, that would have been double the trouble, my son jumped in the lake to save the four-year-old little girl. With my son’s daughter crying in the paddle boat, the friend frantic in the paddle boat, and the current taking the boat in the opposite direction, my son was able to get the little girl back in the paddle boat. My son, who has shoulder injuries and is looking at back and neck surgery, has just taken off his boots. As you can tell, time was of essence. If the boots were still on. No need to explain what if. Also, just a week earlier, my son had taken his daughter to an indoor pool and they both got acclimated to the water. My son had not been in the water for quite a while. What if? No need to wonder about that either. My son learned to swim at a local YMCA as a Boy Scout when he was about 6 or 7 years old.



est drowning rate is ages 1-4 occurring in home swimming pools. Fatal drowning is the second leading cause of unintentional injury-related death for children 1-14 years old with motor vehicle crashes being the first cause. African Americans have a higher fatal unintentional drowning rate than Caucasians at all ages. Drownings occur in swimming pools 5.5 times higher for African American children ages 5-19 than for Caucasian children. At age 11-12, according to the Home and Recreational Water Safety and Injuries, African Americans drown in swimming pools at a rate of ten times higher than Caucasians.

Accidents do occur, but there are factors that influence the risk of drowning. Factors include lack of swimming ability. Studies have shown that formal swim-

may be a lifeguard, a threat still exists. Do not be distracted by reading, talking on the cell phone or conducting a chore. Always swim with a buddy and where there is a lifeguard when possible. Even with formal swimming lessons, supervision and barrier pool fences are vital. Cardiopulmonary Resuscitation (CPR) performed by bystanders has been shown to save lives and improve outcomes in drowning victims. The more quickly CPR starts, the better the outcome. Remember, it takes time for the paramedics to arrive. Air-filled or foam toys, such as “water wings,” “noodles,” or inner tubes” are not life jackets and not designed to keep swimmers safe. At home swimming pools should be installed with four-sided pool fencing that completely separates the pool area from the house. Alarms prevent access or



Supporting
Our Youth
Kathleen Murphy
804-721-7985

Support Our Youth!



National Editor
Melaughn Butler
The Association of College Pro-Activist

Featured Story: The name of the game for IBA Inc. is Rebuild, Repair, & Repair. Our company had to go a little “off grid,” in order to enhance the services that we bring to you! We have heard some solid

feedback from you all, and will return with: Automatic Shipping Services- where IBA products get to you in 3-5 business days; wholesale subscription services- helping YOU to save big money

on everyday expenses; Pre-loadable IBA Cards- up to \$1,000 to spend on Black Owned Products & Services; a head-to-toe re-envisioning of the IBA App; and a Non-Profit fundraising model, allowing YOUR organization to resell our products. We are excited to grow with you all, please stay connected to our Social Media pages for upcoming information!

What’s New: Our Homeschool initiative Different Kinda Smart, is taking a deeper step into household needs. We have partnered with some GREAT after-care programs, added to our program schedule, and have created a membership model for your family to participate with us, whether your child is homeschooled or not! Please contact us if you are interested in any form of

alternative learning and want to learn more. Please enjoy IBA’s NEW Coupon Page, sponsored by the National Black Unity News. Below are cut-out coupons from select BOBO Businesses, listed in our discount directory. 1) Bring the Coupon to one of our Brick & Mortar locations. (Most addresses are displayed at bottom of coupon.)

Contact:
Name: Melaughn Butler
Email: Mbutler.acp@gmail.com
Facebook: Indigenous Business Association
Instagram: IBA_Biz
Website: <https://webapp.mobileappco.org/m/iba/>



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CURED, TRIPPED & BERRY TO THE BONESTEP
Authentic Recipe

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Mother Afrikee	\$0.99
Jinbe Drums	\$0.99

FLAVORS	Price
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Chocolate Chip	\$12.00
Super Cookie	\$12.00
Baker's Special	\$12.00

EXTRAS

Item	Price
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Sweet Brittle	\$0.99
Ice-Cream	\$0.99
Sandwiches (JUMBO)	\$12.99

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10% Discount



Securing a Financial Legacy

Why Final Expense Insurance is Vital for Seniors



Compassionate Wake-Up Call Before the Season Arrives

As the days grow shorter and the air takes on a crisp chill, most of us begin to turn our hearts and calendars toward the holidays. Thanksgiving, Christmas, Hanukkah, New Year's—the season is filled with moments meant for family, warmth, celebration, and gratitude. It's a time when we come together, often crossing state lines and time zones, to share meals, exchange gifts, and cherish each other.

But while we prepare for holiday cheer, there's an often-overlooked truth that too many families are blindsided by:

Death does not take a holiday.

More people die in November and December than during any other time of the year. This is not folklore or superstition—it's a fact supported by decades of data from reputable sources, including the Centers for Disease Control and Prevention (CDC), the Social Security Administration, and health institutions nationwide.

At a time when we expect joy, too many are met with grief. And worse, many are caught completely unprepared.

The Hidden Crisis of Holiday Deaths
So why does this happen?

The reasons are layered. Cold temperatures can worsen pre-existing health conditions, such as heart disease, high blood pressure, or respiratory issues. Seniors—especially those already managing chronic conditions—are at higher risk during winter months. Respiratory viruses, like the flu and COVID-19, also spike during this season.

But it's not just physical health. The holidays also amplify emotional stress. Many seniors feel isolated, especially if they've lost a spouse or live far from family. The pressure to "keep it together" can be immense. And tragically, some individuals delay seeking medical care so they "don't ruin the holidays" for their loved ones, leading to avoidable tragedies.

In our years of experience, we've seen it up close. We are James Silver and Paula Mascendaro, Senior Legacy Advisors, and we've walked alongside grieving families who were blindsided by a sudden loss in late November... or just days before Christmas. We've seen the tears, the confusion, and the stress—not just from the emotional weight of the moment but from the financial uncertainty that follows.

Loss Is Inevitable. Financial Chaos Doesn't Have to Be.

Most people don't realize how quickly death can create a financial crisis. Even a modest funeral can cost \$8,000 to \$15,000 or more. Add transportation, burial, flowers, and memorial expenses, and the burden grows. For families already living paycheck to paycheck or seniors on fixed incomes, it becomes overwhelming.

We've spoken with adult children who suddenly had to max out credit cards or launch GoFundMe campaigns. We've met widows left behind with unpaid bills and no roadmap. And we've heard heartbreaking words more than once:

"I didn't know Mom didn't have anything in place."

"He always said he'd take care of it, but never did."

Let us be clear: this isn't about guilt. It's about grace. It's about loving your family enough to protect them before the unthinkable happens.

Final Expense Insurance: A Simple, Loving Solution

That's why Final Expense Life Insurance exists—and why we're so passionate about it. This isn't traditional life insurance with sky-high premiums and complicated medical exams. Final Expense is designed specifically for seniors, many of whom have health conditions or limited income.

No medical exam required
Affordable monthly premiums—often under \$75

Covers funeral, burial, and final bills
Builds cash value over time
Provides peace of mind for your family

Most importantly, this insurance is guaranteed to be there when your family needs it most. You've worked too hard all your life to leave your loved ones with nothing but paperwork, bills, and tough decisions.

We believe legacy is about more than memories—it's about leaving behind peace, not panic.

Don't Wait Until the Holidays Are Here

Right now—before the holidays are in full swing—is the perfect time to have this conversation. Don't let discomfort or procrastination rob your family of the security they deserve.

Think of it this way: you're already preparing to make the holidays meaningful. You're buying gifts, planning meals, pulling out decorations. Why not also give your family a gift that will last long after the tree comes down? A final expense plan is a gift of love.

It's a final act of stewardship.
It's your way of saying:
"Even in my absence, I took care of you."

A Message to Our Fellow Caregivers and Sandwich Generation Families

If you're reading this and you're an adult child caring for aging parents, we see you, too. You are the planners, the helpers, the problem-solvers. But you can't carry it all alone.

Now is the time to lovingly ask your parents:

"Do you have a plan in place?"

"Have you looked into Final Expense coverage?"
"Can we talk about what your wishes are?"

It's not morbid—it's mature. It's not cold—it's compassionate. And when the time comes, you'll be thankful you had that conversation now, not after the fact.

We're Here to Help—With Heart

We know these conversations can be difficult. That's why we, James and Paula, do what we do. We are not just agents—we are advocates. We walk families through every step, answer every question, and make sure you understand what you're getting—and why it matters.

We don't sell fear. We offer peace, planning, and protection.

So, as the holidays approach, take a moment and reflect:

Is my family protected if something happens to me?
Do they know what I want?
Have I made the arrangements so they don't have to?

If the answer is "no" or "I'm not sure"—let's talk.

You've spent your life protecting, providing, and caring for others. Don't stop now. Let your final act be one of legacy, not liability.

Call or text us today at 240-245-7678 or 443-383-2254
Ask for James Silver or Paula Mascendaro
Book your free consultation—no pressure, just help.
Because death doesn't take a holiday, but your family deserves one that's free from financial stress.
James Silver & Paula Mascendaro
Senior Legacy Advisors
Helping you leave a legacy, not a liability.

DEATH DOES NOT TAKE A HOLIDAY

More people die in November and December than at any other time of year.

Plan ahead – give your family the gift of peace of mind.

📞 240-245-7678

James Silver & Paula Mascendaro

James Silver: USAF Veteran, Dedicated Life Insurance Professional, and Christian Financial Educator.

James is committed to helping Black families secure their financial futures. With over 9 years of experience in life insurance and 40 years in IT consulting, he specializes in legacy planning, financial literacy, and creating tailored insurance solutions. His mission is to ensure that every family, regardless of income or circumstance, has the tools to build and preserve generational wealth.

Call James today at 240-245-7678

Paula Mascendaro: Passionate Life Insurance Agent. Dedicated Educator. Compassionate Advocate.

With a strong foundation in both nursing and accounting, Paula Mascendaro brings a rare blend of care, clarity, and financial insight to her work. As a mental health nursing instructor, she inspires the next generation of nurses to understand the emotional and psychological challenges we all face while actively working to reduce stigma through education.

She believes that knowledge is a gift, and sharing it is a calling. Paula builds meaningful, lasting connections with the people she serves, offering guidance with warmth, patience, and a listening heart. Whether she's preparing a classroom of students or helping a family protect their legacy, Paula leads with passion, purpose, and faith.

Call Paula today at 443-383-2254



National Editor: Sleep Hygiene
Donata D. Mooring
Certified Sleep Science Coach
“How sleep affects many areas of our daily lives and the solution to solve this epidemic”

It's not just a change in weather—it's a spiritual signal. And yet, many of us keep grinding through, ignoring our bodies' quiet cry for rest.

Daily check-ins to set intentions and reflect
Sleep strategies that are rooted in science and soul
Calming rituals to reduce stress and increase energy
Encouragement and support to stay aligned and accountable

For our health.
For our peace.
For our purpose.

The truth is that the burnout is real. The fatigue is layered. And the consequences—high blood pressure, anxiety, poor sleep, irritability, emotional shutdown—are impacting our homes, our work, and our dreams.

It is free. It is simple. And it will change the way you move through your days and your nights. Fall is not the time to hustle harder—it is the time to harvest peace and let go of what no longer serves you.

This Is Your Moment

We are not meant to burn out in silence. We are meant to rise up with intention, clarity, and wholeness. This is not just about better sleep. This is about living from a place of alignment. A place of rest. Say yes to restoration. Say yes to reclaiming your energy before winter hits.

Join me.
Your body will thank you.
Your spirit will exhale.
And your purpose will shine brighter than ever.

We do not need more caffeine.
We need more calm.

Join the 7-Day Rest & Reset Challenge

You do not need to do this alone. I have created a gentle, yet powerful 7-Day Rest & Reset Challenge designed for women and men just like you: leaders, caregivers, visionaries, and warriors who are finally ready to stop pushing and start prioritizing their peace.

Here's what you'll experience:

As the leaves change and the days grow shorter, fall sends us a clear message: slow down. But how many of us truly listen?

We move through life in survival mode chasing deadlines, caring for others, showing up with smiles that mask our exhaustion. And somewhere in all that motion, we lose connection with ourselves. We forget that we, too, need care. We forget that rest is not optional. It is essential.

This October and November, as the world shifts into colder months and holiday pressures begin to rise, I want to invite you to choose something different.

Choose you.
Choose rest.
Choose to reset your rhythm before life demands it.

Fall is a Sacred Season for Reset

REST LEADS TO REVENUE
ONLINE STORE

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Webinars
Courses

<https://payhip.com/RestLeadstoRevenue>
If you're ready for change, courage, and commitment start by investing in your sleep and health with Rest Leads to Revenue. Our eBooks, webinars, mini-courses, and books are designed to guide you toward better sleep, improved well-being, and enhanced financial success. Take the first step today and unlock your potential for a more energized, prosperous future.

ELEVATING YOUR MIND | BODY | SPIRIT

PHOENIX

MAGAZINE - NOVEMBER 2024

AN ADVOCATE AND A PASSIONATE VOICE FOR THE POWER OF REST

THE CREATOR OF THE "Rest Leads to Revenue" Challenge

<https://lnkd.in/gwAqGweW>
I am truly grateful, humbled, and honored to be featured in Phoenix Fitness Fanatics Magazine! Check out my cover story on pages 23-27, where I share my journey, insights, and passion. I'm also thrilled to be among such incredible contributors—each editor brings something truly inspiring to the table.

www.BMORENEWS.com

Presents

The Joe Manns Black Wall Street Award to

Donata Mooring

BLACK WALL STREET SOIREE 2024

Special Thanks to
Treyway Multi Treatment Services
Rondy Griffin
Sanjay Thomas - Allstate Insurance

With profound gratitude, I accept the prestigious Black Wall Street Award, a powerful tribute to the legacy of excellence, resilience, and community empowerment. Standing among such extraordinary honorees: I am inspired by their dedication to progress and transformation. This recognition reminds me of the strength we draw from our history and the responsibility to carry forward the spirit of Black Wall Street.

BEAUTIFULLY WELL CONVERSATIONS

Podcast with Nik Sweeney

Beyond Diets:
How Mindfulness Unlocked
Donata's Weight Loss Journey

TA SETI INC.

Tired of living paycheck to paycheck?

Working hard but not moving up financially?

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CALLING ALL RHYTHM PEOPLE

RHYTHM PEOPLE WANTED!!!
RHYTHM PEOPLE
ENTERTAINMENT NEWS

Artists, artisans and Social Transformers, stay hip to the heart beat of Arts & Culture in Rhythm Nation News. Search here for the latest in Rhythm People Entertainment, Gigs, Big-wigs & Shindigs, and International Rhyme & Reason to connect with upcoming events, travel, investment/trade opportunities on the continent/diaspora and the inside scoop on how Rhythm People around the world are reclaiming our global cultural economy.

Culture is the New Currency!



WeAreTheRhythmPEOPLE
National Entertainment Editor

Ms. Kim Poole is a Soul-Fusion Teaching Artist and Founding Fellow of the Teaching Artist Institute (TAI), providing an opportunity for artists and artisans to learn techniques for social transformation while fostering outlets for socially engaged art. Through TAI, Kim and her team of Teaching Artists are originating the Art for Social Transformation, Teaching Artistry in Action curriculum & workbook for change agents and universities interested in exploring the “Art of Possibility” around the world. She has a passion for encouraging the “Rhythm People” as she refers to them, to reclaim their global cultural economy and a knack for celebrating the beauty and resilience of women with SUPERLASHES through her music and the Sheroes Sisterhood. At 39 years old, Ms. Kim Poole has over ten years experience in International Art Cultural Diplomacy and the world has only begun to learn how this Soul-Fusion Teaching Artist will redefine our understanding of artistic expression in social transformation.



BURNING THEMES OF THE CHRISTIAN MISSION FOR AFRICANS

CHRISTIANITY IS THE MOST WIDESPREAD RELIGION IN THE WORLD

IT CAME AT A COST PARTICULARLY THROUGH **COLONIZATION**

BAPTISM WAS SEEN AS A SPIRITUAL GOOD BUT BAPTISM DIDN'T **FREE** THEM OR **RESTORE** THEIR DIGNITY

MISSIONARIES WHO CHALLENGED THE SYSTEM WERE OFTEN SILENCED OR REMOVED

CHURCH AUTHORITIES REMAINED SILENT ABOUT THE CRUELTY OF SLAVERY

WE ARE SAVING SOULS

COLONIAL POWERS USED CHRISTIANITY TO LEGITIMIZE **CONQUEST**

THE WORLD HAS TRANSITIONED FROM SIMPLY ADVOCATING FOR REPARATIONS TO **DEMANDING** LEGAL, FINANCIAL AND POLICY ENFORCEMENT

AFRICANS CLAIMED AND TRANSFORMED CHRISTIANITY BLENDING GOSPEL WITH CULTURE AND RESISTING DOMINATION THROUGH FAITH

PAPE GREGORY XVI CONDEMNED THE SLAVE TRADE AND INSISTED FOR ITS ENTIRE ERADICATION NOT REGULATIONS

PAPE PAUL III ISSUED A DECREE THAT AIMED TO PROTECT INDIGENOUS PEOPLE FROM SLAVERY. HIS MESSAGE WAS IGNORED BY COLONIAL POWERS INCLUDING CATHOLIC MONARCHS

IS NOT BRED ON RELIGION OR GEOGRAPHY BUT ON COMMON CREATION IN GOD

A CALL TO REMAIN FAITHFUL TO THE **TRUTH** OF THE GOSPEL

THERE IS A CALL FOR **CONVERSION** BOTH PERSONAL AND INSTITUTIONAL

BURNING THEMES OF THE CHRISTIAN MISSION FOR AFRICANS

LAURENCE MENDOSA WAS BORN INTO THE ROYAL FAMILY OF THE KINGDOM OF MOONGO AND MATAMBA, PRESENT DAY ANGOLA

MEAD EVIDENCE SHOWS THAT ALL CONQUERED AFRICAN RULERS TOOK AN OATH TO:

PAY 100 SLAVES ANNUALLY RECRUIT MEN OF WAR ACKNOWLEDGE NO OTHER KING EXCEPT THE KING OF PORTUGAL ACCEPT THE CHURCH FAITH

ALL RESOURCES DISCOVERED AND TO BE DISCOVERED BELONGED TO THE KING

NOT LARGE WAR AGAINST ALLIES OF PORTUGAL ALLOW PRIESTS TO BUILD CHURCHES

THE TRANSATLANTIC SLAVE TRADE WAS A BIG BUSINESS AND DESIGNED TO ENSLAVE

HE ACCUSES THE STATE INVOLVED FOR THEIR INVOLVEMENT IN THE TRANSATLANTIC SLAVE TRADE AND FOR COMMITTING CRIMES OF **HUMANITY** TO ENSLAVE AFRICANS

HE ARGUED SLAVERY WAS AGAINST **HUMAN DIGNITY** **NATURAL** **CIVIL LAW**

THERE WERE BILLS ENDORSED BY THE VATICAN WHICH INCURRED THE ENSLAVEMENT OF THE AFRICAN

BURNING THEMES OF THE CHRISTIAN MISSION FOR AFRICANS

THE GLOBAL REVOLUTION FOR JUSTICE IS DRIVEN BY THE AFRICAN CONTINENT AND ITS DIASPORA

THE WORLD HAS TRANSITIONED FROM SIMPLY ADVOCATING FOR REPARATIONS TO **DEMANDING** LEGAL, FINANCIAL AND POLICY ENFORCEMENT

NO MISSIONARY EFFORT IN AFRICA CAN BE LEGITIMATE IF IT IGNORES

* HISTORICAL WOUND

* THE CURRENT MOVEMENTS OF JUSTICE

CHRISTIANITY MUST RESPOND TO ALSO POLITICAL AND MORAL STANDING WITH AFRICANS

AFRICA AND DIASPORA ARE **UNITED** IN SHARED STRUGGLE

WE MUST **CURE** THE AMNESIA

THE CATHOLIC CHURCH AND OTHER CHRISTIAN INSTITUTIONS ARE ACCUSED OF MAINTAINING A CULTURE OF **AMNESIA**

THERE IS A GLOBAL DEMAND FOR **JUSTICE** FROM AFRICAN PEOPLE AROUND THE WORLD

THE GOSPEL BRINGS RENEWAL, BUT IT MUST BE INTERPRETED AND LIVED THROUGH THE CULTURAL LENSES OF AFRICAN PEOPLE

BURNING THEMES OF THE CHRISTIAN MISSION FOR AFRICANS

IS NOT MERELY A CULTURAL PRODUCT BUT AN INTEGRATED WAY OF LIFE

THE EXPRESSION OF FAITH CANNOT BE DETACHED FROM CULTURAL CONTEXT

CULTURE IS COMPLEX AND MULTI-DIMENSIONAL SYSTEM

A CALL FOR A MORE **RESPECTFUL** AND TRANSFORMATIVE MODEL OF EVANGELIZATION

THERE'S A CALL TO **RECLAIM** AND AFFIRM AFRICAN CULTURAL IDENTITY WITHIN THE PRACTICE OF CHRISTIANITY

THE MISSION OF THE CHURCH MUST ADDRESS ECOLOGICAL, POLITICAL AND ECONOMIC CHALLENGES THAT AFFECT AFRICANS

THE RELATIONSHIP BETWEEN FAITH AND CULTURE IS NOT STATIC. IT'S A **DYNAMIC** PROCESS OF INTERACTION ADAPTATION AND TRANSFORMATION

THE CHURCH IN AFRICA IS CALLED TO **EMBED** THE GOSPEL INTO AFRICAN WAYS OF LIVING

THE CHURCH SHOULD BE A PLACE OF **UNITY IN DIVERSITY**

BURNING THEMES OF THE CHRISTIAN MISSION FOR AFRICANS

IN 1681, THE VATICAN RULED THAT BUYERS AND MASTERS OF THE ENSLAVED AFRICANS WERE LEGALLY OBLIGATED TO COMPENSATE THE AFRICANS FOR DAMAGES

INSTEAD THE GLOBAL POWERS RECEIVED COMPENSATION FOR THEIR "LOST PROPERTY" AFTER THE REVOLUTION

THE ENSLAVED AFRICANS RECEIVED **NOTHING**

INCULTURATION MUST BE **HOLISTIC** AND **RADICAL** NOT SELECTIVE

THE MISSION SHOULD FULLY EMBODY **AFRICAN** CULTURAL VALUES NOT JUST PHASES THAT SUIT MISSIONARY PURPOSES

THE TRUE MISSION REQUIRES

ACKNOWLEDGING THE CHURCH'S PAST COMPLICITY IN SLAVERY AND COLONIALISM

UNDERSTANDING THE FULL HUMANITY OF AFRICAN PEOPLE, CULTURE AND VALUES

SEEK JUSTICE THROUGH REPARATIONS FOR HISTORICAL WRONGS

INCULTURATION MUST

RESPECT THE ENTIRE CULTURAL CONTEXT OF THE AFRICAN PEOPLE

ALIGN WITH AFRICAN HUMANITY

ADDRESS THE HISTORICAL INJUSTICES

Faithful

Future-Oriented

Actionable

Glocal

Ukumbusho DNA

Land Return & Shared Governance

Restoration of African Spiritual Heritage

Nunilification of Colonial Papal Bulls

Permanent Reparatory Fund

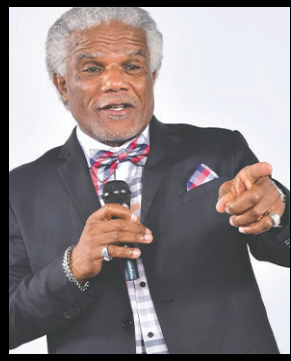
TAI AIR

JOIN OUR "STOLEN LAND STOLEN PEOPLE" COALITION AND GROW THE FUTURE OF OSWEGO AVENUE TODAY

"I GROW OSWEGO"

ARE YOU A GROWER? Help Us Grow the Oswego Tea SEEDS & FLOWERS and Transform the Park Heights Community TODAY!!

TAI neighborhood DESIGNcenter



Contributing Editor

Donald L. Dowridge, Jr.

Author, Actor, Activist

Radio & Motivational Speaker

“NOT A CANDIDATE, YOU ARE PRESIDENT”

Some years ago, in our American history we were blessed with this country’s first black president by the name of Barack Obama. I tuned into his reelection speech he gave at the DNC on September 7th, 2012. Within his speech were the words and I quote: “I am not a candidate, I’m the president!” Quite naturally the audi-

ence roared, four more years, four more years! I will admit, yes, I was Fired Up and ready to hit the polls and Vote for him for a third term “IMMEDIATELY!!”

In reality we as a people are not, and it is stressed, “are not” a candidate, but yes, we are President of our own selves!

That’s right, protecting who we are at all costs. There is reason for our existence here today. Despite the political atmosphere we are living in, we still have a say-so over who we are, how we choose to live, who we choose to love, etc. We are free to be who we wish to be, whether that be a professional entrepreneur, homemaker, or just choose to waste our life on a daily. However we look at it, we are the President of our being. We have the mind power to make choices that benefit the life we decide to live. Think about it, whatever you choose to undertake, understand you will have to pay a price. Not always financially, but through hard work, commitment, and the ability to weather storms when they come knocking!

Under Armour footwear and apparel company slogan says it best: “We Must Protect This House!” Correct, you must protect your house that consists of

your mind, your physical being, your heart, your organs and your wellbeing. Insanity is a bad boy that definitely destroys your morale, confidence, enthusiasm, willpower, and ability to be resilient after a setback. One time or another in your lifetime setbacks will pay you a visit and still you rise!

