



# The National Black Unity News

Promoting Unity In Our Communities, We Are Keeping The Dream Alive!

If Not Us, Then Who? If Not Now, Then When?

<http://www.thenationalblackunitynews.com/>

Vol. 2 No.1 \$2.00

Dec./Jan/Feb/March 2017/18

## Our Maiden Voyage, We Will Be Docking Near You! Change Is Coming

### MAIDEN VOYAGE

**THIS IS OUR MAIDEN VOYAGE  
OF STAR SHIP TNBUN  
ARE YOU READY TO SAIL WITH US  
TO THE FUTURE, FROM WHERE YOU HAVE BEEN**

**WE ARE SAILING TO THE FUTURE  
EVERYONE MUST GET ON BOARD  
WE ARE HEADED TO "POSITIVE CITY"  
SO UNSHEATH YOUR BATTLE SWORD**

**OUR BATTLE IS NOT WITH EACH OTHER  
OUR BATTLE IS NOT FOR GREED  
OUR BATTLE IS TO LIFT UP ONE ANOTHER  
AND TO FULFILL OUR PEOPLE'S NEEDS**

**WE ALL MUST SUPPORT EACH OTHER  
WE ARE SAILING THROUGH THE SKY  
OUR DESTINATION IS "POSITIVE CITY"  
WHERE WE ON EACH OTHER RELY**

**YES, THIS IS OUR MAIDEN VOYAGE  
HEADED FOR "POSITIVE CITY", DON'T YOU  
KNOW  
SHOULDER TO SHOULDER, HAND IN HAND  
UPWARD AND ONWARD, AS WE TOGETHER GO**

*ACHANIEL F. LUCAS, SR.*

### Tell Me Why? By Bill Goodin



Writing this article was hard. Not because of what I would say, but because in truth, I hate saying what I am going to say. "Tell Me Why," is the name of a song that I cannot remember who sang it or wrote it.

Of course my article has nothing to do with the song but has everything to do with what we are attempting to create with this publication. We think that we could be a part of the healing process, which would help to create unity, rather than helping to exploit division.

When I started to write this article it was because of comments that sometimes I see on Facebook, comments from conscious Black Men constantly being critical of others. However, when conscious Black Men attack one another by means of social media based on nothing but disagreement as their sole method, it does not boost us instead it helps to stagnate us.

Tell Me Why? What makes me wrong and you right? What makes me right and you wrong? My point is simple, if we are doing anything that will help to I remember one day talking to David

*Continued on page 23*

### Civil Rights & Election Law By Dr. Marvin L. Cheatham, Sr.

I humbly present myself - Dr. Marvin L. 'Doc' Cheatham, Sr. a servant/leader committed to Black Unity.

Native Baby-Boomer Baltimorean educated through the Baltimore City Public School System and Coppin State University with an Honorary Doctorate Degree from Sojourner-Douglass College. Past President of one and one-half dozen organizations of which included local presidencies of the Southern Christian Leadership Conference, National Association for the Advancement of Colored People, National Action Net-

work, Phi Beta Sigma Fraternity, Inc., Maryland Association of Election Officials, and City Election Board. Retired Election Specialist after over 41 years of public service with U.S. governmental agency National Labor Relations Board. Enough on me already. It is my intent to share with us ,

*Continued on page 24*



### America Has Not Changed, It Is Being Exposed

The United States of America Has Not Changed! It Is Just Being Revealed To Those Who Could Not See Or Refused To See!

First we need to calm down, look at the facts/truth! Many of you are panicking, some are arming themselves, some of you are just plain comfortable with the status quo and some of you are crying out to God! To those who are praying, I believe God has heard and answered your prayers, the pattern is usually

darkness before light!

Their Battle Cry is Making America Great Again! One must ask this question how did America become great? America became great because of you! America became great because of slavery, and by trickery (religion), taking land and causing wars on those who refuse to give in! The truth is America's power is the power within. (We are that power within the power!)

*Continued on page 25*

### Innocent Until Proven Guilty

In this country called America, it is a belief that the premise of what the justice system stands on is that one is "Innocent Until Proven Guilty." However, this, to me, is debatable.

This system of justice has a way of looking at White Crime different than Black Crime even if the crime is the same and therefore, punishment is not equal according to law.

Of course there are other parts that are totally untrue such as those with money and those with status do not get the

same justice as those who are without. I, along with many other citizens, years ago pushed for our political leaders here in the city of Baltimore to introduce a bill that would slow down much of the corruption in the Police Department.

Twenty something years later we are still pushing for it and this time, it is with prayer and hope that others will see the need as well as benefits from it. Before I go any further with this article, let me state that there are many books as well as much information on the internet

*Continued on page 25*



### Black Men Unifying Black Men

Us Helping Us = Unity

If Not Us, Then Who? If Not Now Then When?



### Core Group Members Of BMUBM

L to R: T. Hardnett, R. Bass A. Buntley, B. Goodin, D. Murphy, M. Johnson

At Cook out Fund Raiser (See page 23)



## Downtown Cultural Art Center



Mahogany Hall



Imani Hall

Contact us & get a price quote for your next event!

Downtown Cultural Art Center

401 North Howard Street Baltimore, Maryland 21201

(410) 837-ARTS(2787)

# BCN Int.

## Black Communication Network International

### Connecting America To Africa

<http://www.bcnint.com/>

443-455-2373

### God Bless America...

#### The National Black Unity News



<http://www.thenationalblackunitynews.com/>

Also Those Who Have Their Own



## Help Needed, National, State & Local Editors



We are seeking companies, organizations and individuals that are seeking to reach Black/African Americans nationwide and beyond. If you want a national audience so that you can inspire, teach, inform or you may have a service or products that can enhance Black African Americans' quality of life then we are seeking you!

Our purpose is to unite, educate and promote African American/Black businesses, organizations, services and consumers nationwide. We have the staff and a variety of media services and data basis to reach Black African Americans nationwide and beyond! Our goal is to open the communication network so that we can assist in building institutions of organizations, education, economic empowerment, entertainment, media services and our faith-based institutions.

We are seeking: National, State and Local Editors such as, (Advertisement, Arts & Entertainment, Automotive, Business, Computer/Technology, Consumer Services, Education, Employment, Events, Food/Dining, Health/Beauty, Home/Family, Networking, News/Media, Real Estate/Construction, Seminars, Shopping, Travel. Etc.) Our National Black Newspaper Seeking Experts in the fields of Health & Fitness, Finance, Youth Services, Real Estate, Fashion, Relationships Men/Women, Travel/Tourism, Organizations etc. to promote your services and educate others on the benefits you provide!

Promote & Brand Your Products, Goods or Services, Become one of the leading authorities in your field, Educate our readers and subscribers about industry, Participate and network with others in your industry, Receive over rides

**Bring Your Expertise In Your Field & We Will Assist You With Our Editorial Skills**

Contact Publisher: 443-455-2373



**Publisher**

David Murphy

**Editor & Chief**

Bill Goodin

**Editor**

Dr. Barbara Watties

**Manager**

Walter Murphy

**National Sales Director**

Aaron Gray

**National Editor: Books/Authors**

Haki Ammi

**National Editor: Content Mkt.**

Linda Griffin

**National Editor: Entertainment**

Kim Poole

**National Editors: Information & Entertainment**

Winston Calloway

**National Editor: Faith Base & Religion**

Rev. Theresa Mercer

**National Editor: Fitness / Nutrition**

Catherine Brown

**National Editor: Global**

Patrick Essandoh

**National Editor: MLM**

Zik & Jerri Stewart

**National Editor: Media Services**

Steven Turner

**National Editor: Mental Health**

Theresa Harris

**National Editor: Powerful Thoughts & Words**

Achaniel F. Lucas, Sr.

**National Editor: Real Estate**

Sonatta Camara

**National Editor: Sleep Disorders**

Donata D. Mooring

**National Editor: Travel Services**

Sitawi & Cynthia Jahi

**National Editor: Afunemuda**

Faouly A. Umoja

**Contributors**

**Downtown Cultural Arts Ctr.**

Renny Bass

**Nailah's Kitchen**

Mohammed Agbodjogbe



**National Publisher  
David L. Murphy Sr.**

**Publisher, Entrepreneur, Organizer,  
Graphic Artist, & Strategist**

**Iron Sharpens Iron,  
Man Sharpens Man!**

The phrase "iron sharpens iron" is found in Proverbs 27:17: "As iron sharpens iron, so one man sharpens another." There is a mutual benefit in the rubbing of two iron blades together; the edges become sharper, making the knives more efficient in their task to cut and slice. Likewise, the Word of God is a "double-edged sword" and it is with this in mind that we are to sharpen one another—in meetings, while fellowshiping, or any other interactive means. "so a man sharpeneth the countenance of his friend by communicating with him; thus learned men sharpen one another's minds, and excite each other to learned studies, or stir up each other to the exercise of them, and the gifts which are bestowed on them,

and to love and to good works.' (African Heritage Study Bible, Prov. 27.17)"

There are times in one's life that we as Black African Americans must address our current situations here in the United States of America. Most of us are aware of the disparities, wealth gap, employment gap, crime, murder, social injustice and many more issues we face as a people. With all the external pressures and with all the internal issues to be dealt with, we as Black/African Americans must solve our own problems! We can and will accept all the help we can get but we must not rely solely on any other resources with the exception of God and possibly our own consciousness!

I think we all have come to

the conclusion that nothing will enlighten, inform and will change unless we decide to change things ourselves. I hear from you! For those of you also believe that no one is going to do for us what we can do for ourselves.

We are seeking some Sharp Minded Brothers & Sisters to assist us in sharpening each other! One of our major objectives is to provide concrete solutions to our problems!

I personally believe that we all can contribute to the strength of our people, for instance I am one of the founders of The National Black Unity News. I built one of the largest web sites (The National Black Action Portal) with resources for Black/African American businesses, organizations and information systems. I am a community activist and much more.

I mentioned some of my personal contributions not to impress you, but to impress upon you that each and everyone can use our talents collectively to unite us and share information that can uplift us as Black African Americans.

For those of you who are concerned and have solutions that

you have wisdom, knowledge and experience that will enhance Black African Americans quality of life we need to hear from you also!

Iron Sharpens Iron, Man Sharpens Man! Come let us reason together, for those of us who have been blessed with the burden of Black African Americans we must stand in the gap for those things that separates us! Let us stand up for our people and for future generations.

The National Black Unity News is standing up. Without a shadow of a doubt with God on our side we will never stand alone! We must continue to shape our minds, build on our skills and sharpen and prepare our people for the evolution!

We must be on guard, vigilant and alert! Information is power and power only concedes to power! We are going to redirect that 1.2 Trillion dollar spending power. We are going

*Continued on page 25*



**National Editor & Chief  
Bill Goodin**

**Activist, Author, Publisher & Organizer**

**Nothing But The Truth**

There are many venues when one has to be sworn in. When one goes to court they swear to tell the truth and nothing but the truth. When one is elected to a political office they swear to uphold the principals of the constitution.

Of course there are other venues where one swears to..., and the point of swearing is to make a promise. However, as we all have witnessed, often the promise has

been broken. Nonetheless, if one can go to court and swear to..., and one can go to different venues and swear to..., I see no reason as to why, I cannot swear to give my service to the Black Unity News.

It is my personal oath that I give my right hand of service to this Newspaper titled "The National Black Unity News."

I swear to do the best that I can to promote this paper and to help this paper to grow. As long as I am part of this publication, I promise that I will continue to seek ways to help bring unity to the African

American Communities.

The birth of this publication came with a promise. The promise was that not only would we help to connect Black People with Black Services, but we will support those who find the need and the benefit to aiding us.

It is the truth that we as a people have given much to our communities as we witness the profits that many others make from us that are not of our race nor our culture and yet, they give us nothing.

It is not our intention to beg anyone, but it is our intention to tell the truth and as the old saying goes, if the truth hurts, let it be. We want others to embrace us and to support us, the same as we have and continue to do for them.

Yes, we too would like a fair trade agreement. We continue to give everything and get little to nothing back. Therefore, it is partially our duty to alert others to stop supporting those who will not support us.

I am more than certain that if the African American Communities was treated equal in all aspects, that crime and havoc would be reduced immediately. After all is crime a basic sickness due to poverty and injustices? If so, then we see reason and purpose to why the African American Communities are suspect.

Our aim and our purpose is to help rid some of the chaos and poverty that our children have to be born into. It is nothing but the truth, that the more support we get the wider our reach will be.



**The National Black Unity News**

P.O. Box

Baltimore Maryland 21216

443-455-2373 or 410-746-3607

thenationalblackunitynews@gmail.com

http://www.thenationalblackunitynews.com/

**Note: The National Black Unity News may not be reproduced in whole or part without the written consent of The Unity Group, LLC. We will not be responsible for misprints of articles or advertisement within our publications**

**We are seeking high-flying self starting individuals**

who can build and lead a team of sales and marketing eagles. We are looking for enthusiastic, organized, self starting individuals' who enjoys flexible work hours. Can work with maximum support and minimum supervision? Work closely with production, sales and marketing staffs to create exceptional programs that get results for our clients!



**Who Will Stand In The  
Gap For My People?**

**Here I Am, Send Me!**

<http://www.thenationalblackunitynews.com/>

**Do you or anyone you know who maybe interested in partnering with us on a venture that will expose/highlight, network and keep black dollars (1.2 Trillion Spending Power) circulating throughout the Black Community, Businesses and Organizations?! In addition this joint venture will give massive exposure to what you are doing nationwide!**

**Contact Publisher: 443-455-2373**





### National Manager Walter E. Murphy

Managing Director:  
The National Black Unity News

I am so honored to have been chosen to participate in this great venture as the Managing Director of The National Black Unity News. My name is Walter Eugene "Dempsy" Murphy, and for those who know me socially, professionally, and personally, considers me to be a gifted and a very blessed man. I take that for exactly what it is...gifts, and blessings. Neither of which I had any input. So, my other name is Grateful.

My "biography" will be shared with you later because my head, my heart, and my spirit does not want this article to be about me. The focus of this article is on The National Black Unity News, its specific purpose, and you.

In a nutshell, our purpose is to provide valuable information and usable tools to the Black Community. Our intent is not to degrade, belittle, or begrudge any group based on race, color, religious creed, national origin, ancestry,

sex, sexual orientation, age, genetic information, military service, or disability. Our intent is to provide a platform, a reasonable and economical way to share ideas, concepts, goods, services, and solution oriented information with the Black Community.

Our brothers and sisters have put in countless hours, and resources to improve the quality of life in our communities. I have personally witnessed individuals supporting national organizations that have the black community at heart "giving back". Their efforts do fulfill needs. But, for a number of reasons, and circumstances, a disproportionate number of our citizens, communities, and businesses show evidence that more needs to be fulfilled. Unifying and sharing our efforts, ideas, and resources, locally and nationally for our mutual benefit, is a goal. And we invite you to participate in that effort.

It does not take a genius to solve many of the problems facing our communities. What it takes is courage and justice. Courage to make things change. Change in general is constant and inevitable. But, it is so unfortunate that most people really do not like things to change. They dread even the idea of change. Some people will resist change, even when what is changed is for their good. Years ago, state by state, a law was invoked that would penalize you and your passengers for not wearing a seat belt. Those of you who were drivers at that time, saw friends and relatives resisting change, and braking the law by not buckling up. Now I know for some of you, the cell phone verses the land line is a no brainer. But for some, change is unwilling. Some people, have the courage to change the things they can, by taking that Leap of Faith. For,

Continued on page 14



### Editor: Dr. Barbara Watties The National Unity News

#### OVER COMING THE FEAR OF WRITING

Are You Afraid Of Sharing Your Thoughts?

Are You Too Scared to Write? Start right this minute: Stop Thinking and Just Do It! Just keep in mind that writing is simply putting your voice on paper.

All you have to do is take the

THOUGHTS/words that come out of your head/mind and make them visible by writing them on paper. I have been reading and writing since I was barely able to talk. The irony of it all is, because I've always loved doing it, I never thought of myself as a writer. I just thought it was something I've always loved doing.

Are you ready to have your work valued? Here's the good news you have the

power to introduce your work/business to the world. No-one knows WHAT YOU DO AND HOW YOU ACCOMPLISH what you do better than you, so why not market the best of you and begin to make a living from it. Remember in order to be SUCCESSFUL you have to be SEEN.

Start by considering writing as a personal conversation with someone the only difference being that you cannot interact with the person with whom you are conversing. However, you want your voice to make you visible to them. Believe me, if you jot down the inner experiences you have encountered and the practices you have employed your voice will be heard.

Don't start off by worrying about grammar or spelling or sentence structure just begin jotting down your thoughts, building your writing fluency. Just let your

creativity flow. Of course you are going to make mistakes but right now you just want to get your heart and soul, your voice on paper. You see your biggest hurdle to get over is, You' Not Writing Anything At All. So to build your fluency get in the habit of reading and writing something every day. You will soon discover that you are developing your very own style. You may not be able to categorize it but, because you are exploring and expressing your very own thoughts, you can embrace it.

Becoming an avid reader is another key to unlocking good writing skills. Check the internet and pay close attention to blog posts and articles to see how their writing has been done.

Do not expect to write a perfect paper from your first train of thoughts and expressions. Take your time and learn ,

Continued on page 25



### National Sales Director Aaron Gray Professional Sales & Marketing

I have been in sales for over 30 years with a score of successes. I believe that the most successful sales person is one that is truly an expert of the product or service and the benefits being offered. Every offer is not for today, so persistence pays. True affirmations and tools

that maintain a high level of motivation are necessary.

I am excited and truly looking forward to working with future sales associates in this great endeavor. Every individual has sales potential, it will be my job and my pleasure to help bring it out of

whomever has a desire.

We are seeking companies, organizations and individuals that are seeking to reach Black/African Americans nationwide and beyond. If you want a national audience so that you can inspire, teach, inform or you may have a service or products that can enhance Black African Americans' quality of life then we are seeking you!


Also we are seeking high-flying self starting individuals who can build and lead a team of sales and marketing eagles. We are looking for enthusiastic, organized, self starting individuals who enjoys flexible work hours. Can work with maximum support and minimum

supervision! Work closely with production, sales and marketing staffs to create exceptional programs that get results for our clients!

Do you or anyone you know who maybe interested in partnering with us on a venture that will expose/highlight, network and keep black dollars (1.2 Trillion Spending Power) circulating throughout the Black Community, Businesses and Organizations! In addition, this joint venture will give massive exposure to Black/African Americans nationwide!

Thank you and together we will make a difference for the better.

Aaron Gray  
443-996-8245



The National Black Unity News

Join Our Evolutionary Way To Empower Africans & African Americans; Visit Us At:  
<http://www.thenationalblackunitynews.com/>

**THE CORRUPT  
FEAR US.  
THE HONEST  
SUPPORT US.  
THE HEROIC  
JOIN US.**

The National Black Unity News



Reaching America & Beyond

<http://www.thenationalblackunitynews.com/>

IF NOT US, THEN WHO?



<http://www.thenationalblackunitynews.com/>

IF NOT NOW, THEN WHEN?





**National Editor:**  
**Powerful Thoughts & Powerful Words**  
**Achaniel F. Lucas, Sr.**  
**Founder of: The Power Of Positive Words**

**MERRY CHRISTMAS: For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life John 3:16**

December 25th is the day that most of the people in the world celebrate Christmas. Christmas was originally the designated day to celebrate the birth of Jesus. Now, it has become a commercial selling and buying tradition when we buy expensive gifts, wrap them in decorative coverings, and give them to special people. Then, we are viewed as special and are honored. Allow me to go back to the original meaning of Christmas and the significance it holds when I say to you Merry Christmas. What do I

want you to visualize in your mind's eye when I say to you Merry Christmas?

When I say to you Merry Christmas, I want your mind to go back to over 2000 years ago when a baby was born in Bethlehem, not in medical facilities such as Johns Hopkins Hospital, University Hospital or other birthing centers; but, He was born in a stable in unsanitary conditions. His name was JESUS. He was not covered in beautiful silk and placed in a nursery; but, He was

wrapped in swaddling clothes and placed in a manger.

When I say to you Merry Christmas, I want you to visualize another hardship Baby Jesus endured, prior to His becoming 2 years old, such as when the king wanted to kill Him. Baby Jesus grew in stature and at the age of 12, He was about His Father's business.

When I say to you Merry Christmas, I want you to picture Baby Jesus' growth into manhood. During this time, He chose 12 men who had no idea what to do or what He wanted them to do until He taught them. However, they learned and taught others.

When I say to you Merry Christmas, I want you to see in your mind's eye and feel in your heart the agony that Jesus endured. He suffered, not because of anything He had done. He suffered because of our sins. I want you to visualize Jesus being unjustly accused and tried. When I say to you Merry Christmas, I want you to visualize Jesus as a crown of thorns was pressed upon His head. When I say Merry Christmas to

you, I want you to visualize Jesus as He struggled to carry His own cross up Calvary's Hill where His hands and feet were nailed to the Old Rugged Cross. He was stretched wide and hung high. Jesus was thirsty and asked for water; but, He was given vinegar mingled with gall. My precious Savior was pierced with a spear in His side. Blood and water gushed out as my Lord cried, "Father, forgive them, for they know not what they doeth". "It is finished". Then, He died and was buried in a borrowed tomb. On the third day, He arose and went back to Heaven. He is coming back to meet us in the air and take us back to Heaven to live with Him forever, if we live faithfully.

When I say to you Merry Christmas, and as Christmas Day approaches and you receive your gifts, recall the above statements. Also, remember The Greatest Gift is Jesus and The Greatest Gift Giver is God.

*Merry Christmas*  
**Achaniel F. Lucas, Sr.**

## Teamwork makes the dream work

Teamwork makes the dream work  
 It does not happen alone  
 Teamwork makes the dream work  
 From your workplace to your home

Teamwork makes the dream work  
 It is up to me and you  
 Teamwork makes the dream work  
 In everything we do

Teamwork makes the dream work  
 Yes, we all must stand tall  
 Teamwork makes the dream work  
 When we give it our very all

Teamwork makes the dream work  
 When we respect one another  
 Teamwork makes the dream work  
 When we work as sisters and brothers

So, let us make the dream work  
 When we come together, as one team  
 teamwork will make the dream work  
 when we work together, on everything

Achaniel F. Lucas, Sr.

## Special Poems For Special Occasions

*Missing someone special poems*

*Special poems for care givers*

*Poems about being special*

*Special love poems*

*Special family poems*

*Special poems for him or her*

*You are special poems*

*Special poems for parents*

*Special poems for friends*

*Special needs poems & quotes*

I compose original, specialized poems for any occasion at a minimal cost of \$14.95 each. For further information and to contact me, please call (443)694-1342 and/or write to

P. O. BOX 2126, GLEN BURNIE, MARYLAND 21060

<http://www.powerfulwordsandgifts.com/>

## Coming Soon!

**Achaniel F. Lucas, Sr.**  
**E-Books Of Poetry, Poems**  
**& Special Occasions**

*For further information contact*

*Achaniel F. Lucas, Sr.*

*powerfulwordsandgifts@gmail.com*

*443-694-1342*





**National Real Estate Editor  
Dr. Sonatta Camara**

**Entrepreneur, Speaker,  
Trainer, Coach & Author**

**The "REAL" Real Estate Roller Coaster**

**By: Dr. Sonatta Camara**

**Nationally Recognized International Real Estate Broker**

Buying a home is a process filled with emotional ups and downs. For some, it could be the most expensive and involved purchase that one might ever make. On top of the importance of this purchase, is the lack of time homebuyers have to make a decision before purchasing a home. The average time a potential homebuyer will spend looking at a prospective home is 96 minutes! For a home that you may spend the next ten to twenty years living in. Well, an hour and a half seems like an unjustly short amount of time to make such a drastic decision. This "hot" decision making environment, is one of the key aspects of buyer's emotional stress. However, good homes sell fast and buyers have to be ready to commit to a purchase in a short time. This being said, the "sure fire" way to make a good decision in a short period of time, is to learn to become a smart, analytical shopper. Not that emotions need to go entirely by the wayside but you must know when emotions are weighing too heavily

in your decision making process.

One approach to help mitigate the emotional roller coaster of the buying process is to set your specific priorities before you go house hunting. Ask yourself, "what are the most important elements for my new home?" Proximity to schools, the location of the neighborhood, commuting distance, property taxes, energy efficiency, shopping accessibility, and recreational facilities are just a few of the considerations a buyer should prioritize beforehand. Write your answers down and use them to create a priority list. If purchasing with a spouse or partner, you may discover that your priorities differ. It is very important that you spend the time to make concessions and get on the same page as best you can before you begin looking.

Other aspects of your priority list may include the type of home that you are looking for. These parameters could involve the size of the

home or a particular style of home. If you are set on a particular style of home, this may affect the neighborhood parameter of your search, as not all houses of certain types are in every neighborhood. One way to help curb emotional reactions, is to know what you're looking for. This will also narrow your search. This way, every listing you visit will be within the list of parameters you set in your priorities. You can then rank homes based on how well they fit into your priority system.

Practice catching yourself when you are honing in on one particular feature of a home, as the "dream home", should be so, because it satisfies those myriad components (priorities) that create "your dream of your home". You may want to check in and ask yourself if you are being clouded by one enticing feature and have lost touch with your list of priorities.

Beware of your "gut" feeling. Your guttural instinct may be good for you, but not so great for re-sale. It is, in almost all cases, very important that you consider the potential resale value of your home as one of your top priorities. You don't want to be stuck with a "dream home" that turns out to be everybody else's nightmare. The investment aspect of purchasing a home lies in its re-sale value. Now, this doesn't mean you have to buy in a well-established, totally invest-

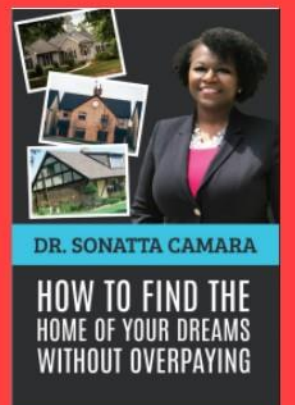
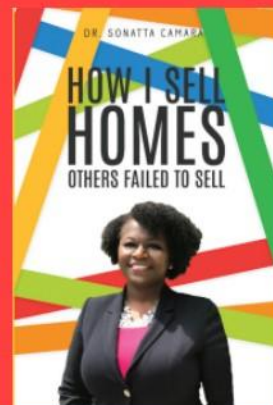
ment-proof neighborhood. You may have done your homework and feel confident buying in a neighborhood that has great potential for five to ten years down the line. Likewise, the home you are investing in may need improvements that you have the funds and/or the expertise to accomplish. But, you must at least consider the resale value of your potential home. Otherwise, you could be investing in a money pit that you'll never be able to get off your hands.

Keep in mind, smart sellers are bound to know the realm of buyers emotions, and will appeal to your weaknesses. Keep your critical eye sharp, especially when a home seems to smell of professional home staging. It's not that home staging is trickery, or dishonest, but you might need to work extra hard to look beyond the beautiful, well-appointed furniture and the incredible artwork as none of the above are included in your purchase. Just make sure you look at the house itself and not it's decor.

Once you have taken the time to analyze and prioritize your wants and needs, and you've considered the re-sale potential of the properties, then you can allow your emotions to participate. Perhaps you've been smart enough to mine out two potential properties that both fit your priorities and parameters. If so, your "gut" feeling can possibly help refine your process and not hinder your decision



**For More Information Contact  
Dr. Sonatta Camara (301) 333-4444**



**Camara & Company**

**Entrepreneur, International Speaker, Coach,  
Author and best of all Mommy**

**Real Estate Broker: Camara & Company  
C.E.O. & Founder At: Camara & Company  
Certified Coach At The John Maxwell Team**

**Phone: 301-333-4444**

**AskUs@CamaraAndCompany.com  
camaraandcompany.com**





**National Editors:  
Travel Services  
Sitawi & Cynthia Jahi**  
Founders: Movements Unlimited  
Entrepreneurs & Consultants

**JAMBO TRAVELERS! BONJOUR TRAVELERS!  
HOLA TRAVELERS! ALOHA TRAVELERS!**

We are Sitawi and Cynthia Jahi of Movements Unlimited Travel. First and foremost we are honored to be a part of The National Black Unity News. However, our greatest honor is the ability to serve you in multiple ways.

WE WANT TO START WITH A MOMENT OF (SILENCE) IN MEMORY OF ALL OF THE LIVES LOST AND DESTRUCTION OF PROPERTY OF THE MANY HOMES, SCHOOLS AND BUSINESSES AFFECTED BY THE SERIES OF DEVASTATING STORMS AND HURRICANES. SAD TO SAY THESE CHALLENGES GREATLY COMPOUNDED THE EVERYDAY WAY OF LIFE OF THE PEOPLE AFFECTED IN THESE AREAS.

This article is being written after Hurricane Harvey and Hurricane Irma, so we can only pray that these will be the worst of the storms. Prayers continue to be sent out to everyone of every island, land mass, countries, and states affected. Let's all continue to monitor the situation, keep all in prayer and send the needed money and resources to help in the recovery efforts. Let's also keep in mind that these are our brothers and sis-

ters in many ways and that it is not ok for us to only think of these places as (playgrounds of beauty and ESCAPE)! But these are the homes of real people all year long and when our planes and our ships leave our people are still there! So keep them in prayer as we continue to search for ways to help!

**DO YOU NEED A REASON TO TRAVEL?**

In this article we will cover Travel that is done for reasons sometimes outside the BOX. People travel for many reasons such as; Health and Wellness, traveling with ones' children to stimulate imagination and creativity, family travel to broaden their view of the world, business travel and educational travel or travel just to re-energize oneself, just to name a few reasons.

Yes, people travel for a variety of reasons. Some folk travel to places because of the climate. People leave cold places to spend a few weeks or months in warmer climates. Some folks leave the warmth for some snow, skiing and fire place fun! Some folk want the beauty of the sunrises and sunsets across the ocean. Others love to meet different

people of different cultures and languages. While others relish trying the different foods, music, dress, and celebrations.

**Baba and I are excited to introduce to you two of our programs;**  
>The Youth and Family Educational Travel Program,  
>The Young Adult Intern Travel Agent Program!

The Cancer Treatment Center of America will fly your love one to one of its fabulous Treatment Centers, along with an escort. They cover the cost of the flight and most of the cost of your stay there. Please contact me Cynthia Jahi at 252-406-0774 for more details or go to their website at [cancertreatmentcenterofamerica.org](http://cancertreatmentcenterofamerica.org).

**MILES AND SMILES!**

Now let's get our TRAVEL - MILES AND SMILES on and join my other business partner, my sister, Ms. Kim Williams of Purpose Driven Travel 1 on some of her upcoming trips too. Just click into her website and choose the trip for you. Make sure you tell your family, friends, and co-workers. Post the info on the job on (locker room or break room entrances and exits). Have these exciting trips announced in your church or temple. Ask to have the info posted there too. For additional info, just click <http://www.grouptrips.com/purposedriventravel1>

The Youth and Family Travel Program is a special program that allows youth to travel with Movements Unlimited in small groups on day trips or overnight stays, depending on the destination. Movements Unlimited are the chaperones for these youth. These will be small group tours. Let us unlock the door of our history by visiting The Great Blacks In Wax of Baltimore, Maryland, The Walters Art Gallery, The Reginald Lewis Museum, Baltimore's Inner Harbor, and many other interesting places in the Baltimore, Washington D.C., Virginia, West Virginia, Philadelphia and of course New York (The Big Apple too!) **Text me at 252-406-0774 if you would like to go with us on a small group trip and tour of any of these places.**

**HEALTH AND WELLNESS TRAVEL:**

I recently took a trip for a very serious reason. This was a heartfelt trip to escort a dear family member to the CANCER TREATMENT CENTER OF AMERICA. Now this may not be what you expect to read in the Travel section of the paper because we usually think of travel for Fun, or adventures of educational proportion. But there are thousands of people who travel for health reasons. If you know of anyone who is experiencing this life altering disease please let them know about this wonderful facility.

**SHHHHH- DON'T TELL ANYONE THIS SECRET!**

**WE CAN ALSO SHOW YOU HOW TO TRAVEL MUCH, MUCH, MORE FOR LESS, LESS, LESS, TO SOME OF THE MOST AWESOME PLACES IN THE WORLD! For a sneak peak of HOW YOU CAN TRAVEL MORE FOR LESS - e-mail us at [info@movementsunlimited.net](mailto:info@movementsunlimited.net)**

**Also check out the Vortex – See the flier on our page!**

**New Revolutionary Product Called the Vortex**

What is the VORTEX it is a free consumer Travel Booking site that saves persons. Going somewhere planning a trip or a vacation for the Holidays. Then Bless Your Budget Get the Lowest Price 85% to 90% of the Time! Then you need to use the VORTEX.



Well-known brands! Over 400,000 hotels, all major car rentals, all major cruise lines, luxury resorts & more!

- The VORTEX shows you full prices up front!
- The VORTEX provides free Live Chat!
- Your Private Free VORTEX Access Never Expires!
- Your VORTEX has Free Customer-Only Tutorials!

(No Sales pitches ever). To Create a Free Account 100% ABSOLUTELY FREE To Create a Free Account. Go to this web link <http://myvortex365.com/mugroup>



**PURPOSE DRIVEN TRAVEL 1**

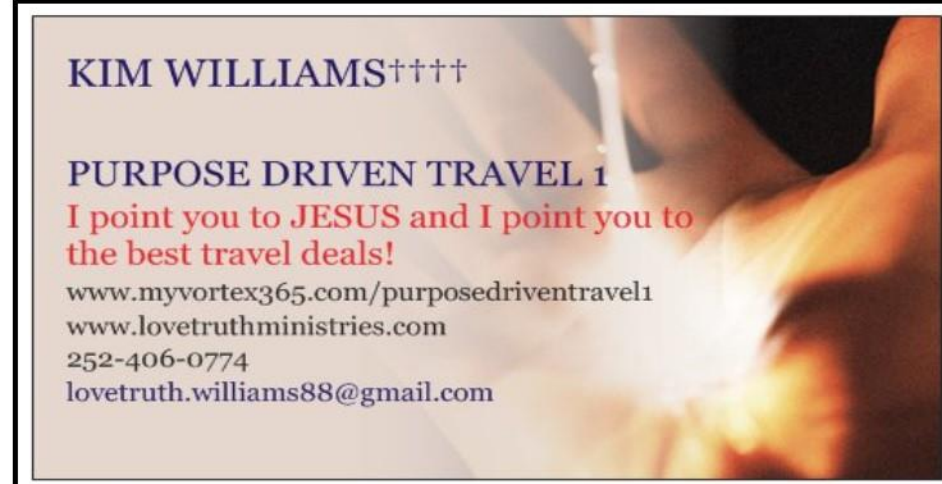
**JESUS LOVE YOU! ROMAN 10:9-10 "that if you confess with your mouth the LORD Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart, one believes unto righteousness, and with the mouth confession is made unto salvation."**

**KIM WILLIAMS++++**

**PURPOSE DRIVEN TRAVEL 1**

**I point you to JESUS and I point you to the best travel deals!**

[www.myvortex365.com/purposedriventravel1](http://www.myvortex365.com/purposedriventravel1)  
[www.lovetruthministries.com](http://www.lovetruthministries.com)  
252-406-0774  
[lovetruth.williams88@gmail.com](mailto:lovetruth.williams88@gmail.com)



**Financial Services:  
Taxes & Non-Profits**  
Cynthia & Sitawi Jahi  
<http://www.movementsunlimited.net/>  
252-406-0774  
252-458-3712





The National Black Action Portal  
National Manager Of Directory  
**Mosiah Fit**  
Founder of Black Wolves  
Youth Organization

Other ethnic groups circulate their money amongst themselves as much as 12 time before it goes out of their ethnic group. This is one of the reasons they are so powerful, they are able to build private schools to educate their young and have better communities. Black/African Americans are the only ethnic group that circulates their money less than one percent amongst themselves.