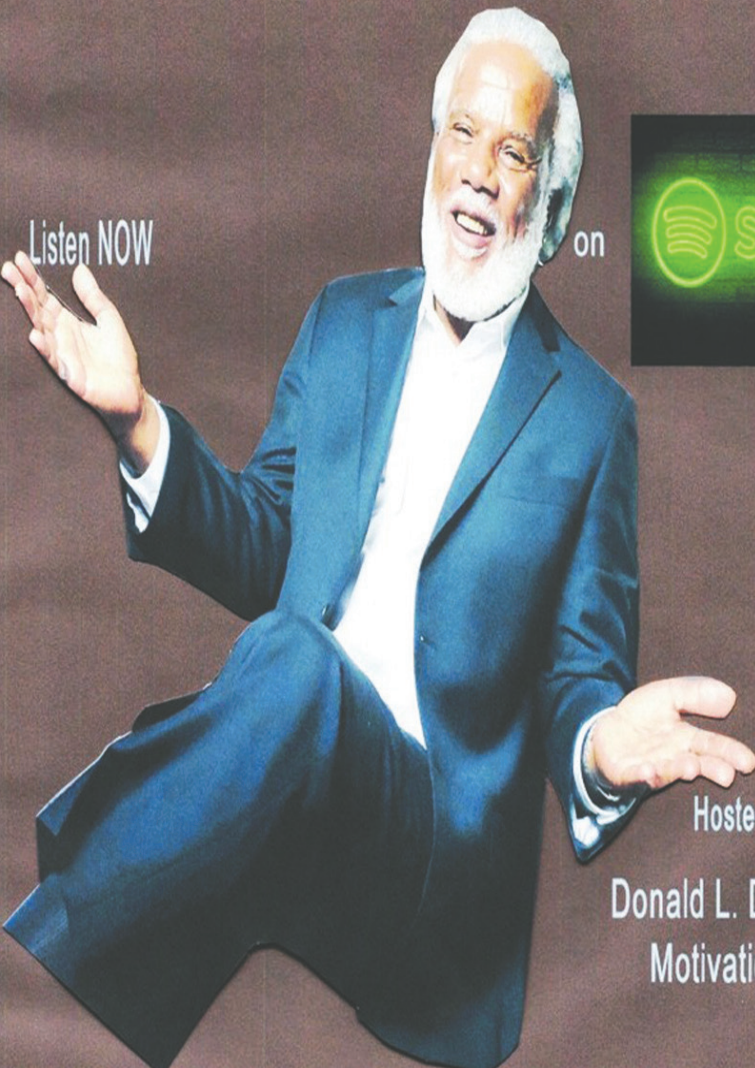
Who are “U?” You are a “PRESIDENT;”

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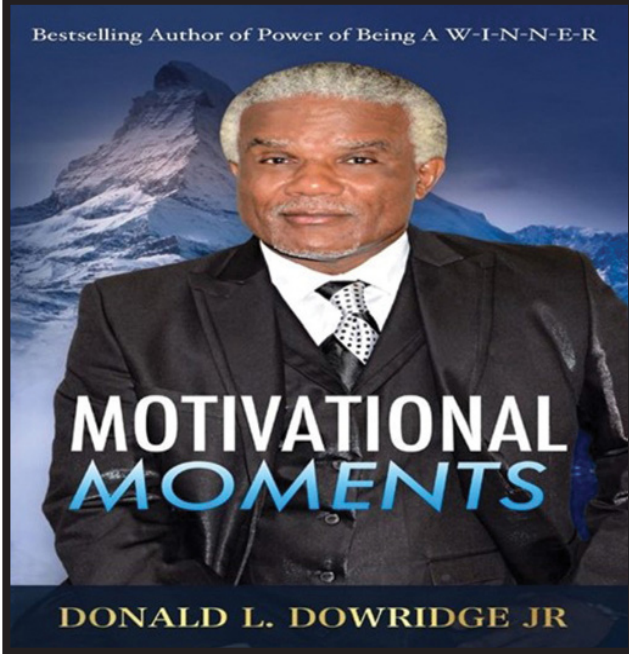
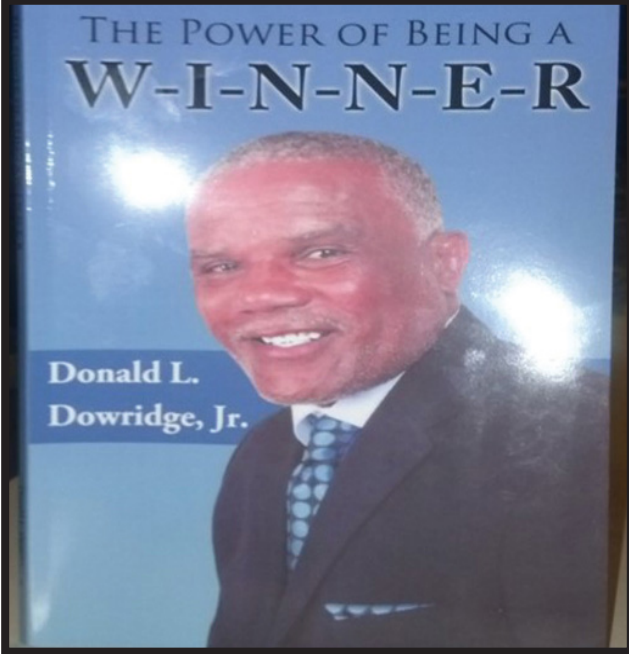
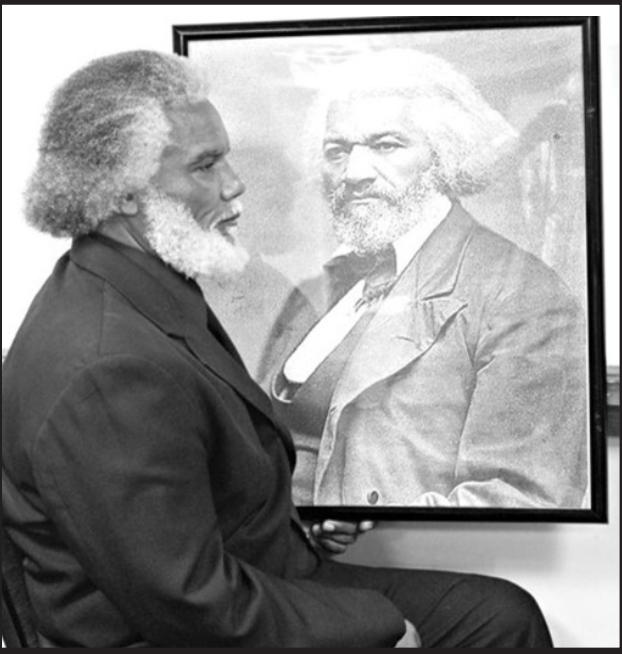
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Contributing Writer

Collin Johnson

TNBUN Young Motivators

Contributing Writer, Superstar in Training,

Future Author, Youth Motivator

How the world is changing: 1925 to 2025

The world is changing, and we have evolved from our way of life in the past one hundred years. So, I will describe how people lived then vs now.

The world has changed in many ways since the year 1925, for instance we have never had a Black president, but we achieved this in the year 2008 when President Barack Obama became the first. I am going to talk about how the government has changed since 1925. To start the president in 1925 was Calvin Coolidge his term was served from 1923 to 1929. Coolidge was the vice president but became president because Warren G. Harding who was the actual president died on August 2, 1923. Being president then was different from now the economy was much poorer since this was pre great depression era. There were many changes in laws I for instance things were segregated. Speaking of segregation this was one of the most brutal things in history and was very bad and one of the biggest changes in history which if u did not already know this change happened in 1963. Segregation was the separation of white and Black people due to their color of their skin. It was a racist way of getting Black people away from white people and Black people experienced the worst side of things. For example, Black people were

only allowed to go to Black schools where they received worse or less materials such as desks, books and school amenities were poor, and they did not have advanced curriculums like white schools had.

There also has been a change in everyday items we use like the modern phone in 1925 was called a cradle telephone. The cradle telephone was called because it had a cradle to hold the combined handset. Now in 2025 we have more advanced phones the iPhone 17 will be out soon now we can take pictures, get on the internet, and communicate through text message. Another invention in 1925 was the first synchronized transmission of picture and sound. Look where we are now with pictures and the way of sounds. Also, as all of us know there were diverse types of cars back in 1925. The first car made in 1925 was the Chrysler six. Now we have cyber trucks, Tesla’s, Lamborghini’s, Ferraris, etc. another invention was the radio. Most popular from the 1920s to the 1950s. the radio was first invented in the year 1895 but did not become popular until the 1920s. now we have the TV, but radios are still used in cars today.

Also, there are a lot of important things

that happened from now to then the population was two billion people now its 8.2 billion people. In 1925 the year that Malcom x was born, and the life expectancy then was 40 years, now the life expectancy is 73 years. But think about the population though, we have gained 6.2 BILLION people since 1925. That is a lot of people. And the population is still going up and up! But with the gain of population there is less food and more mouths to feed across the world. Which is the reason for today’s world hunger. I have explored the changes in the world over a hundred-year span and boy things have really changed from then and now my only hope is that change here in 2025 change for the better and may God continue to bless us all!!

Thank you for reading my article and that was me describing the difference between how people lived then to how we live now. Please read my other articles thank you for reading this one.

To Contact:

Collin Johnson

Fran Allen, CEO

Self Development Success

443-602-6194 Office

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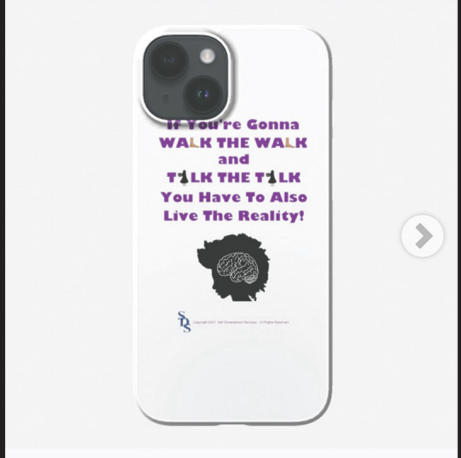
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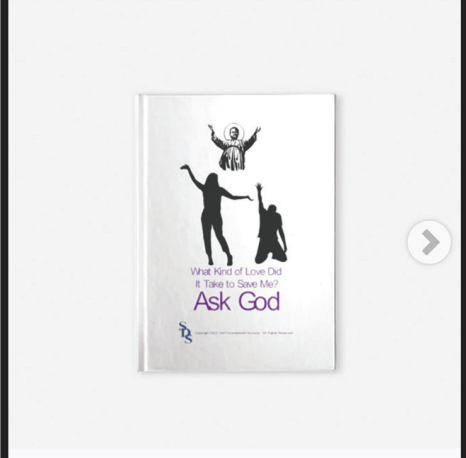
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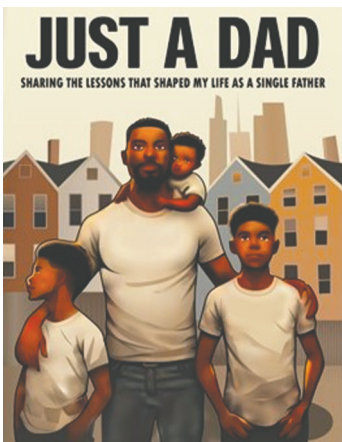




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Dr. Leroy Mckenzie, Jr.
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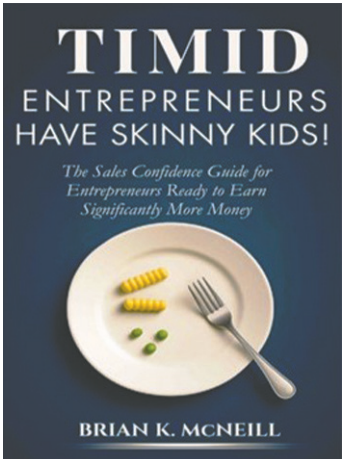
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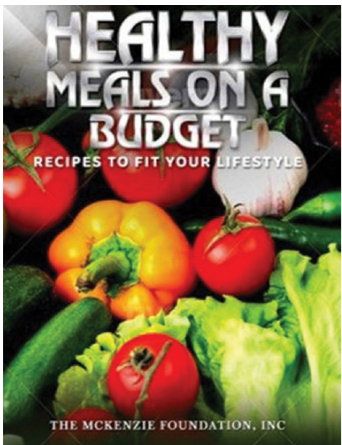
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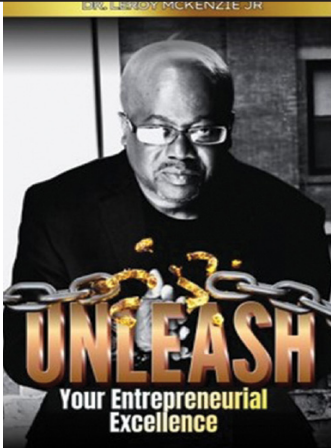
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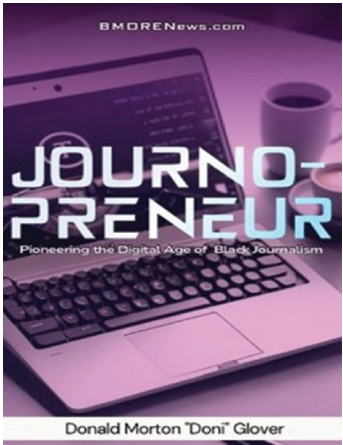
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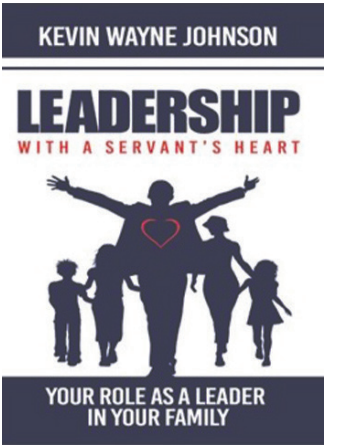
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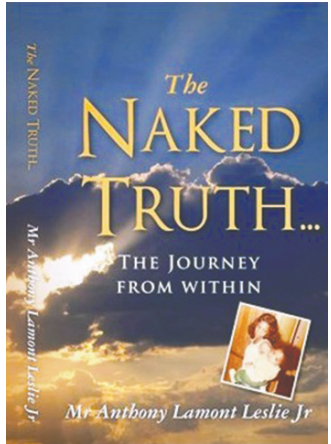
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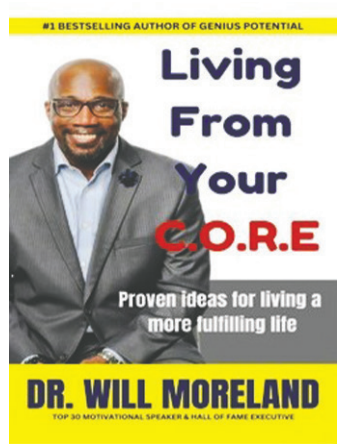
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Contributing Editor

Edwin Avent

Educator, Entrepreneur,
Community Leader

We Don't Have Time or Talent to Waste!

Baltimore Collegiate School for Boys is the first charter school in the city to serve exclusively boys with a continuous academic program from grades 4 through 8.

A boys' school, especially in those middle school years, encourages boys to see themselves as academically capable, and supports interests in the arts and athletics.

Research indicates that all-boys schools. Promote high level academic achievement.

Better recognize and address the specific developmental needs of boys. Are more likely to encourage creativity among boys

REACHING, TEACHING AND SUCCEEDING WITH BOYS OF COLOR

Baltimore Collegiate's strategic initiative, Reaching, Teaching, and Succeeding with Boys of Color, seeks to embed research-rich practices aligned with leading academic partnerships to see the next generation of young males succeed in all areas of life. We have an opportunity and responsibility to discuss, present, and attend to the growing needs of our boys. This strategic initiative seeks to function as a megaphone to rouse a deaf world. We hope to connect with current and potential donors as well as strategic, like-minded partners, to witness all of boys triumph in whatever they choose in this world.

CHARACTER @ COLLEGIATE

At Baltimore Collegiate School for Boys, we believe that our staff are custodians

of our boys' potential, For our Gents, it is our mission to contribute to the cultivation of the character of our boys so they may engage successfully in the following:

Think Critically, Reason Analytically, Communicate Clearly, Solve Problems, Cultivate Agency. We believe in meeting every boy where he is and taking every boy where he needs to be. Baltimore Collegiate students who come to us at different levels of proficiency are all being raised up to meet their potential.

Baltimore Collegiate students performed incredibly well compared to "neighbor schools" - four schools that Baltimore City designated as comparable due to similarities in poverty rates, population of Special Education students, and population of English-as-a-second-language students.

www.baltimorecollegiate.com

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Technology & the Arts

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Our gents graduate and attend top high schools in Baltimore (and some nationally!). Our first group of Baltimore Collegiate grads will go to college next fall – find out how your son will follow in their footsteps!



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The National Black Unity News

Page 26

<https://tnbun.com>



Contributing Editors

Kim Williams

Cynthia Jahi

Faith Based, Entrepreneurs,
Home Support For Families

WARNING! WARNING ALL!

DO NOT READ THIS ARTICLE
BECAUSE YOU WILL BE
CHALLENGED!

YOU WILL FIND TRUTH! MOST
PEOPLE CAN'T HANDLE THE
TRUTH!

But if you can handle the truth and you are the type of person who wants to know the truth then keep reading.

Yes, the truth of the matter is that it is hard for some of us to sit still, stop multi-tasking and truly listen or read something we believe we are not interested in even if we don't know anything about it, or even if we are

guessing what its about or even when we think we don't need this information.

Our ego's, pride, busy lifestyle or the belief that we already know what Kim Williams and Cynthia Jahi do could cause you, a loved one or a dear friend heartache, loss of a substantial amount of money or EVEN ILLNESS.

In this article we are NOT going to try to tell you what we do. We simply challenge you to do the right thing and set an appointment with us to learn about what we do. We are in this newspaper for a reason and the reason is not to just take up space. We are actually in this paper because we offer a FREE service that

results in enlightening the people who meet with us and at some point help them to save tons of money, prevent illness and allow them to live in dignity.

We can tell you this. Put your wallet or purse away because you cannot buy anything from us. You cannot buy anything from us because we do not have anything to sell. We educate and advocate. In order to find out the type of education we give, call this number 1(888) 211-4832 and leave your full name, your cell phone number, your email address, and a couple of dates and time slots you can be available for an appointment with us.

To do this properly you will also need to have in attendance at the meeting of your spouse or significant other (anyone who needs to assist you in the decision making in your immediate family). Don't get nervous, we guarantee you only one thing (We don't sell anything.)

After our meeting you will not be approached by anyone else trying to sell you anything. Instead at the end of our meeting you will be better informed, and you will have the knowledge and tools to make better decisions and to know where to go for assistance.

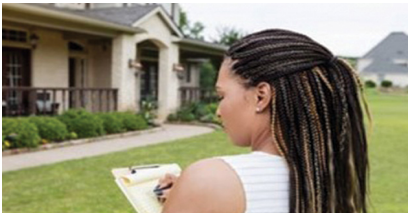
We also offer a dynamic income earning opportunity for anyone who wants to make a difference in the lives of others, who loves freedom of time and a person who loves earning unlimited income. Again, we are not telling you what we do in this article except you will not be selling anything. All you have to do is call 1(888-211-4832) and leave your full name, cell phone number, email address and the best time to contact you to schedule an appointment.



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Thank you in Jesus Name,
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lovetruth.williams88@gmail.com
<http://tnbun.com>
252-406-0774
SMILE JESUS LOVE YOU



Contributing Editor

Rev. Dr. Andre H. Humphrey

Pastor, Author, Community Activist

Baltimore Trauma Response

goals. Our partnership is unique because we combine their trauma and healing with a wraparound approach providing not just resources but peer support. Helping caregivers and family members connect the pieces and navigate the systems to better benefit and support their loved ones is our mission. Providing the assistance and support of a peer is an invaluable link that has been missing for these individuals. We will continue to train and support individuals to empower and equip them to better serve their families and communities with the partnership and utilization of other committed organizations. BTRT is currently looking for volunteers that are passionate about Baltimore city and its residents; to learn more about the work or volunteer opportunities please contact Dr. Humphrey at 443-418-8898 or Sabrina Martin at 443-850-8218. BTRT also offers a 4-hour trauma training course to individuals for \$125 which includes training information, completion certificate, lunch, and a discounted rate for groups or organizations

Baltimore Trauma Response Team

Dr. Humphrey is the Chief of the BTRT with over 30 years of experience working with youth, incarcerated adults, caregivers, and clergy. Over the years he has dedicated his resources to community members concerning trauma. Diligently throughout these years, Dr. Humphrey has trained and counseled professionals and community members while supporting victims and families at crime scenes for the trauma they experience. Dr. Humphrey has a broad reach with his work and has partnered with the Baltimore Police Department in efforts to lend support to the citizens of Baltimore to recognize trauma and especially childhood trauma. Sabrina Martin is the Founder of Determine Your Destiny, Inc. (DYD), a community-based organization that focuses on Family Wholeness, Wellness, and Healing. She is the Assistant to the Chief of the Baltimore Trauma Response Team (BTRT).

Mrs. Martin's background is in Addiction Counseling and Mental Health, and she has over 20 years of experience in these fields. Mrs. Martin's passion comes from her personal journey as a mom of two specific needs children and the care provider of her mother. She has first-hand knowledge of obstacles, stigma, and red tape policies that can cause stress or be a deterrent while trying to be a support for loved ones which has fueled her mission to serve. Mrs. Martin has helped numerous families to get their critical services and support in Baltimore city and surrounding counties. BTRT and DYD have formed a unique partnership in Baltimore city that focuses on Hope and Healing. We are meeting people where they are and are helping to eliminate the barriers big and small that have been preventing these caregivers and families from moving forward with reaching their individual and family'

THE BALTIMORE TRAUMA RESPONSE TEAM

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Rev. Dr. Andre H. Humphrey

Black Youth and The Juvenile Justice System





The Baltimore Trauma Response Team





Contributing Editor

Dr. Pam love

(aka “The Finisher”)

Author, Inspirational Speaker, Educator,
Certified Coach,

I am Dr. Pam Love—founder of DP Love Enterprises and The Finishers Network. I was born and raised in Baltimore, Maryland. I am a Finisher®. Through leadership consulting, training, coaching, and mentoring, I’ve spent more than 35 years helping individuals and organizations improve personal and professional outcomes that are aligned with their goals and/or strategic priorities. Partners of my company and I disrupt excuses and offer resources, support and information designed to help them finish what they start. I’m also an author, educator, and inspirational speaker who has taught undergraduate and graduate courses at various universities in Maryland and for the University of Southern California. With degrees in psychology, social work (MSW, PhD), and business (MBA), I’ve been formally prepared to do this work—but my deepest preparation didn’t come from a classroom. It came from my story.

Many people hear my credentials or see my professional photo and draw a conclusion about who I am. But when they hear the title of my second book—I Want

My Vagina Back—they pause. The title sparks questions, assumptions, and curiosity. Some laugh. Some squirm. Some clutch their pearls. Others lean in to understand the “why.” They lean into a broadened perspective of who I am and why I do what I do. They discover that my life’s story is one of overcoming adversity to live the life I was born to live. They discover the book, which was adapted into a powerful stage production at the Atlanta Black Theater Production with a short segment featured on Braxton Family Values and later produced at the Baltimore Museum of Art, empowers women to reclaim their voice, rewrite their narrative, and to align their values with their actions to minimize regrets.

You see, much like a book cover, appearances reveal only part of the story. What shaped me wasn’t just education or achievement—it was adversity. I know what it’s like to experience the effects of years of trauma--to feel broken, to carry shame, to question your worth, and to almost give up on your dreams and life. But I also know the freedom of healing,

the clarity of purpose, and the power of love, a great support system and grace.

My journey taught me not to judge anyone by a single chapter. Whether I’m working with senior leaders, human services professionals, attorneys, people who have been justice involved or in a gang, or women survivors of trauma—I serve with humility, empathy, and love. My faith in God and lived experience guide how I support others, because I see people not just as they are—but as they could be. I am not defined by my wounds, but my wounds have shaped my calling. And I love what I do.

Now, I ask you: Are you living beneath who you were born to be because of your story? It doesn’t have to stay that way. You can reclaim your voice. You too can be a Finisher and not just a considerer or a starter.

If you’re ready to shift into the next chapter of your life—one of healing, abundance, and purpose—let’s connect. I invite you to scan the QR code below or contact me at (410) 999-8064 or email contact@dploveenterprises.com. Whether it’s coaching, speaking, or facilitating a powerful workshop, I’d be honored to serve you.



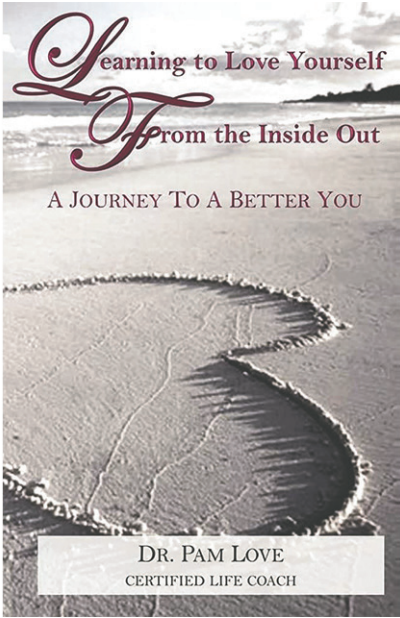
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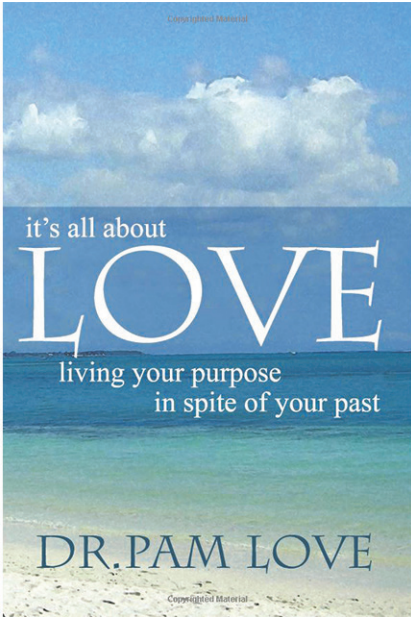
Dr Pam has over 25 years of experience in the areas of healing consultative work, professional training, and leadership development.