We are asking every Black/African American business and services to participate. This is an excellent way to promote, identify, support and keep our monies circulating through our businesses and give incentives to consumers when they support Our Black/African American businesses and services.

Join us now! Our future, our youth and our communities are depending on your participation. If you have a business or service join us, or you can purchase our annual discount card. We must not only talk about unity we must be about it.

**The National Black Action Portal Discount Directory**

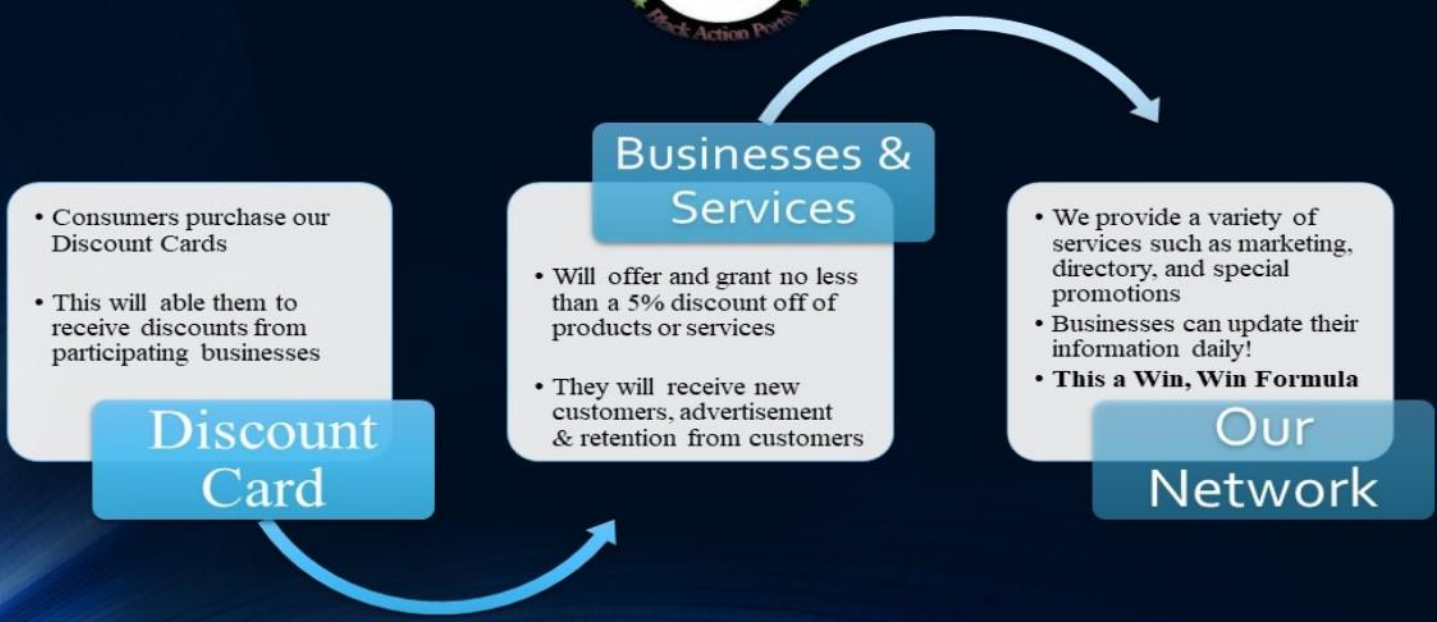
We as Black/African Americans spend about one point two trillion dollars annually. With that amount spending power

we could rate as one of the 15<sup>th</sup> largest country in world when it comes to spending power.

Well that is about to change, we have a plan that will help to keep that money circulating and it will also help in repeat support for Black/African American businesses and services. (See Chart Below)

212-202-0171

**The National Black Action Portal**



**The National Black Action Portal**  
**We Are Keeping The Dream Alive**



**Nation Largest Network Of Black Businesses & Organizations**


<http://www.thenationalblackactionportal.com/> 443-455-2373





### National Youth Editor Kathleen Murphy

A member of various local, national & international organizations

#### To our youth readers: Be inspired: Go for the ultimate!

My inspiration to speak to our youth comes from a void in the publication industry. Information and solutions are needed for our young readers. I volunteered in a reading program for the summer and I was looking for a few quality magazines to hand out to the youth. As I searched for quality print media, I was unable to find any publications of substance. I wanted to inspire, inform and provide solutions. What do you do when you find a void? You fill it.

I am an editor for The National Black Unity Newspaper. My background includes the health field, logistics, small business and last, but not least, education. Belonging to several national organizations that focus on the welfare of our youth, I am constantly observing the void in education and the real world. Solid solutions for our youth are pertinent to the healthy growth of our community and our nation.

In each upcoming publication, I will provide an avenue to address the youth and encourage them to step out, be creative, think outside of the box, organize, and lead. What a great way to feel connected to our youth by sharing information and solutions as they read articles from The National Black Unity Newspaper.

I have just finished reading a book titled, "Sidney Poitier, This Life." Mr. Poitier began his career with no experience, no money, no education, but he had high hopes. His struggle was quite unbelievable. Of course, you know that Sidney Poitier is a Black actor who won the Academy Awards and the Golden Globe Award for Best Actor in the movie, "Lilies of the Field" in 1964. From a place called Cat Island, The Bahamas, Mr. Poitier grew up as the youngest son of tomato farmers, not seeing a car until he moved with his family to Nassau at the age of 10 years old. A desire so strong to succeed, Mr. Poitier was relentless in his quest for knowledge and funds to support himself and his family. When Mr. Poitier moved to New York on his own at the tender age of sixteen, he did not have clothes to keep himself warm or a place to live.

Sometimes we need inspiration to pick

us up. Reading Sidney Poitier's book gave me so much inspiration. His accomplishments are awesome:

In 1991, The America Film Institute named Poitier among the Greatest Male Star of Classic Hollywood Cinema, ranking 22<sup>nd</sup> on the list of 25.

Sidney Poitier received The Academy Honorary Award by the Academy of Motion Picture Arts and Sciences in 2002.

Mr. Poitier was knighted by Queen Elizabeth in 1974.

Mr. Poitier served as non-resident Bahamian Ambassador to Japan from 1997-2007.

In 2009, Mr. Poitier was awarded the Presidential Medal of Freedom, the United States' highest civilian honor by President Barack Obama.

Born in 1927, Mr. Poitier is 90 years old today.

Why am I sharing this story about Sidney Poitier? Mr. Poitier owned his own movie production company where he produced and directed many films, including "Uptown Saturday Night", "Let's Do It Again" and "Stir Crazy". Well, if Mr. Poitier can succeed and own his own successful movie company under challenging circumstances, our youth can accomplish anything their hearts desire. I believe our youth have dreams, ideas and inventions. Yes, our youth can have their own businesses and make money. Why not our Black youth?

My vision is that our youth will be sponges and soak up the information and find solid solutions to their needs and desires. Our youth must be energized and prepared to accomplish their ambitions. I hope that our newspaper, "The Black National Unity Newspaper," will be the avenue to a fresh start for our youth and that these upcoming articles will help to strengthen and empower our youth to be future entrepreneurs.

I wish our youth and The Black National Unity Newspaper much accomplishments as we travel on this journey as partners in the world of success.



### Black Wolves Community Organization



"I AM HERE ONLY TO FULFILL MY PURPOSE" Greetings! My name is Mosiah Fit. The name Mosiah is another name for Moses. In Hebrew it means "deliverer of the people," and in the Islamic faith it means "Musa"! I am so very much excited to be a part of something so grand, so blessed, so empowering as THE NATIONAL BLACK UNITY NEWS! I am only 27 years young, born 02/21/1990, and playing such a dignified role, I am nothing more or less than honored! Born and raised in the cold city of Baltimore, Maryland, I have gained much confidence, wisdom, and inspiration to be able to combat this battle which we all face each and every single day. This battle we call life. In particular, the battle we face as human beings. Learning how to cope with reality, day to day interactions, bad news, and facing tragic

events is a part of being human. It's not just about race! It's primarily a human flaw we are facing as a people.

Individually we must get up, and get out into the world and learn new things as much as possible. We must exercise regularly, eat better regularly, and volunteer at least 3 hours of community or humanitarian service within each week. We must stop allowing religious ideologies to divide us. It is just as devise as racial division. Volunteering your time for humanitarian services is key! It humbles you, it's gives you a broader view of reality, it will bring you closer to your purpose! I personally challenge each of you who reads this, to find yourself something to (volunteer) your time in, and schedule it to be ongoing at least for 1 year. Commitment is what we need in this race! Not race of skin or gender. But race for ONENESS! Because if I love myself, then I love others, because we are One!

### WE NEED SERIOUS PARENTS



Who are tired of seeing this →



and rather see this ←

**YOUTH LEADERS CAMP**  
Every Saturday at 10 AM  
AT:  
ARCH SOCIAL CLUB 2426  
Pennsylvania avenue.

Parent permission: \_\_\_\_\_

**BRING THIS ON SATURDAY!**

Contact Coach Fit: (212)-202-0107

The black Wolves was established in September 2016. The Black Wolves mission is to save lives of youth that are headed in the wrong direction. Our creed is RESPECT COMMITMENT AND HUMANITARIAN LOVE. We are an urban community scout Jr fraternity for boys and girls ages 6-15. After age 15 we see to it that members become Scout masters, and mentors. We engage in the following activities: youth recruitment, neighborhood cleaning, job creation for youth, martial arts, cadences and marching, history lessons, tutoring, hiking, biking, boating and traveling. We train as a whole every Saturday at the arch social club 2426 Pennsylvania Avenue from 10am - 3:30pm. We welcome all to come and see the difference we are making. "Living to the fullest NOW!"

#### To Support Or Contribute To Our Youth Section



Contact: Kathleen Murphy: 804-721-7985





**National Editor: Sleep Hygiene**  
**Donata D. Mooring**  
**Certified Sleep Science Coach**  
 “How sleep affects many areas of our daily lives and the solutions to solve this epidemic”

**Quality Sleep:** Most of us have heard, we need to get a least seven to eight hours of sleep each night. Don't believe everything that you hear. Your body will let you know how much sleep you need based on how you feel when you wake up in the morning. Scientists or society try to tell us how much sleep you must get. This can cause anxiety if you are not able to get the proper amount of sleep based on what we have heard over the years.

*The most important factor is the quality of sleep and not the quantity.*

Lack of quality sleep affects your immune system, motivation, performance,

personal relationships, causes disease, and fatigue among other things. As a result, lack of quality sleep can cause sleep deprivation which can lead to an estimated of 200,000 to 400,000 vehicle accidents every year.

Below are some suggestions on getting quality sleep:

Go to bed earlier or late enough for you to get your quality sleep

Develop a relaxing nightly routine such as taking a bath, listening to soothing music, yoga, or reading

Try breathing exercise to relax your mind and body

Create a bedroom spa environment for sleep – the smell of candles (lavender), dark, comfortable, quiet, or relaxing

Do not use your bedroom for work including personal finances

Avoid stimulants – caffeine, nicotine, chocolate, alcohol (several hours before bedtime)

Do not-over eat (stomach too full) or under-eat (stomach empty)

If you take medication find out if it affects your sleep. If so, find out from you doctor if you can take earlier during the day.

Find out how much quality sleep you get at night. Download an app called Sleep Cycle that measures your quality of sleep. I have been using this app for the last 100 days. For additional information go to [sleephygiene.vcardinfo.com](http://sleephygiene.vcardinfo.com)

I have over 25 years as an entrepreneur and I worked in the health and education field. I have a burning desire to educate, inform, provide resources with natural, organic, and healthy products while offering an opportunity to make money.

My focus and goal is to help people that need information, resources and coaching due to lack of sleep that can cause obesity. Accordingly, to Women-Health.gov 4 in 5 Africa American women are overweight or obese which increases the risk of heart disease, stroke, diabetes, high blood pressure and sleep apnea just to name a few. The Center for Disease Control (CDC) “Sleep is an essential component of health, and its timing, duration, and quality are critical determinants of health (1). Sleep may play an important role in metabolic regulation, emotion regulation, performance, memory consolidation, brain recuperation processes, and learning”.

As one of the editors, we can bring light to our community of various solutions for sleep issues, obesity, and overall health and wellness. We will learn, educate, motivate, provide solutions and resources to improve a better quality of sleep and life for you and your family. Most importantly, we will offer natural and organic products while offering a means to improve your financial health and wealth.

**10 Reasons How Lack Of Sleep Can Affect You!**

**1. Sleepiness Causes Accidents**

Sleep deprivation was a factor in some of the biggest disasters in recent history:

**2. Sleep Loss Dumbs You Down**

Sleep plays a critical role in thinking and learning. Lack of sleep hurts these cognitive processes in many ways.

**3. Sleep Deprivation Can Lead to Serious Health Problems**

Sleep disorders and chronic sleep loss can put you at risk for: Heart disease, Heart attack, Heart failure, Irregular heartbeat, High blood pressure, Stroke and Diabetes.

**4. Lack of Sleep Kills Sex Drive**

Sleep specialists say that sleep-deprived men and women report lower libidos and less interest in sex

**5. Sleepiness Is Depressing**

Over time, lack of sleep and sleep disorders can contribute to the symptoms of depression. In a 2005 Sleep in America poll, people who were diagnosed with depression or anxiety were more likely to sleep less than six hours at night.

**6. Lack of Sleep Ages Your Skin**

Most people have experienced sallow skin and puffy eyes after a few nights of missed sleep

**7. Sleepiness Makes You Forgetful**

Trying to keep your memory sharp? Try getting plenty of sleep.

**8. Losing Sleep Can Make You Gain Weight**

When it comes to body weight, it may be that if you snooze, you lose. Lack of sleep seems to be related to an increase in hunger and appetite, and possibly to obesity.

**9. Lack of Sleep May Increase Risk of Death**

A study showed that those who had cut their sleep from seven to five hours or fewer a night nearly doubled their risk of death from all causes. In particular, lack of sleep doubled the risk of death from cardiovascular disease.

**10. Sleep Loss Impairs Judgment, Especially About Sleep**

Lack of sleep can affect our interpretation of events. This hurts our ability to make sound judgments.

**Do You Need To Loose Weight?**



**Do You Need An Extra \$1,000.00 Per Month?**  
<http://healthynow.mywakaya.com/>

<p><b>Total Detox Pack</b></p>	<p><b>Daily Slim Pack</b></p>	<p><b>Essentials Pack</b></p>
--------------------------------	-------------------------------	-------------------------------



**For More Information Contact:**  
**Donata D. Mooring**  
**443-380-1991**  
[donanta.d.mooring@gmail.com](mailto:donanta.d.mooring@gmail.com)  
<http://healthynow.mywakaya.com/>

**Visit Our Web Site: <http://www.donatadmooring.com/>**





National Editor Fitness/Nutrition Catherine Brown F.I.T Nutrition

Look at Life Differently

PLAN--CHANGES WE NEED FOR OPTIMAL HEALTH

"Changes" is a powerful word. Past president Barack Obama promises to bring Changes to America and the world and he did. Every day we look for Changes in our economy, communities, families and social environment. Daily, in fact, over a period of hours, weather can and does make Changes. But most importantly, there are days when we begin to Change the way we think and decide to make Changes in our lives.

What can the concept of Change mean to you in achieving your optimal health? The concept Change will bring about a better you physically, mentally and spiritually.

The most important formula in optimal health involves bringing about physical change.

We all have heard how physical activity has beneficial effects such as increasing

blood circulation, building bone density and lean muscle, lessening symptoms of disease, burning calories, improving posture, aiding in relieving stress, and in general, helping in forming a fit and healthy body. Why should we be concerned about these benefits because in today's world?

Prevalence of obesity and weight issues is high in African American woman.

We are number one for the negative impact of chronic disease increasing annually; our lives are shortened by diabetes, hypertension, heart disease, obesity, arthritis, cancer, smoking, excess stress, depression, the effects of high cholesterol and other mental health problems.

However, Changes in our lives should also extend to our eating habits. We need to recognize and Change unhealthy habits that include consuming high fatty foods, large quantity of sugar, meals loaded with carbohydrates, as well as recognizing the hazards of an erratic

eating schedule, compulsive eating, and fast food consumption. All of these unhealthy food selections and habits mean a dysfunctional body in progress, more visits to the doctor's office which further contribute to our higher health care cost.

With such horrible consequences and problems facing our culture, who would think that simple lifestyle Changes such as improving eating habits and applying a minimum of 30 minutes of functional exercises daily could make profound Changes in extending and improving your physical and mental health.

Just think 30minutes and a healthy nutrition meal plan will help to make Lifestyle Changes a major force in you achieving optimal health and a more proficient body!

Catherine Brown, Certified Wellness Strategist, IFPA Certified Medical Fitness Expert; Certified Sport Nutrition Specialist; Certified Wellness Chef; Corporate Wellness Consultant

443-854-5096



In The Kitchen with F.I.T. Nutrition enhancing your dishes with unique flavors of natural exotic herbs, seasoning, spices, and preservative free. Our spices can be used in sauces, dressing, soups, and stews as a flavor enhancer.



Turmeric Himalayan Salt Cilantro Lemongrass

Usage: Lorem ipsum dolor sit amet, consectetur adipiscing. Health Benefits: One of the most impressive free radical scavengers, it also supports brain health, protects cell integrity & aids in mood balance. Usage: Lorem ipsum dolor sit amet, consectetur adipiscing. Health Benefits: Properties aid in sinus relief, the ability to increase the body's natural ability to breathe deeply & breathe better at night. It may also reduce or eliminate night coughs, snoring & breath-related sleeping conditions. Usage: Great for soups, salsa, & guacamole. Health Benefits: Considered a superfood with an incredible source of antioxidants, it is a powerful cleansing agent for removing toxic from the body. It is loaded with vitamins & minerals & it has a long history therapeutic use. Usage: works well in sweet and savory dishes & drinks. Health Benefits: A source of beneficial phytochemicals that support the body's response to harmful organisms, boost the immune system & promote overall wellness.

Bon Appetit! Femmelle Chef

FIT NUTRITION WEB: FITNUTRITIONHEALTHYEATINGANDMEALS.COM EMAIL: LEFEMMEDACHEF@GMAIL.COM PHONE: 443-854-5096

FITNUTRITION FOOD ESSENTIALS



- Truffle Salt
• Island Jerk
• Cilantro
• Turkey Rub
• Lemongrass
• Garlic Roast
• Raz El Hanout
• Smoked Paprika

In the Kitchen with F.I.T Nutrition enhancing the quality of eating well with our Kosher certified spices, herbs, and extracts.



Catherine Brown

F.I.T Nutrition

"Committed to healthy meals"

Email: lefemmedachef@gmail.com

Phone: 443-854-5096

Website: www.fitnutritionhealthyeatingandmeals.com

Areas Expertise:

- Personal Wellness Chef
• Personal Food Assistants
• Nutrition Specialist



Commit, Get Fit, & Healthy! Catherine Brown

1-443-854-5096

lefemmedachef@gmail.com

http://www.fitnutritionmarket.com/
http://fitnutritionhealthyeatingandmeals.com/



# CALLING ALL RHYTHM PEOPLE

## RHYTHM PEOPLE WANTED!!! RHYTHM PEOPLE ENTERTAINMENT NEWS

Artists, artisans and Social Transformers, stay hip to the heart beat of Arts & Culture in Rhythm Nation News.

Search here for the latest in Rhythm People Entertainment, Gigs, Bigwigs & Shindigs, and International Rhyme & Reason to connect with upcoming events, travel, investment/trade opportunities on the continent/diaspora and the inside scoop on how Rhythm People around the world are reclaiming our global cultural economy.

**Culture is the New Currency!**  
**#WeAreTheRhythmPEOPLE**



**National Entertainment Editor**

Ms. Kim Poole is a Soul-Fusion Teaching Artist and Founding Fellow of the Teaching Artist Institute (TAI), providing an opportunity for artists and artisans to learn techniques for social transformation while fostering outlets for socially engaged art. Through TAI, Kim and her team of Teaching Artists are originating the Art for Social Transformation, Teaching Artistry in Action curriculum & workbook for change agents and universities interested in exploring the "Art of Possibility" around the world. She has a passion for encouraging the "Rhythm People" as she refers to them, to reclaim their global cultural economy and a knack for celebrating the beauty and resilience of women with SUPERLASHES through her music and the Sheroes Sisterhood. At 31 years old, Ms. Kim Poole has over ten years experience in International Art Cultural Diplomacy and the world has only begun to learn how this Soul-Fusion Teaching Artist will redefine our understanding of artistic expression in social transformation.

## The NOMAD Tour 2017: A Win for Rhythm People

By Kim Poole

*Soul Fusion Artist, Founding Fellow Teaching Artist Institute, National Editor Rhythm People News*

The first season of the NOMAD Tour has ended right on beat! Laying a firm foundation for 2018, this brainchild of the Rhythm People Coalition (RPC) is slated to resume operation next spring with dates scheduled in the Gullah Geechee Corridor of Charleston, South Carolina, Seattle, Washington and late fall in Baltimore, Maryland at the Sixth Region Diaspora Caucus Conference entitled "Let's Go Together 2018". Talks of bringing the NOMAD Tour to San Antonio, Texas and Nanny town, Jamaica are also in motion.

Major successes of the NOMAD TOUR 2017 are highlighted in news publications from across the diaspora such as the *Dallas Weekly*, *Jamaican Observer*, and *GhanaNdwom* to mention a few. From each region emerged a different personality and focus on the state of our Rhythm Nation. Discussions on youth development and education, historic vs. contemporary African identity, and health and wealth of Rhythm People seemed to take center stage as themes for ongoing NOMAD attention. While the NOMAD Tour is dedicated to advocating that discussions around issues effecting Rhythm People remain connected across the world, the work in each region of the tour must continue throughout the year; even after the tour has departed, in order for this advocacy work to be most effective.

Still, the self-funded NOMAD Tour is an example of our capacity as a community to successfully accomplish this task in at least two seasons per year and ultimately answer a paramount question of our time. Is African unity without uniformity possible? The answer to this question of our time is an overwhelming YES!!! With the symbolic drum beat as spirit guide, the African Diaspora in Dallas Texas, home of

Marcus Garvey in Discovery Bay, Jamaica and Los Angeles California's historic Leimert Park all proved model enclaves of African-centered education, business, and human exchange; art forms pertinent to the NOMAD Tour's mission but more importantly an ode to the fact that "collectively we are building." It is important that as we continue in the likeness of great "NOMADS" before us, we begin to debunk untrue narratives around divergence in the African community. The Rhythm People Coalition would like to give a firsthand report that the African Diaspora is actively organizing, committed, and taking full advantage of this era of heightened awareness.

Unfortunately, due to destruction of hurricane Irma in Santiago, Cuba and a canceled event in Paris, France, two NOMAD Tour stops were canceled for 2017. Nonetheless, the overarching vision to promote and preserve the African identity in the African Diaspora was certainly achieved. Personifying the Mansa Musa of Timbuktu's legendary voyage across Africa during the 13<sup>th</sup> century, NOMAD is setting a new "golden" standard in connecting cultural narratives of Global Africans and elucidating the importance of Reclaiming Our Global Cultural Economy. Strides will continually be made to bring with each NOMAD tour stop quality goods and services as an affront to replicas of our ingenious concepts and demonstration of an ability to wield the buying power of the African Diaspora. The power to own, streamline, and properly manage the supply chain for needs and wants of Global Africans will inevitably depend on an ability to form and sustain healthy relationship and effective communication.

*Continued on page 14*

## GIGS, BIGWIGS AND SHINDIGS

### Gigs: African's Rising is Hiring

<https://www.africans-rising.org/www/2017/09/30/job-communication-coordinator/>

Craft Fund accepting proposals <http://craftemergency.org/> Are you an artist working in a craft

discipline who had a recent, serious emergency?

Sanctuaries equip Activist Washington D.C. <http://thesanctuaries.org/apply>

**BigWigs:** Reggie Jefferson Baltimore, Maryland USA Native, Co Founder Grades 4 Cutz Program <https://youtu.be/Afpq8dby93s> (Rest In Peace)

### Shindigs: Conferences

PAN-AFRICAN WRITERS CONFERENCE file:///C:/Users/1003/Downloads/Concept%20Note%

20Writers%20Meeting%20%20(REV%2013-2.pdf  
Accra, Ghana, 18-20, December,2017

35th Annual Ancient Kemetic Studies Conference  
<http://ascac.org/conferences> Philadelphia, PA  
March 15th-18th

3rd African Arts for Peace Forum <http://www.africanunionsc.org/2017/01/call-for-registration-third-africa.html> Addis Ababa,  
January 25th-29th 2018

2nd International Conference on Art for Social Transformation [www.TAITOURS.org](http://www.TAITOURS.org) Banjul,  
Gambia March 3rd- 4th 2018

Input Public Media Conference US Input  
Brooklyn New York USA April 30th- May 4th  
2018

## RECLAIMING OUR GLOBAL CULTURAL ECONOMY

## PROMOTING AND PRESERVING THE AFRICAN IDENTITY IN THE DIASPORA

### RHYTHM PEOPLE OATH

IN THE BEGINNING WAS HEART DRUM  
WITH THIS VIBRATION WE GAVE RHYTHM TO THE WORLD  
ON THIS BEAT WE SING LIFE  
WE ARE THE RHYTHM PEOPLE

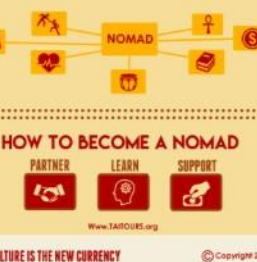
### WHO ARE THE RHYTHM PEOPLE

**DEFINITION:** Rhythm People are individuals of African descent living in the diaspora who identify themselves as Rhythm People and are committed to the preservation and promotion of African culture and identity.

### WHERE ARE THE RHYTHM PEOPLE



WITH THE RHYTHM PEOPLE SPREAD ACROSS THE WORLD  
HOW DO WE UNITE TO PRESERVE AND GROW OUR CULTURE



## Let's Go Together: The Sixth Region Diaspora Caucus, Bringing a Unified Voice for the African Diaspora to the World Stage

Bro. Cliff Kuumba  
Maryland State Facilitator, SRDC

The Sixth Region Diaspora Caucus (SRDC) was founded in 2006 as an answer to the African Union's Diaspora Initiative of 2003. The African Union, which had superseded the old Organization of African Unity in 2002, sought the assistance of the African Diaspora in bringing about the United States of Africa (also referred to as the Union of African States) and the uplift

of the people of Africa from conditions of economic disadvantage, political disempowerment, environmental destruction, hunger, disease and exploitation that were largely imposed by centuries of Western colonialism and conquest.

The African Union (AU) defined the African Diaspora as "peoples of African descent and heritage, living outside the African Continent, irrespective of their

*Continued on page 14*



**WE SEEK CONSCIOUS WOMEN WITH A DESIRE TO HELP SAVE THE FUTURE**

Today, in these words, I will have a face-to-face, with a one-on-one group of one, that is you as the individual you are and the individual you will become after hearing what I have to say. The words you will hear could and should inspire you to embrace hope for yourself, your gender, your family, friends, and everyone else in the world because we are all in this together. You as an individual could help others to get what they need to cause their lives to be better. As a Deliverer, you, like all females possess a power. Collectively with this power, we could figure out what causes people to fight for a cause that will not help them as an individual and at the same time, destroy the lives of other individuals because someone else said this is the thing to do. As a member of the female gender, you must understand the power of coming together as a single moving force and move that force together with a purpose. You must feel the feelings of another, as they live the life they are forced to live because of the color of their skin or the gender they just hap-

pen to be. You must be re-educated, so you can understand the power of an education acquired by nature and the natural order is greater than any formal education manifested and taught by the blind accepted intellectual-ignorance of humanity. As a deliverer, you must open your eyes as you look and see and understand, what you have been taught have gotten you exactly where you are and where you are is not necessarily where you want to be.

You as a member of the feminine gender are the backbone of everything human and possess a special power that is attached to every word you speak. You are a prize that cannot be won or physically possessed. So, you must project the primitive endowment of your existence, that is as it is, and has caused humanity to live and breathe life into an uncertain future. You must open your holistic-self to the totality of life and learn to listen to the truth in the meanings of the thoughts you think you are thinking, beyond the meanings someone else want you to think. You must realize the thoughts

they have thought for you to think are purposefully misleading. As a Deliverer, my words are not meant to lead you anywhere. They are words of inspiration to cause you to embrace who and what you are and live the life you have to it fullest, beyond the falsehoods of they who desire to control you. You must realize you were the past and you are the present and only because of you there will be a future. The female gender must realize a change has got to come and then realize, they are the change that is needed. It must be taught, the only truth that exist in humanity, taciturnly says, the fact of femininity is the future we must accept to cause the perpetuity of the clouded speculation we blindly accept as our way of life and living.

The female gender must make an emotional decision to open their eyes and speak authoritatively as she listens to what she sees. The females in this world must speak the words "Only We" and understand exactly what those words mean. The existence of the female gen-

der must be spelled out in her row as a woman, a mother, a lover, a companion, and a friend. She must allow the world to know she is a total passionate person, a woman supreme with a need to be fulfilled sensuously. She must also inform the man in humankind, her sensitive need is not a weakness because she, in the personage of herself and all female are Atlasia. She, with every fiber of her being, quietly carries the world on her feministical shoulders. And as the woman she is, she must allow the man in mankind to know, she is also Herculesia and Hercules was not her brother, he was her offspring. So, the world must hear me and you coming. They must hear our footsteps coming, tapping out the sound of the change that must come. For the good and perpetuity of the world as it pertains to humanity, the soul of the female gender must be embraced. Only then, can the future we all look forward to being, be earned.



SOMETIMES THE STRONGEST WOMEN ARE THE ONES WHO LOVE BEYOND ALL FAULTS, CRY BEHIND CLOSED DOORS, AND FIGHTS BATTLES THAT NOBODY KNOWS ABOUT.



To find out more about how women can make changes in their homes, communities and the world contact us!

To order books  
1-443-994-5609

**52 Weeks**  
**Words of Inspiration**  
**A Book For**  
**The Female Gender**  
  
A product of  
Alice W. Williams

**Afunemuda Manifest Manifesto**  
**A People Born into Themselves**  
**As African-Americans**

Learn who and what you truly are...  
Learn to open your eyes so you can look and see...  
As your ears hear the truth of everything around you...  
While understanding the power of the position you hold.  
Allow these words to become a part of you and your thoughts...  
As you look and see and hear the future of our children coming.  
Read these words and nourish the spirit and courage and hope we possess as a people.  
Now absorb these words and become who and what you are as a part of the people we are.



### National Manager, Continued from page 4

They know, that is what they were designed and created to do.

Justice for all is something that historically has eluded some races, and some classes of people, especially here in America. Justice is what we strive to obtain for our readers. To assist in seeing that your people, your community, and your business is on that *mystical level playing field*. To share with all of you our many resources and ideas for a more informed, and a more aware community. Our management team and editors want to hear your issues, and how to resolve issues that effects life in your community. I personally want those of you who have something to contribute to the uplifting, and the enlightening of our community, our people, to contact me at [\[sy53863@gmail.com\]\(mailto:sy53863@gmail.com\). It is my intent that I and my team act and respond to all of your submitted concerns and issues. For those who need a resolution that is urgent in nature, and require an immediate action, we will respond.](mailto:demp-</a></p>
</div>
<div data-bbox=)

Now getting back to justice. Being *just* is what one can truly thrive for. Rhetorical question "In life, what is fair?" Answer, Nothing. I can tell you that no one can truly tell anyone what is fair. Being fair is not a fact...it is a feeling. You cannot be fair, but you can be just. It is amazing that nothing in life is fair, but we can feel when it is not! Justice, not fairness is what we seek.

Being determined and persistent in your personal pursuit of freedom and justice is normal. It is when you are not able to be you...or not being allowed to exercise your free will, and there is no sane

reason, is a problem scenario. That is when injustice kicks in.

In obtaining some semblance of justice, one needs to start paying close attention to the Laws, the Rules, the Regulations, and the Customs, that governs that community. For this is truly how the game of life is played. These laws, rules, regulations, and customs are designed to do one thing, and one thing only. And that is to *control behavior*. Controlling behavior is usually desired and designed by those who rule, or a committee that governs. Either way, the guidelines of your conduct, and your behavior are being handed to you. Now no one can stop someone from fulfilling their crime wave bucket list. But there are consequences for not complying...for not obeying. So, if you are so inclined to research the laws, rules, regulations, and customs, that governs your com-

munity, start with the intent, it's motivation, the reason that it exists.

Due to the nature of modern communication requirements for The National Black Unity News to function globally, we have the tools to help you create and produce radio and television programs, pre-recorded and live webinars, and streaming live presentations to assist you with branding and presenting your message.

Now, we know that common sense is not common. So, we are appealing to those of you who have a clue as to solving a problem that plagues the black community. If you do, email me. Our community is in need of many things, but your silence is not one of them.