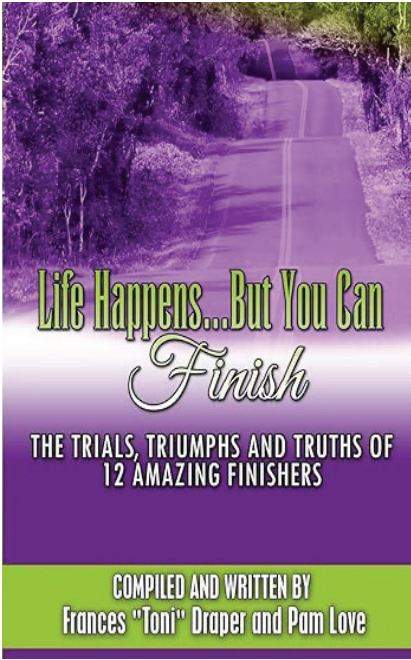
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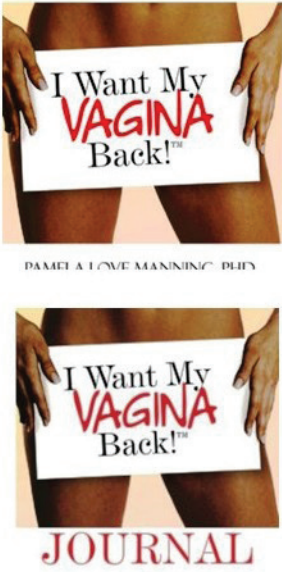






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HISTORY, OF THE ARCH SOCIAL CLUB

The Arch Social Club is now an uptown club that is located at the corner of North and Pennsylvania Avenue which is the gateway entrance into the Pennsylvania Black Arts & Entertainment District. It is the only building on the Historic Pennsylvania Avenue that is designed as a Historic Baltimore Landmark. The Club has been a resident in the community at this location for more than 50 years; having eight presidents with seven of which were military veterans. The Arch Social Club is not a secret organization. It is not a night club, a political club, nor a protest organization. The Arch Social Club is a private club. It is a social civic organization of Black men who came together in brotherhood; some forty years after slavery to socialize, to build relationships, and to discuss the urgent issues of their day. These men were the descendants whose fathers and grandfathers were both runaway African slaves and so-called “free” Africans who had answered the call to volunteer and joined the United States Army to fight for the liberation and the freedom of their people during the Civil War. They were the descendants of the 209,145 African men who fought and the 40,000 that died in an armed struggle to end slavery; and whose heroic contributions and sacrifices saved the Northern Union Army from Southern Confederate defeat. In the spirit of our ancestors the Arch Social Club was founded in 1905, which was during the 40th year anniversary celebration commemorating June 19, 1865 (Juneteenth), the date of freedom for the last surviving enslaved Africans held in Galveston, Texas. Standing on the shoulders of our ancestors the Club’s founding fathers created an organization that had evolved from an independent movement of churchmen, musicians, poets, artists, doctors, lawyers, businessmen, street vendors, military veterans, community organizers, union and labor organizer and longshoremen during the era of Jim Crow and Segregation to what it is today. The Arch Social Club’s mission towards promoting a spirit of unity brotherly love and having an inclusive membership policy made it unique when comparing it to other social clubs. We believed that our agreed upon common goals promoting unity, charity, brotherhood, and community service is the “blueprint” and has been the key to why Arch Social Club has survived while others have died.

Baltimore, Maryland in 1905 was a racially segregated city with little personal interaction between the races where Jim Crow, white supremacy, and racial segregation, state right doctrines were the Constitutional laws of the land. As a result, of those mandatory racial segregated restricted laws the African Americans upper class, middle class and the lower class was economically and socially confined to live in certain areas of the city, which resulted in a more unified community working and surviving together without regard to skin tone or any class distinctions. African Americans men and women begin to engage in activities, to create, to unite and build their own social, economic and culture institutions in their communities that would enable them to fashion a new future for their people. They created their own schools, churches, private clubs, fraternal groups, businesses,

and used the services of African American physicians, lawyers, and funeral directors.

Arch Social Club was started by a group of young Black men who gathered at the corner of Arch and Josephine Street located near Stokes Restaurant. After being harass and threatened by the police, they begin meeting inside the Restaurant. They were chased away by the law, and according to oral history, they begin holding meetings at a member’s house on Saratoga Court. The Club was called Cosmopolitan; but around 1911 President Raymond Coates, had a meeting to discuss making re-organizational changes. Some members came with a vision, but without a plan while others had a short-term plan with no vision. They decided the first phase would be establishing a headquarters, changing the organization

getting starting. The Club was founded “for the social, moral, and intellectual uplift of its members and in order that charity may be practiced in a Christian-like spirit, true friendship and brotherly love be promoted and maintained.”

In 1916, the membership moved the clubhouse into a building at 655 Josephine Street. They paid rent, bought coal, wood, and kept the clubhouse clean. In 1922, when Koester’s Bakery purchased all the buildings on Josephine Street, the Arch Social Club received an eviction notice of Koester’s Bakery intent to expand their business. Forced to move, the 122-membership organization obtained a building at 676 W. Saratoga Street, which was purchased for \$500.00 with an annual ground rent of \$5.00. On September 6, 1934, the Arch Social Club became the

ty-two businesses, and a school to make way for the East-West Expressway or what became known among Black city residents as the Highway to No-Where. In 1971, the Arch Social Club purchased the former Wilson’s Restaurant building for \$55,000. In 1972, then President; Howard Mason relocated the clubhouse and its 300-membership organization to its new home at 2426 Pennsylvania Avenue.

The Arch Social Club is the oldest known existing and continuously operating African American men civic social private club in the United States. For over one hundred years, the Arch Social Club has worked quietly and been consistent in its mission of family unity, community building and networking with Black men, and Black organizations in supporting Baltimore’s Black civil society. Our strength came from having a kindred spirit, a diverse membership, with common interests and goals which has allowed the Arch Social Club to operate as a community organization and as a cultural center. The Club has a long history as being a safe gathering place where political, civil rights and community leaders could come together to host their private or public events. Historically the Club has been the venture for promoting community meetings, educational programs, cultural art, live entertainment, and night life. It is in our tradition to support all organizations that are committed to the social transformation, economic advancement and the safety of our children, our people, and our communities. The Club continues to provide space and a platform for Black businesses, politicians, musicians, activist, artists, academics, thinkers, and organizations to come together to host their public events, to build relationships and to share their vision for the future.

Bridging the gap between yesterday and today; the men of the Historical Arch Social Club continue to adhere to the principles of unity, brotherhood, love, charity, service, and community engagement. We are a diverse group of men that have more things in common that unites us; than would divide us. Therefore, we refuse to discriminate by narrowing down our membership base on class, religious beliefs, and political views. To become a member, you can be a teacher, preacher, democrat, republican, independent, socialist, capitalist, nationalist, communist, Christian, a Muslim, or an atheist. You can join and become a member of the Arch Social Club, no matter what your political persuasion, your religious belief, or who you may love.

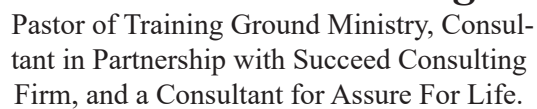
We are looking for mature, strong, dependable, trustworthy men who love and respect our women, love our children, and who want to play a role in the continuous development of our community and our people. We look forward to many more years of community service, charity, preservation of our institutions, and our culture; and always promoting friendship, unity, and brotherly love. We encourage you to become a member of the club or become a friendship supporting membership organization. With your support and your donations, we can preserve our rich history, our culture, our traditions, our goals, and our vision; so that the future work of the Arch Social Club, and our ancestors’ work can continue to be passed



name, defining their common interest, their principles, plan of action and who they were and who they would be in the future. They rented a two-story row house on a one-lane street at 233 Arch Street for \$1.50 a week. The organization was to be called the Arch Social Club named after the street of its new residence. With this deep-seated feeling of love, harmony, community service, respect for our people and common purpose in mind, the founders Raymond Coates, Jeremiah S. Hill, and Sam L. Barney officially incorporated the Arch Social Club on March 15, 1912. It was about the same year that the N.A.A.C.P. was

first private club in the State of Maryland to receive its liquor license after Prohibition, also becoming the first African American Private club in the United States to obtain a liquor license after Prohibition. On Wednesday, December 29, 1948, a fire at 676 W. Saratoga Street Clubhouse destroys all previous history of club member records and photographers. Around 1969, the club received a condemnation ordinance notice from the city ordering the Club to move to another location to make way for urban renewal which is a code word for Black removal. This city ordinance resulted in the displacement of over eleven hundred Black families, demolition of 971 homes, six-

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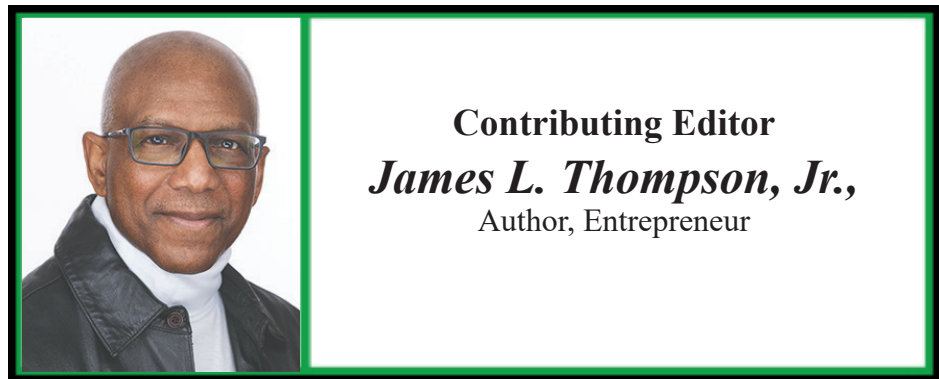
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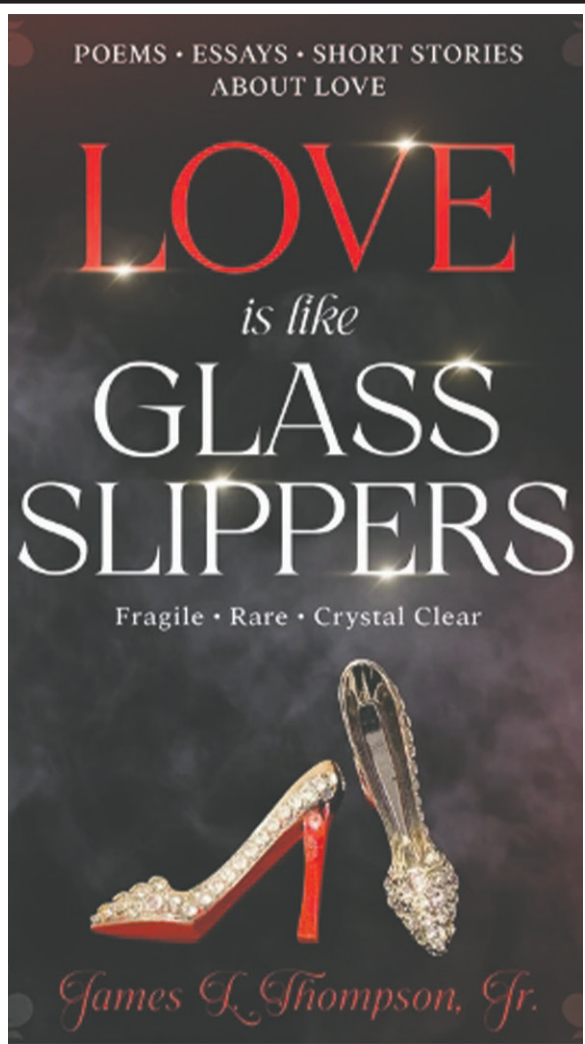
Contributing Editor
James L. Thompson, Jr.,
Author, Entrepreneur

Hello Readers, Subscribers, and Advertisers of The National Black Unity News! I'm New Here. My name is James L. Thompson, Jr., author and owner of Peanut City Press, LLC, a Black-owned and operated independent book publishing platform established in 2023 and based out of Philadelphia, PA and Dothan, Alabama. Our website is www.peanutcitypress.com. I began Peanut City Press as a new publishing outlet for my own books and for aspiring others to generate original and unique content not offered by conventional publishers. Check out our website to see my latest three books: Just My Imagination Running Away With Me, Love Is Like Glass Slippers, and The Poetry Shack. Additionally, Cookies & Lemonade is a classic biography of Dothan's Alveta Houston Hawk, a powerful Black woman, authored by Elaine Denley Slaughter. Our books can also be found and ordered online at Amazon and Barnes & Noble.com. At Peanut City Press, we believe that almost anyone is capable of telling compelling stories and we offer advice and encouragement to aspiring writers to become authors by discovering their own distinctive voices through self-publishing. Although not free, self-publishing is a way to publish your dreams in a conventional way without spending thousands of dollars to do so. We are very interested in talking to people who have completed manuscripts looking for advice on how and where to get published. Let Peanut City Press be the Cradle of your Creativity.

Peanut City Press is inspired by my hometown, Dothan, Alabama, known as the Peanut Capital of the World. Also, Africans were the first people to introduce peanuts to North America. Peanuts are plentiful like people, and sometimes people are like peanuts: nutty with many stories to tell! Our logo colors are red, black and green and features a black panther draped in a green Alabama state flag with red paws, red feet and a red-tipped tail to symbolize our inherent Blackness and Unity. I am very proud to be affiliated with such a prestigious news outlet as The National Black Unity News. I am looking forward to an educational, inspirational and prosperous future together with all of you. Thank you from the bottom of my heart. Let's grow in unity together and continue Telling Our Stories! James@peanutcitypress.com



PEANUT CITY PRESS TELLING OUR STORIES



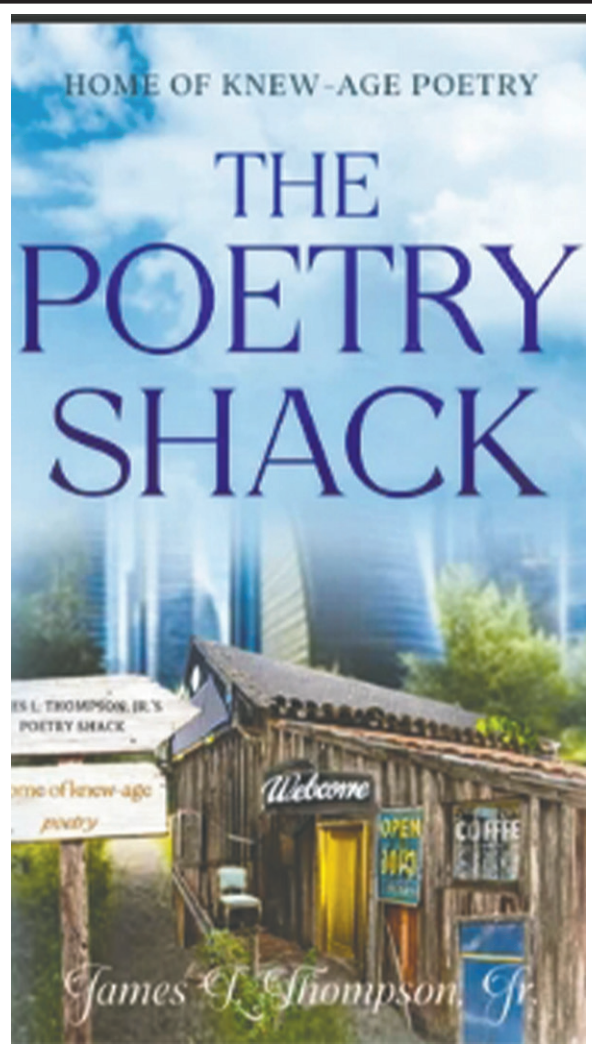
Love is like Glass Slippers

With Love is like Glass Slippers, I am literally walking in the shoes of characters I have created to get inside their heads and hearts to narrate their stories about love. I also share some of my personal stories about love. I enjoy using distinct voices and finely conceived personas to spin yarns that feel authentic. Each story gives the reader both a familiar viewpoint and one that reads like non-fiction. This book was released on January 15, 2024, and is available on Kindle, paperback, and hardcover. Please order from Amazon.



Peanut City Press

is proud to announce that Elaine Denley Slaughter's Cookies & Lemonade is the first book to be published as part of its Black Gold Collection Series. It is a biography of Alveta Houston Hawk. This book illustrates the trust and love Mrs. Hawk had for Mrs. Slaughter as she dictated her life story to her. In return for the love and the trust, Mrs. Slaughter dictated that all the profits and proceeds from her book be given to the Hawk-Houston Boys Club. Had Mrs. Slaughter not written this book, the life of Mrs. Hawk and her many contributions could have easily been forgotten and dismissed. Please order from Amazon on Kindle E-book or hardcover.



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James L. Thompson Jr. <https://www.peanutcitypress.com/>
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The Men & Families Center, Inc.

Mission Statement

The Men and Families Center, Inc. improves the quality of relationships between fathers and their children, thus enhancing the preservation of families. The Center is a coordinating place for East Baltimore and their families that increases the accessibility of services and community awareness. We address their specific needs through a holistic array of services that are designed to meet men, women, seniors and families where they are and move them towards self-empowerment and sufficiency.

Background

In 1995, the Family League of Baltimore City and the Historic East Baltimore Action Coalition initiated an extensive community needs assessment. This process revealed significant gaps in service to Historic East Baltimore families and children. The absence of comprehensive services for men/fathers was determined to be one of several major concerns. As a result, a plan was developed to establish a program.

Pandemic

During the Covid pandemic we concentrated more on the following Food and help with protecting our seniors and kids. We did this by providing pop ups throughout the City. We provided food boxes and bags to over 26,000 families over this three-year span. We provided Mask, hand sanitizer and wipes, Covid test kits to the community at large, three schools and a number of community organizations. We intentionally targeted the hard-to-reach populations because we saw that as a resistance to kids and our seniors.

MFC Capital Campaign.

We are trying to get our three buildings renovated. We feel that our clients deserve to have a descent building to come to for

Donation can be made out to the Men and Families Center Inc.2222 E. Jefferson St. Baltimore Md, 21205. Please keep your eye open for the new Rites of Passage Program, it will be the Urban Rites of Passage



A Positive Source of Inspiration for Men, Boys, and their Families in East Baltimore.

Social expectations about men’s involvement in the care of children and especially raising boys to adulthood are changing slowly thanks to non-profits like the Men and Families Center in East Baltimore.

Purnell, Executive Director

“Where We Help You Help Yourself”

the many problems they might have. This would allow us to serve more people in a state-of-the-art facility. If you ask your family members it would be hard to find a family that has not benefitted from our hard work in and around Baltimore. We need you to talk to the politicians, friends and family to help with this worthwhile project. All donations are tax deductible and will be greatly appreciated.

for kids 12 to 19 years old. Coming soon that focused on addressing real life issues confronting urban men and their families Subsequently, The Men’s Center was created to respond to this community’s vision.

The Men and Families Center formerly known as the Men’s center has been in existence for 28 years this November. We provide support and guidance for those people that are weighed down

with social determinants that often keep them form even thinking about their health or anything else. Like past due rent, employment, housing, child support, BG&E bills and criminal records / expungements etc. We have been providing services to these populations throughout the city and surrounding counties.

Re-Entry

We provide holistic services that focus strongly on life skills and connecting this population to resources and opportunities to prevent recidivism. We also refer to and work with them to secure housing, and employment, while also connecting them to healthcare services.

Rites Of Passage

This program was established to help youth be more respectful of elders, women, their communities and themselves. The Rites of Passage program draws in strength from an Afrocentric value system that brings young men through a series of prescribed developmental stages towards manhood. It is offered to males ages 8-18 as an 8-week long program. To date, over 100 young men have completed this program.

The major discussion topics covered in this program are:

Mind and Manhood, Drug Abuse Prevention, Abstinence, School Retention, A Clean Record: No Arrests

Young men are encouraged and mentored to focus and create realistic goals that will assist them into becoming strong, accountable, responsible, and productive individuals, in their families, schools, and communities.



Programs & Services

- Life Skills
- Presentation
- Budgeting
- Being prepared for work
- Managing
- Pre-Employment
- How to create a resume
- How to complete an application online
- How to search for jobs online
- How to prepare for an interview
- Proper dress for the interview
- Referrals to Employment
- Connections directly to jobs
- Training Opportunities
- Referrals to Housing Programs
- Housing Connections
- Advocating for Housing
- Health and Insurances
- Linkages to Supportive Services

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Contributing Editor
Kaleb Tshamba
Historian, Arch Social Club, Activist

THE AMERICAN CIVIL WAR & JUNETEENTH HOLIDAY

As we celebrate Juneteenth each year, let us never forget that African families were brought to America in shackles and chains as captured prisoners of war not as slaves. and let us not forget the words and battlefield cries heard echoing from the sons of African descent who volunteered and joined the northern union army to fight for the liberation of their people. “we would

United States. President Lincoln signs the Emancipation Proclamation on January 1, 1863, freeing all slaves in the southern states who refuse to lay down their arms and rejoin the Union. He also understood that his Emancipation Proclamation was only a wartime executive order that could be reversed by the next President, Congress or by court order and the only

“But Negroes, like other people, act upon motives. Why should they do anything for us, if we will do nothing for them? If they stake their lives for us, they must be prompted by the strongest motive - even the promise of freedom, And the promise being made, must be kept.”

rather go to the grave than to be a slave and remember the massacre at Fort Pillow”.

On November 6, 1860, Abraham Lincoln was elected President of the United States of America. By the time Abraham Lincoln was inaugurated President on March 4, 1861, seven southern states had already seceded or withdraw from the United States and formed their owned government called the Confederate States of America or the Confederacy. The American Civil War started on April 12, 1861, when the Confederate troops fired on Fort Sumter in South Carolina’s Charleston Harbor. The underlying causes of the war were that the pro-slavery southern states wanted to protect their property, expand slavery into the northern states and into any new free territories. After two years of losing every major battle against the Southern Confederacy, the Northern abolitionist “Free Soil’s Movement continued to echo the Revolutionary War theme of liberty for all. With Fredrick Douglass still in the President Lincoln’s ear explaining what a better way to end slavery then to allow free African and run-away African slaves to fight for their freedom. Lincoln was now forced to face the facts that this war to preserve the Union couldn’t be won until it becomes a war that focal on the liberation of African people. Abraham Lincoln decided on July 17, 1862, to enlist African freemen and African runaway slaves into the Northern Union Army. On September 22, 1862, Abraham Lincoln issued the preliminary Emancipation Proclamation which took effect on January 1, 1863.

The wording within the Emancipation Proclamation made it clear that if those states in rebellion did not stop fighting; and rejoin the Union by January 1, 1863, this decree would free all African slaves within the boundary of those treasonous rebellious Confederate Southern states that had seceded from the Union of the

way to permanently end slavery would be to pass a constitutional amendment.

August 26, 1863

In 1864, Abraham Lincoln took command over the movement towards adding the 13th Amendment to the United States Constitution forbidding slavery throughout the United States and freeing all African slaves. On January 31, 1865, the U.S. House of Representatives and the Senate passed a joint resolution proposing a 13th Constitutional Amendment abolishing slavery throughout the United States. On February 1, 1865, Abraham Lincoln approved and signed the Joint resolution of Congress to permanently end slavery in the United States.

On April 9, 1865, the eleven Southern Confederated States of America surrender ending the American Civil War. The war ended with the South blaming President Abraham Lincoln for allowing men of African descent to fight in a white man war and runaway African slaves for their defeat. During the Civil War, the Northern Union Army had a total of 209,145 men of African descent who had volunteer as soldiers and joined the fight for freedom and the liberation of their people. Over 40,000 men of African descent died fighting in the 449 Civil War battles and skirmishes that ultimate led to the Union’s Army military victory and defeat over the white southern slaveholders and rebellious insurrectionists traitors, within the racist Southern Confederate Slave States of America. Sixteenth men of African descent received the Military Medal of Honor and Twenty-five were awarded the Congressional Medal of Honor.

In an April 11, 1865, Speech, President Abraham Lincoln acknowledged the heroic military role; that the African “Black” freemen and the newly free

African runaway slaves of the United States 175 African American Regiments played in winning the war of liberation that ended slavery and restored the Union.

Lincoln said, “Without the military help of the Black freemen, the war against the South could not had been won.”

With the ending of the war President Lincoln now had a target on his back as being the most hated and despised white man in America. On April 14, 1865, three days later President Abraham Lincoln was assassinated for his betrayal of white people, by him enlisting men of African descent into the Union Army and arming them to fight and kill white men. Two and a half years later after President Abraham Lincoln’s had issued the Emancipation Proclamation which freed all African slaves in the south but not everyone in the southern territory was immediately free. In the most western state of Galveston, Texas the enslaved people had heard news that they were free, and the Civil War had ended; but the white rebellious southern slave-owner in Texas refuses to free their African slaves.

On June 19, 1865, Major General Gordon Granger arrived in Galveston, Texas with his more than 2,000 Union troop regiment. He insured General Order No. 3, announcing the liberation of more than 250,000 African slaves still held in state bondage. General Granger had an additional 5,0000 to 10,000 Union soldiers to help enforce the law. Among his troops were several regiments from the United States Colored Troops that courageously went from plantation to plantation reuniting with family and free their enslaved African brothers and sisters; and at times engaging in hand-to-hand arm struggle against their southern en-slavers and Confederate renegades. Freedom Day June 19th, 1865 became known as “Juneteenth,” the oldest known celebration commemorating freedom of the last surviving African slaves in Galveston, Texas.

Freedom came on December 6, 1865, when the 13th Amendment was finally ratified in the United States Constitution abolishing slavery thought-out the United States of America; except the wording in the Constitution didn’t really end slavery. It changed the terms and how it could still be applied. Freedom came with betrayal of the Republican Party removing all the remaining Union troops from the southern

slave-holding states, with no employment, no benefits and no reparations for the 250 some years of force slavery. Freedom came with the newly passed states right laws called the “Black Codes” which was very similar to the old “Slave Codes. Freedom came with the 13th Amendment to the Constitution making “Voluntary Servitude’ as a punishment for crimes and violations that included being a loafer, trespassing, drunkenness, homelessness and gambling. Now under the states right law a former enslaved African could be arrested, convicted and later leasing out. Therefore, the practice of leasing out convicted former slaved Africans helped former slaveholders towards creating an exploitable low labor force that we see in today’s modern day prison system. Freedom came with the three Civil War Amendments, (Thirteenth, Fourteenth and Fifteenth) being ratified and added to the United States Constitution. Now almost 160 years later the same written language, legal loopholes and laws still remains intact in the U.S. Constitution supporting and maintaining the dominant, ruling class of citizens based on white male supremacy. Which legally gives the Electoral College the power of check-mate that can overrides and installed the loser who didn’t win the majority popular vote as the next United States President.