*If not us, who? If not now, when?*

### The NOMAD Tour 2017: A Win for Rhythm People

Continued From Page 12

Central to the success of the NOMAD Tour are the participating headliners, a tribe of African-centered practitioners from around the world with art forms as varied as educators, hip hop performers, chef, make-up artist and motivational speakers etc. Special Thanks goes out to Victor B. Gibson- Education, of Detroit Michigan- Cultural Competent Education Matrix, Angela Sayles- Financial Literacy, of Cleveland, Ohio Financial Unity, Empress Chi- Motivational Speaker of Philadelphia Pennsylvania, Million Woman March, Tia Good, Business Owner/Makeup

Artist, Baltimore Maryland, Good Cosmetics, Hope Thomas- Minister, Dallas Texas Minister to Nations, Lemond IMAG Brown, Engineer/Hip Hop Artist - Washington D.C., Avandre Sayles Saxophonist- Cleveland, Ohio, Ricky Perry-Hip Hop Artist, Dallas Texas, Theresa Golden -Life Coach, Los Angeles, California, Gordon Assante, Hip Hop Artist, Kansas City, MO, George Omoth -Organizer, Dallas Texas, Bice Osei Kuffour - Hip Hop Artist, Accra, Ghana, Richie B, Pianist Kingston, Jamaica, James Stiffler- Model, Accra, Ghana, Umm Jasmine- Edu-

cator, Discovery Bay Jamaica, Mindful Creation, Tonny Giles- Artist, Mooretown (Nanny Town) Jamaica, Sam Collins-Writer Washington D.C. Rhythm People Pundit, Founder All Eyes on D.C. and all of the Rhythm People that have supported development of this mission. You are the greatest resource, the HUMAN RESOURCE!

Organizations of the Rhythm People Coalition; **Sixth Region Diaspora Caucus (SRDC)**, **Jah Kente International**, **African Roots and Heritage Festival**, **African Artist Peace Initiative(AAPI)**, **Musicians Union of Ghana(MUSIGA)**, and the **Institution of Financial Unity**, give a big thanks and Asante Sana to the Rhythm People Coa-

lition's lead organization, the **Teaching Artist Institute (TAI)**, for funding the NOMAD 2017 tour and providing ongoing training for tour participants. Lastly, leaders of the NOMAD 2017 have collectively identified the "art of facilitation" as the most valuable skill set to hone for NOMAD 2018.

A full summary report and highlights of the NOMAD TOUR 2017 can be found at [www.TAITOURS.org](http://www.TAITOURS.org)

More Tour dates are still being accepted for 2018, to bring the NOMAD Tour to an event in your region please email

[kpoolepip@yahoo.com](mailto:kpoolepip@yahoo.com)  
before **January 24<sup>th</sup> 2018**

### Let's Go Together: The Sixth Region Diaspora Caucus, Bringing a Unified Voice for the African Diaspora to the World Stage

Continued from page 12

country of citizenship, who are willing to contribute to the development of the African Continent and the building of the African Union." African descendants whose Ancestors were enslaved in Europe, Arabia and the Americas, also known as the Historic Diaspora, and more recent African immigrants, also known as the Contemporary Diaspora, are considered by the AU to live in the "Sixth Region" due to their residence outside the currently-acknowledged five regions of Africa (North, South, East, West and Central Africa).

The Diaspora was expected to interact with the African Union in several ways. Continental Africans currently send financial assistance to their families in Africa through the Remittance process, which accounts for more financial assistance to Africa than all the foreign aid (finances, technology and other resources from other parts of the world) combined. The Historic Diaspora has also made its significant contributions to the Continent through trade, investment, cultural connections and political pressure on their national governments. The African Union proposed the Diaspora make further contributions to the advancement of the Continent and the AU through representation in several AU organizational bodies. Chief among these are the **Pan African Parliament (PAP)** and the **Economic, Social and Cultural Council (ECOSOCC)**. The first organization where the AU expects the Diaspora to seek voting representation is ECOSOCC, an advisory body comprised of representatives of a people-centered "civil society", or non-State actors; community activists, business people, private citizens

and those who do not hold official government positions in their home countries. These representatives *must be elected by the people* and not imposed on them by others through appointment, self-proclamation, economic or political status.

The AU, however, recognized that they could not integrate an unorganized, fractured African Diaspora into their organizations. *The Diaspora must be organized* if it is to interact constructively with the AU, and it must be organized "from the ground up" and not "from the top down" if it is to be a truly people-centered presence in the AU's ECOSOCC. But the AU was not sufficiently informed about the Diaspora to determine *how* we would be organized. This is something we in the African Diaspora must do *ourselves*.

The African Union called on Diaspora organizations to formulate and propose a plan to organize our Diaspora and to elect a delegation as small as 20 people who would be able to credibly speak for the Diaspora in ECOSOCC. To date, one organization has responded with a plan, has submitted that plan to the AU and has embarked on a process to implement that plan. That organization is the Sixth Region Diaspora Caucus (SRDC).

SRDC's plan starts with the holding of local (state-by-state in the US) **Pan-African Town Hall Meetings** to which all those members of the African Diaspora in that state who see the importance of this plan are invited. The attendees learn about the plan and then begin the process of building a **Pan-African Agenda** (a list of issues and concerns that the African Diaspora Community

in that state sees as important and in need of an organized, community response) and establishing a representative team for the Pan-African Diaspora Community in their state. This team consists of a **Community Council of Elders** and two **Representatives**. Then, the local organizations come together in **annual National Summits**. Those local Elders and Representatives who have been established in different states across the US gather in the Summits to help build the national Pan-African Agenda, determine a Representative delegation from the US from among the elected state Representatives, and make other decisions about future objectives that may or may not involve direct interaction with the African Union. In some cases, economic engagement projects might be proposed with specific African nations, or strategies might be conceived that would involve other global organizations such as the United Nations or independent Pan-African organizations. There have been nine (9) National Summits since 2007, the most recent in Nashville, Tennessee.

SRDC realizes that such an undertaking will require our entire Community to come together. This cannot happen while our various Pan-African organizations operate in the spirit of disunity that currently exists. We as a Pan-African community are currently bombarded by a multi-pronged assault from the big polluters, the resource extractors, the drug companies, major agricultural corporations, weapons dealers, the prison-industrial complex, financial criminals, crooked law enforcement, corrupt politicians and a mass media that often lies to us and floods us with false and negative images of ourselves. Our artists, businesses, scientists, educators, scholars, reporters, lawyers, revolutionaries, spiritual leaders, grassroots activists, Elders and independent Pan-African media must put aside the popular mindset of rivalry and re-

place it with one of cooperation to build a multi-faceted response to this multi-pronged assault. This type of **Cooperative Coalition** between our activists and organizations would set the stage for the building of a true **Pan-African United Front**, and will be an important step not only for SRDC's plan to succeed, but also for the inspiration of our Communities "on the ground" to come together in peace and harmony.

In Maryland, SRDC has held *five* Pan-African Town Hall Meetings this year, the latest on Saturday, December 2, 2017 at the historic **Arch Social Club** in Baltimore's Penn-North neighborhood. We are building this effort in Baltimore and in the state of Maryland, as is being done in several other states across the US as well as in Canada, Europe, Central America and the Caribbean by organizations that are allied with us.

Baltimore is also gearing up for the coming year in which we will be **the host state for the 2018 SRDC National Summit, November 9 - 11**. In recognition of our effort to build "unity without uniformity" between our various organizers and activists and within our grassroots communities, the theme for the 2018 National Summit will be "Let's Go Together: Forging Connections Among Communities in the Pan-African Diaspora".

For more information and updates on SRDC, the Pan-African Town Hall process and schedule, and the November 9 - 11, 2018 SRDC National Summit, please contact **Sis. Kim Poole** at [kpoolepip@yahoo.com](mailto:kpoolepip@yahoo.com) or **Bro. Cliff Kuumba** at [cliff@kuumbareport.com](mailto:cliff@kuumbareport.com). Information on SRDC can also be found on

SRDC's Web site, <http://www.srdcinternational.org>, or **KUUMBAREPORT Online**, <http://kuumbareport.com>.





**National Editor: Content Marketing**

**Linda Griffin**

**Content Writing, Book Writing,  
Conferences & Seminars**

"I will show you how to accelerate your business growth through the power of content marketing. Whether that's building authority by writing and self-publishing a book or creating blogs, case studies, and customer success stories for your company" Linda Griffin

I'm delighted to be appointed as the National Editor for Content Marketing! According to the Content Marketing Institute, Content Marketing is the creation and distribution of valuable, relevant, and consistent content to attract and retain a clearly defined audience — and, ultimately, to drive profitable customer action. That profitable action might be to buy from you, join your mailing list or any other step along the buying process.

In each issue of the Black Unity News I'll share information, tips, and tools on how to grow your business with content. It's said that Content is King and in these days, that's absolutely true. The search engines reward meaningful content with higher rankings. That means

you're more likely to get on the first page of the search results. Let me share a little about myself below:

Linda Griffin is a trained copywriter with credentials from both GKIC, a global direct response marketing company and AWAI Online the premier education company for copywriters. She is the author of the book Maximum Occupancy: How Smart Innkeepers put heads in beds in every season which was launched at the Professional Association of Innkeepers International conference. Her book is now part of the aspiring innkeeper package in the Wisconsin Bed and Breakfast Association. Her second book, Book Smarts: The Ultimate Guide to Writing and Self-Publishing for Busy Professionals will be published in 2018.

**A seasoned professional who understands the importance of the bottom line**

Linda's background is in technology. After earning a B.S. Degree on Mathematics from Auburn University she worked at IBM in a variety of roles from

technical to marketing. She received her MBA from the University of South Florida. For the past ten years, she's owned a marketing company helping businesses increase their bottom line.

Active in the community, Linda is a member of Delta Sigma Theta Sorority, Inc. Her book was included in Delta Authors on tour, a juried directory published by the National Arts and Letters Commission of Delta Sigma Theta Sorority, Inc. For two years she chaired the popular community project, Black Author Showcase which introduced African American writers to the local community.

When Linda works with business owners she teaches them how to use content to stand out from competition and how one piece of content can be leveraged in a variety of ways such as blog posts, slide presentations, email series, and sales training.

*"I was instantly impressed by Linda's professionalism, poise, and expertise in her craft. She listens to her clients' needs and never fails to come up with new, out-of-the-box strategies to bring their businesses to the next level of success and reach. She is absolutely passionate about what she does, and shows great dedication and promise to every project she works on. Not only is Linda a great team-player, but she is also an excellent*

*speaker, thorough and focused, and is always up-to-date with the latest and greatest strategies in her field, making her very trustworthy."*

Stacey Benjamin - Int'l Trade Compliance Analyst

Linda offers a variety of ways to help you with content Marketing:

**Book Planning Quick Start Program**

You know you want to write a book but you're having a hard time getting started. In this 21 day quick start program you'll narrow down your book's focus to a manageable topic, you'll identify your target reader and you'll create a table of contents. At the end of the program, you'll be ready to start writing!

**Expert Author Book Writing Program**  
You'll learn the best and newest ways to write and market a book based on your expertise: You'll be shown, step-by-step, how to write a book in 90 days, how to launch the book for maximum exposure, and how to leverage your content to create even more products and services that will allow you to command higher fees.

**Done For You Article Writing and Blog Posts**

After a planning session to determine your needs, Linda will ghost write a series of articles to improve your SEO rankings and attract more customers. For more information,

contact Linda at 703-957-9862 or via email [Linda@expertauthor411.com](mailto:Linda@expertauthor411.com). You can also visit her website at [www.expertauthor411.com](http://www.expertauthor411.com)

**GHOST WRITING FOR YOUR BUSINESS**

**I WILL CREATE BLOG POSTS, ARTICLES, AND WEB COPY**



**GOOGLE REWARDS HIGH QUALITY CONTENT WITH HIGHER SEARCH ENGINE RANKINGS, THAT MEANS MORE CUSTOMERS CAN FIND YOU AND BUY FROM YOU**

**IF YOU'RE LOOKING FOR A TRAINED COPYWRITER WHO CAN HELP YOU REACH BUYERS, YOU'VE COME TO**

**THE RIGHT PLACE!**

Linda Griffin, Copywriter  
[linda@expertauthor411.com](mailto:linda@expertauthor411.com)  
703-957-9862

**MOVE YOUR BOOK FROM DRAFT TO PUBLISHED!!**

[EXPERTAUTHOR411.COM/SELF-PUB-CHECKLIST](http://EXPERTAUTHOR411.COM/SELF-PUB-CHECKLIST)

ARE YOU AN ASPIRING AUTHOR OF A  
NON-FICTION BOOK WITH A PARTIALLY  
FINISHED MANUSCRIPT?  
WONDERING WHAT TO DO NEXT?

**DOWNLOAD MY FREE SELF-PUBLISHING CHECKLIST**

AT [EXPERTAUTHOR411.COM/SELF-PUB-CHECKLIST](http://EXPERTAUTHOR411.COM/SELF-PUB-CHECKLIST)



LINDA GRIFFIN  
BOOK COACH  
[LINDA@EXPERTAUTHOR411.COM](mailto:LINDA@EXPERTAUTHOR411.COM)  
703-957-9862



Linda Griffin  
Book Writing Coach and Business Ghost Writer, Grass Roots Marketing Systems

703-957-9862 or 703-629-2247

[Linda@grassrootsmarketingsystems.com](mailto:Linda@grassrootsmarketingsystems.com)  
<http://www.grassrootsmarketingsystems.com/>  
<http://www.expertauthor411.com/>





**National Economic Black Worth Original Resource Commercials (NEBWORC, LLC)**

Winston Calloway (L)

&

Junie Brown (R)

Entertainment and Informational Service



NEBWORC LLC, is an Entertainment and Informational Service that will integrate timely Local, National, International Events to, include but not limited to, News Events. NEBWORC, LLC, Entertainment Resource Commercial will provide information to the Urban/Suburban markets, Barbershops and Salons, Hotels, and General Public Advertisement Outlets throughout the United States. The National Economic Black Worth Original Resource Commercial Organization (NEBWORC) is designed to establish a network for marketing and advertising services from products to prospective urban clients. Customers, who will help balance owners; merchants; and salesman, while providing a controlled venue for major corporations to participate. Engaging the Urban Market through a smart, selective character imagery (developed with the African/Latino audience in the planning of product distribution; placement), this will promote Latino/African Americans to address positive self images.

**Mission**

To provide a marketing avenue for African American businesses owners to sell their goods and services in the community in which the business is located. These services will also provide positive entertainment, technologies innovative customer products to the African American minority communities, to include the

Latino population as well. Placing our brand is to ensure greater economic prosperity in these difficult times in and throughout the United States. Examples of concepts such as; buy America, Sustainability, Green Technology, etc. We will grow our Baltimore based market, thereafter, reaching markets in Atlanta, Chicago, Philadelphia, Texas, New York, etc.

Mission strategic outlook, the salon owners and business owners will be identified through popular surveys of the industry in that location of the market. Through the targeted Urban Cities/Suburban cross developments, the Local; National; an International. NEBWORC, LLC, has developed regions that will target the minority groups in those areas with respect to information; news; and multi-media productions. NEBWORC, LLC, will act as a media hub to dispense; distribute; disseminate through the NEBWORC Loop System of direct information to the network of Salons/ Barber Shops/Churches/Hotels and general areas of distribution center for Black Salons/Barber Shops/Churches and the general public advertising distribution to the general public as well as to these audiences.

Mission continual strategies for reaching current and anticipated customer/client including social media. NEBWORC, LLC, will contract with high perfor-

mance business enterprises to develop/ market our business strategies. These corporations are primary business is to project companies message brand.

The brand development is based on the best brand development strategy on the best practices recommended by McKinsey & Company, Inc., this is at the center brand based on strategy that is a combination of forward looking marketing segmentation, with an informed understanding of the needs of the customers.

Market Strategies will be based on the best practices of Relationship Marketing. The principal theme of relationship marketing is that, it starts with the customer. Our company will utilize the best practices in its marketing plan which will ensure that the company's strategies remain flexible allowing it to modify or change approaches in accordance with the dynamics of the marketplace, new technology develops new and re-emerging customer requirements and competition. They will include a continuous review and analysis of these factors.

Advertising and public relations and strategies

Discussion of potential partners and strategic alliance

- Twitter
- Instagram
- You Tube
- The National Black Unity News Paper
- Burrell Communications
- United Creator Network,
- Planit.com
- Black Enterprise Magazine
- myQme.com Social Basics media
- Facebook
- Linkin.com

Company Summary

National Economic Black Worth Original Resource Commercials (NEBWORC, LLC) is an Entertainment and Informational Service company that will integrate local and international events. NEBWORC, LLC, will provide information to the urban markets throughout the United States through the use of urban hair salons and barber-shops. To establish a network for marketing and advertising service productions to prospective urban clients, which will help balance the success rates of the small African American/Latino business while providing a controlled venue for major corporations to participate and engage the urban market through a smart selective character imagery, which will promote the African American/Latino community in a favorable way. NEBWORC, LLC, was originated in 1995 during a Million Man March in Washington, D.C. The idea was born to find a method to involve the people without the general use of t.v., cable, magazines or radio, it was called Infotainment. NEBWORC, LLC, started officially in April 2008. This company will reach out to Afro-American companies and some Latino companies as well, those companies that are known and unknown in 35 cities across the United States. The company started with the premise to reach out and create a platform for new businesses and help the businesses to draw in more clients.



The Internet is a great mechanism for business; and social networking. Yet, there are billions of website's, so if you have a website, who knows of your business, simply where is it?