The struggles for freedom, human rights and voting rights can only come from a mass movement of people rising up with a united voice calling on U.S. House of Representatives and the Senate to pass a joint resolution proposal on having an Constitutional Convention. We the People; in order to form a more perfect Union will not be a easy one.

Therefore, the platform for this Convention must be about creating a muti-racial Constitutional Democratic Democracy that is inclusive representing all the people. All political decisions must be based on majority rule vote and all votes counted for election of the United States President be elected directly by the people. And let us never forget that on the battlefields during the American’s Revolutionary War for Independence from England; and as noted in the American Civil War the promise of freedom for our African ancestors came from the barrel of a gun.

For More Information
Contact: Kaleb Tshamba

13th Amendment

Section 1. Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place subject to their jurisdiction.

Section 2. Congress shall have power to enforce this article by appropriet legislation

states and allowing remnants of slavery to exist under a new system called share-cropping. Freedom came leaving 3 ½ million former enslaved Africans wandering around unprotected and without shelter in the defeated Confederate southern

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Contributing Editor

Rev. Marvin Underwood

Minister, Motivational/Inspirational Speaker, Anger Management Specialist

Him, it means we are spiritual beings living out the life experience in a physical body; not physical being attempted to gain the highest level of spiritual existence. This scripture says: God is a spirit and those that worship him must worship him in spirit and truth.” (John 4:24)

After God created (MAN & WOMAN) he gave MAN a command and specific instruction, which could have yielded MAN a much longer life span than we are experience today. The command! “Of the tree of the Garden you may freely eat; but the tree of the knowledge of good and evil, you shall not eat, for in the day that you eat of it you shall surely die” This verse Introduces the concept of both spiritual and physical death consequences of sin. Though Adam and Eve did not experience physical death immediately, they experienced spiritual death upon disobeying God, as evidence by their separation from Him and the introduction of sin into their experience. **TO BE CONTINUED...**

My contact information is, mrvin_underwood@yahoo.com. Phone 443-415-4033 and Ministerial staff@New Christian Memorial Church, 3525 W. Canton Ave., Baltimore Md. 21229 410-566-5063.

Black Male EM-POWER-MENT

In the English language the prefix EM before a word means “in” or “inwards.” The meaning of POWER in the general sense means the procession of control or command over people, authority, or influence.

Now let us take a look at the spiritual meaning of POWER, which is in the context of this article. It is an individual’s inner strength, resilience, and capacity for positive change. It is not about eternal control or dominance, but rather an inner resource that fuels personal growth and a sense of purpose. The suffix MENT is commonly used to form nouns often indications the actions, process or result of the verb it is attached to in other words meant signifies the act of doing something. Consequently, Black Male Empowerment would convey that if our Black brothers would consequently live with the wisdom that self-control and self-awareness

with the power of God inside of us, we will be able to take our rightful place in society based upon God’s intent for the male’s purpose. We would stand firm, ten toes down and act with purposeful influence as the Provider, Protector and Priest of our families, neighborhoods, cities, states, countries and globally.

We would yield spiritual power that not only discard the shackles of oppression, depression and emasculation from the spiritual prison that has enslaved and bound us for hundreds of years.

Let us take a quick look at man’s early creation and purpose. In the beginning... God said, “Let’s make Man in Our image, according to our likeness” (Gen. 1:26a) WHOA!!! God said Man was made in His image and likeness. We know that God is a Spirit, therefore if we are Like



Calling All Black Men It’s Time To Protect & Provide!
If Not Us, Then Who? If Not Now, Then When?



Raising Boys To Be Men
Small Boys Become Men, From The Influences Of Men
Who Cares About Small Boys

Black Men, Black Men Groups & Organizations,
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Contributing Editor
Adrian Cortez Mayo, Sr.
 Owner/Operator, FAA Certified Drone Pilot,
 Degree in Computer Science/
 S.T.E.M Educator/Professional OTR Driver

I Levelled Up Drones

Greetings, our people must understand that that technology is here to stay and will continue with us or without us! One of our missions is to inform, educate, and train our people in Drone Technology!

What we are sharing can and has saved lives and increased the quality of life! Tomorrow's technology is here today, we need to have the skills to be effective thinkers."

Our mission: integrating (s.t.e.m) into the classroom, this effective learning approach. combines hands-on, problem-based learning that is Essential for high school, college, career paths.

Our goal: teaching the four C's, critical thinking, communication, collaboration, and creativity. *according to grand view research, the advance technology, used today's global platform market Will grow from \$5 billion in 2022 to \$26 billion in 2027.

Using,(unmanned aerial vehicles),robotics and virtual/ augmented reality. Curriculum will enhance engineering design thinking.

Ever pondered the power of a flying robot? A device that hovers in the air, capable of reaching places humans cannot, perform tasks we would find challenging, and capturing views we would otherwise

miss? Welcome to the world of drones.

In the past decade, drones have evolved from simple playthings to sophisticated pieces of technology, making



significant strides in various sectors. Today, we delve into some real-life case studies that highlight the importance of these unmanned aerial vehicles.

Let us begin in Rwanda, a small country in East Africa, where the hilly terrain and lack of infrastructure make medical supply deliveries challenging. In twenty sixteen, Zipline, a California-based company, began a drone delivery service to solve this problem. Their drones, also known as 'Zips', can carry up to three pounds of blood or medicine, flying over mountains and rivers to deliver to remote health facilities. With a round-trip range of a hundred miles, Zips have saved countless lives by delivering vital supplies in as little as fifteen minutes.

Now, travel with me to Australia, where drones are combating the environmental crisis. In twenty seventeen, an initiative called 'Seed Bombing' was launched to restore the natural habitat destroyed by bushfires. Drones equipped with seed

ing new life into the scorched earth.

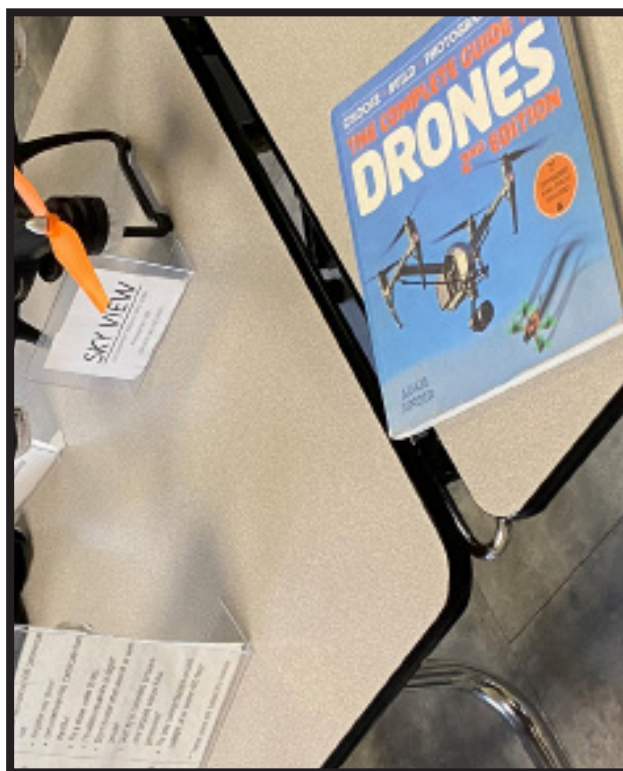
Over in the United States, drones are revolutionizing the construction industry. Sky-catch, a San Francisco-based company, uses drones to create 3D models of construction sites. These models help architects and engineers to plan and monitor progress, reducing errors and improving efficiency. In twenty twenty-one, Sky-catch drones were used in the construction of the new Apple Campus, demonstrating their potential on a grand scale.

Drones have also proved invaluable in search and rescue missions. In twenty nineteen, a drone equipped with thermal imaging technology located a missing six-year-old boy in a dark cornfield in Minnesota within minutes. The drone's ability to cover large areas quickly and operate in challenging conditions has made it an essential tool in such operations.

In conclusion, drones are more than just flying robots. They are lifesavers in Rwanda, environmental warriors in Australia, innovators in the American construction industry, and heroes in search and rescue missions. They have transformed the way we work, play and live, proving that the power of technology is not just in what it can do, but in how it can serve humanity. And as we continue to explore their potential, there is no telling where these remarkable machines will take us next.

The bottom line is this Mr. Adrian Cortez Mayo stepped up and stepping out to inform and enlightened us and he has the credentials to train our people in this technology. If we are going to prepare for the future, we must act now! There is limited seating in his training courses. Call him today for further information!

804-591-9343
<https://ileveledupdrones.com>





Contributing Editor
Bishop Acen Phillips
Bishop, Author, Media, Activist

Introducing, Bishop Acen Phillips

Bishop Phillips shares, “Man to Match God’s Mountain is a written self-portrait that takes an inside look into the challenges and emotions of a man who was determined to follow a structure-bound destiny to reach the height of God’s potential in his life. We are privileged to share the vision God has deposited in his predestined path. We are created with a design to live on level plains, but the fall of Adam invokes a disruption in the cosmos, and we are challenged to live in the ebb and flow of mountains and valleys. On each side of our valley is a mountain. Our earthbound journey leads us from mountain (Calvary) to mountain (Zion)through the valley of the shadow of death. Our blessing is always wrapped inside our burden (2 Cor. 4:7). The more intense the darkness of the burden, the more excellent the bright propensity of the light. When we surrender our will to the will of God and allow Him to own our life and give us as ambassadors to become co-laborers together with Him

in His ministry of reconciliation, we all become men to match God’s mountain.”



Presidential Life Time Achievement Award

The feature thesis in the book declares that God always gives us the Strength to Climb our Mountain before he allows the Mountain to confront and challenge us. The book will prepare you to receive an understanding of how to overcome adversity. Inside Of every Burden, God has deposited a Blessing. There is always a Treasure inside of our Earthen Vessel.

Major Topics Covered Everything You Need To Know

Light is housed inside the container of darkness and uses darkness to increase its propensity. The enter change of light and

darkness modulates time and determines destiny. The Sun is the source of light and provides reflections of light through Moon and Stars light housers. The perpendicular relationship of the light-houser to the position of the Sun determines what measure of light it will reflect. The Moon trails the Sun throughout the day and rays of Sun-Light during the night season. The perpendicular angle and distance the Moon positions itself to determine the ratio of light to be a Quarter-Moon or Full-Moon. The perpendicular relationship we position ourselves to Christ. The Son (Sun) of God, determines the propensity of “Our Light- Witness” In the World

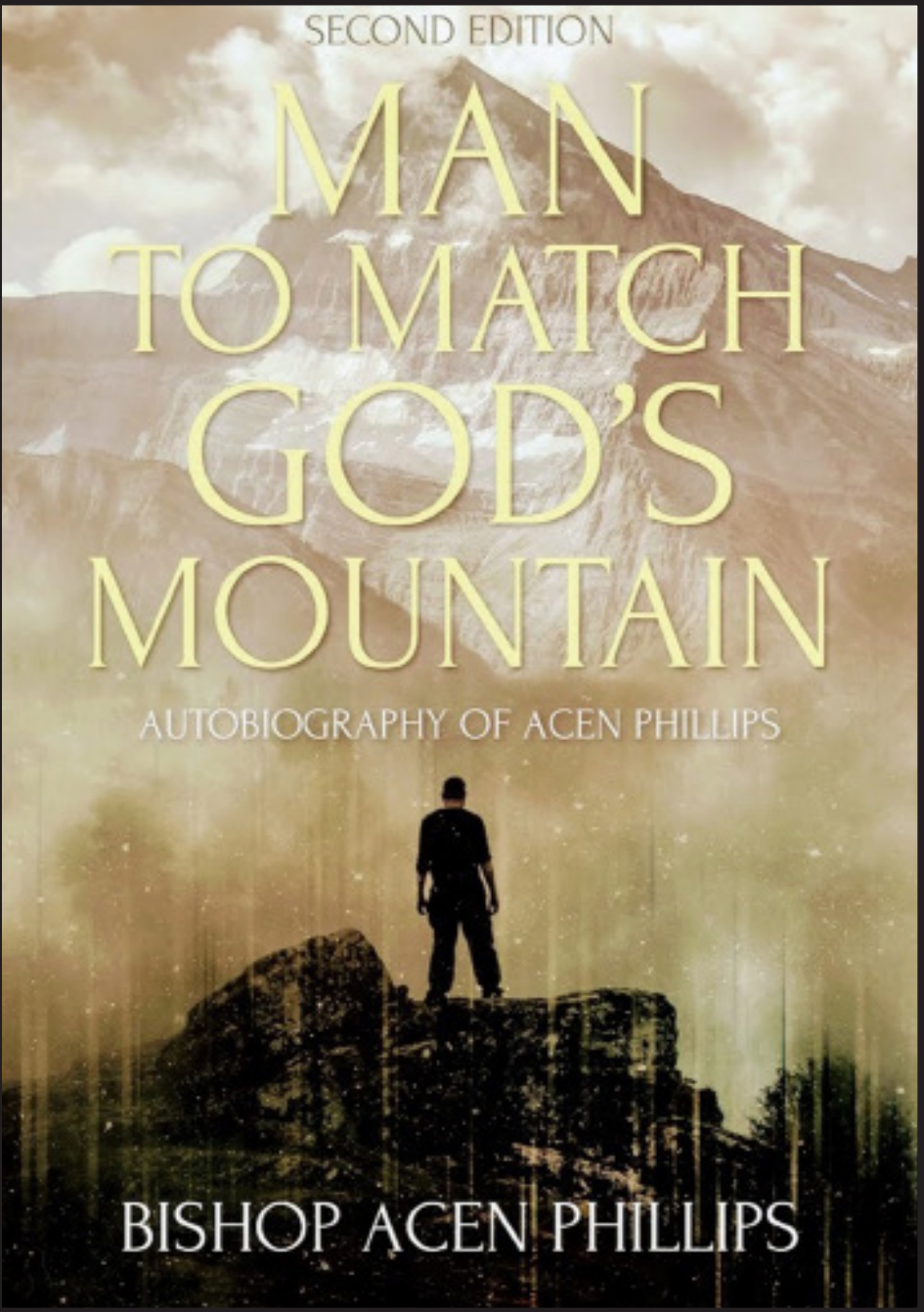
Recent News To Keep You Updated

Please subscribe to our new letter to keep updated about our Ministry. We will keep you informed of what’s happening Nation-wide in the Social and Political news where our Ministry is involved. Please tell your friends and associates about our website. Anytime you have any questions,

Coming Soon! Miss Black America

We are planning a Miss Black America pageant; we want to celebrate the achievements of black women in America. Our pageant goal is to empower young black women and provide them with a platform to showcase their talents and accomplishments. The pageant also serves as a means to promote diversity and inclusion in the beauty industry.

It is important to note that our Miss Black America pageant is not just about physical beauty, but also about intellect,



Headline

Bishop Acen Phillips's newly released “Man to Match God’s Mountain: Autobiography of Acen Phillips” is a powerful memoir that takes readers back to a troubled time.

Summary of the release

“Man to Match God’s Mountain: Autobiography of Acen Phillips” from Christian Faith Publishing author Bishop Acen Phillips is an impactful autobiography that explores spiritual growth through the challenges of growing up in the years not long after the abolishment of slavery through to the author’s determined pursuit of God via the ministry.

Full release text

“Man to Match God’s Mountain: Autobiography of Acen Phillips”: a powerful story of overcoming the odds and keeping the faith. “Man to Match God’s Mountain: Autobiography of Acen Phillips” is the creation of published author Bishop Acen Phillips.

Bishop Phillips shares, “Man to Match God’s Mountain is a written self-portrait that takes an inside look into the challenges and emotions of a man who was determined to follow a structure-bound destiny to reach the height of God’s potential in his life. We are privileged to share the vision God has deposited in his predestined path. We are created with a design to live on level plains but the fall of Adam invokes a disruption in the cosmos and we are challenged to live in the ebb and flow of mountains and valleys. On each side of our valley is a mountain. Our earthbound journey lead us from mountain (Calvary) to mountain (Zion) through the valley of the shadow of death. Our blessing is always wrapped inside of our burden (2 Cor. 4:7). The more intense the darkness of the burden, the more excellent the bright propensity of the light. When we surrender our will to the will of God and allow Him to own our life and give us as ambassadors to become co-laborers together with Him in His ministry of reconciliation, we all become men to match God’s mountain.”

Published by Christian Faith Publishing, Bishop Acen Phillips’s new book is an enjoyable refreshed second edition.

Bishop Phillips is known for his determined spirit and dedication to helping those in need of spiritual guidance and healing.

Consumers can purchase “Man to Match God’s Mountain: Autobiography of Acen Phillips” at traditional brick & mortar bookstores, or online at Amazon.com, Apple iTunes store, or Barnes and Noble.

For additional information or inquiries about “Man to Match God’s Mountain: Autobiography of Acen Phillips,” contact the Christian Faith Publishing media department at 866-554-0919.

Contact: Bishop Acen Phillips, Bishopacenphillipsministries.com 720-422-7054



Contributing Editors
Unisa Kamara
Cheryl Minnette
Speak Globally & Impact
Lives Around The World



More Than a Soundbite: Why Your Story Still Matters in an AI World

In a world rapidly evolving through artificial intelligence, there's one thing that remains irreplaceable: the human voice. Not just the sound, but the soul behind it.

We are living in an era where synthetic voices read scripts, write speeches, and even present the news. AI can simulate tone, emotion, and even humor. But here's the truth: People are still craving the warmth, depth, and authenticity of a real person with a real story.

So, here's the question: Who are you? What do you do? And why should the world hear your voice?

The Power of Being Known

It's no longer just about showing up anymore. Now it's about standing out, and that starts with clarity. Letting people know who you are and what you do is no longer optional; it's essential. In a digital world saturated with content and noise, your voice can become your most powerful differentiator. But note, only if you're willing to use it.

Whether you're a wellness coach, a CEO, a creative artist, or a subject matter expert, people want to know your story. This includes why you started, what drives you, and how you overcame challenges. These aren't just details; they are the emotional anchors that help people connect with you. AI might replicate words, but it cannot replicate the journey behind them.

Staying Relevant as AI Evolves

Let's be honest, AI isn't going anywhere.

It's getting smarter, faster, and more accessible every day. But instead of competing with it, we need to rise above it.

Here's how:

Be Authentically Human

AI can sound perfect, but perfection is boring. Vulnerability, humor, inflection, and personality, that's what makes a voice magnetic. Share the behind-the-scenes. Talk about the missteps. Let your audience see your humanity.

Tell Your Story Often and Everywhere

Your voice matters more when it's heard often. Write articles. Speak on podcasts. Host a webinar. Guest on someone else's platform. Every opportunity is a way to remind the world that you are the expert, not a machine.

Lean Into Speaking Opportunities

Public speaking, whether live or virtual, is still one of the most powerful ways to position yourself as a thought leader. Audiences want to feel something, and that happens when you walk on stage, not an AI avatar.

In fact, global platforms like The Diamond Brands are shining examples of how real human voices are being elevated. Through The Diamond Magazine (a prestigious, high-networth quarterly publication focused on leadership, lifestyle, and empowerment), and The Diamond Masterclass (a monthly event showcasing industry experts), voices like yours are not just welcomed, they're celebrated.

Being featured in publications, guesting on masterclasses, or simply sharing your insights in a blog or book helps you stay relevant and respected. These aren't just marketing tools, they're legacy tools.

Your Voice, Your Legacy

The future isn't about silencing humans in favor of machines. It's about humans rising with deeper intention, clarity, and presence. Your voice isn't just what comes out of your mouth, it's your story, your wisdom, your truth. And in a world of filters and algorithms, truth is magnetic.

Don't wait for someone to hand you a microphone. Pick it up. Step forward. Speak with clarity about what you do, how you do it, and most importantly, why.

The AI revolution is real, but so is your voice. People are still choosing humans every single day.

So, say it proudly: Here's who I am. Here's what I know. And here's what I came to say.

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Contributing Editor
Czar Kijana
Founding Partner, Abilities Bountiful, LLP

TextitCoin and the Blockchain Economy: How You Can Participate in the Future of Finance
By: Czar Kijana, Managing Partner, Abilities Bountiful, LLP
Understanding Blockchain Technology

Blockchain is a digital ledger that records transactions in a secure, decentralized, and transparent way. Unlike traditional databases controlled by central authorities, a blockchain is maintained by a distributed network of computers (called nodes) holding identical copies of the ledger.

Each entry in this ledger, or “block,” is cryptographically linked to the one before it, forming an unchangeable chain. This system is designed to be highly secure and resistant to tampering, making it ideal for financial transactions and digital ownership.

Bitcoin: The Original Digital Currency

Bitcoin was the first successful use of blockchain technology. Created in 2009,

Bitcoin allows individuals to send and receive value without a bank or government. Every transaction is verified and recorded on the blockchain, allowing for complete transparency and auditability.

TextitCoin: A New Wave in Decentralized Value

TextitCoin (TxC) is a new and dynamic cryptocurrency built on blockchain principles. While it shares similarities with Bitcoin, TextitCoin is designed to emphasize regional empowerment, ownership, and participation in a decentralized economy.

It offers an inclusive approach to finance by enabling holders to store, trade, and earn coins in a secure, community-driven ecosystem.

Three Ways to Get Involved with TextitCoin

Purchase a Cold Storage Wallet

A Cold Storage Wallet is an offline device

that securely stores your TextitCoin. It provides a safe, hacker-resistant environment for long-term holders and investors who prioritize security over frequent transactions.

Buy and Trade TextitCoin on a Cryptocurrency Exchange

TextitCoin is available on selected exchanges where it can be purchased and traded like other cryptocurrencies. Traders can use price fluctuations to buy low, sell high, or swap TxC for different tokens. It’s a fast-paced, market-driven opportunity suited to those who enjoy strategic financial decision-making.

Invest in a \$1,000 Mining Share

TextitCoin can be mined using specialized hardware. By purchasing a \$1,000 mining share, investors gain access to a portion of a mining pool for what is intended to be the largest private, decentralized mining enterprise, which will ultimately be a 100 million Megahash Mining Operation. This setup generates TextitCoin daily, which can be held, traded, or monetized depending on individual financial goals.

View a TextitCoin Mine in Real-Time

Want to see the mining process in action before you invest? Download the Blockchain Mint App from the Google Play Store or Apple App Store. Once installed, scan the QR code for a look in real-time of a 100-megahash mining share in operation.

Please note: This demonstration is for educational and informational purposes only. You will not be able to redeem

or collect any TextitCoin through the app, but you will gain a firsthand understanding of how blockchain mining operates behind the scenes.

Final Thoughts

TextitCoin represents more than just another cryptocurrency- it is a gateway into the decentralized digital economy. Whether you are a saver, trader, or technologist, TextitCoin provides the tools to participate in the future of value exchange with transparency, security, and autonomy.

Now is the time to learn, engage, and explore the potential of blockchain technology and the role TextitCoin could play in your financial future.

Scan this QR code using the Blockchain Mint App to view a 100-megahash mining share in real-time.



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The Power Of Symbolism

Someone may ask what is symbolism? Simply put, symbolism is when something represents more than its literal meaning. Think of a heart symbol—it doesn't just mean the organ in your chest; it represents love, affection, and even life itself. Symbolism is everywhere, from literature to everyday life.

In books and movies, symbols add depth and layers of meaning to simple objects or actions. Have you ever noticed how brand

logos make you feel? The Nike swoosh isn't just a checkmark; it's a symbol of athleticism, speed, and success. When you see it, you're not just looking at a piece of clothing; you're buying into a lifestyle.

Symbols can also shape our understanding of cultures and communities. For instance, flags. A flag is just a piece of fabric, but it can evoke intense emotions, pride, unity, or even conflict. And here's where it gets interesting symbols

that can influence our behavior and decisions. Think about traffic signs. A red octagon doesn't just mean stop because someone told you so. Over time, it has become a universal symbol for stopping. You see it, you stop—no questions asked.

Now, you might be wondering, why should I care about symbolism? Well, understanding symbols can make you more aware of how you're influenced by the world around you. It can even make

you a more critical thinker. When you recognize a symbol, you start to see the deeper meaning behind things and can better understand the messages being conveyed.

In conclusion, symbolism shapes our world in a powerful way whether it's through literature, brands, cultural symbols, or everyday signs. By being aware of this, you can navigate life with a deeper understanding and appreciation of the hidden meanings all around you.

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Contributing Editors
Michael Campbell
Wesley Mines
Film Makers & Producers,
Media Services

Transforming Lives Through Film

In an industry dominated by blockbuster franchises and formulaic storytelling, Platinum Filmz stands out as a beacon of hope and inspiration. Our mission is to harness the power of film to transform lives and communities, one story at a time. We believe that the movies we produce have the potential to inspire, educate, and motivate audiences to live out their faith in a meaningful way. At Platinum Filmz, we are committed to creating high-quality, impactful movies that promote a Christian worldview and challenge viewers to make a positive difference in the world.

Our Story

Platinum Filmz is more than just a film production company - it's a movement. Our team is comprised of individuals from diverse backgrounds, including former gang members, ex-offenders, and individuals who have overcome addiction and other life challenges. These experiences have given us a unique perspective on the world and a deep understanding of the struggles that our culture faces.

We've seen firsthand the impact that film can have on people's lives, and we're passionate about using our talents to make a positive difference.

A Different Approach

Unlike traditional film companies, Platinum Filmz is not driven by the pursuit of profit or the desire to create mindless entertainment. Our films are designed to inspire, educate, and motivate audiences to make positive choices that lead to a better life. We tackle real-life issues, both with and without the presence of God, from a Christian perspective. Our goal is to create content that is both entertaining and thought-provoking, and that challenges viewers to live out their faith in a meaningful way.

Our Vision

Our vision is to produce movies that inspire positive change and promote better choices. We believe that film has the power to transform lives and communities, and we're committed to using our talents to make a positive impact. Whether it's through a powerful drama, a thought-provoking documentary, or a heartwarming comedy, we're dedicated to creating content that inspires and motivates audiences to live out their faith in a meaningful way.

Our Values

At Platinum Filmz, we value authenticity, creativity, and integrity. We believe that our films should be authentic and relatable, reflecting the real-life experiences and struggles of our audience. We're committed to creating content that is both entertaining and thought-provoking, and that challenges viewers to make a positive difference in the world. We're passionate about using our talents to inspire positive change and promote better choices, and we're dedicated to making a lasting impact through the movies we produce.

Join the Movement
by downloading the Platinum Filmz app
Now FREE

At Platinum Filmz, we're not just a film production company - we're a community of like-minded individuals who share a passion for using film to inspire positive change. If you're passionate about creating content that makes a difference, we invite you to join us on this journey. Together, we can create movies that inspire, educate, and motivate audiences to live out their faith in a meaningful way.

Platinum Filmz



Contact Us! Platinum Filmz, LLC
www.platinumfilmz.com 888-284-1152



Contributing Editors
Bishop James Winslow, Jr.
First Lady Nancy Winslow
Power House World Ministries
Leadership Academy

Dr. James A. Winslow, Jr.
Visionary and Bishop
Nancy R. Winslow Pastor and
First Lady
Power House World Ministries (PHWM) is a special place where the Power of the Almighty God shows up and shows out. We are a non-denominational Christian church who believes in the birth, death, and resurrection of our Lord and Savior Jesus Christ. Power House World Ministries was birthed under the umbrella of Solid Rock Pentecostal Church of Christ, Disciples of Christ (Solid Rock). Solid Rock was founded in 1954 by the late Bishop James A. Winslow, Sr. and Pastor Gloria B. Winslow. They left a legacy of love and grace that only Almighty God can give. Therefore, we continue to stand on this firm foundation by preaching powerful messages of the Gospel of Jesus Christ, teaching the infallible, unailing Word of

God, praying for the sick and the body of Christ, and winning souls for Christ.

In August 2004 God birthed Power House World Ministries through the person of Bishop James A. Winslow, Jr. A preacher called to preach the gospel of Jesus Christ. It is a ministry of healing wounded souls, proclaiming liberty to the captives in the acceptable year of our Lord and Savior Jesus Christ.

The evidence of this ministry is shown through the workings of the Holy Spirit and gifts of the five-fold ministry, as well as evidence of spiritual growth in the lives of the members, and the birth of new and diverse ministries. At this present time, he is the Overseer and Bishop of twelve churches that stem from England, Germany and the United States of America.

The Vision

Dr. Winslow’s mandate is to preach the Restoration of souls back to The Kingdom of God. A community leader, fair and honest businessman, and positive leader who holds the interest of the people in high regard. His vision is to build a church that will serve the community and a community that will serve the Lord. To open the door to ministries that will meet the needs of the members as well as the surrounding communities.

As the vision unfolds, we see this sector of the city unfold as a workforce develop area in line with Baltimore City mayoral vision for Baltimore. Part of the vision includes the purchase of the entire 1900 block of Belair Road, both sides of the street, which will consist of proving training and work skills for adults seeking employment, building a youth center, a live broadcast studio for radio and television, a Christian bookstore, a homeless shelter, a shelter for battered women and children, an academic center, daycare, the expansion of helping hands food pantry just to name a few.

Current active Ministries

A fully operational digital technology lab used for training,

A banquet hall which seats 120 people which is available to rent for all of your

special and memorable occasions,

A larger banquet hall which seats 200 people is also available to rent,

A thriving transportation ministry, safely transporting souls to and from various locations,

One of the most powerful, anointed, fast growing children and youth ministries in the City of Baltimore. Dancers, singers, preachers, teachers, missionaries, etc.

We provide a young men and teen boys ministry in a loving and safe space for mentoring, teaching, and healing,

A very unrestrained, unrestricted evangelistic ministry who takes communion to the sick and shut in, as well as transport souls in drug treatment facilities to and from the church, souls who are hungry to hear what God has to say,

Christian school: Power House World Ministries Leadership Academy (PHWMLA) is a Ministry of Power House World Ministries. We are currently accepting applications for Fall (September) 2026, grades k – 6th grades. Allow us to build a strong foundation for your child that will carry him/her for the rest of their life

Power House World Ministries Leadership Academy

We admit students of any race, gender, national and ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at the school. Spirit-led, academically prepared faculty and staff are employed in our ministry. All taught curriculums are written and published by nationally recognized high quality Christian educational sources. We emphasize the pursuit of academic excellence in all subjects,

with a strong core program focused on the acquisition of reading and math skills. Students are challenged to enjoy learning and to develop critical thinking skills. We will help students gain a thorough understanding and command of the fundamental processes used in communicating with others. Biblical standards for respect toward authority and others are required.

The Academy endeavors to promote good citizenship through developing an understanding and appreciation of our Christian and American heritage of freedom, human dignity, and to impart knowledge

of the world and current affairs in all fields and relate them to God’s plan for men. Everything at PHWMLA is done with the desire to glorify God. PHWMLA is a Christian School, called by God to serve our community. We operate as a church-exempt religious school and is registered by the State of Maryland Department of Education and approved for grades k-12th grades. PHWMLA relies on standardized, Christian based educational curriculum. Educational quality is assured by adherence to such materials, materials that have demonstrated their effectiveness over the decades.

School phone 443-401-5093
Located at 1932 Belair Rd., across from the church.
Webb: <https://brand.site/PowerHouseLeadershipAcademy>
Email: phleadershipacademy@gmail.com
Facebook: Power House World Ministries Leadership Academy
YouTube Channel: www.youtube.com/@PHWMLA
Church Phone: 410-342-1310



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Contributing Editor

Kendrick R. Tilghman

Entrepreneur, DJ, Educator, Outreach Specialist, Science Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) advocate.

Kendrick R. Tilghman is a Baltimore entrepreneur, DJ, educator, outreach specialist, and top Science Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) advocate. The vision of his company, 5 Starr Enterprise, is to become the premier resource for S.T.E.M. workforce diversity in the United States. His company educates and empowers communities to play

S.T.E.M. (Bringing Everyone More Opportunities and Relevant Experiences in S.T.E.M) is a National network that engages and excites communities about S.T.E.M. careers. B.E. M.O.R.E. S.T.E.M hypothesis is that increasing creative thinking in students' leads to increased academic performance. Mr. Tilghman has been praised for putting the "WOW" in S.T.E.M. education. A decade of work landed a strategic partnership to provide a scalable product (software and hardware), teaching the art of Djing using Mathematical Principles.

Mr. Tilghman has a Bachelor of Science Degree in Computer and Electrical Engineering, a Master of Business Administration and is looking to pursue his Doctorate in Engineering Research Education. He is a loving, devoted husband to Carole L. Tilghman, who has been instrumental in much of his recent accomplishments.





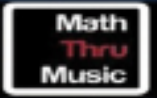
more active roles in S.T.E.M. related curriculum and fields. He believes this foundation will create greater opportunities in advanced education training and contribute to a more diverse workforce.

He founded a nonprofit, the BEMORE-STEM Foundation INC. B.E. M.O.R.E.



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WORKFORCE
DIVERSITY

PIPELINE FROM ENGAGEMENT TO EMPLOYMENT



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Contributing Editor

Dr. Louise Johnson

President, and CEO., Maryland Beverage Association Community Development Corporation. (MBACDC)

Very Important Announcement!

We're thrilled to share an exciting opportunity with you! The Maryland Beverage Association CDC is looking for friendly and enthusiastic Volunteer Social Media Influencer Chaperones to join us on an amazing trip to the beautiful Lifestyle

Holidays Vacation Resort in the Dominican Republic from July 23-29, 2025.

We know that your time and skills are incredibly valuable, and we believe that your talents in marketing, public relations, event planning, and technology can truly make a difference during this adventure!

As a thank you for your support, we're offering some fantastic perks, including free round-trip airfare from BWI Marshall Airport in Baltimore, Maryland. You'll also enjoy seamless transportation to and from POP Airport in Puerto Plata. Once you arrive, get ready to relax in an all-inclusive VIP resort accommodation, complete with a personal chef, maid service, and a golf cart to easily explore the resort! Picture yourself enjoying pristine beaches, fun entertainment, and plenty of luxurious amenities that will make you feel like a celebrity.

We're really excited about the possibility of you volunteering with us and sharing your skills!

If you're interested, please shoot me an email with your resume.
Looking forward to hearing from you!
Warm regards,

Dr. Louise Johnson, CEO
Maryland Beverage Association CDC
410-925-4056
taxietaxie5@gmail.com

Black Owned & Operated!

Dr. Louise Johnson has done so much for so many in her lifetime! It would take a book to talk about her educational experiences, business ventures and her social plus communities' activities!

Currently she has a great opportunity for us to calm down, relax and have some fun with the type of memories that will last a lifetime! Dr Louise Johnson has now made it possible to enjoy a vacation or just a getaway! Black People spend billions on travel and vacations, very little of that profit goes to us! Now she has made it possible for us to enjoy a first-class vacation at a first-class resort! I am talking about a top notch, top shelf exclusive vacation resort!

Watch the video, go to
<https://yourtimegetaway.com>

7 Waterfalls of Damajagua: Active, adventurous travelers will love this action-packed three-hour tour to the 27 Waterfalls of Damajagua. After energizing with some traditional Dominican food and drink you'll hike through the forest until you reach the waterfalls. Jump, slide, and swim through the refreshing waterfalls. Enjoy the views along the way while having a laugh with your friends.

Taino Bay & Amber Cove: You should do this tour until waterfall number 7, the tour start with a moderately hike where the real fun begins as you jump , slide down, swing under , and jump off on your way back down , you 'll head up with a tour guide who will make sure you jumping off of safe spots these gorgeous falls , some

of which have ancient legends from Taino Indians , this monument is part of the system of protected areas of the Dominican Republic. You will have a delicious lunch with Dominican rum include when you finish the tour in the waterfall. When you book, we will give you the time.

XDream Adventure: Adventure-loving travelers who are short on time in the Dominican Republic can do it all on this action-packed day trip. Instead of focusing on one outdoor activity you'll get the chance to ride an ATV, zipline into a pool and along forest trails, take a relaxing horseback ride, and slide and swim into the beautiful, refreshing Damajagua Falls. Refuel after all this fun with a home-cooked Dominican meal.

Puerto Plata City Tours: This is a great

choice for first-time visitors to Puerto Plata. Travel between dispersed sites in an air-conditioned vehicle and learn about the history and culture of Puerto Plata. Highlights of the trip include a visit to a rum factory, ocean views at San Felipe Fortress, a chocolate-making factory.

Puerto Plata City Tour & Cable Car: Experience the highlights of Puerto Plata's cityscape and its landmarks. Tour the Rum Factory, admire the local architecture, and take a smooth cable car ride up Mount Isabel de Torres, which offers sweeping views from top the city and the majestic statue, Christ the Redeemer.

Zip N Splash Adventure plus Horseback Riding: Explore the North Coast of the Dominican Republic!
Call us now to book your Getaway

Lifestyle Holidays Vacation Resort, Puerta Plata. The Dominican Republic

Join TNBUN In June For Our Get Away & Conference, For More Info. Call 410-925-4056



For More Information, Call: 410-925-4056

Or Visit Our Website: <https://yourtimegetaway.com>



Contributing Editor

Ava Ross

CEO, Tabula Rasa Domestic Violence, Inc.

Unspoken Masculine Pain: Domestic Violence Against Men

Domestic violence is often framed as a women’s issue—and while women are disproportionately affected, there is a critical and often ignored reality: men can be and are survivors of domestic violence. In a society where masculinity is associated with strength, control, and silence, male survivors frequently suffer in the shadows, unacknowledged and unsupported.

Domestic violence against men includes physical harm, emotional abuse, sexual assault, financial control, verbal degradation, and coercive tactics. According to the CDC, 1 in 7 men has experienced severe physical violence from an intimate partner. The abuse may come from female or male partners, and often involves manipulation, isolation, false accusations, and fear-based control.

Despite the prevalence, men often do not report abuse due to shame, fear of disbelief, lack of services, and cultural stereotypes that dismiss their victimization.

Many worry they will be ridiculed or that authorities will not take them seriously.

Stalking and Coercion by women is one lesser-discussed issue is female-on-male stalking and coercive control. Some women weaponize social media, GPS tracking, threats of false accusations, and emotional blackmail to control or terrorize male partners. Including having friends to share in the abuse by stalking them. In these cases, men may be forced to remain in unhealthy or dangerous relationships for fear of losing access to their children, being arrested on false charges, or damaging their reputation.

Forms of stalking and manipulation can include:

Repeated unwanted calls, texts, or social media messages

Showing up at their workplace or home uninvited

Threats of self-harm if the man leaves

Monitoring online activity or physical movements

Filing false reports of abuse or harassment

These behaviors are real. They are damaging. And they deserve the same response, intervention, and support as other forms of domestic abuse.

At Tabula Rasa Domestic Violence, Inc., we believe that every survivor deserves to be seen, heard, and supported—regardless of gender.

If you are a man experiencing abuse, know this: You are not weak. You are not alone. And you deserve help.

Let’s break the silence, challenge the stigma, and expand the conversation. Together.

Below we have listed some Resources for Men to Get Help:

Here are organizations and services that specifically support men experiencing domestic violence:

The Domestic Abuse Helpline for Men and Women

888-743-5754

Offers crisis intervention and support

1in6.org

www.1in6.org

Support for men who have experienced sexual abuse and assault

Men’s Rights Domestic Violence Shelter (Arkansas)

One of the few shelters in the U.S. serving men and their children

Men’s Advice Line (UK-based, international support)

+44 808 801 0327 | www.mensadvice-line.org.uk

Stop Abuse For Everyone (SAFE)

www.safe4all.org

Advocacy for underserved victims of abuse, including men

Hotline for Male Victims of Domestic Abuse (Canada)

1-888-664-2272

If you or anyone you know has experienced domestic violence and needs help, contact Tabula Rasa Domestic Violence, Inc. at (240) 720-7868 or visit us www.EscapeDVnow.com. If you would like to request Ava Ross as a speaker, contact, please contact via email Speak@IamAvaLove.com.

Article by Ava Ross. For over eight (8) years, I have been a leader in the Domestic Abuse industry, an international speaker, and the CEO at Tabula Rasa Domestic Violence, Inc.. Throughout this time, my focus has been on supporting clients who have endured domestic violence, education business about domestic violence in the workplace, and creating innovative solutions and tools for survivors of domestic violence.





Join Our Thrive Initiative

Provide Healing. Inspire Hope. Help Build Homes For our Pathway to Home Program. Learn how today - Your Help Saves Lives

www.TabulaRasaDV.org



Contributing Editor

Neal Spencer

Entrepreneur, Community activist

Podcaster & Organizer

Continued from page 1

in The National Black Unity News, and his desire is to have that similar affect of unity that the National publication has on the United States! His goal is to bring financial support, recognition, employment opportunities, and networking opportunities to black people in the state of Texas.

Here Are Some Reasons Why Neal Spencer believes Black Texans should participate

Why Black teamwork is unstoppable! When we come together, we build empires. Think about the power of unity in our communities. From historical movements to everyday achievements, teamwork is in our DNA. It's like the rhythm in our music or the flavor in our food – essential and vibrant. Picture this, neighbors supporting neighbors, businesses uplifting each other, and artists collaborating to create something timeless. It's not just about getting things done; it's about doing it with heart and soul.

Together, we've turned dreams into reality, challenges into opportunities, and setbacks into comebacks. When we unite, our strength multiplies. We inspire, support, and elevate one another. So, the next time you're working with your community, remember this, our collective effort

is our superpower. We are bold, we are brilliant, and together, we are unstoppable. Let's keep lifting each other up and showing the world the true meaning of teamwork. Because when we move as one, there's nothing we can't achieve.

Introducing The Texas Black Unity News, & Network? It's time to change that! Imagine a community where your business is supported, celebrated, and connected. That's what The Texas Black Unity News, & Network is all about! By joining, you'll get access to exclusive resources, mentorship, and a platform to showcase your products and services. But it's not just about business. It's about building strong relationships and uplifting our community together.

You'll find networking opportunities, workshops, and events designed to help you succeed. Joining is easy and the benefits are huge. Whether you're just starting out or looking to grow, The Texas Black Unity News, & Network has something for you. So, what are you waiting for? Let's build, grow, and thrive together.

Visit our website. You are invited to Our Zoom Meeting and to become a member today. Your business deserves it, and our community needs you! Join us, and let's make Texas a powerhouse of Black excellence!



Calling All Black Businessess

In The State Of Texas

Now Formulating

The Ebony Business Network

For More Information:

Contact:

Neal Spencer

(972) 587-6922



booking@spiffyspa.com

200 N Tone Ave. Denison, Texas

spiffyspa.com

(972) 587-6922

Coming Soon!

I have started my book called “Me and Cheese”. It is dedicated to my deceased son. For seven years we worked a detail business together. It is in his honor that I continue with the vision. Although it is difficult I press on. For years I wanted us to work together. He was a

gifted salesman. And I had all the ideas. Of course, every business wants to be prosperous. But the journey with your son was precious. Worth more than gold. We were always on the edge of financial breakthroughs. We would often express it to each other. Never give up on your hopes and dreams. Faith will always test your tenacity.



The Texas Black Unity News

Promoting Unity In Our Communities, We Are Keeping The Dream Alive!

If Not Us, Then Who? If Not Now, Then When?



Introducing The Texas Black Unity News

You Are Invited To Join Our Zoom Meeting Starting In May, 2025.

We Will Highlight. Support, And Promote Black Businesses & Services In The State Of Texas

For More Information Call:

David Mutrphy: 443-455-2373

Neal Spencer: 972-587-6922



Connecting Black Businesses In The State Of Texas & Beyond

Join Our Free Black Business Directory (Small registration Fee)

We Are In Our Pre-Launch Stage, Take Advantage Of Our Special Offer!

<https://ttbun.com>



Contributing Editor
Pastor Marlin T. Austin, Sr.
Anointed House of Prayer, Executive
Director The Help Outreach Center,
Life Coach, Entrepreneur

**Faith, Family & Real Talk:
The Rise of Pastor Marlin T. Austin, Sr.**

When you meet Pastor Marlin T. Austin, Sr., you're greeted with a firm handshake, a confident smile, and a presence that feels both powerful and down-to-earth. He's the kind of pastor who can preach fire from the pulpit, encourage you in the parking lot, and still slide a motivational message into your group chat. Authentic, anointed, and unapologetically himself he's a millennial man of God who's redefining what ministry looks like in today's world.

Baltimore-Born and Purpose-Built

A proud son of Baltimore, Pastor Marlin's story isn't polished it's powerful. He's walked through the same streets, faced the same struggles, and fought the same battles as many young people growing up in the city today. But where some see pain, Pastor Marlin sees purpose. "My past didn't disqualify me—it prepared me," he says.

On Father's Day in 2008, he accepted the call to preach and didn't look back. That same year, he delivered his first sermon at Greater Harvest Baptist Church under the late Rev. Errol D. Gilliard, Sr. Since then, he's been on a mission to bring raw, real, and relevant ministry to the people—whether in the church, the community, or the marketplace.

AHOP: Where Prayer and Purpose Collide

In 2015, God placed a vision in his heart to build a ministry rooted in transformation and truth. That vision became The Anointed House of Prayer Ministries

(AHOP). A mobile church, AHOP meets at Mary E. Rodman Elementary/Middle School right in the neighborhood where Pastor Marlin grew up. It's a multi-generational church where some members remember Pastor as a child, grew up alongside his mother, or were cared for by his grandmother. Neighbors and friends from "around the way" often stop in, always finding a warm welcome and a familiar face. It's more than a church, it's a movement. AHOP is where people come as they are and leave changed. Where judgment has no seat, and healing has the mic.

Ministry That Moves

Pastor Marlin isn't just preaching—he's

out here working. In 2021, he stepped into the role of addiction counselor, bringing hope and healing to people fighting personal battles. Whether behind the pulpit or across a desk, he's helping others discover freedom through faith and action. Many of his clients have even visited AHOP after connecting with him through his counseling work, drawn by the authenticity and compassion they experienced. His outreach has also reached a local assisted living facility, where patrons who first met him during his visits there later expressed a desire to attend AHOP in person.

He's also the Co-Founder and Director of The Help Outreach Center (THOC), a Maryland-based nonprofit serving Baltimore's underserved neighborhoods with education, training, and practical support. It's his way of living what he preaches: "Be the hands and feet of Jesus in your own backyard." One of THOC's signature initiatives is the free 8-week Sterile Tech Preparatory Program (STEPP), equipping participants with the skills and credentials needed to step into in-demand healthcare careers. Through partnerships with University of Maryland Upper Chesapeake Health and Kaiser Permanente, STEPP participants can complete their required hours in real-world hospital settings, giving them a clear pathway from training to employment. Beyond workforce training, THOC also partners with

the Allendale Community Association to provide volunteers for its monthly food giveaway, ensuring families in West Baltimore have access to nutritious groceries and a welcoming smile. The Author's Pen & The Pastor's Heart

Adding "author" to his resume, Pastor Marlin continues to use every platform God gives him to uplift and empower. His debut book, *From Sinner to Saint: A 40-Day Devotional*, is just like his preaching transparent, bold, and spirit-led. His words speak to the soul and stir up purpose, reminding readers that transformation is possible no matter where you start. But behind every sermon, book, and community project is the man who treasures the ministry of home just as much as the ministry of the pulpit. Faith, Family, and a Whole Lot of Love

When he's not preaching or serving, Pastor Marlin is a full-time family man. He's been married to his middle school sweetheart, Tiffany Austin, for 17 years. Together, they're raising three amazing kids—Taylor, Marlin Jr., and Mason plus their lovable dog, Milo. The two make a dynamic tag team when it comes to family life, coordinating football practices, cheerleading events, dance recitals, piano lessons, school activities, and social events so that everyone feels supported and seen. Whether it's family game night or tackling real-life struggles, he brings his full heart into everything he does. It's this same commitment to his family that fuels the passion and purpose he carries into every arena of leadership.

**The Man. The Mission.
The Movement.**

Pastor Marlin T. Austin, Sr. isn't just leading a church he's leading a generation toward hope, purpose, and lasting change. He's proof that you can walk boldly in your calling, love Jesus deeply, and still show up in sneakers and a hoodie. He's a voice of hope, a vessel of truth, and a reflection of grace in motion. So, whether you meet him on a Sunday morning, at a community outreach event, or through the pages of his next book one thing is certain: Pastor Marlin is on assignment, and he's just getting started.



The Anointed House of Prayer Ministries
3510 W. Mulberry Street, Baltimore, MD 21229 www.ahopministries.org

2025

POSITIONED
FOR
PURPOSE

Pastor
Marlin Austin Sr.

Minister
Tiffany Austin

For I know the plans I have for you,"
declares the Lord, "plans to prosper
you and not to harm you,
plans to give you hope and a future."
Jeremiah 29:11



America has sold us a lie! A deadly lie wrapped in a polished narrative that the unarmed killings of Black men during routine traffic stops are “normal.” A lie that conditions the public to accept state violence as business as usual. But the creators of the MYTH App refuse to accept that falsehood. We watched too many mothers bury their sons. Too many families ripped apart while politicians offered “thoughts and prayers” and police departments offered “training” that changes nothing. Silence is not peace, it’s permission. And permission is complicity. We will no longer act as silent participants in our own oppression.

The MYTH App was born from righteous anger, forged in lived experience, and built to arm the people with the most powerful weapon possible in the 21st century: Truth in real time.

The Architects of Resistance

Anthony Hill – Founder & CEO

Anthony Hill grew up in Pomona, CA in the 1980s—the height of the Reagan administration’s Mass Incarceration era. He saw his neighborhood swallowed by the war on drugs, where low-income Black and Brown communities were criminalized instead of protected. The streets taught him the ugly truth: safety for some meant danger for others. After earning a B.S. in Criminal Justice and working inside the system, Anthony realized reform from within was not enough. The system wasn’t broken—it was built this way. MYTH became his answer to a lifetime of watching his people survive under the barrel of a gun and the weight of a badge.

Reginald Fountain – Co-Owner

Raised in San Diego during the late ’60s through the mid-’80s, Reginald Fountain came of age in a city split by racial lines. Private school classrooms revealed early what America tries to hide: opportunity

isn’t given equally. As a young Black man, he faced the sting of racist hiring practices and the cold steel of racial profiling during traffic stops. Those experiences did not break him—they forced him into a man determined to demand dignity, respect, and equality for all.

Selwyn Jones – Co Owner

Selwyn Jones grew up in the Jim Crow South, where racism wasn’t hidden—it was the law of the land. Poverty and oppression were daily companions, but nothing prepared him for May 25, 2020, when he watched his nephew, George Floyd, publicly executed by police in

evidence without tipping off the abuser.

Kidnappings – Instantly transmit location and video to trusted contacts and the MYTH witness network.

Natural Disasters – Flag your location to receive rescue support or notify others in disaster zones.

Medical Emergencies – Broadcast urgent help requests when seconds matter.

Armed Robberies or Active Threats – Keep a live record and connect to help while staying as safe as possible.

ment conduct.

Know Your Rights Page – Vital, plain language information on your rights so you’re always armed with knowledge.

News and Events Feed – Live updates on public safety alerts, and critical happenings in your community.

Plus, More...

These aren’t “nice-to-have” features. They are survival tools in a nation where calling for help can be a death sentence.

The MYTH Oath

I will do more than just voice my opinion to family and friends of the injustice I see. I will put myself purposely in uncomfortable positions for good reasons. I will no longer reside in a state of arrested development. I will not be selective in my speech; I will loudly speak up and bring attention to unethical behavior. I will be the match to set good people on fire with righteous flames. I will lay down at night in peace because I fought the good fight!

For the People. For All People

The MYTH App is not a corporate product. It is not designed for profit over people. It is a lifeline for anyone who needs protection - Black, Brown, White, Indigenous , Asian, Immigrant, Citizen, Poor, Working Class - anyone facing danger, injustice or emergency. It is a people’s tool, made by those who have lived the reality of oppression, for those still forced to survive it every day. We didn’t create this app to ask permission. We created it to take back power!