Apps	Churches	Lounges
Barbershops	Entertainment	Music
Book Stores	Hair Salons	Restaurants
Business	Hotels	Sports/Events
Cafe	IT Business	Universities

NEBWORC, THE LOOP, places your web business in rotation continuously in venues where your potential clients, and customers are. With the creativity and determination that your hard work desires and deserves. Streaming your business commercials or uploaded content.

<https://www.nebworc.com/>    [info@nebworc.com](mailto:info@nebworc.com)  
 443-622-2401    410-371-8930



**Ad Commercials**



**Banners**



**Commercials**



**Flyers**



<https://www.nebworc.com/>  
[info@nebworc.com](mailto:info@nebworc.com)  
 443-622-2401    410-371-8930





**National Editor:**  
**Connecting Africa To America**  
*Patrick Essandoh*  
**Connecting us Globally**

Greetings, my name is Patrick Essandoh, I was born in Ghana and have lived in several countries around the world. I currently reside in Clifton, Virginia (USA). I am an entrepreneur with a background in Information Technology. My goal is to connect the dots, in other words I will be uniting Africa with African American business owners. Especially The Continent of Africa and the United States businesses and services. Together the possibilities are endless when we do business with each other. One of my objectives is to encourage, and facilitate international trade. I will also highlight African businesses located in the United States. The National Black Unity News will be a major asset to achieve this worthwhile endeavor. In this issue of The National Black Unity News, I would like to introduce you to Shea Butter and a local distributor with ties to Ghana. Ghana produces some of the finest, pure Shea butter in the world! This (Local Company) is now open for business and looking forward to providing the finest Shea butter to local manufacturers and producers of products that uses Shea butter.

**What is Shea Butter?**

Shea butter is a skin super food that comes from the seeds of the fruit of the Shea (Karite) tree. It is naturally rich in vitamins A, E and F. It offers UV protection (it is SPF ~6) and provides the

skin with essential fatty acids and the nutrients necessary for collagen production. Shea butter has been used in Africa and other countries for years to improve skin and hair.

**Shea Butter Benefits:**

**Moisturizing:** The concentration of natural vitamins and fatty acids in Shea butter makes it incredibly nourishing and moisturizing for skin. It is often used to remedy dry skin and to help protect the skin's natural oils.  
**Reduces Inflammation:** A 2010 study found that due to its cinnamic acid and other natural properties, shea butter was anti-inflammatory. One compound in particular, lupeol cinnamate, was found to reduce skin inflammation and even potentially help avoid skin mutations. This also makes it beneficial for some people with acne.  
**Skin Smoothing:** Shea butter aids in the skin's natural collagen production and contains oleic, stearic, palmitic and linolenic acids that protect and nourish the skin to prevent drying. With long term use, many people report skin softening and strengthening as well as wrinkle reduction.

**Shea Butter Uses:**

Shea butter is one of the most versatile natural beauty ingredients produced; I

use it daily in some form. I've used it for years in everything from my homemade lotion bars and original magnesium body butter to homemade lip balms and healing salves.

Some of my favorite uses for Shea Butter:  
**By itself** for face and body as a natural moisturizer

**In a Shea butter lotion bar stick** for easy use

**Alone or in a pregnancy stretch mark salve** to ward off stretch marks

**As the best under-eye wrinkle remover and bag-reducer**

**For massage butter**

**In velvety soft whipped body butter or basic homemade lotion**

**As a base for homemade deodorant**

**As an SPF 6 skin lotion**

**In magnesium body butter**

**As a natural baby-care product (alone) or ingredient in baby care recipes**

**By itself on the lips or in homemade lip balms Or homemade shimmer lip balm**

**To improve skin elasticity (some even say it helps with cellulite**

**On the hair or scalp (in mixture with other natural ingredients**

**In homemade liquid creme foundation and makeup**

**After sun or beach exposure to replenish skin**

**On the eyelids before applying makeup**

to make it last longer

**As a natural cuticle cream**

**On scars to naturally help collagen production**

**On sore/raw noses during a cold or flu**

**What Kind of Shea Butter is Best?**

I only use raw, unrefined, Grade A Shea butter. There are many refined Shea butters that are odor free and bleached to be completely white, but the refining process removes some of the beneficial properties.

I get my Shea butter here, but it can sometimes be found at local health food stores. Just look for one that is: raw/unrefined, unbleached, organic and Grade A.

**TIP:** If you get unrefined Shea butter, that means it has not been filtered and may contain trace particles of the Shea nut. I often gently heat my Shea butter until it just melts and then pour through a cheesecloth or strainer to remove any particles. Once strained, I pour the Shea butter into silicon molds in pre-measured amounts (tablespoons, 1/4 cup, etc) so that it is ready to use for natural beauty recipes.

Ask a doc or dermatologist before using, especially with underlying skin conditions. Those with nut allergies should avoid or check with an allergist.

Ever used Shea Butter? How did it work for you?

They are now taking orders and providing samples. They are more than positive that you will be well pleased with their product and services. Contact them for more information! (See advertisements below.)

**Natural Shea Butter From Ghana**

**Virgin Unrefined  
 (certified organic)  
 Shea Butter**



**Refined Shea Butter Bulk**

Distributors & Manufacturers Try Our Products  
 Contact: Patrick Essandoh  
 1-443-794-5438

**Calling All African Entrepreneurs In America**



**Come Let Us Reason Together & Do Business!**

**For More Information On:**  
**Connecting Africa To America**  
**Contact Editor: Patrick Essandoh**  
**1-443-794-5438**





National Editor: Books/Authors  
Haki Ammi

The Success Scholar: Entrepreneur,  
Author, Radio Host & Speaker

They say a picture is worth a thousand words. How many words are video and film worth? That is the question that I will raise as I inform the readers of transitioning their books into Film. As the Best Selling Author of Mission Unstoppable, Extraordinary Stories of Failures Blessings. I've had to ask myself a question is our story worthy? Is the Story of Les Brown, Dr. George C. Fraser or the Success Scholars story worthy being in a film? Time will tell though I explored this conversation in two interviews one with Ari Squires Author of Film Producer of the Book and Films No more Chains.

SUCCESS SCHOLAR with guest ARI SQUIRES of SheEo Publishing Company. As well as an interview with Nikki Woods Former Senior Producer of the Tom Joyner Morning Show. Both How-

ard University Grads and both using their Books to launch their life and careers in Film. Ari Squires who is from the West Coast in Sacramento grew up always realizing that she would use her entrepreneurship skills in different ways. Ari realized as an Author that she could use her book in many different ways to reach an audience. Nikki Woods after attending Howard was an elementary teacher. She then realized that she wanted to do something different and pursued a Master's Degree in Journalism. She started in Sports Television at ESPN in St. Louis where she is from. She moved to Boston where she did??? radio. She had dreams of working in the Chicago market and tried for a year to get an interview. She had an On Air presence on her own show before she got the chance of a lifetime to be on the Tom Joyner Morning Show. Writing a Novel she

realized the Power of being a Best Selling Author. Haki Ammi with Nikki Woods - Author. As a Best Selling Author she realized that she could do a lot more on the Tom Joyner Morning Show and through Social Media. Her mission became to help others become best selling Authors and use social media to build your platform. Later she realized the power of films.

I mention these two amazing Authors and Film producers because I knew from my own research that Film Producers do look at book sales via Best Sellers for Film ideas. The understanding is that if a book has done well a film could galvanize that established audience.

Speaking on the power of films there have been a slew of films that have come out that have shaken up our Consciousness recently. 1804 The untold History of Haiti by Tariq Nasheed of the Hidden Colors Series, Gentrified which discusses the role of Gentrification in the Black Community and the newest film Black Friday Part 2. Black Friday part 1 was screened last year at the Great Blacks in Wax and the Power Networking Conference while the Remix screened at Everlasting Life in Capitol Heights, MD just this past June. Part 2 features a Cadre of Business Guru's, Speakers, Actors and Entrepreneurs like Dr. Joe L. Dudley Sr., Billionaire Mike Roberts, Dr. George C.

Fraser, Les Brown, David Banner, the Success Scholar Haki Ammi and many more. This film was produced by Ric Mathis out of Atlanta.

People learn in different ways. For me reading was one of my strong points. As a young adult I was hungry for knowledge. I read 100 books a year for 11 years on a diverse amount of topics. I, as well, understand the Power of Media, Film and Activism. This is one of the reasons why I launched a Campaign to Bring Homeland TV Series to Baltimore. Haki Ammi Campaigns to Bring 'Homeland' to Baltimore - Baltimore Black. Some in Baltimore have picked up this Press Release while other Black Media have ignored and been derelict to raise this initiative to bring jobs to Baltimore when Target is leaving and House of Cards is shutting down production dropping thousands of Jobs. Either way we are pushing. For those that desire to support any of these initiatives or do a screening for the film or get a copy of the films, do reach out.

Hakiammi@gmail.com

or call

410-209-9687.

#1 BESTSELLER  
**GEORGE FRASER & LES BROWN**  
 WITH HAKI AMMI

**MISSION UNSTOPPABLE**  
 EXTRAORDINARY STORIES OF FAILURE'S BLESSINGS

FEATURING 32 INSPIRING LEADERS

Contact: The Success Scholar Haki Shakur Ammi  
 1-410209-9687 [www.successscholarhaki.com](http://www.successscholarhaki.com)

**The Success Scholar Haki Shakur Ammi**

[www.successscholarhaki.com](http://www.successscholarhaki.com)

**Resource-Fullness**  
 HELPING US HELP YOU!!!  
 DO YOU WANT TO CHECK OUT MY "LIVE" TAPING?  
 HAKI AMMI "THE SUCCESS SCHOLAR"  
 Many Are Called

**The WordSmith Speakers Alliance**  
**PROFILES OF TRIUMPH...**  
 A Transformational Leadership Workshop Series  
**FREE EVENT!**  
 COUNTRY INN & SUITES  
 4950 MERCEDES BLVD  
 CAMP SPRING, MD 20746  
 AUGUST 26TH 2017  
 11:00 - 3:00 pm  
 LEARN THE WHO, WHAT, WHY & WHEN OF YOU!

**JOIN ATTORNEY MALIK ZULU SHABAZZ LIVE WITH THE SUCCESS SCHOLAR HAKI AMMI.**  
 MONDAY SEPTEMBER 25TH 2017 8PM EST  
[www.elfmedia.net](http://www.elfmedia.net)  
 Speaking on "The Book of Khalid, Shabazz University, Charlottesville, Va and the Rise of the All Fourth Reich, Black Lawyers for Justice, 10,000 Black Men's March, Building a Grass Roots Movement for Power."  
 Tune in on Ustream App.





**National Editors: MLM  
Zik & Jerri Stewart**  
Multi-Level Marketing Guru's

**Bitcoin is a cryptocurrency and worldwide payment system. It is the first decentralized digital currency – the system works without a central bank or single administrator**

What is Bitcoin?....Bitcoin is digital global money that the government cannot control. It is your money and you and only you control it.

- \* It is peer to peer
- \* Good store of value

Some of the great features are

- \* You do not need a bank

In 2017 Bitcoin increased from \$1,000 to over \$15,000. In 2018 the projection is it will end up increased from \$30,000 to \$45,000.

The Bitcoin space is in its infancy and you want to get informed so that you can learn how to purchase Bitcoin and obtain it before main stream and the price goes even higher. The Chicago Mercantile Exchange is coming in December 18th and The Chicago Board of Options Exchange are coming in also in the month of December. The first of the year Nasdaq is coming in. After that Wall Street will be in. You want to get in before that time.

cy space. Average people are now making gains of 2x, 50x 100x and more on their money. If there is anything we have learned it is that people don't have time or do not choose to create the time to build a home-base business no matter how lucrative it can be. Nor do they have the time to learn how to do it.

FOMO Fear Of Missing OUT. Do not think you have missed out. The party is just starting and you can participate.

This Bitcoin opportunity truly is for everyone. The platform is simple and intuitive. The Auto-trading feature drops the learning curve down to 0.

We missed the opportunity of investing in Facebook in 2004, Google, Apple and Amazon in the 90's and Microsoft in the 80's. Now we have a chance to take advantage of the Cryptocurrency space and make up for all of those losses that we missed. We can make it all up in 2018 because 2018 is going to be an extraordinary year for Bitcoin and Cryptocurren-

[www.neverbrokeagainclub.com](http://www.neverbrokeagainclub.com)  
[www.ZikandJerriLetsTalkBitcoin.com](http://www.ZikandJerriLetsTalkBitcoin.com)  
Questions call Zik And Jerri  
443-467-2229 or 310-920-5103  
[jerrisummer@gmail.com](mailto:jerrisummer@gmail.com)



CBT (Crypto Bit Trade) is comprised of the highest quality financial site. Within the CBT platform we provide our members with the most expert and most timely technical analyses, fundamental analyses and news-pieces.

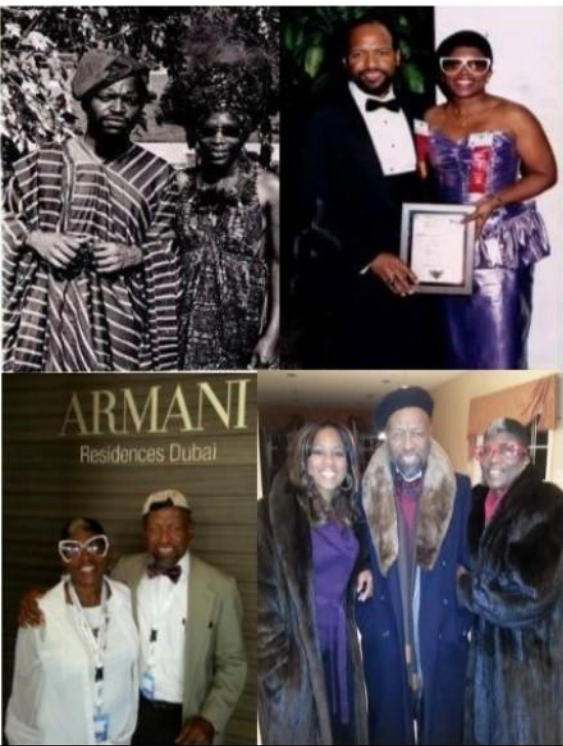
offer the best trading platforms with access to low-cost pricing, reliable trading infrastructure, fast execution and exceptional client support.

We assist retail and institutional investors in using crypto trading and other instruments as an asset class and part of their investment objectives. We strive to

We have the best & experienced professionals on board with complete In & Out Knowledge of the business and are completely focused & dedicated towards customer service & satisfaction.



**Living Life To The Fullest  
Let Us Show You How!**



**Contact Us For Advice & Opportunities**  
**Zik & Jerri Stewart**  
1-443-467-2229 or 310-920-5103  
[jerrisummer@gmail.com](mailto:jerrisummer@gmail.com)   [zikhealth@gmail.com](mailto:zikhealth@gmail.com)

**The Future Of Cryptocurrency Trading**

- 100% Automated System**
  - 1% Daily Returns (Mon.-Fri)**
  - Earn 3%-30% Binary Bonus**
  - Real Time Trading & Mining**
  - Transparent Owners With Tack Record**
  - Live Weekly Training**
  - Automatic Daily Comm. Withdrawals**
  - Forex Trading**
  - 24/7 Customer Support**
- <https://office.cryptobittrade.com/blessedforever>





**National Editor: Media Services**  
**Steven Turner**

**Entrepreneur, Musician, Author,  
Motivational Speaker**

It is with great honor & expectation for success that I welcome you as a potential advertiser to the National Black Unity News. This unprecedented effort, has been designed to highlight and promote Black Business Owners. As the National Editor of Media Sales, I welcome those that both seek media exposure and whose business specialties are Media services. I welcome both the traditional & innovative new age CEO to invest in their future here in my column. I am seeking the following business services as advertising partners : Web designers, telecommunications suppliers & distributors, graphic artists /designers, cell phone carriers, software suppliers & developers, internet services & security developers, music producers, artist managers, promoters, app suppliers & developers, media fund raising companies, videographers and TV & Film distributors/producers & independent film

companies, just to name a few. Your business will be presented professionally, economically and systematically in either a local, statewide or national format. I am also the owner of: Net Results, LLC, a media marketing brokerage that has partnered with The National Black Unity News to provide excellence, creative ideas and the spotlight on those Black Business Owners whom we select to appear in our publication.

Thank You In Advance for making History with Us!

Pastor Steve "Music-Man" Turner  
National Editor of Media Sales of The National Black Unity News  
CEO of Net Results, LLC

[netresultsllc5@gmail.com](mailto:netresultsllc5@gmail.com)  
[www.netresultsllc.net](http://www.netresultsllc.net)  
410-288-8282 / Office  
410-302-2737 / Direct Line

*THE OTHER PULPIT*

*Life Lessons of a Leader!*

Psalms: 66 vs. 4

All the Earth shall worship thee, and shall sing unto thee,  
they shall sing unto thy name. Selah



Pastor Steve L. Turner

*Steve Turner*  
**MINISTRIES**



**Steve Turner**

**410-288-8282 / 24 hrs**

**443-635-6517 / Mobile**

**410-302-2737 / Mobile 2**

**netresultsllc5@gmail.com**

**www.netresultsllc.net**



Dear Prospective Client:

Allow me to introduce myself. My name is Steve Turner, CEO of Net Results, LLC, your media marketing expert, experienced in all aspects of media to assist you in branding your company. I am a media marketing expert, seasoned media consultant, public relations specialist, and broker of Net Results, LLC. in Baltimore, MD. I take pride in helping start-ups and other types of businesses develop and reflect a positive image through various media marketing techniques.