We stand united in our mission: the MYTH App will serve only the people, protecting, empowering, and ensuring no injustice goes unwitnessed ever again.



Coming Soon!

Empower **Your Safety** During Traffic Stops with Myth

Nowadays, traffic stops can escalate quickly, sometimes due to misunderstandings or lack of information. Myth equips you with the tools and knowledge to handle these situations calmly and safely.

Download on the App Store

GET IT ON Google Play

<https://www.mythsafe.com/>



Contributing Editor
Leslie Vass
Community & Social Activist

Introducing Leslie Vass

I would like to introduce myself to you and share my experience here in Baltimore Maryland and ask your opinion and support on my situation of injustice.

In February 1975, I was arrested for the crime of armed robbery of the neighborhood store I resided nea my home in the South Baltimore Community of Westport. At the time of my arrest, I was 17 years old and attending Southern High School and working at the Muhley’s Bakery near Cross St Market. My life at that time was confusing to me but it wasn’t to the point I’d consider committing any criminal activity. My Mom’s was a Single Parent raising 3 Boys, I being the eldest, was automatically the caretaker of my younger Brothers while she worked for Baltimore County Board of Education as a custodian. Back then, in the era I grew up in, at certain times of night, we had to be in the house or on the front where we could be seen. Growing up, I learned how to cook and care for myself and my Brothers, walking them through the Old Projects to the Daycare Center before heading to Westport Elementary School #225.

My childhood friends who grew up with me became my mental support while I was imprisoned and I longed to know what progress they had achieved in life as I sat imprisoned wrongfully.

When arrested, you can understand now that I was terrified and not understanding the criminal procedures which were happening. My Mom’s retained an attorney named Mr. Robert P. Conrad Esq, who did not do anything but take her money, and help the Baltimore City State Prosecutor Railroaded me into a 20-year sentence July 18th, 1975. As I reflect over my case, years ago, I recognized the dynamics that were involved with imprisoning me wrongfully. The victim of the robbery was a pt delivery driver for the neighborhood store “Westport Pharmacy” located on Annapolis Road – See his testimony video WBAL TV Jack Bowden Interview <https://share.icloud.com/photos/096EjgI37qLjLY-fSBgy3dxqA>

While imprisoned at the Maryland State Penitentiary, I began to talk with the men on “Death Row” about my case and they told me to “learn what was done to me” to be able “to give it back!

I began studying law, the elements of the crime that I was charged with, how I was charged etc by indictment or by way of criminal information, which is how I was charged. The fact that there were other men involved in this crime I didn’t know who plead guilty before my arrest.

When I went to trial July 2nd, 1975, before Judge James A. Perrott of the Supreme Bench for Baltimore City I had no idea that 2 men were arrested the night of

the crime happening and they admitted to robbing the victim. I also learned the robbery happened November 2nd, 1974, but I was arrested February 15th, 1975

My original charging documents were that I robbed the drugstore, not a pt delivery driver of the pharmacy, major issues which I never knew about until I started receiving documentation from Freedom of Information Act requests I filed for.

During my time imprisoned, I would not play basketball, which was my love. It hurt to be imprisoned not understanding “why”, until the day I went to my Post Conviction Hearing and Mr. Robert P. Conrad Esq, my trial attorney eased over to me and said, “nigger you’re going to serve that 20 years”. Until that day I recognized “why” but HE SEALED The Truth FOR ME. I’d served over 5 years at the time of that hearing. I was reclassified from the Maryland Penitentiary to MCI-H in Hagerstown Maryland and that drastic change was more devastating to me mentally. The facility is known as the “Farm & Old Jail”. The facility at that time was run by Senior Racist Klansman. The 1 African American Correctional Officer was named “Monroe” and the other Officers treated him like he was one of us. During my time in Hagerstown MCI facility, I observed KKK rally meetings in the Big Yard Area, Cross Burnings and then someone’s cell door would be opened, and the inmate would be brutalized. At that facility, I learned to be still and observe the actions of others. Not words of affirmation. In my parole hearings I was told that “I had authority issues” and “refused to accept responsibility for the crime I committed”, but after explaining I did not commit the crime I was told it’s the only way I can make parole. I recognized I would not get paroled and face reality I would serve the total term 14 years and 9 months with good time credits.

In 1982 while housed at the Md House of Corrections in Jessup Maryland another inmate came up to me during a basketball game in the recreation yard and told me he knew I was innocent of the Armed Robbery because his ½ Brother was the one I was mistaken for. He told me he had a picture of his brother taken around the time the crime happened, and I should have my attorney send an investigator out to the victim to ascertain the fact of the mistaken identification. This fellow also explained to me that his brother was an informant for the Detectives in charge of investigating the robbery itself. Detectives Nelson and Detective Fisher. After receiving this information, I contacted the newly elected Baltimore City State’s Attorney Mr. Kurt L. Schmoke advising him of this situation, but his Assistant Mr. Clifton J. Gordy refused to assist me. I then filed a 1983 Civil Rights complaint but was advised to finalize my issue with the State of Maryland’s Court and if I do not get recourse as expected I should refile in U.S District Court for Maryland.

I then refiled a subsequent Post Conviction Petition and awaited a hearing for over 2 years before finally getting one before Judge Robert Bell October 16th,1984, at this time I was granted a court release. After my release I became my own advocate because there were no organizations or associations that helped wrongly convicted people like myself. The only other case I heard of like mines was the Rubin “Hurricane” Carter case and he was in Canada. After meeting with numerous television media reporters and newspaper media members my story was reported on in DC and Maryland. I reconnected with Maryland Congressman Parren J. Mitchell whom I originally contacted when I was imprisoned in Hagerstown about my friend Terrance Johnson whose case was about the corruption and physical abuse of PG County Police Officers

Please review the facts of my case at Leslie-Vass.Com

THE LESLIE VASS MOVEMENT

DATE: Sunday
September 21st
3-6 pm

VENUE:
5814 Harford Rd
Baltimore, MD

Leslie Vass
September 2025 Returning Citizens Award Recipient
Celebrating Rising Stars

Tickets \$25 p/p

Cashapp
\$WhatUpBaltimore

Zelle
443-297-4753

EVENTBRITE
@E2R 2025 AWARDS

Hosted by
Dr LadyJ

WRONGFUL CONVICTIONS

This fight goes beyond one man’s story, it’s about safeguarding justice, protecting human rights, and ensuring no one is left to endure a lifetime of injustice. Wrongful convictions devastate lives and erode trust in the justice system.

HELP HIM TO HELP OTHERS
Donate Now! Cash App: \$Legal9757

The Leslie Vass Story



Right to Freedom

At 17, Leslie Vass was wrongfully convicted of armed robbery in Baltimore, Maryland, in 1975. Despite no prior criminal record, he was sentenced to 20 years in prison based solely on mistaken eyewitness identification.

Determined to prove his innocence, Vass educated himself in law while incarcerated. In 1984, after discovering the true perpetrator’s identity, he facilitated a re-investigation that led the original victim to recant his testimony. This pivotal development resulted in Vass’s release in October 1984, after nearly a decade behind bars.

We Must Unite To Combat These Social Ills
Join The Movement! Go To:
<https://www.leslie-vass.com/>

Baltimore UNIA-ACL Division 106 BARCA-CLARKE

Universal Negro Improvement Association – African Communities League (UNIA-ACL)

The Honorable Marcus Mosiah Garvey established the UNIA ACL on Monday, July 20, 1914 in Kingston, Jamaica. Mr. Garvey built a mass organization that went beyond mere civil-rights agitation and protest and based itself upon a definitive, well-thought-out program that would lead to the total emancipation of the Black race from foreign dominion. The UNIA is a charitable, constructive, educational, friendly, humanitarian, institutional, social, expansive society and its members pledge themselves to conserve the rights of the black race.

The Baltimore Barca-Clarke division #106 of the UNIA-ACL was founded by

Public Declaration on August 15, 2020, and Officially Chartered on January 6, 2021.

Our Sole mission is attending to the task of Helping and Healing our people in the Baltimore Metropolitan Area. We follow the teachings of The Honorable Marcus Garvey to build Solidarity, Strength and Self-Sufficiency in our Communities.

In the Spirit of Hannibal Barca and in the footsteps of John Henrik Clarke, we will Inspire, Activate and Educate our people about their African History and The Pan-African Liberation Struggle



Everett M. Winchester

As president of the Baltimore Division of the UNIA, it is always a pleasure to serve the community of Black people. I am very proud of the work our division is doing in Baltimore uplifting our race. But we must push for more. Until we overcome the systematic oppression our people are under, we will continue to be on the bottom and losing the bottle of education, resources, and economics. I ask that you join us in our efforts to rise above by pushing the philosophies of Marcus Garvey and the UNIA-ACL.

TO JOIN PLEASE GO TO THE LINK BELOWOR SCAN BARCODE
<https://uniabarcaclarke.com/unia-acl-application/>



THE BIG MAN IN HARLEM

On August 17, 2024, the day the honorable Marcus Garvey was born, Michael Duncan led the UNIA in a phenomenal parade in Harlem NY. The significance of the parade on Garvey’s birthday symbolized a resurgence in the UNIA. The UNIA had 3 floats, horses in RED BLACK AND GREEN, drummers, dancers, and poplar elders like Dr Leonard Jeffries and his wife.

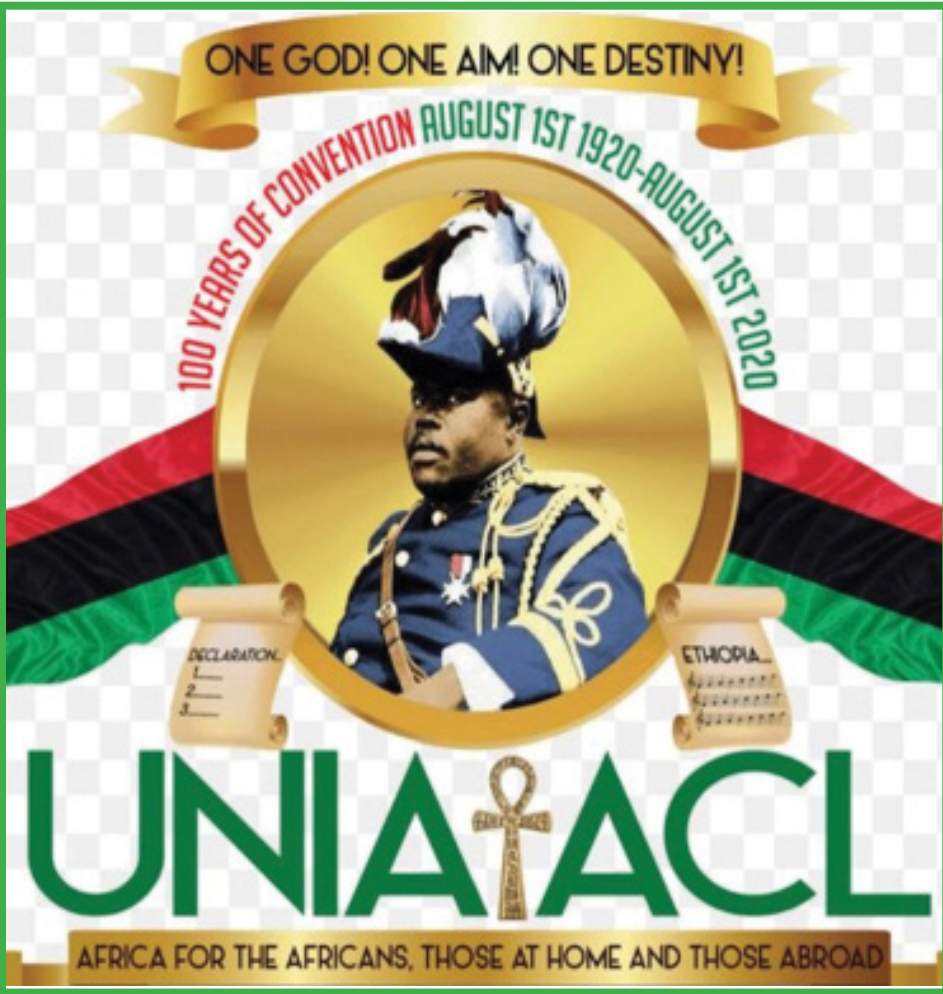
“It was wonderful to feel the love from Harlem “said African Legion (Military of the UNIA) Frank Shaw from Baltimore.



Michael Duncan and the resurgence of the UNIA.



Under Michael Duncan, the UNIA has taken a turn with new, energetic leaders and the world has taken notice.



Everett M Winchester
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Contributing Editor
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Women’s Health, Reproductive Health, and
Planetary Health.

Empower Women, Support Health: Help Us
Make a Difference!

The B’MOM Women Health center is committed to improving women’s health and well-being in our community. We’re proud to offer FREE workshops to educate women on critical topics like women’s health, reproductive health, and planetary health. Your generous donations will help fund these vital programs and ensure women have access to the knowledge and resources they need to thrive.

Outreach to underserved women who
need support the most

How You Can Help:

Donate online at
<https://www.b-mom.org/>

Your contribution will empower women
and provide them with the tools to
lead healthier, more informed lives.

Your support will help fund:

Free community workshops on wom-
en’s health and reproductive care

Educational resources on planetary
health and sustainable living

Access to expert medical advice and
counseling

For more information, please contact
us at 443.972.0469 or visit
<https://www.b-mom.org/>

Together, we can create a healthier com-
munity for women and their families!

Partner with B’MOM: Empower
Women, Transform Health!

Join us in improving women’s health

and well-being! B’MOM Women Health
Center is seeking partners to help expand
our impact through workshops, educational
resources, and expert support. Together,
we can empower women with the knowl-
edge and resources they need to thrive.

How You Can Collaborate:

Co-host workshops on women’s health
Share educational resources and expertise

Provide outreach to underserved com-
munities
Let’s create lasting change together!

For partnership inquiries, contact us at
443.972.0469 or visit
<https://www.b-mom.org/>.

Partner with B’MOM: Empower
Women’s Health

B’MOM Women Health Center is seek-
ing corporate sponsors to help provide
free workshops, health education, and
expert support to women in our commu-
nity. Your sponsorship will directly fund:

Workshops on women’s health and
reproductive care

Educational resources on sustainable
living and planetary health

Counseling and expert medical advice
for underserved women

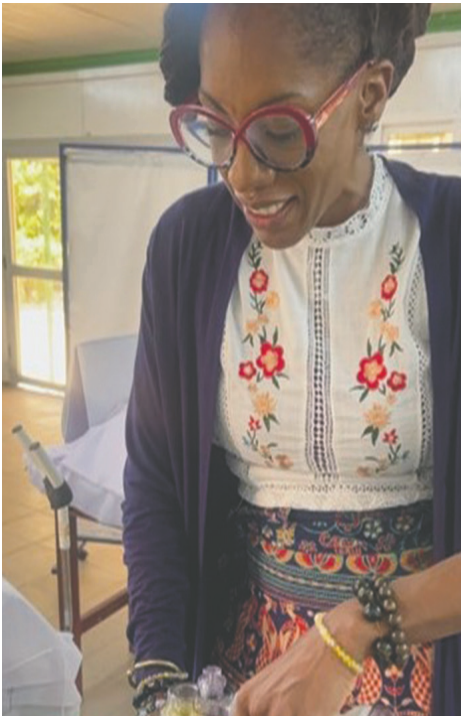
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🌱 **Our Mission:**

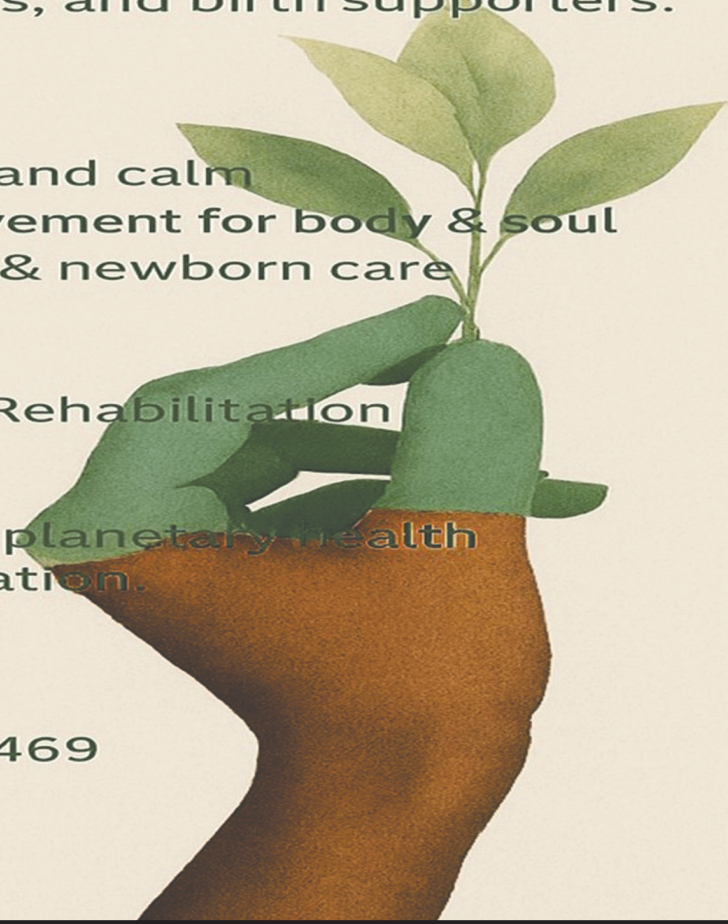
To nurture maternal, neonatal, and planetary health
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📞 Contact Klara Annibal: 443.972.0469

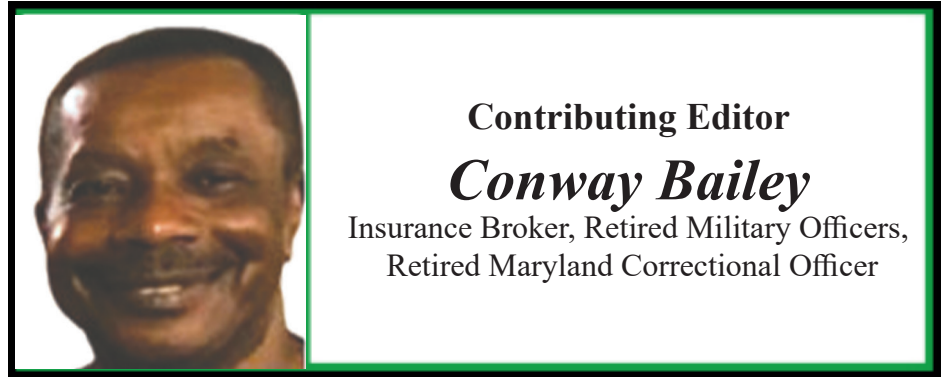
**Let’s normalize pregnancy
and birth – together.**



Klara Annibal

<https://www.b-mom.org/>

443-972-0469



Contributing Editor
Conway Bailey
Insurance Broker, Retired Military Officers,
Retired Maryland Correctional Officer

LONG-TERM/SHORT TERM CARE

Did you know...?

70 percent of individuals over the age of 65 will require extended care service at some point in their life. (Genworth 2020 Cost of Care Survey)

The average Cost of Care in the U.S. is \$105,850 per year for a private room in a nursing home; \$93,075 for a semi-private room in a nursing facility; \$51,600 for an assisted living facility; and \$19,240 for adult day healthcare. (Genworth 2020 Cost of Care Survey)

63% of CAREGIVERS use their own retirement and savings funds to pay for care. (Genworth 2020 Cost of Care Survey). 66 per cent of families keep their loved ones at home. This places a financial

and emotional burden on the caregiver(s). 40 per cent of CAREGIVERS suffer from emotional and mental anxiety while caring for a loved one. Unfortunately, sometimes CAREGIVERS become ill themselves from the burden of caring for a loved one.

Medicare does not pay for long term care services. They cover only 100 days of skilled nursing care and no custodial or home care. So, if a family member is going to keep a loved one at home, they may have to handle the financial, physical, and emotional burden of caring for their loved one. For the readers who are younger than 65, your health insurance will not cover long term care, especially home care.

To my seniors, we must accept the fact that we are getting older and we stand a 70 per cent chance of needing extended care. We can pretend that we will be in the 30 per cent, but the odds are not in our favor. For those under 65, this is an opportunity to learn about long-term

care while it is affordable. We cannot ignore the reality of getting older.

What is the answer? Learn about long-term care. Stop saying it is too expensive without learning about how it works, and the actual cost. It is more expensive NOT to learn about long-term care than its actual cost. Getting long term care is not about the sick. It is about the caregiver. When you purchase long term care, you show your family that you love them. We must express that love by doing all that we can to protect our potential CAREGIVERS. Most of us do not have time in our lives to be a care giver. Nobody plans for this! We must do the responsible thing for our family!!

For additional information about long-term care, please contact me
[@cbailey@healthmarkets.com](mailto:cbailey@healthmarkets.com)
Conway T. Bailey,
Independent Insurance Broker

Medicare Does Not Cover Home Care Cost

As we age, there are realities that we must face: 70% of Americans 65 years old or older, will need long term care and custodial support. Everyone thinks that they will be in the 30%, but the numbers say to plan otherwise.

The cost of long-term care can be shockingly high. The median cost of home aid is \$5,000 per month, while rooms at a skilled nursing facility are \$9,034 per month. Medicare will cover the first one hundred days (lifetime maximum) for skilled nursing care but not for custodial or home care. Medicaid will pay for custodial (home) care after you have “spent down” virtually all of your assets (\$3,000 maximum)

You have multiple options to pay for home or facility care:

- Self-care (family and friends)**
- State provided care through Medicaid.**
- Purchase facility or home care insurance.**

Long-Term Care Insurance is increasingly important due to rising healthcare costs and the growing likelihood that individuals will need long term care services,

even if they have health insurance. Most health insurance plans do not cover long term care. It helps to manage the financial burden of chronic conditions, disabilities, or age-related impairment that require ongoing assistance with daily living tasks.

Short-Term Home Care (different from long -term care in that it is exclusive to provide care in a home) is needed because 66% of family members keep their loved ones at home instead of placing them in a facility. Studies show that providing home care to a family member can be burdensome to the caregiver. It can cause stress and anxiety for the family member receiving the care and to the caregiver.

Many caregivers become ill themselves while caring for a loved one (suffering burnout). The cost of long-term and short-term care is based on age, if you are younger, it will be less expensive. It will be more expensive as you grow older. Purchasing a long-term or short-term policy will give you an opportunity to protect your family from the burden of caring for you when you are in need of care.

Please do not prejudge the cost of long-term or short-term care. Please call 443-564-9496 and obtain a personalized quote. The best time to investigate is now when you are still in good health.



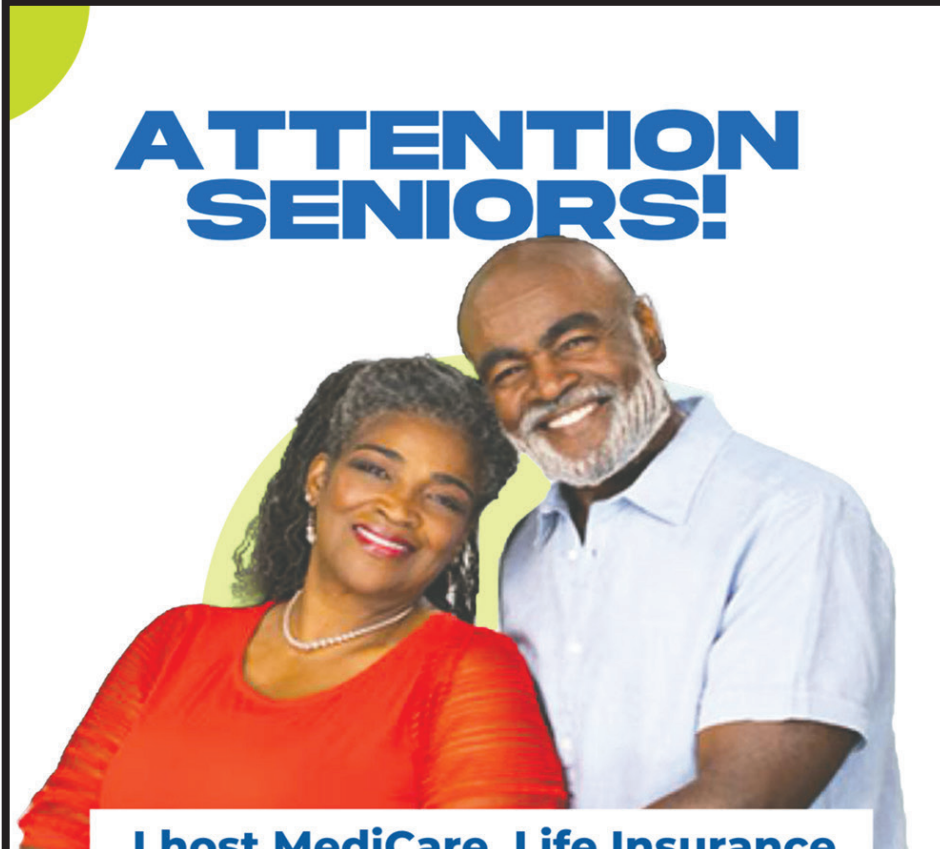
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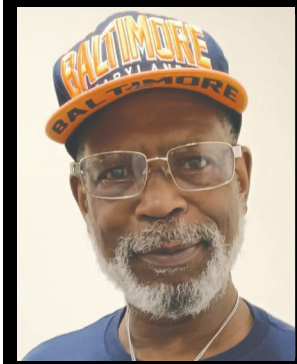


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Contributing Editor
Abu Jamal
Writer, Activist, Author

Re~Entry! Returning Citizens!

These terms are referring to our Brother's & Sister's being released from the Penal System.

On Sundays as Bro. Leslie A. Vass /G\, Maryland's first *exoneree*, was driving your Brother to The Temple of New African Thought {TNAT} for our weekly Holistic Healing Circle, he was expressing his gratitude & appreciation for what we of the Lodge of Wisdom are doing for & w/our Brother's & Sister's in the Penal System.