Do you need help in promoting your business? Would you like to make your brand stand out? As a marketing professional, I understand the challenges and complications that arise when utilizing various marketing efforts. Whether you need customized strategies for better "netting results" or are looking to develop a more engaging radio advertisement for your business, Net Results, LLC is the company to turn to. Rely Net Results to help you and your business succeed, and rest easy knowing that your marketing requirements are handled by the best. Some of these techniques include promotions, events, sales, business makeovers, and much more.

**Why Choose Net Results, LLC.?** Net Results LLC will provide several benefits to your company:

- 10% Off New Business Referrals That Sign-Up
- Locally Owned and Registered With DLLR
- Over 23 Years' Experience in Entertainment and Concert Promotions
- Over 30 Years' Experience in Sales and Management
- Over 40 Years' Experience in Marketing
- Over 50 Years' Experience in Artist/Music Performance

Net Results LLC has several Media Plans to choose from that will fit your budget and your stage in the branding process. Complete an Inquiry Form to tell us about your company and get a free evaluation and proposal to help you Release The Dream In You! We are happy to serve you!

Sincerely,  
Steve Turner, CEO





**National Editor:  
Faith Based & Religion  
Rev. Theresa Mercer  
Founder of The Prayer Line Chapel**

Hi, I am Rev. Theresa Mercer, National Editor: Faith Based and Religion; Founder of the Prayer Line Chapel. Welcome to the faith section of The National Black Unity News.

Through the commitment of this section of The Black National Unity News, our vision is to bring together people of Faith who understand that we must stand as one people in this day and in this time. People who desire to make things better today, so that the generations that follow will be better informed and enabled to do greater works than we.

Through this page, we will be highlighting faith leaders and people who are laboring to strengthen our communities. We are also excited about developing our Unity Calendar. Your posting on our Calendar will give you more visibility. More Travelers and more people in

your area will have an opportunity to know about you, and support your faith works and activities.

Another part of Our mission is to start developing a unified prayer chain that will reach as far as the internet flows. We have so much sickness, hurts and pain amongst us. We will pray for our families, our friends, our businesses, and any other concerns that we might have. "In unity there is strength." As time goes on and you bring more suggestions for us, we are sure that we will be able to bring more supportive services that will strengthen our communities, after all, "Together We Stand, Divided We Fall."

As we move forward, we ask you to pray that we will be strengthened to complete God's will for this hour.



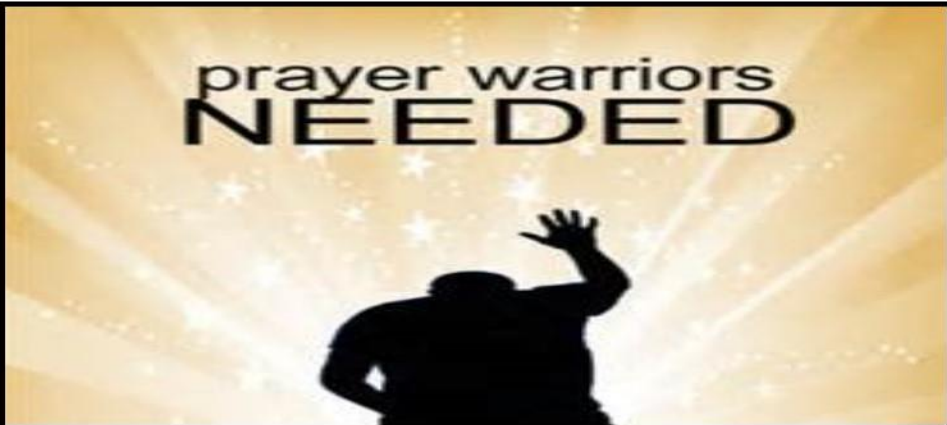
Founded in 2008, doTERRA was built on the mission of sharing therapeutic-grade essential oils with the world. Having seen for themselves the incredible benefits that can be had from using these precious resources, a group of health-care and business professionals set out to make this mission a reality. They formed a company and named it doTERRA, a Latin derivative meaning "Gift of the Earth."

The first hurdle to overcome, however, was to establish a standard of quality in an industry that had never had one. It wasn't enough to simply provide essential oils to homes around the world; the doTERRA founders were committed to providing only the highest quality and purest essential oils so that families could know with surety that they were using only the best to promote health and wellness for their loved ones. This commitment led to the creation of a new standard of therapeutic quality: CPTG Certified Pure Therapeutic Grade®.

To achieve such a grand vision as bringing essential oils to the world required a

team of dedicated people. This team would need to be made up of people dedicated to hard work, commitment, passion, and vision. That team has grown since its initial inception, but the mission remains the same—to provide essential oils that appeal to everyone from the novice to the expert, and that can be used safely on your loved ones.

Sharing essential oils is a unique experience, and the founders of doTERRA recognized that a sales model just as unique would be needed. In order to best facilitate personal essential oil experiences, doTERRA utilizes a direct selling model that allows distributors to work with customers as opposed to mass marketing. This more individual approach allows individuals to experience for themselves the incredible power of essential oils while also developing relationships of trust. This model also created the opportunity for individuals and families to achieve their dreams of financial independence. Over 2 million Wellness Advocates, now use and sell doTERRA products around the world.



**The Prayer Line Chapel  
Rev. Teresa Mercer  
410-365-7101**

<http://www.thepayerlinechapel.com/>



**LOOKING FOR A BUSINESS OPPORTUNITY?**

doTERRA Rank	Average Income	Average Timeline
Executive	\$200*	3 Months
Elite	\$300/\$800*	6 Months
Silver	\$1,300*	13 Months
Gold	\$3,000*	14.5 Months
Platinum	\$6,000*	23 Months
Diamond	\$12,000*	23 Months
Blue & Pres. Diamond	\$35,000-\$90,000*	31-37 Months

<https://www.doterra.com/US/en/site/theresamercer>

For Products Or Opportunity Call: 410-365-7101







B M U B M

**Black Men Unifying Black Men** *Continued From Page 1*

It is only proper that those of you who we are trying to reach and those of you who we are trying to save, will have truth as to what we are attempting. You deserve a reason as to why!

Two years ago, sometime during the month of March, 2015 a small group of Black Men came together and decided to host a Black Men Unity Breakfast. It was determined that the breakfast would be held at a Black Owned Restaurant.

We held the breakfast here in Baltimore at Terra Café, located on the corner of 25<sup>th</sup> and St. Paul Street. In fact, if I recall it was the first Saturday in the month of March, 2015.

If memory serves me correctly, I think at the very first breakfast we had anywhere from fifteen to twenty Black Men in attendance. At this meeting, basically, each of us introduced ourselves and made mention of our professions and or contributions to society. Our backgrounds were indeed varied.

After the introductions I was chosen to give the reason and purpose as to why all of us were attending. Of course, as it related to my background, I stated my dual role as an activist and a laborer.

The reason I am highlighting my position is because I want to make a point, that in this meeting we had well known educators, well known businessmen and a couple young brothers who were searching, trying to find their way.

I am thanking the "CREATOR" for not allowing me to blow such a proven moment. Yes, a proven moment because two years later, we are still meeting but now each month we have a hundred or more Black Men and Black Boys in attendance.

I am more than certain as to what has kept us together. I believe, we've found that it's the common reality between us that has kept us moving forward. Not only are we all Black Men, but each of us wants to change the narrative of our communities.

No longer could we then and can we now just continue to recite the slogan, "if not us, then who? If not now, then when?" We agreed then and still agree that we must make this slogan a reality.



The reason we are sharing this information with you is because we need you to join us. It is with great pride and dignity that we can truly say, once a month, two years later, we have anywhere from one hundred to two hundred Black Men in attendance at our Black Men Unity Breakfast.

Our mission is simple and yet complicated. We believe that if we organize Black Men and Black Boys we will reduce murder as well as other crimes within our communities. Of course to achieve this reality is determined by the actions that you take.

Those who stand with us can be assured of one thing, failure is not an option and unity is the recipe to changing the narrative that much of the Black Communities live under.

Yes, our communities are looked upon as crime ridden and filled with lives that have very little value. We reject that because we know that we will prove, that our communities are in reality the gate way to wealth and prosperity.

That is why once a month we bring together Black Men from all professions. Because some of these Black Men are the Black Men we are seeking to save. Yes, some of them have been caught up in the drug trade as well as other wrong trades. Yet, we are proving that change can happen to them all.

It is always better to speak with someone who have benefited from what we are sharing. Trust me, there are thousands you could speak to. However, we will promote just some of the good that many have gotten from what we are doing.

We have brought Black Men together who did not even know of one another and now many of them have become partners in businesses. We have brought young Black Men into our group who expressed happiness and gratitude when witnessing other Black Men conduct themselves in a manner they never expected to see.

We have supported Black Businesses as a collective resulting in, some of these businesses joining forces with us; Terra Cafe and The Arch Social Club and others.

Because our aim is specific, to organize Black Men of all ages, we have brought political leaders to come speak before our group. We have brought men from all professions to speak. We have even brought our "Mayor," a Black Woman to speak before the group.

In these two years we have seen Black Men put their money together to go into business together. In these two years we have witnessed Black Men in other cities and States duplicate our lead.

We have created components as "spin off arms," as we call them to what we are doing. We have components where we have people who are successful in business to help model us by putting money together so that we can create additional businesses.

Yes, those Black Men who desire legal avenues we want to help them make their reality become more than a dream. In two years we have helped to organize and work with other Black Men teaching them how to go directly into the streets so that together we could pull Black Men from the corners.

In two years we have had Black Women to come to us wanting to organize and duplicate what we are modeling. Black Women Unifying Black Women. Our approach is truly not one sided. We know for sure that each of us has value and if we work together and work from the lane where we operate best, we will rescue our future and save our present.

As Black Men living a slogan rather than promoting a slogan, when we say, "if not us, then who? If not now then when?" We mean it. We cannot afford to watch countless young Black Men and Boys be murdered in the streets. We cannot continue to witness countless of Black Men and Black Boys going to prison.

We have a recipe and our recipe of unity will help to fulfill dreams and inspire dreams. Those who desire work we will make sure that we help you to get work. Those who desire education we will make sure we will help you to get educated. Those who desire standing and taking care of a family we will help you to meet that path.

Our biggest challenge is not what we are not doing. For we know we are doing it all. Our biggest challenge is this; will you help us to save us? Our biggest challenge is not us convincing one another as Dr. Bundley states. Our biggest challenge is getting you to see how powerful we are with you rather than without you.

Of course in every action is a reaction. Our action is Unity, it is you who will have to determine your reaction. However, we will broaden this conversation just a little, by focusing on our purpose for organizing Black Men.

*Continued on page 24*

**Tell Me Why? Continued from page 1**

Murphy who is publisher of this beautiful paper and our conversation was about the past. See, years ago this brother had another publication that was titled the "INFORMER."

Please bear with me because I am trying to make a point. Years ago, I use to write a newsletter entitled, "FIGHTING BACK." Of course it was nothing like the publication David Murphy had and yet, it served the purpose I needed it to serve.

Tell Me Why? The reason I am saying this is because as he and I talked about things of the past, I suggested to him that he should draft another publication. Guess what? Here it is and not only has he done it but he invited me to play a major role in its presentation.

Tell Me Why? The reason I am saying this is to show that unity is much better than division. If you are working trying to help better us it is better to find others to work with rather than be critical of those who are working together.

Tell Me Why? Is a very important statement even without the other words of the song. It is important that we know why we are against one another. If we have no idea as to why we despise one another, how will we work with one another?

Is it better that I despise David Murphy because he has talents that exceeds my own? Or is it better that I work with him so that we both can benefit from one another's talents?

The reason I have used David and I as an example is because I want to drive the

point that this paper is about healing us and helping us. We want to show others what you are doing rather than use valuable time and space to be critical of how you are doing what you do.

Tell Me Why? The reason as to why this publication is titled "BLACK UNITY NEWS" is simple. We want a publication that addresses our people and a publication that is dedicated to helping us to unify.

Tell Me Why? Our children and our young people are looking at us even if we think they aren't. If we show division it helps them to continue the process of division, but if we show unity we show support and togetherness.

Marketing is a big deal and if we market unity the same as McDonald's markets hamburgers can you imagine what

could happen? We are our best advocates and if we do not advocate for unity, division will win.

Our pledge and our promise as it relates to this publication is that we will forever work towards healing us by unifying us. We would like to hear your story as to "TELL ME WHY." Yes, tell us why unity is important and what unity could do for us.

Our pledge and our promise is to not promote what is negative as it relates to us but to promote what is right. That is our promise! We win when we unify and now is the time that we win.

If not now we have to ask when? If not us, we will have to ask who?

**Bill Goodin**



**Continued from page 23**

For many years we have watched the Black Woman not only fulfill her role as being "mother;" we have watched many of them forced to step up and fulfill the role of a "father." Because the "father" was missing in action do to some circumstance such as a few listed below.

The "father" is in prison. He is dead. He is jobless. He has other outside children. The "father is just a child himself, who does not understand or is not prepared to take on the responsibilities of his role as a parent.

We have watched our mothers take us to school; we have watched them find baby-sitters. We have watched them be on welfare; we have watched them cry in the court rooms and at the funeral homes. Yet, we wait for them to save us when we owe it to them that we step up.

It is time out for being stupid and it is time in for us to get it right. We are getting laughed at as we continue to fall for the ploy that is set for us. We as a race are only 12% of this population and yet, we are a large percentage of the prison industry.

Black Men we are making an appeal to each of you. We need you to join us so that we can save us. We deserve communities that are safe as well as clean. We deserve prosperity and happiness. We deserve all that the "MOST HIGH" has given to us to enjoy and through unity

we will get it all,

Will you join us? Will you talk to those, whom you hang with, about us. Will you invite us to come talk to your group? We want to save you. We want to assure you the chance to see your children become grown and productive.

Often it is better posing questions rather than giving answers, therefore here are a few questions that you should answer. These questions deserve honesty and if one refuses to be honest to one's self, they have yet to become ready to save themselves.

Are you tired of witnessing so many young deaths? Do you think all the drugs and weapons flooding your community are here without real purpose? What do you think the purpose is and how do you think all these weapons and drugs have gotten here?

Are you not tired of seeing so many "mothers" having to play role of "father" and protector as she struggles to be provider? Are you not tired of witnessing so many lives destroyed by the prison industry?

Are you not tired of witnessing so many homeless families? Are you not tired of witnessing the addiction of drugs and alcohol flooding our communities as poverty deepens? Are you not tired of witnessing so many unemployed young men and women? Are you not tired of



witnessing the elderly afraid to go outside?

We ask this because if you are tired of this, we know you will not hesitate joining us. See, we are tired and we know that it is within our power to save us and to stop us from falling as "victims."

It is no shame in our game and we are not running and ducking the police. In fact we could confront the police the same as we do our political leaders. We have nothing to hide and we are not doing anything wrong.

If trying to make sure we are right is wrong, we will stay wrong. If you join us we will help you reach your dreams and also help you to find your dreams. We are helping to build leaders because leaders build communities

If you go to our Facebook page, you can get information as to what we are doing and when we are doing it. As long as you remain free and alive you have so much value to add to our communities.

We close with this, if not us then who? If not now when? Come join us to help save us.

**Bill Goodin**

**Continued from page 1**



information and news relative to civil rights, voting and election issues. My writing and thought pattern will come from residing in the City of Baltimore, Maryland - the nations' historic leading city of civil rights litigation, legislation and leaders.

**President 45 and Obamacare**

United States President 45, a/k/a Donald Trump, who continues to unravel and overturn Obama's legacy, is now seemingly opting for more overtly destructive moves. Sadly enough sabotaging the Affordable Care Act is a significant, if not a number one (1), target of the White House. We, as African Americans, along with the poor and other people of color, have the greatest to lose along with disproportionately being able to benefit the most from Obama-Care. A perfect Affordable Care Act it was not and is not, but a life-saving one that benefits millions assuredly is one that needs existence and improvements. Find out where your U.S. Senator and Congressperson stand on ACA and make certain they retain the much needed health care act, with amendments, corrections and improvements.

**The Resurgence of Hate Groups**

With the inauguration of the 45th United States President, Donald Trump, has come an increase of hate crimes from the racist-radical-right. Hate crimes are on an increase especially incidents attacking the Muslim community. White nationalist and extremist seem to have a friend in #45. I believe America will experience the highest number of hate groups (1019) ever recorded by the end of President Trump's 1st term in office. Blacks experience the most hate crimes in America and even the numbers reported are far less than actual incidents due to poor and inadequate reporting.

**Landmark Maryland Federal Higher Education Case decision will impact Historically Black College and Universities**

A case here in Maryland entitled Coalition For Equity and Excellence in Maryland v. Maryland Higher Education Commission, et al will soon have a decision affecting Maryland's - Bowie State University, Coppin State University, Morgan State University and the University of Maryland Eastern Shore. Federal Judge Catherine Blake will be rendering a decision that will direct a Remedy. The State of Maryland through its MHEC was found to have its higher education system in violation of the Constitution and was maintaining the practice of duplication of programs. A major issue to address the duplication of courses by Traditionally White Institutions is

whether Judge Blake will require the transfer of programs from TWI's to Maryland's HBCU's This decision will most likely affect universities all over America similar to both the Brown v. Board of Education and United States v. Fordice cases. If you have not read about this land mark case please do so today. The Afro-American newspaper is an excellent source for information.