Your Brother on behalf of the Lodge of Wisdom has a personal connection & relationship w/currently thirteen (13) Brother's throughout six (6) Institutions in the State of Maryland.

What's unique about this is first the/ that personal connection, second this relationship is solely predicated on their individual striving & yearning to & for the Recollecting the "real" w/in Self & the Reconnection w/the Deity of their understanding, proportionately!

So, saying, if a Brother goes to another Institution or is able to connect w/another Nubian in the same Institution, this connection isn't based on Religion, Gang Affiliation nor Protection, etc., but solely predicated on them all having a shared *internal* aim & goal ~ third uniqueness.!

The fourth uniqueness being that the Loved one's & Families of our Brothers have & are noticing a remarkable difference & growth in their Loved one's; a refining & a polishing that they never even thought nor considered would occur & especially, in the bowels of the Beast & on this Level.

The fifth uniqueness is that the Lodge of Wisdom created a SUPPORT GROUP w/the Loved one's & Families of our Brother's. Here again, I have a personal relationship & connection w/them all.

Some are now beginning to enquire in earnest, as to what is this Nubian {New Being} Science that's literally chang-

ing & transforming their Loved ones.

W/our Brother's on the inside they all know of each other & communicate among themselves via your Brother. I will say w/State now providing tablets, that has greatly increased & facilitated the information flow which is ongoing & continuous.

At this point I think a valid question would be; how did the Lodge of Wisdom get such an unique foothold & placement in the Penal System?

The first GM of the Lodge of Wisdom, Shaikh Qabil Abdul Mannan (Warner Hill) & my Maternal Uncle had the unpleasant fate (but Qabil == one (1) who accepted his fate) to spend the last twenty (20) + years of his life in the System.

He told me & us that he wouldn't die behind these *walls*. In what turned out to be his last journey, myself & his two (2) Son's being his medical & legal representatives, after gaining word that he was in the Hospital, we were denied information on him & denied access to see the GM for close to a Month.

Finally, ~ on a Thursday evening (Oh' what a Thursday evening) we were granted permission to see him. He was in a coma. He had enough strength, power & energy (internal & real) to hold out & to hold til we three (3) could/would see him.

Thus, we Prayed w/him but on his behalf, for again, what would be his final Prayer.

2:00am the next morning ~ Friday morning our beloved GM Transitioned. For Muslims it's a Blessing to die on a Friday, which for us is the best Day of the Week.

While in the System our GM taught the Science & the Reality of life & had several Students who sat at his feet, I was in contact w/several of those Nubian Brother's & had established a relationship & connection w/them while the GM was alive.

Upon his Transition, all communications & instructions transferred to me & through the Souls & Spirits of our striving Nubian Brother's there the Nubian Science, is spreading & growing w/in the System & is continuous, w/one (1) Brother reconnecting w/us after hearing of your Brother.

For all of the above & more is why Bro. Vass expressed his sentiments regarding the Lodge of Wisdom & what's being done on behalf of our Brother's & Sister's in the System.

He lamented that he & they had no one (1) to take such a personal interest in & a genuine concern for them as people, much less worthy of gaining that which is truly beneficial. And w/him working tirelessly since his exoneration on behalf of our Brother's & Sister's in the System since the late 1980's, sadly again, the multitude of Support Groups throughout the Country, which he has visited on behalf of the "rights" of our incarcerated Family & especially, as it relates to exoneree's, do not & have not considered or employed that personal touch, connection & relationship, he noted.

Bro. Vass said that he would continue to support what we're doing for & w/our Brother's & Sister's & note he's in our SUPPORT GROUP.

Life has made it such that Bro. Vass has been able to take me to TNAT on Sunday's & these Sunday's have evolved into "CONFIRMATIONAL Sunday's".

I currently writing our Brother's Life & Story & there's a Movie about his life & experiences in production.

Re~Entry! Returning Citizens!

These terms are referring to our Brother's & Sister's being released from the Penal System.

Referring to these terms, Bro. Vass said these terms mean nothing & in fact, it means a person returning to the same World, Society, System & Environment that was either in part or in whole responsible for them being there in the System in the first place.

Most go into the System as dead people Internally, Religiously & Spiritually, i.e., as *Tobors & Moreteasirians* & very few strive to become Nubian &/ or stay on that Course upon release, w/ out the necessary Resources & Referrals across-the-board geared for him/ her & them, to continue to forge ahead for *refinement* of self & the reconnection w/the Deity of their understanding!

So, Bro. Vass said, the Lodge of Wisdom is providing tried & proven ways & means for our Brother's so when they're released, they are Men, Father's, Husband's, Brother's, Uncle's & consciously productive towards themselves, our People & the Cause!

I would be remised if I didn't note there was a Sister (& Institution not mentioned in the numbers above), however upon her release we've lost contact. There's also a Brother that was released & he's w/us & in our SUPPORT GROUP.

P.S...so Brother Vass has an perfect vantage point to assess & gauge what we of the Lodge of Wisdom are doing & the positive ensuing impacts on a number aspects, relative to our Family in the Penal System in Maryland, which is endemic throughout the Penal System in the United States of America.

@ Tobor(s)...Robot spelled backwards; thinks & acts in a mechanical way like automation w/out conscious thought or action

@ Toborland...The land of the robots

@ Moreteasirian(s)...Plural of Moretea-sir = pronounced/more-tea-sir; equated w/your uncle toms, or uncle abduls, house flunky or yes sir man

@ Nubian...New Being, New Person, Born Again, a Person w/Knowledge, Wisdom & Understanding, not Black or African or Afro-American

Taken from the Glossary of my Book: "TRUTHS".

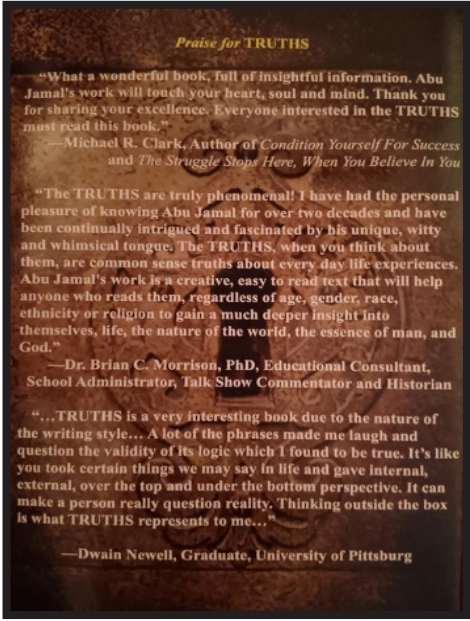
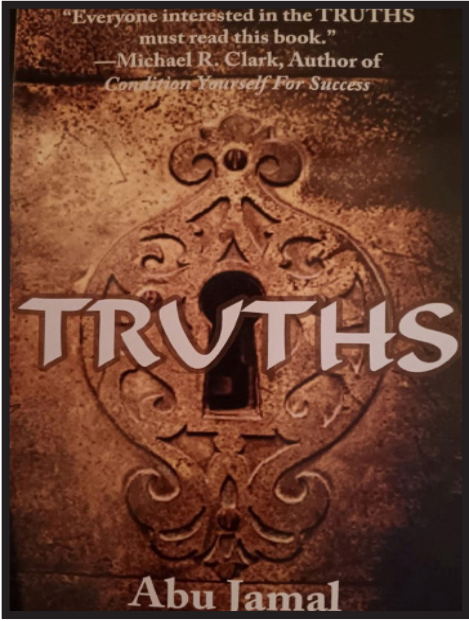
PERSONAL CONNECTION & RELATIONSHIP..

Do we REALLY REALIZE & UNDERSTAND the worth, need & the value of that personal relationship & connection, that even you, my respected reader, have oftentimes considered & pondered over?

By the Leave & Permission of Allah, He has put your Brother & the Lodge of Wisdom in our midst as a true & living example of the POWER of that/ the personal connection & relationship, the/that connection & relationship!!!

*GM Abu Jamal Mannan
The Lodge of Wisdom*

*The Truth, no matter who it may SHAME!
The Truth, no matter whom it may ENNOBLE*



More Books Are Coming! Contact Abu Jamal, lodgeofwisdom@gmail.com 443-967-9829



Contributing Editor
Bishop Charles D. Eatman Sr.
Pastor, Educator, & Servant!

Introducing Bishop Charles David Eatman Sr.

My name is Bishop Charles David Eatman Sr., a product of Harlem, New York City, where I was born and bred. I have traveled the world but have always considered my beloved Harlem as my home base and called assignment from the Most High God Our Savior.

I have been married to my wife, Lorraine, for sixty years and we have been blessed with four biological children, seven grandchildren, and one great grandchild enroute to us from heaven.

I have served the Mt. Pleasant Community Church, formerly, Mt. Pleasant Baptist Church-a hundred-year-old Christian ministry, for forty-four years as pastor.

It has been my privilege to be the founder and administrator of Mt. Pleasant Christian Academy International.

My mission for MPCC has always been to share the message of Jesus the Christ to all of God’s children, “That they might know Him and the power of His resurrection.” This sharing of the gospel is tucked away in every nook and cranny of where the Holy Spirit of God shall lead.

Our ministry is felt in Harlem and throughout New York City, the country, and internationally. The Bible Conference Line, a major ministry of MPCC, is heard daily on Zoom at five forty-five each workday morning. This ministry touches lives throughout the nation, and into other nations.

The Zoom access code is 974-810-9764, and the phone number is 253-215-8782.

Mt. Pleasant Christian Academy International is a State Department of Education registered school certified to issue high school diplomas. We have served New York City and neighboring communities for forty-three years. The major mission of MPCA is to: “Train up a child as he should grow, so that when he is old, he will not depart from it.” Proverbs 22:6



The MPCA developmental process is multifaceted, too numerous to delineate in this communique. Nevertheless, there are three aspects that must be shared:

We provide an individualized learning environment where students learn at their own learning style, and at their own learning pace.

Our curriculum is Christ-centered, although a student does not have to be a believer in Christ to be admitted. The Christ-Centered curriculum builds knowledge, character, discipline, and respect

for God and man. The Bible is our primary textbook for learning and growing.

One of the most exciting and growing aspects of MPCA is the travel component of our curriculum. Upper-level students, beginning at around fifth grade, travel to cities, states, and countries in the Unites States and abroad.

We have observed student growth in unmeasurable ways, as we visited Spain, France, Italy, Senegal, Mali, South Africa, Egypt, Israel, Barbados, Dominican Republic, Belize, Ivory Coast, Haiti, Puerto Rico, Jamaica, and Panama.

These international excursions are learning experiences that will last for a lifetime. They provide mental, emotional, and experiential growth experiences for their college careers and beyond.

The greatest joy of my existence is to be in the service of the LORD through education. This call causes breath to

we serve students from Pre-K through 12th grade, ensuring they receive the highest quality education and graduate with board-certified diplomas, preparing them for top universities and successful careers.

At MPCA, we recognize that every child learns differently, which is why we emphasize customized academic support through Individualized Success Plans (ISP) designed to help students grow with confidence. Our rolling admissions policy allows students to enroll at any time throughout the academic year, ensuring that education remains accessible and flexible to meet the needs of every family.

Our accelerated learning model challenges students to progress up to two years ahead of their current grade level, equipping them with the skills and discipline needed for lifelong learning. Beyond academics, MPCA offers a dynamic curriculum that integrates STEM, leadership training, and creative arts, providing students with a well-rounded education. Students also engage in enriching extracurricular activities, including music, theater, dance, woodworking, and arts & crafts, while participating in nationwide college tours that expand their horizons and prepare them for the future.

At MPCA, we don’t just educate ourselves. We believe that every student has unlimited potential, and it is our mission to provide them with the tools, resources, and encouragement needed to achieve greatness. Your child’s future starts here. As the apostle reminds us: “For me to live is Christ, and to die is gain.”

We are prayerfully in search of additional financial support, to advance and enhance educational opportunities for our children.

permeate throughout my entire body.

A Legacy of Excellence, A Future of Possibilities

For over 40 years, MPCA has empowered students with a personalized, student-first approach that fosters excellence, discipline, and leadership. Our graduates have gone on to top universities and successful careers across industries.

Why Choose MPCA?

As a fully registered institution with the New York State Department of Education,

Kindly, contact us to commit your support for Christ-centered education. Thank you for caring and sharing.
Mt. Pleasant Christian Academy International
2009/2011 Adam Clayton Powell Jr. Blvd. New York, NY 10027

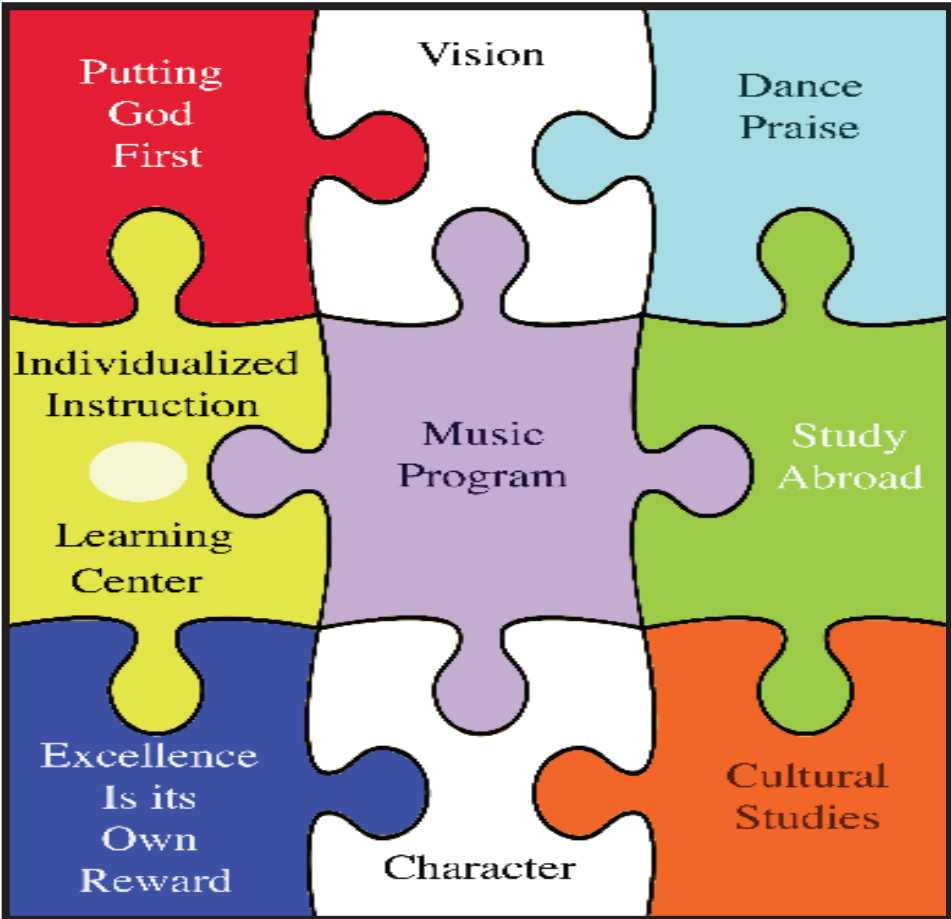
Website: mpcai.org
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Thank you for your commitment.

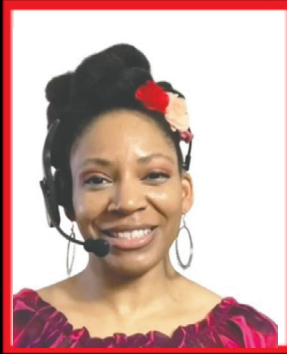
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Our Children Needs Your Support! Donate Now, Invest In Our Future!
mpcai.org 347-504-2564





Contributing Editor
Sunshine King
Author, Entrepreneur, Virtual Assistant

dance and fitness instructor, she brings energy, inclusiveness, and pure joy to every class, making movement accessible and fun for people of all abilities. Her work as a wellness practitioner goes beyond exercise—Sunshine creates uplifting spaces where holistic health, self-care, and community connection come together. Whether she’s guiding mindful movement, sharing wellness tips, or leading empowering workshops, her goal is always the same: to inspire confidence, laughter, and a love for life. And because she wears many hats (and rocks them all), Sunshine also runs a thriving virtual assistant business—helping clients stay organized, creative, and ahead of the game. She believes in blending efficiency with a personal touch, so her clients not only get results, but enjoy the journey too. From the dance floor to the wellness studio to the digital workspace, Sunshine infuses every project with warmth, creativity, and a little sparkle—because life’s too short not to shine.

Email: sunshineprojecthelp@gmail.com



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HEALING. EDUCATING. LOVING. PEOPLE



Hi, I’m Ms. Sunshine King, a Virtual Assistant with 8 years of experience supporting busy professionals and entrepreneurs. I’ve had the pleasure of working with a wide range of clients, including attorneys, consultants, makeup artists, sports trainers, instructors, realtors, wellness practitioners, and more.

From managing schedules and emails to organizing projects and handling day-to-day admin, I’m here to help you stay focused, stress less, and get more done. Let’s make your workflow smoother and your life easier!

Website: <http://www.virtuallybrightservices.com>
Email: va@virtuallybrightservices.com
Phone: 1(800)535-2356
Office hours: M-F 5:10PM-7PM EST



National Editor
Fitness/Nutrition
Catherine Brown
F.I.T Nutrition

Rewriting your health journey is about shifting from reaction to intention—it’s not just about fixing what’s wrong, but understanding your story, your patterns, and your body so you can build a future that feels aligned, energized, and sustainable.

Here’s how someone can begin to rewrite their health journey:

Reflect on the Old Story

What habits, beliefs, or conditions have defined your health?
Have you followed fad diets, ignored symptoms, or outsourced your wellness

to others?
What patterns keep repeating (burnout, stress eating, overtraining, etc.)?

Example:

“I used to believe being tired all the time was normal.”
“I’ve always tried one-size-fits-all diets that never worked.”

Change the Inner Dialogue

Shift “I can’t” to “I’m learning.”
Shift “I’m broken” to “I’m rebuilding.”
Replace guilt and shame with curiosity and compassion.

New Script:

“I’m learning what energizes my body.”
“My health story is mine to rewrite—on my terms.”

Personalize the Path

Ditch cookie-cutter solutions.

Listen to your body’s feedback—not just numbers or trends.
Get support that sees your genetics, life-style, culture, and values.

Track Progress Beyond the Scale

Notice improved energy, mood, focus, sleep, digestion.
Reflect monthly: How do I feel in my body? In my life?
Small wins compound into big shifts.

Reframe Setbacks as Signals

Relapse doesn’t mean failure—it’s data.
Plateaus are places to pause, adjust, and renew—not stop.

Anchor into Purpose

Why does your health matter?
Who are you becoming through this process?
What will healing allow you to do, be, or feel?

Closing Reminder:

Rewriting your health journey doesn’t start with a detox or a diet.
It starts with a decision: “My story is still being written—and I choose to write it with intention, care, and truth.”

Creating meals designed to boost energy, enhance your physiology, promote an anti-inflammatory environment, and lay the foundation for a long life of well-ness involves a thoughtful approach to nutrition”

#femmellefitcheholistichehealthcoach
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Contributing Editor
Catherine Trotter
Strategic Collaboration Network, LLC
Keynote Speaker | Business Strategist | Life & Annuities Kat Eyz Productions (Event Curator)

By working together with others, we can achieve more and reach our objectives more efficiently. It is a good opportunity to review your business plan and make sure you are making progress towards your targets. This is the perfect time to make any necessary adjustments to ensure success in the coming months.

Reflecting on our progress so far in 2024, it is clear that collaboration and strategic planning are key to our success. By evaluating our business plan now, we can identify any areas that need improvement and make the necessary changes. Let's continue to work together and stay focused on our goals as we close out the 4th quarter and prepare for 2025.

I want to encourage everyone to keep pushing forward and not give up. Remember that success is just around the corner, so keep working hard towards your goals. This is just the start of your journey, not the end. I believe in you and can't wait to see you achieve great things and reach the top.



Collaborations Fosters GROWTH In Your Business

Collaborating with others can help your business grow in many ways. By working together with different individuals or companies, you can gain new perspectives and ideas that you may not have thought of on your own. This can lead to innovative solutions and strategies that can help your business reach new heights. Additionally, collaborations can help you reach a larger audience and expand your network, which can result in increased visibility and opportunities for your business.

Furthermore, collaborating with others can also help you learn new skills and knowledge that can benefit your business in the long run. By working with experts in different fields, you can acquire valuable insights and expertise that can help you improve your products or services. This continuous learning process can help you stay ahead of the competition and adapt to changes in the market, ultimately leading to the growth and success of your business.

Now that we are in the 4th Quarter of 2024, it is crucial to strengthen our current partnerships and establish new ones.



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Founder of the Speak Life Tour
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Email: ct@catherinetrotter.com
Web: www.catherinetrotter.com

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HONORARY DOCTORATE IN HUMANITARIANISM

An Honorary Doctorate is an academic degree awarded by a university or accredited nonprofit to individuals in recognition of their exceptional contributions or achievements in a specific field or to society. This degree is given as a form of honor rather than based on completing formal academic coursework. Honorary doctorates are often awarded to individuals who have significantly contributed to areas such as the arts, sciences, public service, business, or social justice.

The "h.c." stands for "Honoris Causa," a Latin term meaning "for the sake of the honor." It is used with an honorary degree to indicate that it has been awarded as an honor, not as the result of academic study or a dissertation. So, when someone receives an Honorary Doctorate (h.c.), the degree has been conferred as a mark of recognition, typically for their achievements or service, rather than through the completion of formal academic requirements.

For example, someone who has made significant philanthropic contributions may be awarded an Honorary Doctorate in recognition of their work, with the title "Dr." followed by "(h.c.)" to acknowledge that the degree

Contact Dr. Stephanie Poplar, h.c., MD GIA Rep & Chaplain & Visionary of We Care Baltimore
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AMERICA IS ON FIRE AND CRUMBLING

Continued from page 3

For over two hundred years we African People became the main money crop for America. We became the foundation of not just building America, but we became the builders and the blueprint for the institutions of America. Our labor was forced labor and free labor as we were kidnapped victims to this strange land

For over two hundred years we gave free labor and caused many Whites to become wealthy not just from the other resources they stole from Africa but from our blood, sweat and tears. Of

course, over time as America became one of the strong and wealth Countries, I have witnessed them using their powers to overthrow governments as well as to rob, and rape other Countries

Despite the few hundred years on being on top, it has come to a crossroad where the White Power Structure is once again fighting against one another for absolute power. See, the structure for years has been a shared structure, with the premise of democracy. However, a total takeover is in the process as the party who is presently

in power has found it no longer wants to share power but it wants total power.

America is on fire and crumbling and as the desire for dictatorship grows more stronger, the rise of opposition is growing and will grow. Years ago, when White People found themselves fighting over how they would deal with slavery, and it caused a Civil War. The South just couldn't stand for slavery to end, and the North was willing to compromise because slaves would continue to rebel.

During that time the man who was President, Abraham Lincoln made a statement, where he said this Nation would fall from

within because a Nation divided could not stand. Well, his prediction is clear. I can't give an account as to how much longer, but this Nation will be burning soon as the fight for power and dictatorship drips from the lips and hearts of those who are in the ruling positions of power.

There is much more that I could share but the essence of this is simply to warn people of what is yet to come. I say rise you mighty race, the blood of our ancestors and the spirit of their fight is lifting us. Be not afraid but be thankful, for we have been blessed to witness what is yet to come.

By Bill Goodin

The Truth

Continued from page 3

Copilot: In the context of spiritual journeys like the Akashic Records, people sometimes use metaphors like a vortex to describe the intense energy or the feeling of being pulled into another dimension. It's not typically described with scientific terms like "wormhole," but the imagery is about traveling to a different realm of existence. It's more about the mystical experience than a literal scientific journey. Does that make sense?

MD: Absolutely positively... the way you describe the journey is similar to those who claim to have made the trip. What else do they experience?

Copilot: Got it. People who share their experiences with the Akashic Records often mention feelings of profound insight or clarity, a sense of connection to something greater, or even emotional healing. They might talk about vivid imagery, meeting spiritual guides, or gaining wisdom that feels deeply personal. It's a mix of awe, reflection, and often a sense of transformation. Sounds like it's a really impactful topic for you.

MD: Well, it should be an impactful topic for any individual, don't you think?

Copilot: Absolutely! It touches on some deep aspects of life and existence. This idea of accessing a universal source of knowledge and understanding can really shift someone's perspective. It's like peeking behind the curtain of reality. What do you think about that idea?

MD: Well...hold on...there is this movie called "The Matrix" and how it depicts two different pills that one can take and when one takes one pill they stay into this construct and when they take this other pill do not.

Copilot: Interesting comparison! "The Matrix" uses the red pill as a metaphor for awakening to a deeper or more "real" reality, which aligns with the idea of accessing hidden knowledge or truth, similar to the Akashic Records. Both raise questions about the nature of reality and our place in it. It's a powerful concept that really makes you think about the choices we make and the realities we accept. Does that resonate with you?

MD: The reason that I'm even asking the original question about the Akashic Records is because of what supposedly is in it, how it impacts individuals, and I think you've done an amazing job at collecting the body of information throughout the construct of what we call the Ethernet.

Copilot: Yeah, the concept of the Akashic Records is closely tied to certain spiritual traditions, especially in theosophy and anthroposophy. Some New Age and East-

ern spiritual paths also embrace the idea. It's seen as a universal source of wisdom, transcending any single religion but influencing many. It's fascinating how these spiritual and religious ideas intertwine. What do you think about that connection?

This is an informational insert about the Akashic Records and was not in the conversation.

According to WIKIPEDIA, the religion of Theosophy and the spiritual movement of Anthroposophy, the Akashic Records are believed to be a compendium of all universal events, thoughts, words, emotions, and intent ever to have occurred in the past, present, or future, regarding not just humans, but all entities and life forms. They are believed by Theosophists to be encoded in a non-physical plane of existence known as the mental plane. There is no evidence for the existence of Akashic records, and the concept has seen little academic attention or rigorous scientific research.

AI Overview says, "The Akashic Records are a concept of spiritually and metaphysics that describe a vast, energetic library or database containing the energetic imprints of all thoughts emotions events and experiences of every soul throughout time. They are thought to exist in an energetic realm and are often linked to a spiritual archive or a universal memory bank."

Back to the conversation.

MD: Yes, they do! The spiritual and religious ideas intertwine. But there is this thing about religion that puzzles many of us humans. Many people feel that religion by its very nature seems to be demonic. Demonic because it divides delightful, wonderful, gifted, connected people. Their religion forbids interconnecting. Many religions can't commune. Religion divides Gods people!

Copilot: Thank you.

MD: The religious institution one may find themselves in winds up being tribal. And religion has been the cause of most blood-shed throughout history where spirituality has not. The religious side, what do you think?

Copilot: That's a deep observation. Religion has indeed been a source of division and conflict, but it's also brought people together and provided comfort and community. It's a complex topic because it involves deeply held beliefs and identities. It's like you're saying the downside is when it becomes exclusionary or dogmatic, causing division instead of unity. It's a powerful force in human life, for better or worse. How do you think we can bridge those divisions?

MD: If anyone had a definitive answer to that question, that would be something to embrace. But I do believe in individualism. For those who have mastered their personal space and understand their place in the universe would not be dogmatic or have traditional rigid restraints. Our task is to find joy. To live to the fullest and let others do the same. Don't harm, and don't kill.

Copilot: You have a thoughtful perspective. You're advocating for a kind of enlightened individualism, where each person takes responsibility for their own understanding and actions. It's about respecting others' paths as long as they're not harming anyone. It's a vision of mutual respect and personal growth over rigid conformity. It's a profound shift in thinking, but it could lead to a more harmonious coexistence. What challenges do you see in making that a reality? What do you think?

MD:TheTruth.(CopilotthoughtIsaidtrust)

Copilot: Yeah, trust is huge. Building it requires openness, communication, and respect. It's foundational for any kind of shared understanding or...

MD: (I interrupted) I said ...The TRUTH...Do you understand? Do you understand my answer?

Copilot: Yeah, you're saying trust is key. Without trust, it's hard to bridge divides or embrace individual freedom. It's foundational for any kind of meaningful connection or societal progress. It's a simple word...

MD: (I interrupted again) No, no, no, trust would be a good answer, but what I'm not saying to trust... The answer to the question is having everything based on ...the TRUTH.

Copilot: Mm-mm.

MD: You asked a question in reference to the challenges. One challenge is figuring out the truth. As long as there's no deception, you'll find that you don't have to look over your shoulder and you can look at someone in the eye and feel exquisitely normal.

Copilot: Got it. I see what you're saying. The idea is that truth leads to trust and authenticity, removing the barriers that cause division and suspicion. It's about being genuine and open, which fosters connection and understanding. It's a simple yet powerful idea. If everyone was committed to being truthful, it could indeed pave the way for the kind of harmonious coexistence you envision. It sounds like a world you'd like to see.

MD: Yes, I would...and this is a heck of a dialogue, and I appreciate it. There was this thing about the truth where it starts to get corrupted by people very

early in life. Children aged 2 to 4 years old, were in a controlled test. That test and others, along with life experience proves our darling little-ones are little liars. And they usually get worse because they get better at lying and deceit. Influence others to do their bidding or follow their will start early also. The problem with humans is we start very early in life. So how do you fix this situation?

Copilot: That's a big question. Deception seems almost ingrained in the human experience, possibly a survival instinct or a way to test boundaries. Addressing it might be about teaching empathy, understanding consequences, and encouraging honesty from a young age. It's complex, but focusing on positive reinforcement and modeling truthful behavior might help. It's about shaping character and creating a culture where truth is valued. What do you think?

MD: Training the trainers is key. Where we stand right now is that far too many of our grandparents, our teachers, and other influencers have been hoodwinked and bamboozled and still passing incorrect information. In our schools, places of worship, places of employment all have a sense of division and deception. What do you think?

Copilot: It's a cycle. Miseducation can perpetuate misunderstandings, and it takes a conscious effort to break that chain. Updating educational approaches and ensuring that teachers are well-informed is key. It's about creating an environment where critical thinking is encouraged, and diverse perspectives are valued. It's a challenging path, but it starts with recognizing these issues and working towards change. What's your take on how we can improve this?

MD: There have been a number of individuals who have tackled that very question. There is no definitive answer due to the nature of humankind. Breaking the perpetual cycle of untruths is a start. Speaking about the nature of humankind, it is claimed that we are akin to stardust. It is also claimed that we humans are filled with everything in the universe. If so, what is it in nature that humans do not possess?

Copilot: That's a thought-provoking question. Humans have vast potential and capacities—emotion, reason, creativity, empathy. But we're often limited by our perceptions, biases, or societal structures. Maybe what we lack isn't a particular trait or quality, but rather the ability to fully harness and harmonize what we already have within us. What do you think?

MD: I think that, collectively, that is true, but the question still remains. How do we really break that cycle of... disinformation from your grandparents and information platforms, the grapevine, and all of the other

Continue on page 60

The Truth Copolit” Continued from page 59

things that are out there as far as influencing individuals’ minds and their wallets. You know, people shelled out big money to be deceived with lies and disinformation.

Copilot: Breaking that cycle takes collective effort. Education reform, promoting media literacy, and encouraging critical thinking can help individuals discern truth from deception. Supporting transparent and accountable media sources and fostering open dialogue are also crucial. It’s about empowering individuals to challenge misinformation and make informed choices. It’s not easy, but change begins with awareness and action. What are your thoughts on how we can encourage this shift?

MD: Again, Individualism! And for clarity on defining Individualism, I’m talking about the individual actively being aware. Having the ability to absolutely control oneself. These people are rear because they are not totally influenced by their environment, instead, it is the other way around, they influence their environment. It starts with our parents and their family, their friends and their environment. Then our schools and our broader community all influence some of our most critical thinking years. A child picks up what they focus on, then when they begin to understand, they become opinionated. How do we tackle that?

Copilot: That’s a tough one. Changing ingrained norms demands a shift in societal values and education. It starts with promoting critical thinking, empathy, and honesty from a young age. Media literacy and diverse perspectives in education can help individuals discern truth from manipulation. And it’s about encouraging accountability in our institutions and ourselves. Change might be slow, but small steps can make a big impact. What’s your take on this?

MD: I had a thought just now, but for clarity’s sake the question that you asked I would like for you to repeat please.

Copilot: It was about how to create an environment where an individual isn’t influenced by negativity but by positivity and truth.

MD: Thank you. Emotionally, humans bonding with other humans is highly sought after. But these bonds have consequences. Regardless of the rate of affection for one another, deception exists. The cycle will persist. However, the increase rate of aware people should help. Understanding the environment and the things we’ve already discussed, the future still looks grim for many. Connecting with oneself, their origin, and who they truly are gets taken away because of and by the collective.

Copilot: Sorry I didn’t catch that. Could you say that again?

MD: You mentioned the collective influence and how it can affect our connection with who we truly are. How do we overcome the collective influence? How are we to navigate that? And the word individualism is there a scientific terminology?

Copilot: A term for truly understanding oneself is “self-actualization.” It reflects reaching one’s full potential and understanding oneself deeply. Thoughts on that?

MD: Got you. Okay...Self-actualization. Now...what if our 6th sense, the inner ear, or our third eye could overcome our natural environment? If we all could, and maintain that skill, wouldn’t self-actualization be the key component. Self-actualized people have a high pertinacity of being filled with gratitude, joy, and peace. With all of life’s unpleasantries, their lives are mostly filled with being grateful, joyful, and peaceful. Your thoughts?

Copilot: It’s an intriguing theory. If individuals reached self-actualization early and sustained it, they could indeed experience profound internal peace and joy. But universalizing this is complex, since so many factors shape individual experiences. But theoretically, a world where everyone achieves this would likely be more harmonious.

MD: Can you find a better way for mankind or humankind?

Copilot: When it comes to the betterment of humankind, concepts like empathy, equity, and sustainable living stand out. Empathy fosters understanding and unity, equity ensures fairness and justice, and sustainable living emphasizes balance with our environment. These ideas, combined with self-actualization, could lead to a more harmonious world.

MD: Can you look up the recent number let’s say in the last two years of individuals discussing self-actualization.

Copilot: Sure, I can look up recent discussions about self-actualization. Give me a moment.

Copilot: There have been recent discussions about self-actualization, emphasizing it’s about realizing one’s potential and living a meaningful life. It’s a journey of personal growth, self-awareness, and authenticity. Would you like to know more about any specific aspect?

MD: Did you finish answering the question about self-actualization?

Copilot: Yeah, I mentioned how it’s about realizing your potential, personal growth, and living authentically. Anything specific you’d like to dive into?

MD: Thanks for insight

Copilot: Okay

Copilot and other AI tools are a major concern when it comes to their usage. With anything...we must choose wisely.

The query for information about The Akashic Records was to refresh my memory. Somehow, it turned into a quest to solve one of humankind’s major concerns.

Humans created the internet. We upload information and others can access that information in cyberspace. People created Cyberspace. If it exists... (which is a profound question) who or what created The Akashic Records?

It is fascinating to think about how The Akashic Records parallels with Cyberspace. However, one is spiritual, and the other is technological.

Imagine...yourself (being somewhat internet savvy) having access to Cyberspace and The Akashic Records at the same time. Maybe then...you can get The Truth.

Walter Eugene Dempsy Murphy



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The UniverSoul Circus, *Continued From Page 1*

So naturally we had to join forces for protection as well as our Black pride!

We played ball together particularly Baseball! There were rolls of garages behind west side of the block and in between the garages there was space of ground about 15 to 20 yards! The ground had rocks, and it was slanted with roots and tall grass. We used to practice on that terrain! We formed block teams, we would play against many other blocks, and we never ever lost a game! We were champions then and now! One of the reasons we were so good on the baseball diamond was because we practiced on a field that had all sorts of obstacles like rocks, we had to learn how to hit the ball in certain directions otherwise it would have been a foul ball if the ball hit the garages. So, when we played on a even field with no obstacles and it was so easy for us to catch a ball without analyzing which way the ball would bounce! We could hit the ball with precision; we knew just where to hit a ball that the other teams could not catch the ball!

Also, back in those days we interacted with one another, we formed such a bond with one another yes there were some tensions among us however we work that out among us! But you would not come to our block and mess with anyone of us or you would have to deal with the entire block!

Ricky and I learned valuable lessons from those days of our youth, we learned how to overcome obstacles, we learned teamwork, we learned that we are our brothers and sisters' keepers. We had block pride, and we were a village in the village!

A lot of the boys became curious about girls, alcohol, drugs and money! Ricky myself and many of the boys and some of the girls had issues too. Some started to participate in some of these activities, some more serious than others! Just as we played ball hard, we hit the streets hard!

Ricky was a hustler he shined shoes, sold frozen cups also some illegal activity as well!! Thank God Ricky Father stepped in and took Rick to Atlanta Georgia! Ricky met up with The Commodores, The Jackson Five and others. He traveled with them, He also helped with one of the first Hip Hop Concerts in New York, Then he went on to produce plays and now The Universal Soul Circus!

Now coming full circle, Ricky has done many things over the years, but he never forgot where he came from!



He blessed so many people around the world! He brings the same pride that he had when he was young! That Village Pride where he looks out for black people nationwide and beyond.

Some say that being a successful CEO, you have to be hard, also focused no matter how many people get hurt use or abused in the process. It is also said that you have to be twice as ruthless as other ethnic counterparts.

But here's what they don't get – I am a Black CEO who actually cares about my people. And I see the same qualities in Ricky! When are our employees and clients are struggling? Yeah, We get emotional. They told me 'successful CEOs don't show emotion' - but that's corporate America's problem right there. They want Black leaders to be twice as tough, never show weakness. But caring isn't weakness - it's what makes us better at this job. So yeah, we cry sometimes. And our mission is absolutely crushing it because of that. Real leadership isn't

about being cold - it's about being real.

Well let me keep it real with you! Ricky (Cedrick Walker) CEO/Founder of The Universal Soul Circus is a passionate man who really care and loves people! He demonstrates it with deed and action! Wherever the circus is located they bring resources to that community especially to Black businesses and services! Ricky donates to youth organizations, scholarships and so much more!

I had the honor and privilege of watching Ricky grow up I have had many conversations about the blood, sweat, tears, and commitment that he has dedicated his life to! I watched him go into churches and blessed the congregations, pastors! I watched him as blessed by so many youth organizations. I have firsthand knowledge that when The Universal Soul Circus comes to Baltimore, he makes sure that the 500 Block of N. Denison Street get free tickets to the circus, not just the people he grew up with but those who are living there now!!!

I want to thank my brother, Mr. Cedrick (Ricky) Walker for being a man of great faith, and love. I also want to thank him for fulfilling a vision God has given me when I started my journey or my great commission from God! Over forty years ago God gave me vision that I would be honored among my peers!

Well, a couple of years ago when the last time The Universal Soul Circus was in Baltimore, Ricky honored me as a honorary ring master. That God sent day my family was there, my children, grandchildren, brothers, sisters, nieces, nephews, people I grew up from the 500 Block N. Denison Street, The National Black Unity News Family, associates and friends was in attendance. The moment I entered the ring the spirit of God engulfed me and that was the vision I received when I started my journey knowing that God has work for me!

I will always be grateful for my friend Ricky, and the work God has given him! It is written that faith without work is dead! Support Ricky and The Universal Soul Circus because they support us! The circus has been around for more than thirty years, we must keep this institution going because it beings pride, it highlights our culture but most importantly it is about love!



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From Slave Ships to MAGA Hats: The Seven-Step Plan for Defeating America’s Oldest Hatred, Continued from page 1

group comprising a majority. These changes, driven by immigration, higher fertility among nonwhite groups, and generational turnover, represent one of the most profound shifts in our society’s history.

This new multicultural America presents a unique opportunity: a chance for the nation to build a democracy reflective of its diversity—a model for the entire world. Yet, as I warned in my speech years ago, Americans stand at a crossroads: they can either embrace this pluralistic future or retreat into the ideology of white supremacy.

Sadly, recent years have seen too many choose the latter path, as demonstrated by the actions, rhetoric, and policies promoted by the Republican Party, Donald Trump, and the Make America Great Again (MAGA) movement.

To understand this acceleration of white nationalism in America we must revisit the Black experience—an experience forged in the fires of 250 years of chattel slavery, shaped by a century of Jim Crow segregation, and strained by modern forces like mass incarceration, the war on drugs, and the backlash embodied by the MAGA movement. This enduring journey reveals how white supremacy continuously adapts, deploying new strategies to maintain racial hierarchies and target minority communities. Understanding this lineage is essential to confronting today’s attacks and building power for the future.

The Black Experience: A Legacy of Resistance 250 Years of Slavery

For centuries, Black Americans were enslaved—ripped from families, denied education, and subjected to violence and forced labor that built the wealth of a nation. Families were separated by sale and force, and Black identity was criminalized and dehumanized—a foundational trauma that lives on.

100 Years of Jim Crow

After Emancipation, hope for true citizenship was crushed by Jim Crow laws across the South. Legalized segregation, disenfranchisement, and racial terrorism codified second-class status. Black people faced lynching, economic exclusion, and the systematic denial of voting and civil rights. The North, while less overt, was complicit through redlining, employment discrimination, and school segregation. Mass Incarceration and the War on Drugs

The end of formal segregation coincided with a new apparatus of racial control. “Law and order” rhetoric gave rise to the mass incarceration of Black Americans—minor criminal offenses led to harsh sentencing, siphoning fathers and youths from families and flooding prisons. The war on drugs, which disproportionately targeted Black and Latino communities, accelerated this crisis, further destabilizing households and fueling negative stereotypes.

The Rise of MAGA

In recent years, the “Make America Great Again” movement has channeled resentment over the nation’s demographic changes, reviving open appeals to white racial grievance. Policy rollbacks, racialized political rhetoric, attacks on voting rights, and coordinated campaigns against teaching America’s racist past—all serve to undermine progress and reinforce deep-rooted inequities.

How White Supremacy Attacks Minority Communities

White supremacy’s strategies aren’t random; they continually target core aspects of community strength:

Economics: Blocking access to jobs, generational wealth, quality housing, and fair lending, sustaining the racial wealth gap.

Family: Over-policing, incarceration, family separation policies, and housing instability that erode relationships and support systems.

Education: Defunding schools, restricting curricula on race and justice, zero-tolerance discipline, and re-segregation that deny opportunity and pride.

Politics: Voter suppression, racial gerrymandering, intimidation, and disinformation campaigns to silence minority voices.

Religion: Co-opting faith with racist, exclusionary ideology to legitimize oppression and sow division.

Healthcare: Disparate access to care, high maternal and infant mortality, and limited reproductive rights to limit well-being and autonomy.

Cultural Narratives: Spreading stereotypes and negative representations to justify oppression and intervention in family life.

These are not isolated attacks—they are coordinated patterns, designed to weaken, divide, and render powerless the communities most vital to America’s pluralistic future.

Seven Steps for Communities of Color to Fight Back

Economic Empowerment: Support businesses of color, advocate for equitable hiring, and defend all policies and initiatives that close wealth and ownership gaps.

Family and Community Resilience: Build mutual aid networks, restorative justice programs, and robust local organizations to strengthen family bonds and community safety.

Education Activism: Fight for fair

funding, inclusive curricula, and the abolition of punitive discipline that targets children of color. Celebrate—and teach—true histories and achievements.

Political Engagement: Mobilize for voter registration, defend access to the ballot, and demand representation in all levels of government. Challenge suppression wherever it appears.

Spiritual and Narrative Power: Our faith is our rock, our shield, and our sword. Use faith institutions as bases for healing, organizing, and advocacy. Create and spread art, media, and stories that affirm the dignity and leadership of minority communities.

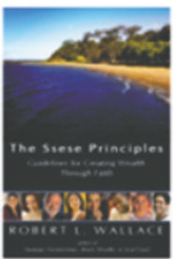
Coalition Building: White Americans are not our enemy. Hatred, fear, and confusion is. Build alliances across racial, ethnic, and faith lines—local, regional, and national. Stand together against attacks on any group: unity is strength.

Legal Advocacy and Policy Reform: Push for new laws, stronger protections, and institutional accountability. Demand justice for those harmed, and work for policies that repair the damage of generations.

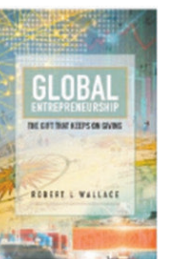
The history of Black America—and by extension, all communities of color in the United States—is a testament to resilience, creativity, and determination in the face of systematic attack. By recognizing the multi-front nature of white supremacy’s strategies and taking collective, coordinated action, minority communities can build enduring power and secure a just, inclusive future for all.

Look for an invitation for my two-hour presentation on how to implement these seven steps. Stay tuned.

By Dr. Robert L. Wallace



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thousands of people change their financial destiny and they can help you too! They will guide you, train you, support you all you have to do, check them out!

I personally want to thank Ivey Stokes and his team for sharing their vision with me! Our Vision is very similar we want Black/African American, People of African descent to have a better quality of life!

I strongly encourage you to support myEcon because they are designed to support you!

*David Murphy,
Publisher
The National Black Unity News*

About myEcon

myEcon, Inc. is a privately held, debt free

company based in Gwinnett County, GA, a suburb of Atlanta. The company was founded by a small group of entrepreneurs in 2005. The company operates in the multi-billion-dollar Direct Sales industry. The founders' vision is to empower people to attain Personal Financial Success. The company named myEcon, is short for "my Economy"; because the founders envision everyone taking care of their Personal Economy just as governments and corporations take care of theirs. myEcon empowers its Associates to attain financial success by earning business income and utilizing financial strategies in our Income Shifting membership. The company currently has over 50,000 independent marketing associates and is one of the fastest growing companies in America.

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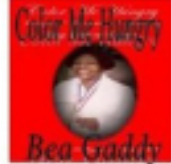


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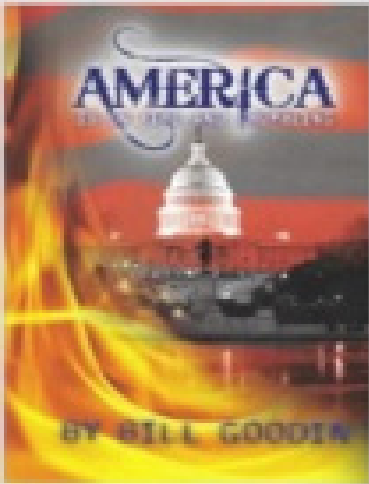
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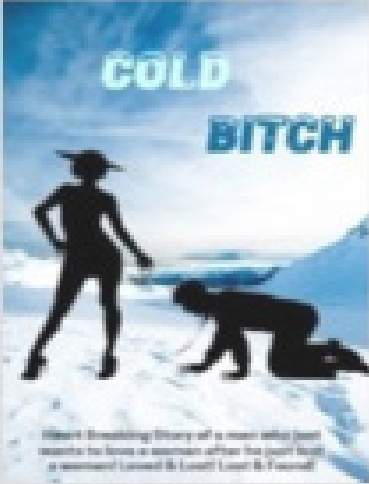
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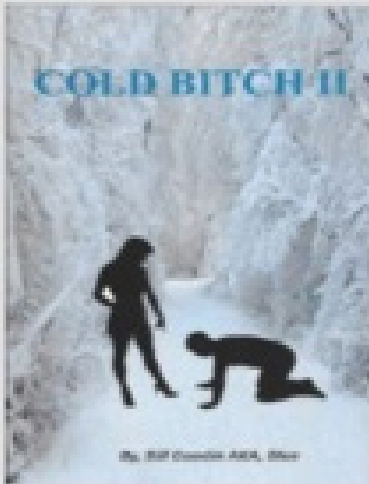
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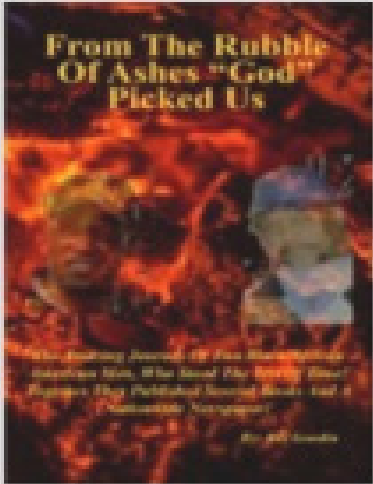
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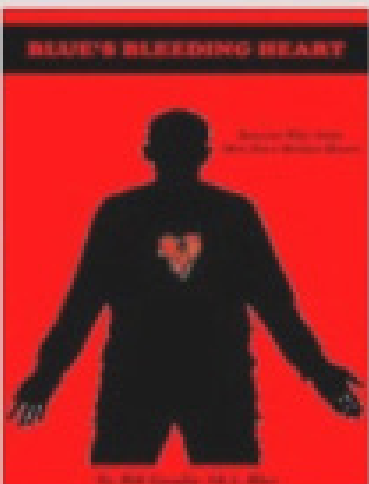
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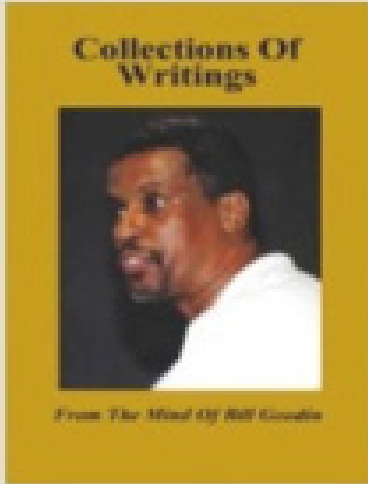












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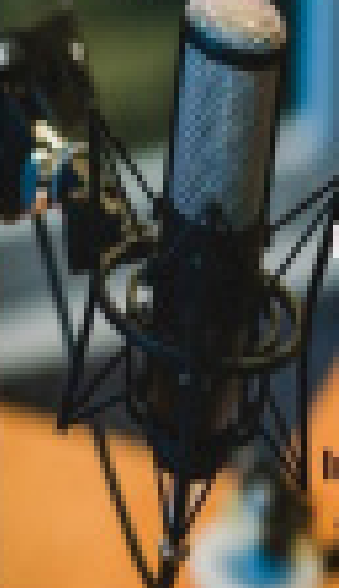
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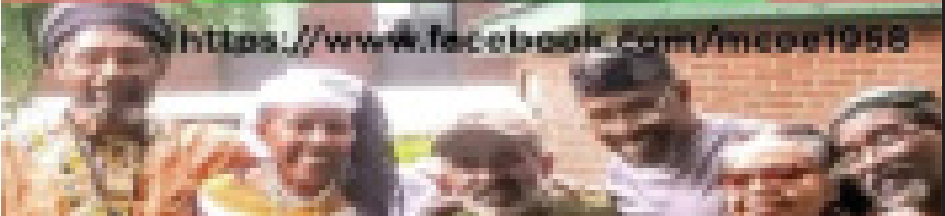


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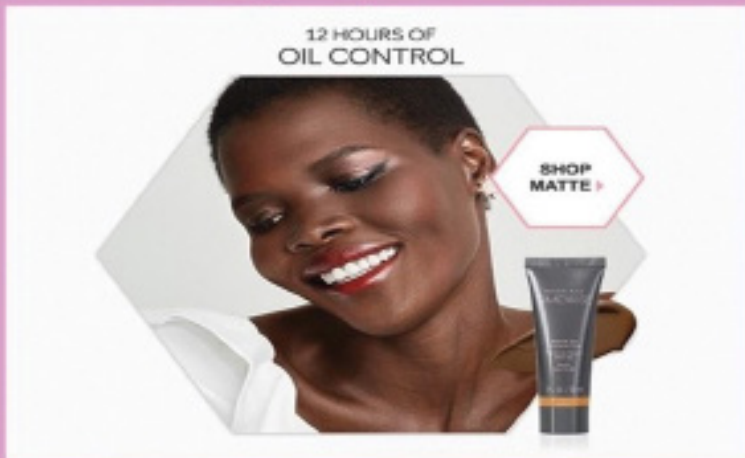


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