**Baltimore City, MD - Most Dangerous City in the United States**

With 50 homicides per 100,000 people leading the nation Baltimore City Mayor Pugh and Police Commissioner have to do more than place the blame on everyone except admit the fight against crime has failed. Residents are still waiting to get a copy of a purported 'Crime Plan.' Violent crimes include: Murder and Non-negligent Manslaughter, Rape, Robbery and Aggravated Assault. Residents complain of over 100 Daily Open Air Drug Markets in predominantly poorer and African American Communities. Special attention and now declaring crime out of control seems to come when the affluent and white communities are affected. Talks regarding another Class Action Law Suit, similar to the one the MD ACLU and MD and Baltimore City NAACP filed and WON to address this matter. I was humbled to have been the President of the Baltimore City Branch NAACP that was a winning Plaintiff in that case.

**American Airlines Alert**

A nationwide demand has to be made of American Airlines to sit down with the NAACP and other civil rights organizations to address concerns and complaints by patrons alleging issues of safety, discrimination, and disrespect. The NAACP has to be both thanked and commended for taking the leadership in this area. The NAACP has issued an alert which includes: "...The series of recent incidents involving troublesome conduct by American Airlines and they suggest a corporate culture of racial insensitivity and possible racial bias on the part of American Airlines."

**Mental Health Crisis in Baltimore City**

It is being suggested here that the City of Baltimore declare a Mental Health Crisis and begin opening Mental Health Clinics to address its 50 year heroin epidemic and record overdose deaths; the plethora of liquor stores in the city; the nation leading homicides and violent crimes; the poverty that exist throughout the city; and the large amounts of homes and buildings that have and have had lead in them.

###  
**Dr. Marvin L. 'Doc' Cheatham, Sr. Civil Rights & Election Law Consultant C.E.O. - Matthew Henson Community Development Corporation 410/669-VOTE[8683] - [civil-rights@verizon.net](mailto:civil-rights@verizon.net)**

**Support The National Black Unity News, Because Our Efforts Are To Support You!**



### Innocent Until Proven Guilty *Continued From Page 1*

that relates to police corruption.

Here in Baltimore there is much debate and much talk about how it relates to murders and illegal guns on the streets. Yes, it seems a day will not go by without someone getting murdered.

The police and the political leadership are under pressure by the citizens concerning this matter. Therefore, those who make law can only think of ways to punish the disadvantaged communities, that is mostly comprised of Blacks.

Of course there is much truth in the fact, that the majority of deaths are young Black Males. It is some truth that the majority of these murders happen in the Black Communities.

Since the early 1980's when drugs and weapons started to flood the Black Communities there has been a continued escalation of violent crime due to a drug culture that was created.

It was clear when this mass dumping of weapons and drugs started to reach the Black Communities, that a conspiracy was taking place right before our eyes.

Of course at that time with this large influx of weapons and drugs, many from our communities saw this as an opportunity to get rich. Yes, this drug industry would and has created a violent culture

within its own.

As the progression of this epidemic became a reality and drug addiction started to reach high proportions, so did crime. Of course, it became necessary that those who entered into the drug game would have to have protection and therefore, the influx of guns was now flooding our communities.

Sadly, but true, as all this started to take place Political Leaders on the National level as well as the local level started introducing bills and passing laws, that would create mass incarceration.

Of course as all this was taking place another opportunity became available for the White Communities. Yes, private prisons started to pop up with the approval of government and this became a booming industry, with the mass incarceration of young and middle aged Black Males.

Because of the money that came with the drug trade, a false sense of power and a sense of real power also escalated. Of course within the Black Communities the drug culture that was created devastated, entire families.

Black girls and women were getting addicted to crack and once addicted, for

many of them, the fabric of their morals were destroyed. Yes, once addicted many of them would sell their bodies and do unthinkable acts to get drugs. Yet, on the side of the males, they would get the guns and turn violent as a way to feed their addictions.

Forty years later the Political Pundits and the Political Leadership still act as if they have no solutions as they impose more laws on the poor and mainly the Black Communities. Despite the call from portions of our communities, that the government has permitted this reality by allowing drugs and weapons to flood our communities, leadership refuses to address this.

There are countless books as well as information on the internet that will prove that guns and drugs confiscated by the police are recycled. Yet, the refusal of leadership to address this issue is crazy.

Here in the city of Baltimore many citizens have demanded that there should be some accountability over the police. We have suggested and protested demanding that a citizens group be present to witness the incineration process of weapons and drugs that the police confiscate.

Here in Baltimore many citizens have challenged and asked our Political Leaders why they have no idea as to how many weapons and drugs have been confiscated from the streets.

It is with valid reason that citizens do not trust Police and/or their Political Leaders when there is a refusal to hold them accountable regardless of the information to prove corruption is high.

Many of us have continued to say, that if we could witness the incineration process of weapons and drugs and if accountability would happen, we would witness less crime in our communities.

Just think about this, how many weapons and drugs are confiscated? If all confiscations were truly destroyed, it would be hard pressed to find an abundance of weapons and drugs on the streets. However, if we continue to ignore this, we will continue to have this epidemic.

Those of you who are reading this article, I beg of you to not just take my word but please do your own research and then come to your own conclusion. It is now time that we have a citizens group to witness the incineration process.

If it is not us then who will do it? If it is not now then when will it be? I will close with a promise, if this would ever happen we will see reduction in murders, drug trade and many other acts of criminal behavior.

**YES, IT IS ON US THE CITIZENS TO SAVE OURSELVES.**

*By Bill Goodin*

### America Has Not Changed, It Is Being Exposed

*Continued From Page 1*

The power of America is through systematically keeping us in a system so that collectively they keep us powerless! On the other hand America knows that it will have to share that power with Black/African and other minorities but it refuses to do so! America knows that independently we are great, but collectively we are powerful! Note: Power only Concedes To Power! America Refuses to Share Power it only wants to hoard it!

Throughout history great dynasties fell because the people within rebelled! America's greatest fear is that Black People will awaken, understand, unite, and wield their power!

To those who know me, and/or know of me, you know that I am one of many front line Soldiers, I have fought in many battles over the years and have battle scars to prove it! I am but one piece of the puzzle many of you have the other pieces of this mighty puzzle. Wake up because they are making their presence known and they will execute accordingly to offset this onslaught of soldiers. We must have a great defense!!! The time is NOW! For all of you who know what time it is, it is time to bring all the pieces of the puzzle together unite our efforts. I and many others know that the cause is greater than our individual battles. We must have

organized open and closed door discussions!!!!

Because of mass communications, we can and we will prepare ourselves for battle. This is not a drill the evolution has begun! A word to the wise; we must stop revealing our weakness to the enemy. We must show strength and concrete solutions to those who may or have gone astray! We also have to connect with other minorities because they know that if we fall so will they! They also know that we are the most united minority in the United States. Most Asians are more loyal to their homelands and are having a difficult task uniting with each other in America. This is the same situation with other ethnic groups in America. They are looking to us as always to lead the charge.

To those who have ears to hear, eyes to see and if you are called, have a desire, and you know that you know for such a time as this that you were raised, destined, and prepared to do battle then hit me up, call me, reach out to me! There is a table where all the pieces of the puzzle can fit. However there are formats and doors that only true soldiers will be comfortable walking through. Calling All Soldiers! This Is Not A Drill!

*By David Murphy*

### Iron Sharpens Iron, Man Sharpens Man! *from page 3*

to identify, recognize and support our businesses and services nationwide and beyond! We are calling on all Soldiers, Educators, Activist, Faith Based and all manner of services that will enhance Black African Americans. The time has come for us to set aside those things that separate us and work together for the good of us all! This is not a drill, The Evolution Has Begun! There are forces coming together

to destroy, discredit and to deter us from making progress. Our future generations well-being will depend on what we are going to do today! The National Black Unity News is one of the many tools that can be used as a powerful resource to get information by us and for us! Join us and unite our strengths so that together change will come! Remember Iron Sharpens Iron, Man Sharpens Man!

### The National Editor *Continued From page 4*



to appreciate the writing process with its hard-to-get-started introductions marked up drafts, and tedious revisions. As you continue to practice jotting your thoughts you will soon make a discovery about what you know and don't know. Just remember no one can take what you know away from you. How in the world will the public know about you if you don't sell yourself to them? As a facilitator of a lucrative talent It is your sacred purpose to educate and mentor the public as you market, and execute your brilliance so that your ideal reader or possible prospective cli-

ents find you, get to know you and want to hire you. Visibility and recognition is your highway to success.

That's why writing an article about who you are, what you do and how you do it is so important. People are looking for knowledge, professionalism and honesty. With that in mind and place, hone your craft as you share it, trust me, you have all the talent and creativity you need to build your business. So sit down, start writing and don't think. That's all you need to do to write.

**Don't think – just write.**

**Here's the good news:**

**IT'S YOUR STORY SO TELL IT AS ONLY YOU CAN DO.**

**IF NOT US, THEN WHO?**

<http://www.thenationalblackunitynews.com/>

**IF NOT NOW, THEN WHEN?**

**"Don't let anyone rob you of your imagination, your creativity, or your curiosity. Go on and do all you can with it, and make it the life you want to live."**

**- Mae Jemison**



# Classified Section

## Advertisement



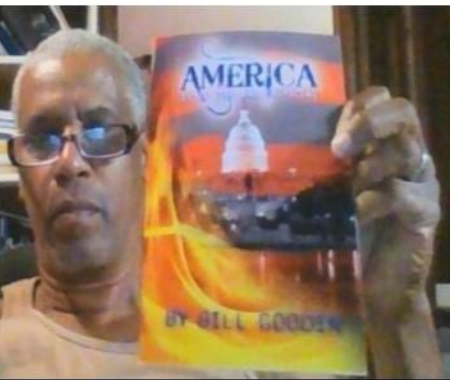
**Get Your Copy Today!**  
Go to our website & Subscribe

<http://www.thenationalblackunitynews.com/>



**Nailah's**  
Fresh out the Kitchen  
SENEGALESE CUISINE

<https://nailahskitchen.com/>



**Bill Goodin: 1-410-746-3607**

## Business



410-365-7101

**Expert Author 411**  
Write, Publish, Monetize  
1-703957-9862



1-443-467-2229

## Help Wanted

### Help Needed

The National Black Unity News is seeking Sales Representatives to sale advertisement. Great Commissions for more details Call David Murphy 443-455-2373

### Sales Representatives Needed

We are seeking high flying, self starting individual's who can lead and build a team of sales and marketing eagles. For more information call David Murphy at 443-455-2373

**The National Black Unity News**

### Seeking Partners

Organizations  
Businesses  
Non-Profits  
Individuals  
443-455-2373

## Services



A Chef contributes to great meals, and a scientist in the kitchen

**Catherine Brown**  
1-854-8996



Information and Activism for Pan-African Truth, Justice and Righteousness  
<http://kuumbareport.com/>



**Black Men Unifying Black Men**  
Bill Goodin: 1-410-746-3607

**BLACK CEO**  
I AM BLACK, I AM Beautiful, I AM POWERFUL BY Design.  
I AM A #BLACKCEO  
Christy Johnson

#11 Collaborate With Other #BlackCEO's [www.BlackCEOtribe.com](http://www.BlackCEOtribe.com)

<http://www.findingyourdestiny.org/>

**SBC STRATEGIC BUSINESS CONSULTANT**

Contact Information

**in** <https://www.linkedin.com/in/bettyhollandhines>

**tw** @WomanBizConnect - Millionaire/Billionaire Masterminds  
@BettyJHines - Chief Collaboration Officer/Sounding Board for CEOs

**f** "Building Better Business, One Collaboration At A Time"  
"Your Business. My Purpose."

[Betty@BettyHinesBusinessBuilder.com](mailto:Betty@BettyHinesBusinessBuilder.com)  
[betty@HinesStrategy.com](mailto:betty@HinesStrategy.com)  
[www.HinesStrategy.com](http://www.HinesStrategy.com)

**Betty J. Hines: 410-977-3530**

**Power of Purpose RADIO**  
PowerofPurposeRadio.com

<http://www.powerofpurposeradio.com/>

## The Business Card Exchange

**BCN Int.**  
Black Communication Network International

Patrick Essandoh  
1-443-794-5438

**BMUBM**

**Black Men Unifying Black Men**  
Bill Goodin: 1-410-746-3607

**The National Black Action Portal**  
We Are Keeping The Dream Alive

**The National Black Action Portal**  
One Of The Largest Website In The Nation  
<http://www.thenationalblackactionportal.com/>  
443-455-2373

**NaNO Tech Know**  
Analytics & Consulting, LLC

**YERO UMOJA**  
Chief Strategic Officer  
443-304-8879  
[yumoja@ntkllc.com](mailto:yumoja@ntkllc.com)  
[www.NTKLLC.COM](http://www.NTKLLC.COM)  
Brilliant Enhancements For Healthy Growth

**Take Five The Spoken Word**  
Poetry, Slams, Songs, Griots, Events, Books, Media Etc.

**Take Five The Spoken Word**  
Dr. Barbara Watties  
410-661-5669  
<http://www.takefivethespokenword.com/>

**VALERIE RICHARDSON**  
Income Tax Preparer (for Individuals and Families)/Notary Public

Richardson's Business Services [\*\*\*TAX PREP \$90\*\*\*]  
33 N. Monastery Avenue [\* REAR ENTRANCE] Baltimore, Maryland 21229  
TEL | 443-939-4020 [\*CALL FOR APPOINTMENT]  
EMAIL | [vrhc@msn.com](mailto:vrhc@msn.com) WEB | [www.richardsonsbusiness.com](http://www.richardsonsbusiness.com) [MORE INFO]



## Loafers 2 Sports Bar & Grill

At Loafers Sports Bar and Grill, We Cover All The Bases!





**Under New Management**

1401 Bloomfield Ave.  
Baltimore, MD 21227

Open Monday - Thursday 11 am to 12am  
Friday & Saturday 11 am - 2 am  
Sunday 11 am - 12 am

410-525-2225

## The National Black Unity News Online Television Broadcast



Featuring News & News Makers Also Trending Resources That Will Enhance Your Quality of Life.  
Visit Our Website For Time & Dates  
<http://www.thenationalblackunitynews.com/>



Activist, Author Bill Goodin,  
Order Your Copy Today! 410-433-8123



**Get Your Subscription Today!**

A well-focused newspaper with strong local & national focus, compelling feature articles and sharp editorial content, The National Black Unity News readers are always well informed. Order your copies today and support Africans' & African Americans interest!

<http://www.thenationalblackunitynews.com/>

## The National Black Unity News



**Note: If You Would Like To**

- Submit A Related Article
- Be Featured In This Section
- Promote Your Product/Service

**Contact The National Editor**

For Subscriptions Visit Our Website: <http://www.thenationalblackunitynews.com/>

## The National Black Unity News Advertisement Rates

Back Cover-----	\$1,000.00
Inside Covers-----	\$900.00
Full Page-----	\$800.00
Half Page-----	\$450.00
Quarter Page-----	\$275.00
Eighth Page-----	\$165.00
Business Card-----	\$125.00
Classified-----	\$65.00

**To Advertise Call Or Visit Our Website  
443-455-2373  
[www.thenationalblackunitynews.com/](http://www.thenationalblackunitynews.com/)**





# The National Black Unity News

Promoting Unity In Our Communities, We Are Keeping The Dream Alive!

If Not Us, Then Who? If Not Now, Then When?

<http://www.thenationalblackunitynews.com/>

Vol. 2 No.1 \$2.00

Dec./Jan/Feb/March 2017/18



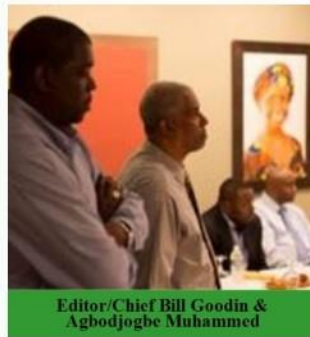
# Nailah's



## Authentic Senegalese Cuisine & American Favorites



Mayor Catherine Pugh & Aghodjogbe Muhammed



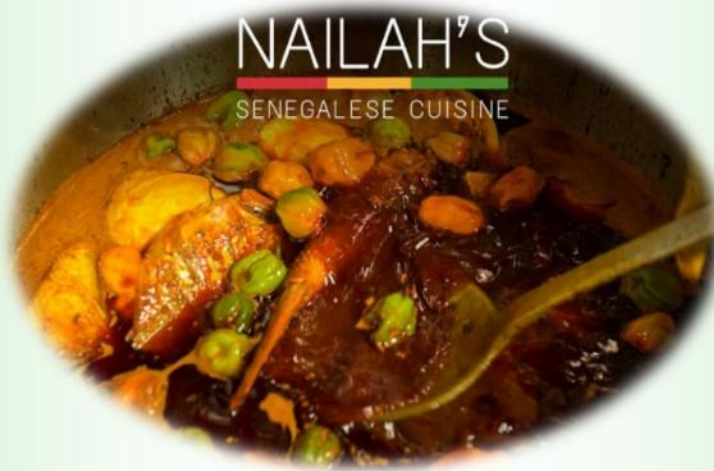
Editor/Chief Bill Goodin & Aghodjogbe Muhammed



State Senator, Joan Carter Conway & Aghodjogbe Muhammed



CRAB CAKES



Carry Out & Casual Dining... 5722 York Road...Baltimore MD 21212...443-461-5600